### Gender Affirming Voice and Expression Services at the USLHC

#### **Services**

Services at the University Speech-Language-Hearing Clinic are aimed at helping Transgender and gender-diverse individuals attain a voice and communication style that is not only congruent, but one that is most authentic to who they are as a person.

Individual voice and communication sessions conducted by a USLHC graduate clinician under the supervision of a licensed and certified speech-language pathologist. Together, the client and the clinician work to cultivate a communication style that best suits the client.



## HOUSTON



# How do you attain a voice and communication style that feels authentic?

Clients and clinicians work together to identify aspects of voice and communication that align with the client's identity. This may include, but is not limited to,

- Resonance
- Rhythm and Intonation
- Pragmatics
- Pitch

### Benefits of Gender Affirming Voice and Expression Services

Individuals who receive voice and communication affirmation services have reported improved self-perceptions and quality of life. This is also true for those who have experienced changes in their voice due to Hormone Replacement Therapy and/or gender-affirming surgeries. Clients at all points of their voice and communication journey can gain valuable communication tools to thrive in social spaces!

## More on Aspects of Voice and Communication Style

Resonance - refers to the quality of the sound of your voice

Rhythm and Intonation - refers to how your voice rises and falls when you speak

Pragmatics - refers to how speech and language is used in everyday communication including word choice and non-verbal communication cues

Pitch - refers to how high or low your voice sounds

## SEEK

## FIND

#### **Fees**

Sliding scale based on income with both individual and/or group rates

#### **Schedule**

Varies — Approximately 12 weeks in the Fall and Spring terms

#### Who is Eligible

Transgender and gender-diverse individuals who are seeking voice and communication affirmation

#### Location

The University Speech-Language-Hearing Clinic — Main UH Campus

#### UH Campus Resources for LGBTQ+ Students and Allies

LGBTQ Resource Center Student Center North, Room 201 4465 University Drive Houston, TX 77204-4014







The University Speech-Language-Hearing Clinic is located In the Melcher Life Sciences building next to the Fertitta Center.



3871 Holman St, M156 Houston, TX 77204-6018



713-743-0915



www.uh.edu/class/comd/slhc

# SERVICES OFFERED AT USLHC

#### Child Speech & Language

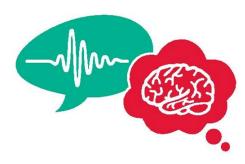
- Pre-K Language Learning Group
- Language Development
- Speech Sounds
- Apraxia
- Fluency
- Autism
- Social Skills

#### Adult Speech, Language, & Cognition

- Aphasia
- Post Stroke Communication Group
- Parkinson's Voice Project
- Transgender Voice
- Fluency
- American English Accent Training

#### **Hearing Services**

- Audiological Evaluations
- Hearing Aid fittings
- Cochlear Implant Evaluation and Activation
- Aural Rehabilitation





A United Way agency



