

Undergraduate Council  
 New Course  Course Change  
 Core Category: \_\_\_\_\_ Effective Fall 2012

or

Graduate/Professional Studies Council  
 New Course  Course Change  
 Effective Fall 2012

~~APPROVED FEB 22 2012~~

1. Department: Health and Human Performance College: CLASS
2. Faculty Contact Person: Lisa Alastuey Telephone: 7137430456 Email: lalastuey@uh.edu
3. Course Information on New/Revised course:
  - Instructional Area / Course Number / Long Course Title:  
KIN / 4301 / Workplace Wellness
  - Instructional Area / Course Number / Short Course Title (30 characters max.)  
KIN / 4301 / WORKPLACE WELLNESS
  - SCH: 3.00 Level: SR CIP Code: 31.0599 Lect Hrs: 3 Lab Hrs: 0
4. Justification for adding/changing course: Successfully taught as a selected topics course
5. Was the proposed/revised course previously offered as a special topics course?  Yes  No  
 If Yes, please complete:
  - Instructional Area / Course Number / Long Course Title:  
KIN / 4397 / Workplace Wellness
  - Course ID: 29043 Effective Date (currently active row): 01/18/2011
6. Authorized Degree Program(s): BS KIN: Fitness and Sports
  - Does this course affect major/minor requirements in the College/Department?  Yes  No
  - Does this course affect major/minor requirements in other Colleges/Departments?  Yes  No
  - Can the course be repeated for credit?  Yes  No (if yes, include in course description)
7. Grade Option: Letter (A, B, C ...) Instruction Type: lecture ONLY (Note: Lect/Lab info. must match item 3, above.)
8. If this form involves a change to an existing course, please obtain the following information from the course inventory: Instructional Area / Course Number / Long Course Title  
 \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
  - Course ID: \_\_\_\_\_ Effective Date (currently active row): \_\_\_\_\_
9. Proposed Catalog Description: (If there are no prerequisites, type in "none".)  
 Cr: 3. (3-0). Prerequisites: ~~KIN 1352~~, ~~KIN 3301~~ or instructor approval, Description (30 words max.):  
 Examines strategies for changing employee health behaviors and worksite cultural norms, as well as implementation, marketing, cost-effectiveness and cost-benefit analysis of worksite wellness programs.
10. Dean's Signature: \_\_\_\_\_ Date: 12/13/11  
 Print/Type Name: Sarah Fishman

*withdrewn*  
*4/26/12*  
 RECEIVED OCT 14 2011