

## Before Submission of HPAC Materials (October – January)

- □ Join <u>UH Pre-Health Advising Center email listserv</u> to ensure receipt of updates.
- Attend HPAC Orientation, Personal Statement Orientation, and Personal Statement Workshop Overview Session (required to participate in HPAC)
- □ Review HPAC <u>eligibility requirements</u>, <u>review process</u>, and <u>instructions</u> online.
- □ Complete HPAC Exception Request by November 21 if asking for a requirement waiver.
- Download <u>HPAC materials and instructions</u>.
- Download <u>Adobe Acrobat Reader</u> to complete HPAC forms.
- □ Request letters of recommendation. Provide each evaluator with <u>Letter Writer Guidelines form</u>.
- □ Complete HPAC Application Form
  - Use provided GPA calculator to tabulate overall and science GPA values
- □ Complete Personal Statement draft. (It should be as close to final draft as possible.)
- Complete Activities & Experiences worksheet
- Submit all four required HPAC materials to <u>prehealth@uh.edu</u>. Materials will be accepted starting January 17; deadline is February 24.
  - Once 150 applicants have submitted their materials, HPAC will close the application acceptance.
    Late materials will not be accepted.

## After Submission of HPAC Materials (March – May)

- □ Be patient—confirmation of receipt of your materials will be emailed within 2-3 business days.
- Remind your letter-writers to submit their letters as soon as possible. We are not able to evaluate you if we do not have all letter writers listed on your form.
  - There is no formal deadline for letters, but earlier is better (strong preference: March 1).
- □ Check email regularly for updates on which letters have been received.
- Continue to revise Personal Statement and Activities & Experiences worksheet. Please note that HPAC will not accept updates from original submissions.
- □ Check email regularly for updates regarding HPAC application materials and evaluation date.
- □ Once your HPAC file is complete (all materials/letters received), you will be assigned an evaluation date.
  - Evaluations dates are assigned on a rolling basis from mid March to end of May.

## After HPAC Evaluation (May – September)

- □ After your evaluation, you will be contacted with feedback and results from the committee.
- □ Beginning in May, complete primary applications (TMDSAS, AMCAS, AACOMAS, AADSAS)
  - Select "Yes" to release application information to UH Pre-Health Advising Center.
- □ Submit primary applications by mid-to-late June.
- □ Submit HPAC Letter Submission form to <u>prehealth@uh.edu</u> for your letters to be uploaded.