



What is a 3-minute thesis?

A 3-minute thesis, or 3MT[®], is a skill development activity that challenges graduate students to explain their research project to a non-specialized audience in just three minutes. Besides the time limitation, students are also limited to a single static PowerPoint slide with no additional electronic media or props (About). Additional 3MT[®] information such as competition rules and FAQs can be found [here](#).

Why participate?

Participating in a 3MT[®] competition comes with various benefits. The competition cultivates students' academic, presentation, and research communication skills. Additionally, students increase their capability to communicate their research to a non-specialized audience. Participating in a 3MT[®] competition also gives students the opportunity to publicize themselves as a researcher and potentially gain exposure to collaborators, funders, and media (About).

3MT[®] Examples:

[Chemical Engineering](#)

[Technology](#)

[Chemistry/Bioscience](#)

[Medicine](#)

[Education](#)

[Economics](#)

[Physics](#)

[Psychology](#)

[History](#)

[Geology](#)

[Rehabilitation Health Science](#)

Resources

"About." *Three Minute Thesis*, 19 Mar. 2018, threeminutethesis.uq.edu.au/about.