

# Back-Up Care for **Even Brighter** Summer Days



## Juggling Work with No Child Care?

If you're faced with the stress of navigating work while caring for your children this summer, rely on your **Bright Horizons**® benefits to get you through the season. Get the support you need with:

- **Safe and convenient back-up care** – reserve care at a nearby center, with best-practice COVID-19 protocols such as small group sizes and intensive hygiene and cleaning practices
- **Reliable in-home care** – get individualized back-up care from providers expected to comply with specific health and safety guidelines, including daily health checks
- **Assistance for everyone** – access a database of sitters, virtual sitting, pet care, and housekeepers
- **Help finding full-time care** – get discounts on a placement service for trained, screened nannies

For our latest family resources, visit [worldathome.brighthouse.com](http://worldathome.brighthouse.com), and for guidelines on back-up care related to COVID-19, visit [brighthouse.com/covid19](http://brighthouse.com/covid19).

## Get Started

Visit <https://clients.brighthouse.com/uh>

If Prompted: Employer Username: UH | Password: care4you

Download the App: Search "back-up care" in the App Store or Google Play

