

# Bachelor of Science

## HEALTH AND HUMAN PERFORMANCE DEPARTMENT-CHECKLIST (KINESIOLOGY/EXERCISE SCIENCE-PRIMARY OPTION) FALL 2021 *This is NOT an official degree plan: for ADVISING PURPOSES ONLY.*

TEXAS CORE CURRICULUM (42hrs)	UH	TRN	NEED
6 hrs of <b>COMMUNICATION</b>			
ENGL 1301			
ENGL 1302			
3 hrs of <b>MATH</b> <i>excludes Math 1300</i>			
MATH 1314			
3 hrs of <b>MATH REASONING</b>			
MATH 1342 or PSYC 3301			
3 hrs of <b>LANG, PHILOSOPHY &amp; CULTURE</b>			
_____			
3 hrs of <b>CREATIVE ARTS</b>			
_____			
6 hrs of <b>LIFE AND PHYSICAL SCIENCE</b>			
BIOL 1306 _____			
BIOL 1307 _____			
3 hrs of <b>SOCIAL SCIENCE</b>			
KIN 1304			
3 hrs of <b>WRITING IN THE DISCIPLINES</b> (UH Specific)			
_____			
6 hrs of <b>AMERICAN HISTORY</b>			
HIST 1377			
HIST 1378			
6 hrs of <b>POLITICAL SCIENCE</b>			
GOVT 2306			
GOVT 2305			

B.S. Math & Science (6hrs)	UH	TRN	NEED
<i>These courses are in addition to the math &amp; science core classes.</i>			
<i>Excludes Math 1300. Refer to list of approved math/reasoning courses below.</i>			
3 hrs of MATH 2312			
3 hrs of Math Reasoning			

\*Students receive 3 attempts to complete all prerequisite courses with a C- or better; failure to do so will result in ineligibility to graduate in the major. Students must receive a C- or better to receive course credit.

HHP ADV Options- ANY KIN OR NUTR CLASS IN THE 3000-4000 LEVEL  
SUGGESTIONS:  
KIN 3301, KIN 4300, KIN 4301, KIN 4303,  
KIN 4390, KIN 4398, NUTR 4334, NUTR 4351,  
NUTR 4352, NUTR 4353, NUTR 4349

KINESIOLOGY CORE (30hrs)	UH	TRN	NEED
KIN 1352 Foundations of Kines Studies *			
KIN 3304 Human Structure & Phys Perform			
KIN 3305 Soc & Cultural Aspects of Sport			
KIN 3306 Physiology of Human Performance *			
KIN 3309 Biomechanics *			
KIN 3350 Psyc Aspects of Sports & Exercise			
KIN 4310 Measurement in Human Perform *			
KIN 4315 Motor Learning and Control			
KIN 4370 Exercise Testing			
NUTR 2332 Introduction to Human Nutrition			

KIN-Exercise Science-Primary (6hrs)	UH	TRN	NEED
CHEM 1305/1311 Fndt or Fund of Chem			
PHYS 1301 or 1302 General Physics I or II			

Minor or Double Major (15-18) hours	UH	TRN	NEED
A minor (or double major) is required. Number of hrs required may vary by department. COURSES BELOW ARE ONLY A GUIDE (not official). <i>Always refer to THAT DEPT for a complete list of requirements.</i>			

General Electives	UH	TRN	NEED
<i>Need 120 hrs (36 of which must be ADV) &amp; 2.0 GPA to earn degree. ELEC are <u>additional hrs needed</u> to meet degree requirements. ELEC may be from any dept/field. Repeat/Remedial courses do not count towards total hrs. *** Student must complete a minimum of 21 credit hours for the elective block of which 9hrs must be HHP advanced courses.***</i>			
Required Electives (21hrs) _____			
HHP ADV.			
HHP ADV.			
HHP ADV.			
General Elective (ANY 3000-4000 COURSE) ADV.			
General Elective			
General Elective			
General Elective			

See Back for Advisor Notes

Student Signature

Date

4/2021