## TEXTBOOK STUDY METHOD INVENTORY

## HOW MANY DO YOU DO?

- □ Use any recommended organized method for studying textbook assignments, such as SQ4R.
- □ Read textbooks at a different speed that you read fiction and light magazine articles
- At the beginning of the course, preview your textbooks by skimming the table of contents and analyzing the format of the book.
- □ Know whether your textbooks are up to date or obsolete.
- □ Know how to identify and use the special typographic helps, such as italics, headings and subheadings in your textbooks.
- **Read the preface, foreword and introduction to your textbooks.**
- Use the summaries in your textbooks.
- $\Box$  Know what a glossary is and how to us it.
- Use the index to look up ideas, dates and names you should know.
- At the beginning of the course, preview the index to review the textbook's contents.
- □ Before you begin studying, preview each chapter assignment by reading the first and last paragraphs and by changing headings into questions.
- Use the pictures, graphs, and maps to clarify the text assignment.
- □ When you have trouble understanding or learning an assignment, try to find a less difficult or differently written book on the subject.
- □ When the textbook material seems easy or is a repetition of what you already know, try to locate a more advanced book on the subject.
- □ Know specifically why you are reading an assignment.
- □ After an initial reading, mark your book with significant marginal summaries, brackets, boxes or sequence numbers.
- □ Make notes on your textbook reading.
- □ As you study an assignment, frequently recite the material to yourself.
- □ Study both your textbook and lecture notes when preparing for exams.

## **Rate Yourself**

- 15-19 Excellent
- 12-15 Very Good
- 9-11 Average
- 6-8 Below Average
- 5 Poor