Job Title: Residential Counselor

Employer/Agency: OCD Institute | Texas

Job Description:

Job Summary:
The Residential Counselor (RC) is responsible for assisting with the provision of care to patients in keeping with the philosophies and standards of the OCD Institute | Texas. The Program is a specialized, evidence-based program that treats patients with severe OCD and other anxiety disorders with Cognitive Behavioral Therapy (CBT), particularly Exposure and Response Prevention (ERP). In this position, you will work with a dedicated multidisciplinary team and will be responsible for direct patient care by assisting patients in exposure work (to manage their anxiety), assisting patients in developing and utilizing coping skills, as well as assisting in some minor activities of daily living in a goal-directed manner- all of which is consistent with each individual's behavior treatment plan. Residential Counselors are a valuable and integral part of the treatment team and report to the team their daily observations. They initiate and maintain a supportive relationship with patients; facilitate the development of appropriate behaviors, self-expression, and social interaction.

Detailed Activities
- Assists in maintaining patient/milieu safety
- Communicates pertinent clinical information to the treatment team
- Conducts community outings
- Supervise, escort, and/or act as a therapeutic participant inpatient activities both on and off-site
- Performs other duties as requested or required by the treatment team

Qualifications

Minimum Requirements:

- Bachelor’s degree in a mental health-related field or within 6 months of graduation with a Bachelor’s
- Degree in a mental health-related field
- Good interpersonal skills; ability to communicate and work courteously and effectively with staff, patients, and the public
- Dependability and demonstrated ability to assume responsibility with routine supervision
- Creativity and flexibility in working with patients in implementing approaches that are consistent with treatment goals
- Ability to work effectively with a multi-disciplinary team
- Good understanding of professional ethics and boundaries
- Ability to respond appropriately under stress and in emergency situations
- Flexibility, good judgment, and ability to maintain confidential information
- Licensed to operate a motor vehicle in the state of Texas and be insurable by the OCD Institute | Texas
- Prior experience in a mental health setting is desired
- Prefer experience or education consistent with the population that the program serves (may receive training at the facility in lieu of age-specific education or
Experience

- Excellent verbal and written communication skills

Education:

Bachelor’s (Required)

Experience:

Caregiving: 1 year (Required)

Behavioral health work: 1 year (Preferred)

License/Certification:

- CPR Certification (Preferred)
- Driver’s License (Required)

Salary/Hours

Job Type: Full-time plus on call and weekend availability
Salary: $19/hour

City, State, Zip

Houston, TX 77008

Contact Person

LaTosha Oliver

Email Address

loliver@houstonocd.org

Application Method

Email cover letter and resume/CV to loliver@houstonocd.org

Opening Date

Immediately

To post a job opportunity or if your response to this job posting results in successful employment, please email the GCSW Office of Alumni and Career Services at mswjobs@central.uh.edu with the hiring details of your new job opportunity. Thank you.