

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science, Kinesiology, Fitness and Sports

Four-Year Academic Map 2016-2017

| YEAR 1 | Semester 1 Fall | | | Semester 2 Spring | | | Total | |
|--------|-----------------|--|---|-------------------|------------------------------------|---|-------|----|
| | ENGL 1303 | First Year Writing I* | 3 | ENGL 1304 | First Year Writing II* | 3 | | |
| | POLS 1336 | US & TX Constitution & Politics* | 3 | POLS 1337 | US Government* | 3 | | |
| | HIST1377 | The United States to 1877* | 3 | HIST1378 | The United States since 1877* | 3 | | |
| | KIN 1304 | Public Health Issues in Physical Activ.* | 3 | KIN 1352 | Found. of Kinesiological Studies | 3 | | |
| | MATH 1310 | College Algebra* | 3 | MATH 2311 | Intro. to Probability & Statistics | 3 | | |
| | Semester Hours | | | 15 | Semester Hours | | | 15 |

| YEAR 2 | Semester 1 Fall | | | Semester 2 Spring | | | Total | |
|----------------|-----------------------------|---|-----------|--------------------------------|--------------------------------|---|-------|----|
| | CORE | Math Reasoning * | 3 | CORE | Lang., Philosophy & Culture* | 3 | | |
| | CORE | Creative Arts* | 3 | CORE | Writing in the Disciplines * | 3 | | |
| | NUTR 2332 | Intro to Human Nutrition* | 3 | CORE | Math Reasoning* | 3 | | |
| | KIN 3301 | Design/Eval. of Physical Activity Progs | 3 | KIN 3304 | Human Struct. & Physical Perf. | 3 | | |
| | BIOL 1310 | General Biology* | | BIOL 1320 | General Biology II* | | | |
| | OR | OR | 3 | OR | OR | 3 | | |
| BIOL 1361 | Intro to Biological Science | | BIOL 1362 | Intro to Biological Science II | | | | |
| Semester Hours | | | 15 | Semester Hours | | | 15 | 30 |

| YEAR 3 | Semester 1 Fall | | | Semester 2 Spring | | | Total | |
|--------|-----------------|--|---|-------------------|-----------------------------------|---|-------|----|
| | KIN 3305 | Sociological & Cultural Aspects of Sport | 3 | KIN 3309 | Biomechanics | 3 | | |
| | KIN 3306 | Physiology of Human Performance | 3 | KIN 4300 | Physical Activity in Older Adults | 3 | | |
| | KIN 3350 | Psychological Aspects of Sport & Exerc. | 3 | Elective | Approved General Elective | 3 | | |
| | KIN 4301 | Workplace Wellness | 3 | KIN 4310 | Measurement in Human Perf. | 3 | | |
| | NUTR 3340 | Nutrition Life Cycle | 3 | HHP Elective | Approved Advanced Elective | 3 | | |
| | Semester Hours | | | 15 | Semester Hours | | | 15 |

| YEAR 4 | Semester 1 Fall | | | Semester 2 Spring | | | Total | |
|--------|-----------------|--|---|-------------------|----------------------------|---|-------|----|
| | KIN 4302 | Fitness & Human Sexuality | 3 | KIN 4370 | Exercise Testing | 3 | | |
| | KIN 4330 | Child & Adolescent Obesity | 3 | Elective | Approved General Elective | 3 | | |
| | Elective | Approved General Elective | 3 | Elective | Approved General Elective | 3 | | |
| | KIN 4315 | Motor Learning | 3 | HHP Elective | Approved Advanced Elective | 3 | | |
| | KIN 4355 | Organization & Administration of Athletics | 3 | HHP Elective | Approved Advanced Elective | 3 | | |
| | Semester Hours | | | 15 | Semester Hours | | | 15 |
| | | | | | | | 120 | |

*State of Texas Core Curriculum

Students should meet with their academic advisor to formulate their own plan.