

What is a 3-minute thesis?

A 3-minute thesis, or 3MT®, is a skill development activity that challenges graduate students to explain their research project to a non-specialized audience in just three minutes. Besides the time limitation, students are also limited to a single static PowerPoint slide with no additional electronic media or props (About). Additional 3MT® information such as competition rules and FAQs can be found here.

Why participate?

Participating in a 3MT® competition comes with various benefits. The competition cultivates students' academic, presentation, and research communication skills. Additionally, students increase their capability to communicate their research to a non-specialized audience. Participating in a 3MT® competition also gives students the opportunity to publicize themselves as a researcher and potentially gain exposure to collaborators, funders, and media (About).

3MT® Examples:

Chemical Engineering

Technology

Chemistry/Bioscience

Medicine

Education

Economics

Physics

Psychology

History

Geology

Rehabilitation Health Science