NOTES

NEXT STEPS AFTER ORIENTATION

Financial Aid – Be sure your student accepts or declines any pending scholarships, grants, or loans in their myUH portal. Questions? Contact the Office of Scholarships & Financial Aid at (713) 743-1010, option 5.

Parking – Have your student pick a parking permit.

Payment Plans – Help your student select a payment plan in their myUH portal. Questions? Contact Student Business Services at (713) 743-1010, option 6.

FERPA – Your student can choose to release their academic or financial information to someone besides themselves. To do this, they have to fill out a FERPA release form, which can be found online or at the Registrar’s Office in the Welcome Center.

Cougar Card – Have your student take their Cougar Card photo before they leave your orientation or upload their photo to the Cougar Card icon on AccessUH.

Final Transcript – Make sure your student sends their final transcript to us.

Bookstore – Check out the UH Bookstore in the Student Center to get a new, red UH t-shirt. You’ll want to wear it to Family Weekend!

Family Weekend – SAVE THE DATE! Family Weekend will be October 11-13, 2019.

*Content shared in these portions of the session may be a trigger for some students and guests. Please notify a staff member prior to or during this session if you have concerns or if you need to take advantage of the counseling resources on campus.
FRESHMAN ORIENTATION

FRESHMAN ORIENTATION DAY 1

7:45 AM • ORIENTATION CHECK-IN | HEIGHTS ROOM
Grab your name tag and some new UH swag. Be sure to wear your name tag at all times— it’s your ticket to all meals and activities.

8 AM • INFORMATION FAIR | BALLROOM
Learn about campus departments that provide services, programs, and resources to support you during your college career.

10 AM • WELCOME | HOUSTON ROOM
The Executive Director of Admissions and Orientation Team will give you a big welcome and provide an overview of the two-day program.

TAKE CHARGE OF YOUR SUCCESS | HOUSTON ROOM
Learn what you need to know about tuition and fees, how to pay your student’s bill, payment deadlines, and financial resources including scholarships, grants, and loans.

COOGS GET CONSENT* | HOUSTON ROOM
Equal Opportunity Services discusses the campus-wide sexual assault prevention campaign, your student’s rights, and available resources.

11:45 AM • COUGAR FAMILY WELCOME | HOUSTON ROOM
Orientation staff will review the family and guest schedule and answer any questions. You’ll also learn about the resources available to students within the Dean of Students Office.

12:30 PM • LUNCH | STUDENT CENTER SOUTH
Grab lunch from one of our retail locations on campus.

1:30 PM • ACADEMIC SUCCESS | HOUSTON ROOM
Hear from our Vice Provost and Dean of Undergraduate Student Success on how you can be academically successful as you transition to UH.

CAPS & BE HEALTHY @ UH** | HOUSTON ROOM
Counseling and Psychological Services will review suicide prevention and assist you with responding to suicidal thinking and behavior. UH Wellness will also share how your student can live a healthy and balanced life to increase success, assist with stress management, promote healthy life choices, and support emotional well-being.

COUGAR SERVICES | HOUSTON ROOM
You’ll hear from different on-campus services such as parking, the bookstore, and dining.

CAMPUS RESOURCES

Office of Scholarships & Financial Aid
(713) 743-1010, option 5
Fax: (713) 743-9098

Office of Student Business Services
(713) 743-1010, option 6
bursar@uh.edu

Office of the University Registrar
(713) 743-1010, option 7
uh.edu/our

Office of Admissions
(713) 743-1010, option 4
admissions@uh.edu

Campus Recreation
(713) 743-7529
uh.edu/recreation

Student Health Center & Pharmacy
(713) 743-5151
uh.edu/healthcenter

Counseling & Psychological Services
713-743-5454
uh.edu/caps

Dean of Students Office
(832) 843-6183
uh.edu/dos

UH Dept. of Public Safety
(713) 743-0600 or 3333
uh.edu/police

UH Wellness
(713) 743-5430
uh.edu/wellness

Women’s Gender & Resource Center
(832) 842-6191
uh.edu/wgrc

A.D. Bruce Religion Center
(713) 743-5050
uh.edu/adbruce

UH Veterans Services
(832) 842-5490
uh.edu/veterans

Cougars in Recovery
(713) 743-5862
uh.edu/cir

Center for Student Involvement
(832) 842-6245
uh.edu/ksi

LGBTQ Resource Center
(832) 842-6191
uh.edu/lgbtq

Urban Experience Program
(713) 743-6032
uh.edu/uep

Center for Fraternity & Sorority Life
(832) 842-5995
uh.edu/cfsfl

Student Center
(832) 842-6260
uh.edu/studentcenters

LAUNCH
(713) 743-5411
las.uh.edu/lss

Center for Students with disABILITIES
(713) 743-5400
uh.edu/csd

UH Career Services
(713) 743-5100
career.uh.edu

SHUTTLE BUS INFORMATION

Day 1 – Charter
7 to 9 AM
Zone E > Student Center > Cougar Village 2
6:30 PM
M.D. Anderson Library > Zone E
Day 2
7 to 9 AM
Zone E > Student Center
All day
Circulator Shuttle Bus Route