

Undergraduate Council
 New Course Course Change
 Core Category: _____ Effective Fall 2012

or
 Graduate/Professional Studies Council
 New Course Course Change
 Effective Fall 2012

APPROVED FEB 22 2012
 Withdrawn
 4/26/12

1. Department: Health and Human Performance College: CLASS
2. Faculty Contact Person: Lisa Alastuey Telephone: 7137430456 Email: lalastuey@uh.edu
3. Course Information on New/Revised course:
 - Instructional Area / Course Number / Long Course Title:
KIN / 4300 / Physical Activity in Older Adults
 - Instructional Area / Course Number / Short Course Title (30 characters max.)
KIN / 4300 / PHYS ACTIVITY IN OLDER ADULTS
 - SCH: 3.00 Level: SR CIP Code: 31.0599 Lect Hrs: 3 Lab Hrs: 0
4. Justification for adding/changing course: Successfully taught as a selected topics course
5. Was the proposed/revised course previously offered as a special topics course? Yes No
 If Yes, please complete:
 - Instructional Area / Course Number / Long Course Title:
KIN / 4397 / Physical Activity in Older Adults
 - Course ID: 29043 Effective Date (currently active row): 01/18/2011
6. Authorized Degree Program(s): BS KIN: Fitness and Sports
 - Does this course affect major/minor requirements in the College/Department? Yes No
 - Does this course affect major/minor requirements in other Colleges/Departments? Yes No
 - Can the course be repeated for credit? Yes No (if yes, include in course description)
7. Grade Option: Letter (A, B, C ...) Instruction Type: lecture ONLY (Note: Lect/Lab info. must match item 3, above.)
8. If this form involves a change to an existing course, please obtain the following information from the course inventory: Instructional Area / Course Number / Long Course Title
 _____ / _____ / _____
 • Course ID: _____ Effective Date (currently active row): _____
9. Proposed Catalog Description: (If there are no prerequisites, type in "none".)
 Cr: 3. (3-0). Prerequisites: KIN 1352 or instructor approval. Description (30 words max.): Examines aging and age-related changes of the human body and the upper limit of older adult physical performance; emphasis on physical activity and other lifestyle choices in modifying the aging process.
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 physical
10. Dean's Signature: _____ Date: 10/13/11
 Print/Type Name: Sarah Fishman

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