

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science

Exercise Science - Primary Option

Four-Year Academic Map 2019-2020

| YEAR 1 | Semester 1 Fall | | | Semester 2 Spring | | | Total | |
|----------------|-----------------|---|----|-------------------|--|---|-------|----|
| | ENGL 1303 | First Year Writing I* | 3 | ENGL 1304 | First Year Writing II* | 3 | | |
| | HIST 1376/1377 | The United States to 1877* | 3 | HIST 1378/1379 | The United States since 1877* | 3 | | |
| | POLS 1336 | U.S. and Texas Constitution & Politics* | 3 | POLS 1337 | U.S. Government * | 3 | | |
| | MATH 1310 | College Algebra* | 3 | MATH 1330 | Precalculus* | 3 | | |
| | KIN 1352 | Foundations of Kinesiology, Health, & Fitness | 3 | KIN 1304 | Public Health Issues in Physical Activity & Obesity* | 3 | | |
| Semester Hours | | | 15 | Semester Hours | | | 15 | 30 |

| YEAR 2 | Semester 1 Fall | | | Semester 2 Spring | | | Total | |
|----------------|-----------------|--|----|-------------------|--|---|-------|----|
| | CORE | Creative Arts* | 3 | CORE | Writing in the Disciplines* | 3 | | |
| | MATH 2311 | Intro to Probability & Statistics | 3 | CORE | Language, Philosophy, & Culture* | 3 | | |
| | BIOL 1310 | General Biology I | | BIOL 1320 | General Biology II | | | |
| | OR | OR | | OR | OR | | | |
| | BIOL 1361 | Intro to Biological Science I* | 3 | BIOL 1362 | Intro to Biological Science II* | 3 | | |
| | KIN 3350 | Psychological Aspects of Sports & Exercise | 3 | KIN 3305 | Sociological & Cultural Aspects of Kinesiology & Sport | 3 | | |
| | Elective | 1000-4000 level course | 3 | Elective | 1000-4000 level course | 3 | | |
| Semester Hours | | | 15 | Semester Hours | | | 15 | 30 |

| YEAR 3 | Semester 1 Fall | | | Semester 2 Spring | | | Total | |
|----------------|-----------------|--|----|-------------------|---|---|-------|----|
| | CHEM 1301 | Foundations of Chemistry | | PHYS 1301 | Intro General Physics I | | | |
| | OR | OR | | OR | OR | | | |
| | CHEM 1331 | Fundamentals of Chemistry | 3 | PHYS 1302 | Intro General Physics II | 3 | | |
| | KIN 3304 | Human Structure & Physical Performance | 3 | KIN 4310 | Measurement Techniques in Human Performance | 3 | | |
| | KIN 3306 | Physiology of Human Performance | 3 | NUTR 2332 | Intro to Human Nutrition | 3 | | |
| | HHP Elec | Approved Advanced Elective | 3 | Minor | Minor course | 3 | | |
| | Minor | Minor course | 3 | Minor | Minor course | 3 | | |
| Semester Hours | | | 15 | Semester Hours | | | 15 | 30 |

| YEAR 4 | Semester 1 Fall | | | Semester 2 Spring | | | Total | |
|--------|-------------------|----------------------------|---|-------------------|----------------------------|---|-------|----|
| | KIN 3309 | Biomechanics | 3 | KIN 4315 | Motor Learning & Control | 3 | | |
| | HHP Elec | Approved Advanced Elective | 3 | KIN 4370 | Exercise Testing | 3 | | |
| | BS Formal Science | Mathematics/Reasoning | 3 | HHP Elec | Approved Advanced Elective | 3 | | |
| | Minor | Minor course | 3 | Elective | 3000-4000 level course | 3 | | |
| | Minor | Minor course | 3 | Minor | Minor course | 3 | | |
| | Semester Hours | | | 15 | Semester Hours | | | 15 |
| | | | | | | | 120 | |

*State of Texas Core Curriculum

Students should meet with their academic advisor to formulate their own plan.