

**CURRICULUM VITAE**

*(Last Revised: 8/29/2021)*

**NATHANIEL A. HEALY**

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**EDUCATIONAL HISTORY**

- 2019 – current      **Doctoral Student (Ph.D.)**, Clinical Psychology  
University of Houston, Houston, TX (APA-Accredited Program)  
Mentor: Anka A. Vujanovic, Ph.D.
- 2019 – 2020        **Master of Arts (M.A.)**, Clinical Psychology  
University of Houston, Houston, TX (APA-Accredited Program)  
Thesis: *PTSD Symptoms and Suicide Risk among Firefighters: The  
Moderating Role of Sleep Disturbance*  
Defense Approved: 9/2020  
Mentor: Anka A. Vujanovic, Ph.D.
- 2013 – 2017        **Bachelor of Arts (B.A.)**, Psychology  
University of California – Los Angeles, Los Angeles, CA
- 2015                 **UC Education Abroad Program**  
University of Copenhagen, Copenhagen, DK

**HONORS & AWARDS**

- 2020                 Travel Award (\$99), University of Houston, Department of Psychology
- 2019 – 2020        *Presidential Fellowship*, University of Houston
- 2018                 *Michigan Medicine FY2019 Merit Award*, University of Michigan,  
Michigan Medicine
- 2016 – 2017        *Dean's Honors List*, University of California – Los Angeles
- 2016 – 2017        *Psi Chi International Honors Society in Psychology*, University of  
California – Los Angeles

**PROFESSIONAL MEMBERSHIPS**

- 2019 – current     International Society for Traumatic Stress Studies (ISTSS)
- 2019 – current     Association for Psychological Science (APS)
- 2018 – current     Association for Behavioral and Cognitive Therapies (ABCT)

- 2017 – current American Psychological Association (APA)  
Division 56 – Trauma Psychology
- 2017 – current Western Psychological Association (WPA)

### **PROFESSIONAL SOCIETY SERVICE ACTIVITIES**

- 2020 ABCT Student Program Reviewer

### **RESEARCH POSITIONS**

- 2021 – current **Program Coordinator**, First Responder Program  
University of Houston, Houston, TX  
Supervisor: Anka A. Vujanovic, Ph.D. & Elizabeth A. Fletcher, Ph.D.
- 2021 – current **Research Program Co-Coordinator**, Trauma & Stress Studies Center  
Department of Psychology, University of Houston, Houston, TX  
Supervisor: Anka A. Vujanovic, Ph.D.
- 2019 – 2021 **Graduate Research Assistant**, Trauma & Stress Studies Center  
Department of Psychology, University of Houston, Houston, TX  
Supervisor: Anka A. Vujanovic, Ph.D.
- 2017 – 2019 **Research Assistant**, Youth Depression & Suicide Prevention Program  
*Michigan Medicine*, Department of Psychiatry, University of Michigan  
Supervisors: Ewa Czyz, Ph.D. (PI), Cheryl King, Ph.D., ABPP
- 2017 – 2019 **Research Assistant**, *VA Ann Arbor Healthcare System*  
*Michigan Medicine*, Department of Psychiatry, University of Michigan  
Research Advisors: Mark Ilgen, Ph.D. (PI), Amanda Price, M.S.
- 2016 – 2017 **Research Intern**, *Treatment of Anxiety in Autism Spectrum Disorder & Modular Evidence-Based Practices for Youth with Autism*  
University of California – Los Angeles, Department of Psychology  
Research Advisors: Jeffrey Wood, Ph.D. (PI), Kashia Axthelm, M.A.
- 2016 – 2017 **Intern**, *Fernald Child Study Center Research Internship Program*  
University of California – Los Angeles, Department of Psychology  
Research Advisors: Bruce L. Baker, Ph.D., Barbara Caplan, M.A.
- 2016 – 2017 **Research Assistant**, *ADHD & Development Laboratory*  
University of California – Los Angeles, Department of Psychology  
Research Advisors: Steve S. Lee, Ph.D. (PI), Michelle Fenesy, M.A.

### **CLINICAL ACTIVITIES**

- 2021 – current      **Pre-Doctoral Clinician**  
Houston Fire Department  
Houston, TX  
Supervisor: Leah J. Saulter, Psy.D.
- 2020 – 2021      **Pre-Doctoral Clinician**  
Lone Star Circle of Care (Federally Qualified Health Center)  
University of Houston, Houston, TX (APA-Accredited Program)  
Supervisor: Rheeda L. Walker, Ph.D.
- 2020 – 2021      **Pre-Doctoral Assessment Clinician**  
Applied Psychological Services  
The Woodlands, TX  
Supervisor: Daniel J. Fox, Ph.D.
- 2016 – 2017      **Therapist Assistant**, *Treatment of Anxiety in Autism Spectrum Disorder*  
University of California – Los Angeles, Department of Psychology  
Supervisor: Jeffrey Wood, Ph.D., Kashia Axthelm, M.A.
- 2016 – 2017      **Suicide Prevention Crisis Counselor**  
Didi Hirsch Mental Health Services, Los Angeles, CA

## **EDITORIAL ACTIVITIES**

### **Journal Ad Hoc Reviews**

- Contemporary Clinical Trials* (1 manuscript; 2021)  
*Psychological Trauma: Theory, Research, Practice, and Policy* (1 manuscript; 2020)  
*Journal of Affective Disorders* (1 manuscript; 2020)

## **SCHOLARLY PUBLICATIONS**

*(Listed in reverse chronological order)*

### **Peer-Reviewed Journal Articles**

5. Zegel, M., Lebeaut, A., Healy, N., Tran, J. K., & Vujanovic, A. A. (in press). Mental health correlates of probable posttraumatic stress disorder, probable alcohol use disorder, and their co-occurrence among firefighters. *Behavior Modification*.
4. Lebeaut, A., Leonard, S. J., Healy, N., Raines, A. M., Buser, S. J., & Vujanovic, A. A. (2021). Associations between lower-order anxiety sensitivity facets and PTSD symptomatology among trauma-exposed firefighters. *Behavior Modification*.  
<https://doi.org/10.1177/01454455211016819>
3. Healy, N. A. & Vujanovic, A. A. (2021). PTSD symptoms and suicide risk among firefighters: The moderating role of sleep disturbance. *Psychological Trauma: Theory, Research, Practice, and Policy*.

2. Czyz, E. K., Arango, A., **Healy, N.**, King, C. A., & Walton, M. (2020). Augmenting safety planning with text messaging support for adolescents at elevated suicide risk: Development and acceptability study. *JMIR Mental Health*, 7(5), e17345.
1. Lagisetty, P. A., **Healy, N.**, Garpestad, C., Jannausch, M., Tipirneni, R., & Bohnert, A. S. (2019). Access to primary care clinics for patients with chronic pain receiving opioids. *JAMA network open*, 2(7), e196928-e196928.

### **Manuscripts in Preparation**

7. Vujanovic, A. A. & **Healy, N.A.** (2021). *Painful and Provocative Events and Suicide Risk in Firefighters: The Role of Distress Overtolerance*. Manuscript in preparation.
6. **Healy, N. A.**, Zegel, M., Lebeaut, A., & Vujanovic, A. A. (2021). *The interactive effect of distress overtolerance and PTSD symptom severity on suicide ideation among firefighters*. Manuscript in preparation.
5. Lebeaut, A., Zegel, M., Rogers, A. H., **Healy, N.**, Buser, S. J., & Vujanovic, A. A. (2021). *PTSD symptom severity, pain, and pain-related disability among trauma-exposed firefighters: The moderating role of mindfulness*. Manuscript in preparation.
4. **Healy, N. A.**, Leonard, S. J., Bittar, J., Stanley, I. H., & Vujanovic, A. A. (2021). *Social Attachment and the Interpersonal Theory of Suicide: Associations of Insecure Adult Attachment Styles, Thwarted Belongingness, Perceived Burdensomeness, and Suicide Risk Among Firefighters*. Manuscript in preparation.
3. Lebeaut, A., Zegel, M., **Healy, N. A.**, Leonard, S. J., & Vujanovic, A. A. (2021). *Sex differences in the association between posttraumatic stress and alcohol use among trauma-exposed, Latinx university students*. Manuscript in preparation.
2. Vujanovic, A. A., Lebeaut, A., Leonard, S. J., Zegel, M., & **Healy, N. A.** (2021). *COVID-related medical vulnerability and mental health: Comparing firefighters and emergency medical services personnel*. Manuscript in preparation.
1. Zegel, M., **Healy, N. A.**, & Vujanovic A. A. (2021). *Distress overtolerance among firefighters: Associations with posttraumatic stress symptom severity, alcohol use severity, and alcohol use motives*. Manuscript in preparation.

### **CONFERENCE PRESENTATIONS**

*(Listed in reverse chronological order)*

### **National Symposia & Oral Presentations**

1. Czyz, E., **Healy, N.**, King, C., & Walton, M., (2019, October). *Feasibility and acceptability of augmenting safety planning with text-based support among psychiatrically*

*hospitalized adolescents*. Symposium presented at the International Academy of Suicide Research/American Foundation for Suicide Prevention 4<sup>th</sup> biennial International Summit on Suicide Research, Miami, Florida.

### **National/International Poster Presentations**

10. Lebeaut, A., Zegel, M., Rogers, A. H., **Healy, N.**, Buser, S. J., & Vujanovic, A. A. (2021). *PTSD symptom severity, pain, and pain-related disability among trauma-exposed firefighters: The moderating role of mindfulness*. Poster accepted for presentation at the 37<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies [virtual].
9. **Healy, N. A.**, Leonard, S. J., Bittar, J., Stanley, I. H., & Vujanovic, A. A. (2021). *Social Attachment and the Interpersonal Theory of Suicide: Associations of Insecure Adult Attachment Styles, Thwarted Belongingness, Perceived Burdensomeness, and Suicide Risk Among Firefighters*. Poster accepted for presentation at the 55th annual Association for Behavioral and Cognitive Therapies convention, New Orleans, Louisiana.
8. Lebeaut, A., Zegel, M., **Healy, N.**, Leonard, S. J., & Vujanovic, A. A. (2021). *Sex differences in the association between posttraumatic stress and alcohol use among trauma-exposed, Latinx university students*. Poster accepted for presentation at the 44<sup>th</sup> annual Research Society on Alcoholism Scientific Meeting/International Society for Biomedical Research on Alcoholism Congress, San Antonio, TX.
7. **Healy, N. A.** & Vujanovic, A. A. (2020, November). *Posttraumatic stress and suicide risk among firefighters: The role of sleep disturbance*. Poster presented at the 36<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
6. Zegel, M., **Healy, N. A.**, & Vujanovic A. A. (2020, November). *Distress overtolerance among firefighters: Associations with posttraumatic stress symptom severity, alcohol use severity, and alcohol use motives*. Poster presented at the 36<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
5. **Healy, N.**, Fenesy, M., & Lee, S. (2019, June) *Expressed emotion dimension of criticism independently predict early adolescent depressive symptoms in youth with and without ADHD*. Poster presented at the 19<sup>th</sup> biennial International Society for Research in Child and Adolescent Psychopathology scientific meeting, Los Angeles, California.
4. Lagisetty, P., **Healy, N.**, Garpestad, C., Tipirneni, R., & Bohnert, A. (2019, June). *Restricted primary care access for patients receiving opioid therapy*. Poster presented at the 36<sup>th</sup> annual AcademyHealth research meeting, Washington D.C.

3. Czyz, E., **Healy, N.**, King, C., & Walton, M. (2019, April) *Text-based support for adolescents following psychiatric hospitalization*. Poster presented at 52<sup>nd</sup> annual American Association of Suicidology 52<sup>nd</sup> conference, Denver, Colorado.
2. Czyz, E., **Healy, N.**, Ewell-Foster, C., McManama-O'Brien, K., Magness, C., Jackson, C., & King, C. (2019, April) *Technology-augmented support for families of suicidal adolescents seeking emergency department care*. Poster presented at the 52<sup>nd</sup> annual American Association of Suicidology conference, Denver, Colorado.
1. **Healy, N.**, Czyz, E., King, C., Berona, Jr., J., & Horwitz, A. (2018, November) *Predictors of hospitalization among adolescents seeking psychiatric emergency services: A focus on parental expectations of suicide risk*. Poster presented at the 52<sup>nd</sup> annual Association of Behavioral and Cognitive Therapies convention, Washington D.C.

### **Local/Departmental Oral Presentations**

3. Lebeaut, A., Zegel, M., **Healy, N. A.**, Leonard, S. J., & Vujanovic, A. A. (2021, March). *Sex differences in the association between posttraumatic stress and alcohol use among trauma-exposed, Latinx university students*. Oral presentation presented at the 2<sup>nd</sup> annual Clinical Psychology Diversity Day, University of Houston, Houston, TX.
2. **Healy, N.** (2019, September). Careers in mental health. Panel discussion presented to an Introduction to Clinical Psychology undergraduate course, University of Houston, Houston, Texas.
1. **Healy, N.** (2018, October) Using a psychology degree. Panel discussion presented to an Introduction to Psychology undergraduate course, University of Michigan, Ann Arbor, Michigan.

### **Local/Departmental Poster Presentations**

1. **Healy, N.** & Moody, C. (2017, May) *The effects of siblings on social functioning in adolescents with autism spectrum disorder*. Poster presented at the meeting of the UCLA Psychology Undergraduate Research Conference, Los Angeles, California.

### **TEACHING ACTIVITIES**

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| Fall 2021 | <b>Teaching Fellow (Instructor of Record)</b><br>Introduction to Clinical Psychology [ <i>online undergraduate course</i> ]<br>University of Houston, Department of Psychology |
| Fall 2021 | <b>Teaching Fellow (Instructor of Record)</b><br>Introduction to Clinical Psychology [ <i>undergraduate course</i> ]<br>University of Houston, Department of Psychology        |

- Summer 2021      **Teaching Assistant**  
Introduction to Cognitive Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Shadab Forouzan, M.A.
- Spring 2021      **Teaching Assistant**  
Introduction to Cognitive Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Lindsay Santacroce, M.A.
- Spring 2021      **Teaching Assistant**  
Introduction to Cognitive Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Brandon Carlos, M.A.
- Spring 2021      **Teaching Assistant**  
Abnormal Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Andrew Rogers, M.A.
- Fall 2020        **Teaching Assistant**  
Abnormal Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Andrew Rogers, M.A.
- Fall 2020        **Teaching Assistant**  
Introduction to Cognitive Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Arturo Hernandez, Ph.D.
- Summer 2020     **Teaching Assistant**  
Industrial/Organizational Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Galen Snyder, M.A.
- Summer 2020     **Teaching Assistant**  
Industrial/Organizational Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Maryam Ahmad Kazmi, M.A.
- Spring 2020      **Teaching Assistant**  
Cultural Psychology [*undergraduate course*]

University of Houston, Department of Psychology  
Instructor: Xueqi Wen, M.P.A.

**Teaching Assistant**

Cultural Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Xueqi Wen, M.P.A.

**Teaching Assistant**

Introduction to Social Psychology [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Matylda Osika, Ph.D.

Fall 2019

**Teaching Assistant**

Introduction to Clinical Psychology [*undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Anka Vujanovic, Ph.D.

**Teaching Assistant**

Psychology of Personality [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Kiana Wall, M.A.

**Teaching Assistant**

Psychology of Personality [*online undergraduate course*]  
University of Houston, Department of Psychology  
Instructor: Michael Olson, M.A.

**Guest Lectures**

1. **Healy, N.** (2020). *Research methods*. Invited guest lecture presented to an Introduction to Social Psychology undergraduate course, Department of Psychology, University of Houston.

**MENTORSHIP ACTIVITIES**

2019                      **Undergraduate Research Assistant Supervisor**, Youth Depression & Suicide Prevention Program  
*Michigan Medicine*, Department of Psychiatry, University of Michigan  
Supervisors: Ewa Czyz, Ph.D. (PI), Cheryl King, Ph.D., ABPP

**SPECIALIZED TRAININGS & WORKSHOPS**

2020                      Basic Life Support Training  
American Heart Association



- 2016                    Psychological First Aid  
The National Child Traumatic Stress Network (web-based training)
- 2016                    “Just In Time” Disaster Crisis Counseling for Crisis Contact Centers  
Substance Abuse and Mental Health Services Administration (web-based training)