

# OBESITY PREVENTION INTERNSHIP



PAID VIRTUAL  
INTERNSHIP



HELP FIGHT  
CHILDHOOD OBESITY



APPLY NOW!

Deadline:  
December 1<sup>st</sup>, 2020  
5 p.m.

Questions?  
Call (832) 842-5921  
or email  
bounce@central.uh.edu.

bounce.uh.edu

## DESCRIPTION

The Spring 2021 Eye to the Future internship for UH, UHD, and HCC students seeks to develop the next generation of childhood obesity educators. The virtual internship will a) teach entry-level skills to develop, deliver and evaluate a healthy lifestyle program and b) provide professional development training for careers in nutrition, obesity and public health.

## BENEFITS

Students will receive a \$3,500 stipend, faculty mentorship and career/professional development.

## REQUIREMENTS

To be eligible for this internship, you must:

- Self-Identify as Hispanic.
- Anticipate graduating date in Fall 2021, with an associate or bachelor's degree (or post-baccalaureate) or be nearing completion of a certificate program.
- Currently attend University of Houston, UH-Downtown or Houston Community College.
- Have a minimum overall GPA of 2.5.
- Have interest in nutrition, health education, public health, childhood obesity or a related field.
- Be willing and able to commit to 275 hours (weekly average: 15 hours) during the 20-week internship in the Spring 2021 semester.
- Be willing and able to complete surveys before and after the program to track completion of internship components.

## TO APPLY

1. Complete the application at <https://www.coe.uh.edu/wf/future/checklist.cfm>
2. Submit a resume.
3. Submit an unofficial transcript.
4. Write a 800-word essay that answers the following:
  - Explain your reasons for wanting to participate in this program. Why do you think you are a good candidate?
  - List three challenges you expect to encounter in this internship. How would you resolve them?
  - Explain how you would apply some of your current skills into this internship.
5. Submit the name, email and phone number of two professional references (i.e. professor, supervisor, etc.).

**Note: Resume, unofficial transcript and essay must be submitted in one PDF within the application. An interview with selected qualifying candidates will be conducted.**



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