Returning to your work routine could be a significant shock to you physically and mentally. So here are some things you can start implementing now to make the transition easier.

**Personal Needs**
- 1-2 weeks before you’re scheduled to return to campus, wake up 15 to 30 minutes early each day to get back into your normal routine
- Have uniforms and/or any work attire dry cleaned and ready to go
- Grocery shop for lunch items, bottled water, and/or snacks you enjoy while working

**Plan for the Ones You Care For**
- Childcare
- Senior care
- Pet care

**Transportation**

**Vehicle Check/Maintenance**
- Start your car to ensure it is working properly
- Change your oil
- Check your battery and tire pressure
- Make sure you have a full tank of gas

**Metro Rail/Bus and Park and Ride**
- Renew passes if needed
- Review schedule for possible route and time changes

**On Campus Parking**
- Ensure campus parking pass is active
- Review UH Parking and Transportation website for updates

**Traffic**
- Watch local news for traffic updates and possible road closures due to repairs and maintenance
- Look for changes in your neighborhood, for example: schools and businesses that have re-opened

**Work Equipment and Materials**
- Inventory any equipment and materials you may have taken home at the beginning of your work from home period
- Consider what items you will need on campus to perform your job duties
- Create a plan with your supervisor for working a hybrid schedule that may include some days from home, and how this will affect the equipment and materials