



College of Liberal Arts and Social Science

Bachelor of Science – Kinesiology, Fitness and Sports

Four-Year Academic Map 2014-2015

Year 1	Semester 1			Semester 2			Total
	ENGL 1303	First Year Writing I	3	ENGL 1304	First Year Writing II	3	
	MATH 1310	College Algebra	3	POLS 1337	US Government	3	
	POLS 1336	US & TX Constitution & Politics	3	HIST 1378/79	The United States since 1877	3	
	HIST 1376/77	The United States to 1877	3	KIN 1352	Foundations of Kinesiological Studies	3	
	BIOL 1310	General Biology	3	BIOL 1320	General Biology	3	
	OR	OR		OR	OR		
	BIOL 1361	Intro to Biological Science		BIOL 1362	Intro to Biological Science		
Semester Hours			15	Semester Hours		15	30

Year 2	Semester 1			Semester 2			Total	
	CORE	Math Reasoning	3	CORE	Language, Philosophy & Culture	3		
	CORE	Creative Arts	3	MATH 2311	Intro. to Probability & Statistics	3		
	KIN 1304	Public Health Issues in Physical Activity	3	CORE	Writing in the Disciplines	3		
	NUTR 2332	Intro to Human Nutrition	3	KIN 3301	Design/Evaluation of Physical Activity Programs	3		
	Elective	Approved General Elective	3	KIN 3304	Human Structure & Physical Performance	3		
	Semester Hours			15	Semester Hours		15	

Year 3	Semester 1			Semester 2			Total
	KIN 3305	Sociological & Cultural Aspects of Sport	3	KIN 3309	Biomechanics	3	
	KIN 3306	Physiology of Human Performance	3	KIN 4300	Physical Activity in Older Adults	3	
	KIN 3350	Psychological Aspects of Sport & Exercise	3	KIN 4303	Obesity Epidemic	3	
	KIN 4301	Workplace Wellness	3	KIN 4310	Measurement in Human Performance	3	
	NUTR 3340	Nutrition Life Cycle	3	CORE	Math Reasoning	3	
Semester Hours			15	Semester Hours		15	30

Year 4	Semester 1			Semester 2			Total
	KIN 4302	Fitness & Human Sexuality	3	KIN 4370	Exercise Testing	3	
	KIN 4330	Child & Adolescent Obesity	3	KIN 4390	Internship	3	
	Elective	Approved General Elective	3	KIN 4390	Internship	3	
	KIN 4315	Motor Learning	3	Elective	Approved KIN Elective	3	
	KIN 4355	Organization & Administration of Athletics	3	Elective	Approved NUTR Elective	3	
Semester Hours			15	Semester Hours		15	30
							120

Students should meet with their academic advisor to formulate their own plan.

