

Families CAN Newsletter

UNIVERSITY of HOUSTON

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PARENT EDUCATION PROJECT
FAMILIES CAN PROGRAM

Summer 2017 (FY 17)
Volume 22, Issue 4

UNIVERSITY of HOUSTON
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Transition Resource Fair

Thursday, July 20, 2017

From 6:00 pm - 8:00 pm

Shriners Hospital

6977 Main Street, 5th & 6th floor
(Take elevator to the 5th floor)

Refreshments! **Free** and easily accessible parking in Shriners lot is available, entering Pressler off Main Street.

Door Prizes!

Agency representations from:

- | | |
|----------------------------------|---------------------------|
| -Advocacy and Training | -Entrepreneurs |
| -Community Services | -Certificate Programs |
| -Health Care | -Day Programs |
| -Insurance | -Support Groups |
| -Employment Services | -Colleges |
| -Community Recreation Activities | -Residential Alternatives |
| -Legal & Estate Planning | -Local Job Training Sites |

For more information, please contact Ava Fletcher, at 713-743-0608 or by email at acfletc2@central.uh.edu or Shelley Townsend 713-743-5491 or by email at satownse@central.uh.edu.

Families CAN is in the Department of the College of Education at the University of Houston.

Children's Museum of Houston

To the families that are served by Families CAN, please call your family partner to request free passes Olga Guerra 713-743-5592, Ava Fletcher 713-743-0608, Sherena Smith 713-743-5992 or Shelley Townsend 713-743-5491. You can use these passes to visit the Children's Museum of Houston anytime. Each pass admits up to four people FREE!

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**Families CAN wishes
all mothers a Happy
Mother's Day!**



***Congratulations,
graduates!***



From Sailing to Camping



Go sailing for the summer with Sailing Angels. Sailing Angels teaches sailing to special needs children as a form of recreational therapy. Sailing Angels aims to create a fun, educational and therapeutic opportunity for children with developmental disabilities. For more information, please contact Captain Dave McCabe at (281) 507-1867, or email Dave at DaveMcCabe@SailingAngels.org, www.sailingangels.org

The ARC of Greater Houston - Camp Champions - Sunday, July 23, 2017 – Friday, July 28, 2017
Camp Champions is a six-day residential camp for individuals, ages 10-30, with intellectual disabilities. The camp is located in Burton, TX at the Camp for All site; activities include horseback riding, canoeing, fishing, paintball, archery, swimming, ropes course, arts/crafts. Please contact Deshara Goss desharag@aogh.org for an application and further information or call 713-957-1600. Applications are due by May 15! www.aogh.org

Camp Ability is a summer day camp for children/teens with Down syndrome and their sibling's ages 3-17 years at our Resource Center. We will have crafts, music, games, reading, writing, movement, a snack, and most of all fun!

Dates: July 10 to July 14, 2017 - ALL AGES

Please join us for our Seventh Annual Camp Ability!

Cost for the entire week not per day, is \$90 for all day 9 AM-4 PM and \$45 for half day which is 3 hours either morning 9 am-Noon or 1-4 pm. Payment is due no later than the first day of camp.

For more information call 713-682-7237 Ext. 201 or email info@dsah.org

To register for the summer camp, fill out the form on our website <http://dsah.org/programs/camp-ability/>.

The Elks Camp is a free camp also for ages 7 up to 15 years of age with a variety of different diagnosis. Applicants should have some degree of independence in self-help skills, including feeding and dressing themselves. For more information contact us by phone: 830-875-2425 or fax: 830-875-5455. Email: txelks@gvec.net. The website is www.texaselkscamp.org

Session 1: June 11th - June 16th

Session 4: July 9th - July 14th

Session 2: June 18th - June 23rd

Session 5: July 16th - July 21th

Session 3: June 25th – June 30th

Session 6: July 23rd - July 28th



Camps



TUTS - The River Performing and Visual Arts Fine Arts Summer Camp

Session 1: June 19-23: Spies Like Us Redux

Session 2: June 26-30: The Man Miranda

Session 3: July 10-14: Shiny & Bright

Session 4: July 17-21: Legends

Session 5: July 24-28: Back in the Day: 90's Edition

Session 6: July 31-Aug 4: Family Fun

Ages 4-19, Hours for Summer Camp is Monday to Friday from 9:30 am to 2:30 pm

Cost: \$160 per weekly session (plus a \$25 non-refundable enrollment fee per child)

End of Camp Performance is held each Friday at 12:30pm

Classes held at 1475 West Gray, Houston, Texas 77019

To register on line go to www.tuts.com

Call for more information at (713) 520-1220.



Texas Lions Camp is a residential camping facility for children with physical disabilities, Type 1 Diabetes and Down Syndrome. From ages 7 up to age 16. The camp is free. Please see the one week sessions below. The application is available online to be downloaded. For more information please contact Texas Lions Camp, P.O. Box 290247, Kerrville, Texas 78029-0247, (830) 896-8500 Office (830) 896-3666 Fax, www.lionscamp.com

Regular Sessions

- Session 1: June 4 – 10, 2017: Children with Physical Disabilities, Ages 7-16
- Session 2: June 11 - 17, 2017: Children with Physical Disabilities, Ages 7-16
- Session 3: June 18 - 24, 2017: Children with Physical Disabilities, Ages 7-16
- Session 4: June 25 - July 1, 2017: Children with Physical Disabilities, Ages 7-16
- Session 5: July 2 – July 8, 2017: Children with Physical Disabilities,

Specialty Camps

- Session 6 – Down Syndrome - July 9 - 15, 2017

Camps for Type 1 Diabetes

- Session 8 - Diabetic 1- July 23 - July 29, 2017 (Ages 8-15)
- Session 9 - Diabetic 1- July 30 - August 5, 2017 (Ages 8-15)

Camps Continued

Summer Camp 2017 Only for Autistic Individuals

Promote social skills and physical well-being through group activities and sensory integrated movements

When: Week 1: July 24- 28. Week 2: July 31- August 4

Where: We Rock the Spectrum the Woodlands

387 Sawdust Road, Woodlands, TX 77380

Ages: 6-11

Registration Fee: \$75.00 Non-Refundable

Fee: \$195.00

Autism Share

Contact: miran@autismshareamerica.org

Phone: 832-779-0742

EASTERSEALS of Greater Houston Camps

Camp Buckeroo

A week-long day camp for children with disabilities ages 6-14 and their siblings to attend together.

Dates and Locations

June 5 - 9, Shepherd of the Heart United Methodist Church (Pearland)

June 12 - 16, Westbury United Methodist Church (Houston)

June 19 - 22, Montgomery County/Woodlands United Methodist Church (TBD)

July 10 - 14, Sugar Creek Baptist Church (Sugar Land)

July 17 - 21, St. John the Divine (Houston)

For more information, to enroll, or volunteer, please call 713.838.9050, ext. 309 or email us at

holton@eastersealshouston.org

Camp Spike & Wave

A week-long overnight camp for children and teens, ages 8 -14 with the primary diagnosis of epilepsy or seizure disorder.

Dates and Location

June 11 – June 17, 2017, Camp For All, Burton TX

For camper applications, please contact us! Please contact us at 888-548-9716.

Please note the deadline for camper applications is June 1, 2017. <http://eftx.org>

Camps Continued

Camp Journey

Camp Journey offers programs throughout the summer serving people of all ages with disabilities. Your child will be supervised one-on-one by a volunteer or by paid young adults. If you want to see if your child would be a good candidate for our summer camps, drop by our after-school programs.

Day Camps

Day Camp (9am - 3pm) is primarily held at a church and there is one activity in the morning and one in the afternoon. At times, Day Camp also includes activities in the community. **Day Camp week 1 is full.** Week 2- July 31-Aug. 1. Cost- \$225 per week.

Adventure Day Camp (9am - 4pm) is held at various recreational locations in the community. This includes activities such as bowling, movies, trampoline parks, and various day trips to places like Galveston and the Kemah Boardwalk. For both day and adventure camps you will need to send a sack lunch with your child.

Adventure Camp week 1 is full. Week 2- July 3-July 7. Week 3- July 24-July 28. Cost- \$450 per week.

Fun in the Sun

Since many of our campers attend summer school, our **Fun in the Sun camp** is only half day, running 1:00 - 5:30 pm, at Texas Typhoon Water Park. You must purchase a season pass for this camp. The following dates are available: June 12th - June 16th, June 19th - June 23rd, July 10th - July 14th, July 17th - July 21st, August 7th - August 11th.

Spaces are first-come-first-serve. For a registration application visit the website: www.camp-journey.com. For more information contact Suzette.coates@gmail.com or 832-437-0387.

The University of Houston Presents: Cougar Communication Groups

Summer Speech & Language Therapy Program at the University Speech, Language and Hearing Clinic: A United Way Agency

June 12 – July 21, 2017

Groups meet twice weekly for 2.5 hours each session.

For children 18 months to 4 years: Monday/Wednesday or Tuesday/Thursday - 9:30 AM - 12:00 PM
For children 5 years to 10 years: Monday/Wednesday or Tuesday/Thursday - 1:00 PM – 3:30 PM

Limited Spaces Available!

Call 713-743-2898 or email uslhc@uh.edu for further enrollment information.

The deadline for applications is May 26, 2017.

Bridging Lives is offering an innovative and exciting summer social skills and recreation camp to assist elementary and secondary students with autism and other developmental disorders to engage in meaningful appropriate activities and recreation. Day Camp times are 9 am - 3pm

- June 8th - 12th, July 13th – 17th August 3rd – 7th
- June 15th - 19th, July 20th-24th August 10th – 14th
- June 22nd - 26th July 27th – 31st
- July 6th - 10th

For more information contact: Matthew Bridges at 713-298-7679, <http://www.bridging-lives.com/summer-camps.php>



Spring Activities



Melody Perez attended Disney on Ice in April. She had a wonderful time!



A Note of Thanks: Thank you to one of our families for contributing gifts to make other children happy for the holidays.



Congratulations to **David Trant** who was chosen to attend the Carolyn Garrett Youth Leadership Training Conference in Austin, Texas, from March 25th to March 27th. This program teaches youth how to become actively involved in their communities and empowered in their academic environments.

Parent Training

Lone Star LEND

Leadership Education in Autism and Neurodevelopmental Disabilities

Applications are now being accepted for the 2017-2018 LoneStar LEND Fellowship Program at the University of Texas Health Science Center at Houston, JJL 312.7, 6431 Fannin St. The LEND program is a 10-month program from August 2017 through May 2018 leading to a certificate upon successful completion. LEND fellows commit to an average of 20 hours per week. Adults with developmental disabilities, parents and/or siblings of individuals with developmental disabilities, and individuals from diverse backgrounds are encouraged to apply.

For additional information visit: www.LoneSTARLEND.org

Or contact Prisca Franklin at: Prisca.Franklin@uth.tmc.edu 713-500-3637 (phone) 713-500-0315 (fax)

“Abilities Expo”

August 4 - August 6, 2017

NRG Center- Hall E, 8400 Kirby Drive, Houston, TX 77054

Friday: 11 am- 5pm

Saturday: 11 am-5pm

Sunday: 11 am-4pm

Admission is FREE!

For more information and to pre-register for priority access, visit www.abilities.com/houston/

EXTREME WEATHER READY EXPO

A Free Family Preparedness Event



Saturday, June 3, 2017 from 10 a.m. – 3 p.m.

George R. Brown Convention Center Hall A

Free and open to the public! Registration Begins at 9 a.m.

Pre-register online at www.weatherreadyexpo.com

Sponsored by CenterPoint Energy Supported by City of Houston & Greater Houston Local Emergency Planning Committee-Featured presenter: National Weather Service

Contributors:

Harris County –Fort Bend County-Montgomery County-Galveston County-Houston Red Cross
-The Church of Jesus Christ of Latter-day Saints-METRO



Preparing for Hurricane Season: June 1st- November 30th

ARE YOU READY?

Make a Plan: A good preparedness plan can prevent or at least reduce the confusion and panic typically associated with an emergency situation.

Build a Kit: Consider building two types of kits – A-Go-Bag and a Stay-At-Home-Kit. A-Go-Bag is one you would take with you in case of evacuation. A Stay-At-Home-Kit would come into play if you were taking shelter in your home.

Stay Informed: Before, during, and after disasters.

Know your neighbors: Your neighbors can be the best source of help immediately after a disaster.

Hurricane Preparedness Websites:

FEMA: www.Ready.gov

Texas Division of Emergency Management: www.txdps.state.tx.us/dem

Red Cross: www.redcross.org

Ready Houston: www.readyhouston.tx.gov

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Families CAN Program
Parent Education Project
Student Services Center 1,
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4365 Cougar Village Drive
Houston, Texas 77204-3055

The Transition Workshop*Another service for you!*

(For Families and Friends of Children with Disabilities)

Thursday, May 18, 2017 (6:30 p.m. – 8:00 p.m.)

Speaker: Steven Rhatigan, Principal,
Archer Consulting Group, LLC

Mr. Rhatigan will discuss the ABLE Plan Basics

Shriners Hospital, 6977 Main St.

6th floor open area

Parking is free, pizza and drinks will be provided by Texas
Children's Health Plan

Spanish translation available.

For more information, contact:

Ava Fletcher, Transition Coordinator, UH Families CAN,
713-743-0608 or acfletc2@central.uh.edu
Elaine Hime, Field Relations Coordinator, Social Case Management
Texas Children's Health Plan, 832-828-1544 or
elaine.hime@tchp.us

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