## UNIVERSITY of HOUSTON

LEARNING AND ASSESSMENT SERVICES
Learning Support Services

# ROOM 109 N COUGAR VILLAGE! WWW.LAS.UH.EDU



Stay on course now, so you can relax later!
We offer FREE TUTORING to all UH Students!

## HOURS

#### **Spring**

Monday - Thursday 9 am - 9 pm
Friday 9 am - 5 pm
Saturday 1 pm - 5 pm
Sunday 1 pm - 7 pm

#### Summer

Monday - Tuesday 10 am - 7 pmWednesday- Thursday 10 am - 6 pmFriday 10 am - 3 pm

## **SPRING 2012 WORKSHOPS**

Online registration at "Workshop Signup" at www.las.uh.edu/lss On-line registration is necessary to obtain a spot.

Topic	Time #1	Time #2
Study strategies for a great semester	Tues., 1/17 @ 3pm	Thurs., 1/19 @ 4pm
Time management	Wed., 1/25 @ 1pm	Fri., 1/27 @ 10am
Textbook and college level reading tips	Mon., 1/30 @ 11am	Thurs., 2/2 @ 11 am
Time management	Tues., 1/31 @ 3pm	Wed., 2/1 @ 3pm
Note taking tips	Wed., 2/8 @ 1pm	Fri.,, 2/10 @ 4pm
Study strategies for natural science courses	Mon., 2/6 @ 11am	Thurs., 2/9 @ 3pm
Reduce test anxiety	Tues., 2/14 @ 11am	Wed., 2/15 @ 1pm
Exam preparation and taking tips	Mon., 2/20 @ 3pm	Thurs., 2/23 @ 3pm
Boost your Memory Power	Tues., 2/21 @ 2pm	Fri., 2/24 @ 10am
Help, I can't concentrate!	Mon., 2/27 @ 3pm	Wed., 2/29 @ 11am
Goal Setting	Tues., 2/28 @ 11am	Wed., 2/29 @ 3pm
Effective Study Groups	Tues., 3/6 @ 10 am	Fri., 3/9 @ 9am
Study strategies for natural science courses	Tues., 3/6 @ 3pm	Thurs., 3/8 @ 11am
Write better research papers	Mon., 3/19 @ 3pm	Thurs., 3/22 @ 11am
Math Study Skills	Tues., 3/20 @ 1pm	Wed., 3/21 @ 4pm
Motivation	Tues., 3/27 @ 4pm	Fri., 3/30 @ 2pm
Time Management	Mon., 4/2 @ 3pm	Thurs., 4/5 @ 3pm
Analytical Reasoning	Wed., 4/11 @ 11am	Thurs., 4/12 @ 1pm
Critical Thinking	Tues., 4/17 @ 4pm	Fri., 4/20 @ 4pm
Preparing for and coping with finals	Wed., 4/25 @ 3pm	Fri., 4/27 @ 3pm
Overcoming procrastination	Mon., 4/23 @ 3pm	Thurs., 4/26 @ 11am

Length: 50 minutes. Please be on time. No admittance after 5 minutes past the hour. On-line registration is necessary to obtain a spot.

### ATTENTION DEFICIT DISORDER WORKSHOP SERIES

To register for the ADHD workshops please contact Dr. Laura Heidel at 35439 or email lheidel@uh.edu

Structuring Time February 7
Decreasing Distractions February 14
Studying Techniques February 21
Organizing your Environment February 28
Finding your Strengths March 6
Developing a Healthy Lifestyle March 20

www.survey.uh.edu

Student Satisfaction Survey
NSSE (National Survey of Student Engagement)
for selected Freshmen and Seniors
CLA (Collegiate Learning Assessment) for
graduating Senior

www.las.uh.edu

www.eval.uh.edu

Complete Course Evaluation online for selected courses.