UNIVERSITY of HOUSTON

CAMPUS SAFETY

Office of Emergency Management

Emergency Preparedness Supplies Checklist

The Emergency Preparedness Supplies Checklist is essential and tailored to meet the basic survival needs during or after a disaster. Individuals can store emergency supplies, tools, and water in one location that is readily available in your room, home, office and/or vehicle. Supplies can be stored in advance in an easy to carry suitcase, duffle bag or backpack ensuring they are easily accessible in the event of an evacuation.

First Aid Supplies

- ✓ Adhesive bandages, various sizes
- ✓ Sterile dressing and pads, various sizes
- ✓ Conforming roller gauze bandage
- ✓ Triangular bandages
- ✓ Roll cohesive bandage
- ✓ Hand sanitizer
- ✓ Non-latex gloves
- ✓ Adhesive tape, 2 " width
- ✓ Antibacterial ointment
- ✓ Cold pack
- ✓ Scissors and tweezers
- ✓ Safety pins
- ✓ Cotton balls
- ✓ Sunscreen
- ✓ First aid manual

Non-Prescription and Prescription Med-Kit

- ✓ Aspirin and non-aspirin pain reliever
- ✓ Anti-diarrhea medication
- ✓ Antacid
- ✓ Prescriptions/medications
- ✓ Extra eyeglasses/contact lenses

Sanitation and Hygiene Supplies

- \checkmark Washcloth and small towel
- ✓ Soap
- ✓ Toothpaste, toothbrush, shampoo
- ✓ Deodorant
- ✓ Lip balm, insect repellent
- ✓ Plastic garbage bags, small/large
- ✓ Feminine supplies
- ✓ Toilet paper



Equipment and Tools

- ✓ Portable, battery powered radio or windup/NOAA Weather Radio
- ✓ Flashlight (wind-up or battery powered)
- ✓ Waterproof matches or in waterproof container
- ✓ Manual can opener
- ✓ Paper cups, plates, and plastic utensils
- ✓ Duct tape, whistle, work gloves
- ✓ Paper, pens, and pencils
- ✓ Needles and thread
- ✓ Battery-operated travel alarm clock
- Re-sealable plastic bags
- ✓ Batteries

Food and Water

- ✓ Water
- ✓ Ready-to-eat meats, fruits, and vegetables
- ✓ Canned or boxed juice and soup
- High-energy foods (peanut butter, low sodium crackers, granola bars & trail mix)
- ✓ Special dietary needs
- Cookies, hard candy, cereals and powdered milk

Clothes and Bedding Supplies

- ✓ Clothing
- ✓ Sturdy shoes or boots
- ✓ Rain gear, hat, sunglasses
- ✓ Blankets/sleeping bags and pillows

Documents and Keys

- ✓ Personal ID (Driver's License/Passport)
- ✓ Cash
- ✓ Extra set of home and vehicle keys
- ✓ Insurance papers, immunization records
- ✓ Emergency contact list
- 🖌 Map