

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science

Human Nutrition and Foods - Nutritional Fitness

Four-Year Academic Map 2018-2019

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total	
	ENGL 1303	First Year Writing I*	3	ENGL 1304	First Year Writing II*	3		
	HIST 1376/1377	The United States to 1877*	3	HIST 1378/1379	The United States since 1877*	3		
	POLS 1336	U.S. and Texas Constitution*	3	POLS 1337	U.S. Government*	3		
	MATH 1310	College Algebra*	3	MATH 1330	Pre-calculus*	3		
	BIOL 1334/1134	Human Anatomy & Physiology/lab	4	BIOL 1344/1144	Human Anat. & Physio./lab	4		
	Semester Hours			16	Semester Hours			16

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total	
	KIN 1352	Foundations of Kin Studies	3	NUTR 2332	Intro to Human Nutrition	3		
	CHEM1331/1111	Fund. of Chemistry/lab*	4	CHEM1332/1112	Fund. of Chemistry/lab*	4		
	CORE	Creative Arts*	3	CORE	Language, Philosophy & Culture*	3		
	CORE	Writing in the Disciplines*	3	MATH 2311	Intro. to Probability& Stats	3		
	KIN 1304	Pub HLT Issues in Physical Act*	3	PEB Activity	PEB Activity Course	1		
	Semester Hours			16	Semester Hours			14

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total	
	BIOL 1353/1153	Pre-nursing Microbiology/lab	4	KIN 3306	Physiology of Human Perf.	3		
	NUTR 3340	Nutrition in the Life Cycle	3	KIN	Approved KIN Elective	3		
	NUTR 3334	Advanced Nutrition	3	BS Formal Science	Mathematics/Reasoning	3		
	NUTR 3336	Nutritional Pathophysiology	3	KIN	Approved KIN Elective	3		
	KIN	Approved KIN Elective	3	NUTR 4334	Community Nutrition	3		
	Semester Hours			16	Semester Hours			15

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total	
	KIN	Approved KIN Elective	3	NUTR 4349	Public Policy in Nutrition	3		
	KIN	Approved KIN Elective	3	KIN 4310	Measurement in Human Perf.	3		
	NUTR	Approved Nutrition Adv Elective	3	KIN	Approved KIN Elective	3		
	NUTR 4345	Obesity Epidemic	3	NUTR	Approved Nutrition Adv Elective	3		
	NUTR	Approved Nutrition Adv Elective	3					
	Semester Hours			15	Semester Hours			12
							120	

*State of Texas Core Curriculum

Students should meet with their academic advisor to formulate their own plan.