



GRANT SUMMARY

ADAPTATION OF CRITICAL TIME INTERVENTION FOR YOUNG ADULTS WITH MENTAL HEALTH CHALLENGES TRANSITIONING FROM HOMELESSNESS TO RAPID REHOUSING.

National Institute of Mental Health

December 2022 - November 2025

\$713,939

Young adults experiencing homelessness have high rates of mental health conditions but low rates of service utilization and the point of transition from homelessness to supported housing provides a window of opportunity for intervention. Therefore, there is a critical need to develop interventions to support young adult mental health at the point of transition from homelessness to housing. The goal of this study is to adapt the evidenced-based intervention, Critical Time Intervention, for young adults with mental health conditions and test the adapted intervention in a randomized feasibility pilot trial.

Collaborators

Amazing Houston Team: Diane Santa Maria (UT School of Nursing, Co-Investigator), Seanan Thomas (MSW student RA), Prince Hayward (young adult specialist), and Marcus Brown (doctoral student RA)

New York Co-Investigators: Michelle Munson (NYU), Dan Hermann (Hunter)

Consultants: Todd Gilmer (UCSD), Maurice Gattis (VCU)

This work is focused on developing an intervention to support young people to successfully maintain housing stability and mental wellness as they transition into Rapid Rehousing. My dream would be that we develop a model that can be used across the country to better support young adults in RRH and help them thrive as they enter adulthood.



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Research