

National Institutes of Health

Recommended Plan for Responsible Conduct of Research by Career Stage

NIH trainees on the grant types listed [here](#) must log a minimum of **8 contact hours** for each career stage listed below or every 4 years.

*Note: Online training alone is not sufficient; substantial face-to-face discussion or video conferencing, combination of didactic and small-group discussions (e.g. case studies), and participation of research training faculty members in instruction are highly encouraged. See [NIH Requirement for Instruction in the Responsible Conduct of Research](#) and [FY2022 Updated Guidance](#) for additional information.

**The matrix does not limit any individual, in any career stage, from fulfilling additional RCR goals; it is designed as a guide to assist the Principal Investigator in writing a formal RCR plan. Additionally, "a more tailored, discipline-specific approach may better fit the needs of advanced graduate students and those who have transitioned to postdoctoral status" per the updated guidance.

Items (1) – (3) are further detailed on the "UH On-Campus RCR Resources" page.

Ways to fulfill RCR requirement →	CITI RCR Online training (Refresher after 4 years) (1)	Completion of Didactic Course (2)	Attending seminar or panel, auditing didactic session in RCR areas (3)	Teaching single-topic course sessions, seminars, panels	Mentoring (as mentor OR mentee; requires documentation of content and hours)	Other (requires explanation and documentation of content and hours) Ex: recurrent project meetings introduced by RCR training or case studies, Independent reading of educational resources listed on RCR website
Career Stage ↓						
Undergraduate students	*	√	√		√ (as mentee)	√
Post-baccalaureate students	*	√	√		√ (as mentee)	√
Predoctoral (graduate) students	*	√ (if not already taken previously, or additional course)	√	√	√ (as mentee)	√
Postdoctoral fellows and Junior faculty (ex. NIH F32 postdocs and K-award faculty)	*	√ (if not already taken previously, or additional course)	√	√	√ (as mentee and mentor)	√
Continuing faculty engagement in RCR (RCR hours are required every 4 years). Should include a combination of learning, teaching, mentoring	*	√ (if not already taken previously, or additional course)	√	√	√ (as mentor)	√