

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science

Human Nutrition and Foods – Nutrition and Fitness Track

Four-Year Academic Map 2021-2022

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total
	ENGL 1301 (formerly ENGL 1303)	First Year Writing I*	3	ENGL 1302 (formerly ENGL 1304)	First Year Writing II*	3	
	HIST 1376/1377	The United States to 1877*	3	HIST 1378/1379	The United States since 1877*	3	
	GOVT 2306 (formerly POLS 1336)	U.S. and Texas Constitution & Politics*	3	GOVT 2305 (formerly POLS 1337)	U.S. Government*	3	
	MATH 1314 (formerly MATH 1310)	College Algebra*	3	MATH 2312 (formerly MATH 1330)	Precalculus*	3	
	BIOL 2301 (formerly BIOL 1334)	Anatomy & Physiology I**	3	BIOL 2302 (formerly BIOL 1344)	Anatomy & Physiology II**	3	
	BIOL 2101 (formerly BIOL 1134)	Anatomy & Physiology I Lab**	1	BIOL 2102 (formerly BIOL 1144)	Anatomy & Physiology II Lab**	1	
	Semester Hours			Semester Hours			32

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total
	CORE	Creative Arts*	3	CORE	Language, Philosophy & Culture*	3	
	CORE	Writing in the Disciplines*	3	MATH 1342 (formerly MATH 2311)	Elementary Statistical Methods^	3	
	KIN 1304	Public Health Issues in Physical Activity & Obesity*	3	Elective	1000-4000 level course	3	
	KIN 1352	Foundations of Kinesiology, Health, & Fitness	3	NUTR 2332	Introduction to Human Nutrition*	3	
	BIOL 2320 (formerly BIOL 1353) OR BIOL 2321 (formerly BIOL 3332)	Microbiology for Non-Science Majors OR Microbiology for Science Majors	3	CHEM 1305 (formerly CHEM 1301) OR CHEM 1311 (formerly CHEM 1331) OR CHEM 1312 (formerly CHEM 1332)	Foundations of Chemistry OR Fundamentals of Chemistry I OR Fundamentals of Chemistry II*	3	
	BIOL 2120 (formerly BIOL 1153) OR BIOL 2121 (formerly BIOL 3132)	Microbiology for Non-Science Majors Lab OR Microbiology for Science Majors Lab	1				
	Semester Hours			Semester Hours			31

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total
	KIN 3306	Physiology of Human Performance	3	BS Formal Science	Mathematics/Reasoning	3	
	NUTR 3334	Advanced Nutrition	3	Elective	1000-4000 level course	3	
	NUTR 3336	Nutritional Pathophysiology	3	NUTR 4334	Community Nutrition	3	
	NUTR	Approved NUTR Advanced Elective	3	NUTR	Approved NUTR Advanced Elective	3	
	KIN	Approved KIN Advanced Elective	3	KIN	Approved KIN Advanced Elective	3	
Semester Hours			Semester Hours			30	

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total
	NUTR 4345 OR KIN 4303	The Obesity Epidemic	3	KIN 4310	Measurement Techniques in Human Performance	3	
	NUTR	Approved NUTR Advanced Elective	3	NUTR 4349	Public Policy in Nutrition	3	
	NUTR	Approved NUTR Advanced Elective	3	KIN	Approved KIN Advanced Elective	3	
	KIN	Approved KIN Advanced Elective	3	KIN	Approved KIN Advanced Elective	3	
	KIN	Approved KIN Advanced Elective	3				
	Semester Hours			Semester Hours			27
						120	

*State of Texas Core Curriculum. Students should meet with their academic advisor to formulate their own plan.

** Students may take BIOL 3324/3224 in place of either BIOL 2301/2101 or BIOL 2302/2102.

^ Students may take PSYC 3301 in place of MATH 1342.