Ramadan Mubarak!

Prayer Spaces at UH

Eating Disorder Support Group

Queer Affirming Space

Financial Literacy Month

Virtual Workshops
4/26 - 12pm
4/29 - 12pm

INITIAL DROP-IN VISIT

We do not take appointments for 1st time clients. Call or Visit us 10a-4p weekdays

GET TO KNOW KAREN JUBERT

Featured by the UH Women & Gender Resource Center, Ms. Jubert takes us through her journey and shares the importance of self-care!

SAAM
Sexual Assault Awareness Month
4/4 - 11:30
Student Center Plaza

RESOURCE FAIR
4/13 - 3pm
Student Center Theater

I AM EVIDENCE FILM
4/27 - DENIM DAY
4/28 - All Day
ONLINE HEALING GALLERY

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College Student Grief Awareness Day
Get your department involved!
April 21, 2022

Bring awareness to our UH community to honor students, faculty, & staff who are grieving a death.

RAINBOW WELLNESS
LGBTQIA+ SUMMER GROUP SIGN UP

Request a Presentation

A space to promote well-being, receive/offer support, and discuss topics with other students relevant to their identities & experiences

Staci Ouch, CAPS Clinician
Support Space Facilitator

Give to CAPS