

CURRICULUM VITAE

SHELBY J. MCGREW

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EDUCATION

- 2021- **University of Houston**
Houston, TX
Doctoral Student
- 2016-2018 **University of Southern Mississippi**
Hattiesburg, MS
GPA: 3.76
B.S., Psychology Honors

RESEARCH EXPERIENCE

- 4/19-5/21 **Research Coordinator**
Distress, Anxiety, and Trauma Disorders (DAT) Laboratory
Southeast Louisiana Veterans Health Care System (SLVHCS)
- Re-Evaluating Suicidal Thoughts (REST) for Veterans**
Principal Investigator: Joseph W. Boffa, Ph.D.
- Managed daily operations on a CBT and ACT-based suicidality treatment program funded by the SC MIRECC.
 - Responsible for participant recruitment, scheduling, and screening; manage participant files and payment; administer research protocol.
 - Performed standard laboratory duties including but not limited to: database construction; data entry; data cleaning; conducting literature reviews.
 - Maintained regulatory binder and research records for compliance purposes.
 - Attended weekly supervision meetings to ensure protocol adherence.
- Cognitive Anxiety Sensitivity Treatment (CAST) for Opioid Use**
Principal Investigator: Amanda M. Raines, Ph.D.
- Managed daily operations on an anxiety-based opioid use treatment program funded by the SC MIRECC.
 - Responsible for participant recruitment, scheduling, and screening; managed participant files and payment; administered research protocol.
 - Performed standard laboratory duties including but not limited to: database construction; data entry; data cleaning; conducting literature reviews.
 - Maintained regulatory binder and research records for compliance purposes.
 - Attended weekly supervision meetings to ensure protocol adherence.
 - Supervised and trained undergraduate students working in the lab.

1/17-5/18 **Research Assistant**
Anxiety and Trauma Research Program
University of Southern Mississippi

Pain Tolerance and Acquired Capability for Suicide

Principal Investigator: Daniel W. Capron, Ph.D.

Position: Lead Research Assistant

- Administered research protocol for an investigation measuring the role pain tolerance and acquired capability play in suicidality.
- Measured pain tolerance via algometer administration.
- Responsible for participant recruitment, scheduling, and payment.
- Performed standard laboratory duties including but not limited to: data entry; data cleaning; conducting literature reviews.
- Prepared an undergraduate-level grant proposal.

Cognitive Bias Modification – Interpretation (CBM-I)

Principal Investigator: Daniel W. Capron, Ph.D.

- Administered research protocol for an investigation on the use of a computerized intervention to correct interpretation cognitive biases.
- Developed research-related materials for recruitment and enrollment of participants.
- Responsible for participant recruitment, scheduling, and payment.
- Performed standard laboratory duties including but not limited to: data entry; data cleaning; literature reviews.

08/16-5/18 **Research Assistant**
Psychology of Existential Concerns Laboratory
University of Southern Mississippi

Spiritual Metaphors

Principal Investigator: Lucas A. Keefer, Ph.D.

- Administered research protocol (i.e., qualitative interviews) for an investigation exploring metaphors people use for religious figures.
- Developed research-related resources for recruitment, enrollment, and debriefing of participants.
- Responsible for participant recruitment and scheduling.
- Performed standard laboratory duties including but not limited to: data entry; data cleaning; literature reviews.

Factors Influencing Cognitive Processing of Meaning in Life

Principal Investigator: Lucas A. Keefer, Ph.D.

- Administered research protocol for an investigation examining cognitive processing impacts on subjective meaning in life.
- Developed research-related resources for recruitment, enrollment, and debriefing of participants.

- Developed study materials (e.g., modified questionnaires for cognitive tasks).
- Responsible for participant recruitment and scheduling.
- Performed standard laboratory duties including but not limited to: data entry; data cleaning; literature reviews.

Growth Motivation and Ego Protection in Health Domains

Principal Investigator: Lucas A. Keefer, Ph.D.

- Administered research protocol for an investigation examining growth motivation and locus of control.
- Responsible for participant recruitment and scheduling.
- Developed research-related resources for recruitment, enrollment, and debriefing of participants.
- Performed standard laboratory duties including but not limited to: data entry; data cleaning; literature reviews.

PEER-REVIEWED PUBLICATIONS

8. Raines, A. M., Ennis, C. R., Allan, N. P., **McGrew, S. J.**, Walton, J. L., Rogers, A. H., Zvolensky, M. J., Schmidt, N. B., & Franklin, C. L. (2021). Anxiety sensitivity and substance use: Differential levels across primary opioid, cannabis, and stimulant users. *Addictive Behaviors, 116*, 106791.
7. Raines, A. M., Tock, J. L., **McGrew, S. J.**, Ennis, C. R., Derania, J., Jardak, C. L., Lim, J. H., Boffa, J. W., Houtsma, C., Jones, K. R., Martin-Klinger, C., Widmer, K. E., Schapira, R. M., Zvolensky, M. J., Hoerger, M. P., Constans, J. I., & Franklin, C. L. (2021). Correlates of death among SARS-CoV-2 positive veterans: The contribution of lifetime tobacco use. *Addictive Behaviors, 113*, 106692.
6. Raines, A. M., Allan, N. P., **McGrew, S. J.**, Gooch, C. V., Wyatt, M., Franklin, C. L., & Schmidt, N. B. (2020). Evaluating the utility of a brief computerized anxiety sensitivity intervention for opioid use: A pilot investigation. *Addictive Behaviors, 104*, 106285.
5. **McGrew, S. J.**, Ennis, C. R., Vujanovic, A., Franklin, C. L., & Raines, A. M. (2019). An Initial Investigation of the Association between Distress Intolerance and Posttraumatic Stress within Military Sexual Trauma Survivors. *Psychological Trauma: Theory, Research, Practice, and Policy, 12*(3), 306-312.
4. Martin, R. L., Smith, N. S., **McGrew, S. J.**, Capron, D. W. (2019). Aggressive Worriers: How aggression moderates the relationship between intolerance of uncertainty and suicidal desire. *Archives of Suicide Research, 1-20*.
3. Keefer, L. A., **McGrew, S. J.**, Brown, M., & Baldwin, M. (2019). Beyond presence and search: A person-level analysis of the meaning in life questionnaire. *International Journal of Existential Positive Psychology, 8*, 1-16.
2. Brown, M., Keefer, L. A., & **McGrew, S. J.** (2019). Situational factors influencing receptivity

to bullshit. *Social Psychological Bulletin*, 14, e37393.

1. Keefer, L. A., Brown, M., **McGrew, S. J.**, & Reeves, S. L. (2018). Growth motivation moderates a self-serving attribution bias in the health domain. *Personality and Individual Differences*, 134, 60-65. **Featured:** [Science Trends \(November 14, 2018\)](#).

MANUSCRIPTS UNDER REVIEW

4. **McGrew, S. J.**, Caulfield, N. M., Boffa, J. W., Houtsma, C., Capron, D. W., Vujanovic, A. A., Franklin, C. L., & Raines, A. M. *The Role of Distress Intolerance in Suicidality among MST Survivors*. Manuscript submitted for publication.
3. Zegel, M., **McGrew, S. J.**, Wardle, M. C., & Vujanovic, A. A. *The interactive effect of distress tolerance and reward function on posttraumatic disorder symptoms among firefighters*. Manuscript submitted for publication.
2. Vujanovic, A. A., Webber, H., **McGrew, S. J.**, Green, C. E., Lane, S. D., & Schmitz, J. M. (2021). *Distress tolerance: Prospective associations with cognitive-behavioral therapy outcomes in adults with posttraumatic stress and substance use disorders*. Manuscript submitted for publication.
1. Vujanovic, A. A., **McGrew, S. J.**, Walton, J. L., & Raines, A. M. (2021). *Posttraumatic stress and substance use among military veterans: Associations with distress tolerance and anxiety sensitivity*. Manuscript submitted for publication.

MANUSCRIPTS IN PREPARATION

3. Leonard, S. J., Vujanovic, A. A. & **McGrew, S. J.** (*in preparation*). Sleep disturbance, mindfulness, and alcohol use severity among firefighters.
2. Caulfield, N. M., **McGrew, S. J.**, Capron, D. W., & Raines, A. M. (*in preparation*). Examining differences in PTSD symptoms in African American and Caucasian veterans.
1. Saulnier, K. G., **McGrew, S. J.**, Horvath, S., Smith, T., Shepherd, J., Raines, A. M., & Allan, N. P. (*in preparation*). A meta-analysis of anxiety sensitivity and substance abuse.

INVITED PRESENTATIONS

1. Raines, A. M., Allan, N. P., **McGrew, S. J.**, Gooch, C. V., Wyatt, M., Franklin, C. L., & Schmidt, N. B. (2020, June). A novel approach to treating opioid use disorders: Results from a pilot investigation. Invited talk presented at the monthly SLVHCS Mental Health Grand Rounds, New Orleans, LA.

PROFESSIONAL PRESENTATIONS

11. Bergman, J. G., **McGrew, S. J.**, Dawson, D. B., Fletcher, T., Franklin, C. L., & Raines, A. M. (2021, November). *Exploring racial differences in anxiety sensitivity among veterans*. Poster accepted to the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
10. **McGrew, S. J.**, Boffa, J. W., Capron, D. W., Vujanovic, A. A., Franklin, C. L., & Raines, A. M. (2021, March). The role of distress intolerance in suicidality among MST survivors. In Saulnier, K. G. & N. P. Allan (Chairs), *Suicide risk identification: Examining the impact of transdiagnostic risk factors on suicidality*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Virtual Conference.
9. **McGrew, S. J.** & Raines, A. M. (2020, November). *Associations between Anxiety Sensitivity and Suicidality among Military Sexual Trauma Survivors*. Poster presented at the annual meeting of the Louisiana Psychological Association, Virtual Conference.
8. Raines, A. M., Allan, N. P., **McGrew, S. J.**, Ennis, C. R., Walton, J. L., & Franklin, C. L. (2019, November). Anxiety Sensitivity and Opioid Use: Associations among Treatment-Seeking Veterans. In A. M. Raines & N. P. Allan (Chairs), *Anxiety Sensitivity and Substance Use: Associations and Novel Treatment Approaches*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
7. **McGrew, S. J.**, Parkin, S. L., Carroll, M., Walton, J. L., Franklin, C. L., & Raines, A. M. (2019, June). *Examining associations between PTSD symptom clusters and suicidality*. Poster presented at the annual meeting of the Louisiana Psychological Association, Metairie, LA.
6. Raines, A. M., **McGrew, S. J.**, Allan, N. P., Carroll, M., & Franklin, C. L. (2019, March). *Insomnia symptoms and suicide: The mediating role of perceived burdensomeness*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
5. **McGrew, S. J.**, Raines, A. M., Carroll, M., & Franklin, C. L. (2019, March). *The mediating role of perceived burdensomeness and thwarted belongingness in OCD symptoms and suicidality*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
4. **McGrew, S. J.**, Chambliss, J., Franklin, C. L., & Raines, A. M. (2019, January). *Is the pudding in the proof: An initial evaluation of the relationship between distress intolerance and posttraumatic stress within a military sexual trauma sample*. Poster presented at the Louisiana State University's Department of Medicine Research Day, New Orleans, LA.
3. **McGrew, S. J.**, Pazos, L. A., Keefer, L. A., & Brown, M. (2018, November). *Meaning detection processes influence receptivity to bullshit*. Poster presented at annual meeting of the Psychonomic Society, New Orleans, LA.

2. **McGrew, S. J.**, Keefer, L. A., & Brown, M. (2018, April). *Meaning detection processes influence receptivity to bullshit*. Poster presented at the University of Southern Mississippi's Undergraduate Research Symposium, Hattiesburg, MS. ***Recipient of Donald Drapeau Undergraduate Research Award**
1. **McGrew, S. J.** & Keefer, L. A. (2017, April). *All the lonely people: The effects of attachment style on social surrogates, loneliness, and life satisfaction*. Poster presented at the University of Southern Mississippi's Undergraduate Research Symposium, Hattiesburg, MS.

AWARDS AND HONORS

- 2021-2023 Mont H. Jr. and Jane Goldston Graduate Fellowship (\$2000)
- 2018 Donald Drapeau Undergraduate Research Award (\$500)

PROFESSIONAL MEMBERSHIPS

Psi Chi

CLINICAL EXPERIENCE

7/18-3/19 Applied Behavior Analysis Line Technician
Within Reach – Center for Autism
Metairie, LA

TECHNICAL EXPERIENCE

Microsoft Office Suite; IBM SPSS; Qualtrics; E-Prime; Algometer administration; Meta-Analysis coding

COMMUNITY SERVICE AND VOLUNTEER EXPERIENCE

ABCT Convention Planning; New Orleans, LA
Assisted with reviewing abstract submissions, Spring 2021

SLVHCS COVID-19 Screenings; New Orleans, LA
Screened research employees for COVID-19 symptoms and exposure, Summer/Fall 2020

American Foundation for Suicide Prevention (AFSP); New York, NY
Created a fundraiser via social media and collected monetary donations for AFSP, Fall 2019

LPA Fall-Winter Workshop; Baton Rouge, LA
Promoted event through membership engagement, Fall 2019

SLVHCS Ladies Night Out; New Orleans, LA
Provided information about mental health services available at the VA, Spring 2019

Bridge and Beyond; Columbus, OH
Knitted scarves and hats for distribution to homeless individuals, Fall 2017

AD HOC REVIEWS

SN Comprehensive Clinical Medicine
In-Mind Magazine

REFERENCES

Joseph W. Boffa, Ph.D.; Research Psychologist; Southeast Louisiana Veterans Health Care System; Joseph.Boffa@va.gov

Amanda M. Raines, Ph.D.; Research Psychologist; Southeast Louisiana Veterans Health Care System; Amanda.Raines@va.gov

Daniel W. Capron, Ph.D.; Associate Professor of Psychology; University of Southern Mississippi; Daniel.Capron@usm.edu

Lucas A. Keefer, Ph.D.; Assistant Professor of Psychology; University of Southern Mississippi; Lucas.Keefer@usm.edu