

Bachelor of Science

HEALTH AND HUMAN PERFORMANCE DEPARTMENT-CHECKLIST (NUTRITION-Nutritional Science Track) FALL 2021

This is NOT an official degree plan: for ADVISING PURPOSES ONLY.

TEXAS CORE CURRICULUM (44hrs)	UH	TRN	NEED
6 hrs of COMMUNICATION			
ENGL 1301			
ENGL 1302			
3 hrs of MATH <i>excludes Math 1300</i>			
MATH 1314			
3 hrs of MATH REASONING			
MATH 1342 or PSYC 3301			
3 hrs of LANG, PHILOSOPHY & CULTURE			

3 hrs of CREATIVE ARTS			

8 hrs of LIFE AND PHYSICAL SCIENCE			
CHEM 1311/1111			
CHEM 1312/1112			
3 hrs of SOCIAL SCIENCE			
KIN 1304			
3 hrs of WRITING IN THE DISCIPLINES *(UH Specific)			

6 hrs of AMERICAN HISTORY			
HIST 1377			
HIST 1378			
6 hrs of POLITICAL SCIENCE			
GOVT 2305			
GOVT 2306			

B.S. Math & Science (6hrs)	UH	TRN	NEED
<i>These courses are in addition to the math & science core classes. Excludes Math 1300. Refer to list of approved math/reasoning courses in the catalog.</i>			
MATH 2312			
3 hrs of Math Reasoning			

Must have a 3.00 GPA and junior standing to declare

NUTRITION CORE (27hrs)	UH	TRN	NEED
NUTR 2332 Introduction to Human Nutrition			
NUTR 3334 Advanced Nutrition			
NUTR 3336 Nutritional Pathophysiology			
NUTR 4334 Community Nutrition			
General Elective (3 hours)			
Choose two lecture/lab pairs from the following:			
BIOL 2301 Anatomy & Physiology I			
BIOL 2101 Anatomy & Physiology I Lab			
BIOL 2302 Anatomy & Physiology II			
BIOL 2102 Anatomy & Physiology II Lab			
BIOL 3324 Human Physiology			
BIOL 3224 Human Physiology Lab			
Choose one lecture/lab pair from the following:			
BIOL 2320 Microbiology for Non-Science Majors			
BIOL 2120 Microbiology for Non-Science Maj Lab			
BIOL 2321 Microbiology for Science Majors			
BIOL 2121 Microbiology for Science Majors Lab			

NUTRITIONAL SCIENCE TRACK (43hrs)	UH	TRN	NEED
PHYS 1301 College Physics I			
PHYS 1101 College Physics I Lab			
PHYS 1302 College Physics II Lab			
PHYS 1102 College Physics II Lab			
CHEM 2323 Organic Chemistry I			
CHEM 2123 Organic Chemistry I Lab			
CHEM 2325 Organic Chemistry II			
CHEM 2125 Organic Chemistry II Lab			
Biochemistry: BCHS 3304 or BCHS 3307*			
KIN 3306 Physiology of Human Performance			
KIN 4310 Measurements in Human Performance			
NUTR 4312 Nutrition Assessment & Planning			
NUTR 4345 Obesity Epidemic			
Choose four from the following list:			
NUTR 4333 Med Nutr Therapy-Cardiovascular			
NUTR 4346 Research in Obesity & Weight Mgt			
NUTR 4347 Med Nutr Therapy-Metabolic			
NUTR 4351 Gerontology and Nutrition			
NUTR 4352 Child and Adolescent Nutrition			
NUTR 4353 Cultural Competency for Nutr Professionals			

*BCHS 3304 recommended for students planning to apply for graduate level programs

Student Signature _____

Date _____