

# October Snack Menu

2024

| Monday                                                   | Tuesday                                                 | Wednesday                                         | Thursday                                             | Friday                                                         |
|----------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------|------------------------------------------------------|----------------------------------------------------------------|
| Snack menu is subject to change.                         | 1<br>AM: Fresh Apples<br>PM: Teddy Grahams              | 2<br>AM: Fruit/Pudding Cup<br>PM: Graham Crackers | 3<br>AM: Strawberry Smoothie<br>PM: Veggie Straws    | 4<br>CLC CLOSED<br>Staff Professional Development              |
| 7<br>AM: Rice Krispies Cereal<br>PM: Short Bread Cookies | 8<br>AM: Fresh Blueberries<br>PM: Cheese & Crackers     | 9<br>AM: Pineapple<br>PM: Animal Crackers         | 10<br>AM: Nutri-Grain Bar<br>PM: Rice Cakes          | 11<br>AM: Cheerios<br>PM: Whole Grain Goldfish                 |
| 14<br>AM: Life Cereal<br>PM: Cheese & Tortilla Rollup    | 15<br>AM: Banana<br>PM: Vanilla Wafers                  | 16<br>AM: Cereal<br>PM: Veggies & Hummus          | 17<br>AM: Fruit Cup<br>PM: Ritz-Bits w/Cheese        | 18<br>AM: Croissant w/Cream Cheese<br>PM: Diced Mango          |
| 21<br>AM: Cereal<br>PM: Wheat Thins                      | 22<br>AM: Fresh Fruit<br>PM: Salad & Dressing           | 23<br>AM: Muffin<br>PM: Shredded Carrots & Ranch  | 24<br>AM: Yougurt<br>PM: Spinach Dip w/Pita Crackers | 25<br>AM: Pancakes<br>PM: Turkey Meat Slices & Crackers        |
| 28<br>AM: Cereal<br>PM: Fresh Broccoli Florets           | 29<br>AM: Fresh Pears<br>PM: Tortilla Chips w/Guacamole | 30<br>AM: Mandarin Oranges<br>PM: Cheez-its       | 31<br>AM: Fig Bar<br>PM: Fall Treats                 | Milk is served with snacks.<br>Water is available with snacks. |

