

APPROVED APR 24 2013
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TO: Dr. Sarah Fishman, CLASS Associate Dean

FROM: Dr. Charles Layne, HHP Department Chair
Dr. Rey Trevino, HHP Chair Undergraduate Studies Committee
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SUBJECT: Resubmission of CBM003s from 2011-12 accompanied by relevant degree plan changes

The HHP Undergraduate Studies Committee, the CLASS Undergraduate Studies Committee, and the University Council Degree Programs/CBM003 Subcommittee #2 have all approved the attached CBM003's. HHP and CLASS have approved the related degree plan changes.

This memo contains the related degree plan change, related courses with attached materials, and Undergraduate Catalog web site changes.

BS in Kinesiology

- Proposal: In the KIN core for Exercise Science and Fitness and Sports and the Sport Administration core for Sport Administration:
 - Delete KIN 1252 (2 hours) Foundations of Kinesiological Studies,
 - Delete PEB 1101 (1 hour) Role of Exercise and Fitness on Health,
 - Add KIN 1352 (3 hours) Foundations of Kinesiology, Health, and Fitness.
- Rationale: PEB 1101 Role of Exercise and Fitness on Health is a practical accompaniment to the content of KIN 1252 Foundations of Kinesiological Studies and should be taken during the same semester to increase the effectiveness of the content of both courses on student learning.
- Related CBM003s: KIN 1352, 3301, 3304, 3305, 3309, 3350, 4300, 4301, 4302, and 4330

BS in Kinesiology: Fitness and Sports

- Proposal:
 - Delete HLT 1353 Personal Health,
 - Delete HLT 2320 Foundations of Health,
 - Delete HLT 3381 Health Promotion & Disease ,
 - Add KIN 4300 Physical Activity in Older Adults,
 - Add KIN 4301 Workplace Wellness,
 - Add KIN 4302 Fitness and Human Sexuality.
 - Change KIN 4397 Childhood Obesity to KIN 4330 Childhood and Adolescent Obesity.

- **Rationale:** The department no longer teaches the HLT courses. We believe that each new KIN course fulfills a gap or need in the current degree plan and will be viable replacements for the HLT courses. These new KIN courses are currently special topics offerings. KIN 4330 Childhood and Adolescent Obesity was previously taught as a special topics course (KIN 4397), but has become an approved course. Experiential education is becoming more important for students to gain experience in the field prior to graduation and we believe the best way to accomplish that is through the internship.
- **Related CBM003s:** KIN 4300, 4301, 4302, and 4330

Summary of course changes.

KIN 1352 Foundations of Kinesiology, Health, and Fitness

A combination of and replacement for KIN 1252 (2 hours) and PEB 1101 (1 hour) which will create a 3 hour class. This will add one hour to the KIN core and decrease the Ex Sci and Sport and Fitness cores by one hour. The Sport Admin core hours will not change.

KIN 3301 Design and Evaluation of Physical Activity Programs

KIN 3304 Human Structure and Physical Performance

KIN 3305 Sociological and Cultural Aspects of Sport

KIN 3309 Biomechanics

KIN 3350 Psychological Aspects of Sports and Exercise

KIN 4330 Child and Adolescent Obesity

Change prerequisite of KIN 1252 to KIN 1352.

KIN 4300 Physical Activity in Older Adults

KIN 3305 Sociological and Cultural Aspects of Sport

KIN 3305 Sociological and Cultural Aspects of Sport

Creation of a new class previously taught as a special topics course. Will be inserted into the Fitness and Sports Degree Plan.

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Exercise Science (Primary Option)

Academic Foundations

Courses	Hours
ENGL 1303 and 1304	6
MATH 1310 and 1330	6
MATH 2311 or PSYC 3301	3
Math/Reasoning	3
HIST 1377 and 1378	6
POLS 1336 and 1337	6
Humanities	3
Visual/Performing Arts	3
BIOL 1361 and 1362	6
KIN 1304	3
Writing in the Disciplines	3

Kinesiology Core

Courses	Hours
KIN 1352, 3304, 3305, 3306, 3309, 4310, 4315	21

Exercise Science Core

Courses	Hours
CHEM 1301	3
KIN 4303/NUTR 4345	3
KIN 3350 and 4370	6
KIN 4345 or 4350 or 4355	3
NUTR 2332 and 4339	6
PEB 1101	4
PHYS 1301 or 1302	3

Other Requirements

Approved Minor	15-18
Electives	12

Students must meet the general degree requirements for the Bachelor of Science degree, including the formal science requirement.

Exercise Science (Health Professions Option)

Academic Foundations

Courses	Hours
ENGL 1303 and 1304	6
MATH 1310 and 1330	6
MATH 2311 or PSYC 3301	3
Math/Reasoning	3
HIST 1377 and 1378	6
POLS 1336 and 1337	6
Humanities	3
Visual/Performing Arts	3
BIOL 1161, 1361, 1162, 1362	8
KIN 1304	3
Writing in the Disciplines	3

Kinesiology Core

Courses	Hours
KIN 1352 , 3304, 3305, 3306, 3309, 4310, 4315	21

Exercise Science Core

Courses	Hours
BIOL 1134, 1334, 1144, 1344	8
CHEM 1111, 1331, 1112, 1332	8
KIN 4303/NUTR 4345	3
KIN 3350 and 4370	6
KIN 4345 or 4350 or 4355	3
NUTR 2332 and 4339	6
PEB 1101 and Activity Class	1
PHYS 1101, 1301, 1102, 1302	8

Other Requirements

Courses	Hours
Electives	6

Students must meet the general degree requirements for the Bachelor of Science degree, including the formal science requirement.

Academic Foundations

Courses	Hours
ENGL 1303 and 1304	6
MATH 1310 and 2311	6
Math/Reasoning	6
HIST 1377 and 1378	6
POLS 1336 and 1337	6
Humanities	3
Visual/Performing Arts	3
Natural Science	6
PSYC 1300 or SOC 1300 or KIN 1304	3
Writing in the Disciplines	3

Sports Administration Core

Courses	Hours
ACCT 2331	3
ECON 2304	3
KIN 1352 , 3305, 3360, 4190, 4340, 4345, 4350, 4355, 4360, 4365, 4690, 4691	40
PEB 1101	1

Other Requirements

Courses	Hours
Approved Minor	15-18
Electives	11

Students must meet the general degree requirements for the Bachelor of Science degree, including the formal science requirement.

Academic Foundations

Courses	Hours
ENGL 1303 and 1304	6
MATH 1310	3
MATH 2311 or PSYC 3301	3
Math/Reasoning	6
HIST 1377 and 1378	6
POLS 1336 and 1337	6
Humanities	3
Visual/Performing Arts	3
BIOL 1310 or 1361 and 1320 or 1362	6
KIN 1304	3
Writing in the Disciplines	3

Kinesiology Core

Courses	Hours
KIN 1352 , 3304, 3305, 3306, 3309, 4310, 4315	21

Fitness and Sports Core

Courses	Hours
HLT 1353, 2320, 3381	9
KIN 1104, 3301, 3350, 4300, 4301, 4302 , 4303, 4330 , 4355, 4370, 4397	28
NUTR 2332, 3340, 4339	9
PEB 1101 and 2 PEB Activities	2
Other Requirements	

Courses	Hours
Electives	12

Students must meet the general degree requirements for the Bachelor of Science degree, including the formal science requirement.