



LEARNING ABROAD

PASSPORT TO YOUR CAREER

Shasta Cougar

713.743.9167 | .edu | E. Cullen Bldg Suite 105 | uh.edu/learningabroad

EDUCATION

List your learning abroad experience in this section if you completed academic coursework or research abroad.

Bachelor of Arts in Political Science

University of Houston

Minor in Spanish Language

Major GPA: 3.9

May 2023

Houston, TX

Study Abroad / Learning Abroad Exchange Program Student

Swansea University, School of Law and Management

- Completed courses in international relations, leadership, European politics
- Collaborated with group members to assess...
- Gained fluency in...

Spring 2021

Swansea, Wales

EXPERIENCE

List your learning abroad experience here if you participated in research or completed an internship abroad.

Marketing Intern

FC Villareal, Study Abroad Internship Program

- Supported FC Villareal social media team...
- Developed marketing plan for summer off-season events and outreach
- Participated in weekly staff meetings to shadow company business practices
- Gained fluency in...

June-July 2022

Valencia, Spain

RESUME TIPS

When writing the details of your experience abroad, remember to:

- Projects could include: team or individual projects, lab reports, research papers
- List your tasks and what you learned/skills you gained
- Use the formula ACTION VERB + TASK + RESULT to format bullet points

A career and resume resource for CoogsAbroad alumni
Resume templates available on uh.edu/ucs

SUPPORT

Resume Support

Review the suggested resume formats from UCS by visiting their website.

Upload your resume to UCS's Cougar Pathway for review and approval within the system.

Interview Workshops

Attend a University Career Services Interviewing Workshop to work on your interview skills. Events are posted on the UCS website and events page.

Learning Abroad Advising

Talk more about your specific experience abroad to draw out the stories, situations, and skills you gained.

Seek a Global Career

From internships and jobs with the U.S. Department of State to a position teaching English abroad, students can meet with Learning Abroad and UCS on ways to seek a global career.

CONTACT

For more information, visit University Career Services or Learning Abroad.

University Career Services

106 Student Service Center 1
713.743.5100
uh.edu/ucs
ucs@uh.edu

Learning Abroad

105 E. Cullen Building
713.743.9167
uh.edu/learningabroad
learningabroad@uh.edu

SKILLS

Transferable Skills from Your Experience Abroad to use when discussing your experience abroad:

- Cultural awareness
- Foreign language proficiency
- Adaptability
- Ability to identify and achieve goals
- Communication skills
- Increased confidence, self-awareness, and initiative
- Resource and crisis management
- Awareness of global, economic, and political issues
- Clarification of goals and improved self-awareness
- Organizational problem-solving
- Listening and observation

Global Competence

Global competence encompasses the skills and knowledge needed to thrive in a diverse, interconnected world. The National Association of Colleges and Employers (NACE) includes within their career readiness a competency of **Global & Intercultural Fluency**, as defined by an individual demonstrating:

- Openness
- Inclusiveness
- Sensitivity
- The ability to interact with all people
- The ability to understand individuals' differences

INTERVIEW SKILLS

Be prepared to talk about your experience abroad if you list it on your resume. Think about how your experience helped you gain needed skills for the position, what you learned from specific situations abroad, and how having a more global perspective makes you a stronger candidate.

When discussing your experience abroad during an interview, remember to use the STAR method:

Situation:

Describe the situation. What was the challenge or circumstance?

Task:

What was your role? What were you responsible for?

Action:

Explain the actions you took. What did you do? How did you resolve it?

Result:

What was the outcome? What did you learn or gain?