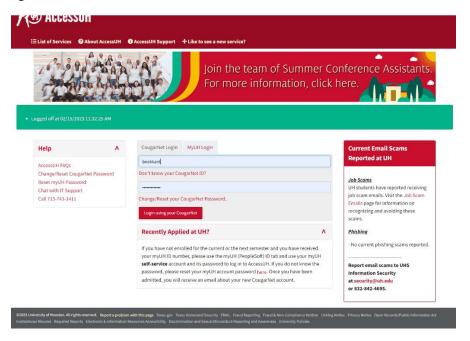
F1 – OPT(X) Report eForm Navigation instructions

Step 1:

Log on to AccessUH using Cougarnet credentials if you are a student or if you graduated less than a year ago.

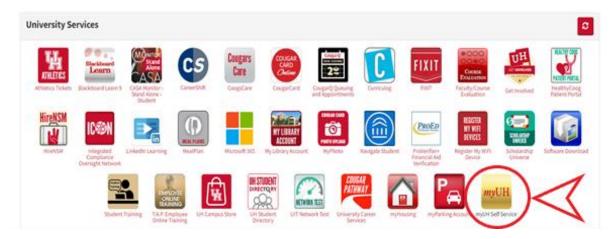


Log on to AccessUH using MyUH Login if you graduated more than a year ago.



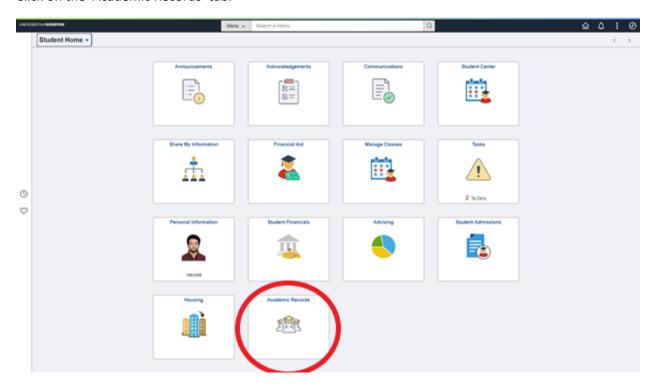
Step 2:

Click on 'myUH Self Service' icon. If you do not see the icon, click on the refresh button.



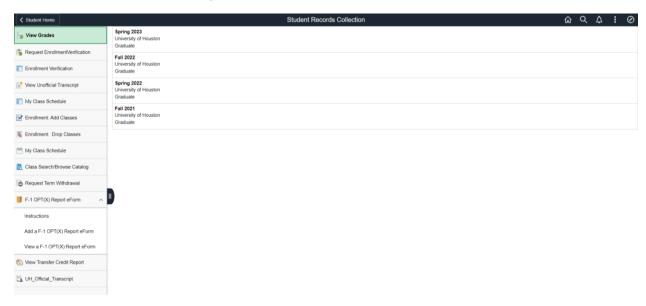
Step 3:

Click on the 'Academic Records' tab.



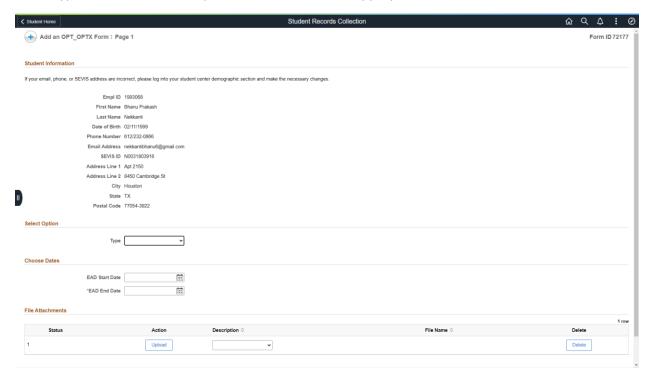
Step 4:

Click on the 'Add a F-1 OPT(X) Report eForm' tab from the menu.



Step 5:

Select type of OPT from the dropdown box and fill in the appropriate details.



Step 6:

Fill in the appropriate details, acknowledge and then click on 'Submit' button. Click on 'Save' if you want to save the information and work on it later.