

Job Title	Clinical Therapist, Mental Health
Employer/ Agency	Spirit Reins
Job Description	<p>Spirit Reins is a pioneering and innovative nonprofit provider of equine assisted, trauma informed psychotherapy for children and adults. Our typical clients have experienced significant trauma in their lives and our program helps them heal and develop the tools and resources they need to reach their full potential.</p> <p>At Spirit Reins, licensed mental health clinicians and equine professionals work alongside the entire family—helping them develop specific skills and abilities needed for a foundation of lifelong well-being. We use an experiential, client-centered therapeutic approach, which is built upon the Natural Lifemanship Model. Through this approach, children and families gain self-control and learn how to make good choices as they build healthy relationships.</p> <p>Position Summary:</p> <p>Under direct supervision of the Clinical Director, the Clinical Therapist partners with an Equine Professional to provide Trauma-Focused Equine Assisted Psychotherapy (EAP) to individuals, families and groups. Individualized services are guided by the principles of the Natural Lifemanship model and focus on helping clients learn to self-regulate and build healthy relationships. Therapy draws from other models including EMDR, play therapy and TF-CBT. The Clinical Therapist utilizes their education, professional and life experience, and training with horses to help serve children, youth and families impacted by trauma and other mental health concerns. The Clinical Therapist also utilizes their knowledge of trauma, brain development, and how trauma impacts an individual's worldview and functioning in relationships. Maintains confidentiality of all records relating to clients' treatment.</p> <p>Essential Functions</p> <ul style="list-style-type: none">• Serves as the Therapist member of the treatment team, co-facilitating trauma focused individual, family and group psychotherapy based on the principles of the Natural Lifemanship model. Incorporates other experiential treatment modalities such as art, play, and music therapy as needed to enhance the client's treatment plan• Coordinates client scheduling with team members; conducts new client intake, as well as initial and annual comprehensive psychosocial assessments; assesses all clients for risk of harm to self or others; administers evaluation and measurement tools• Develops and implements client treatment plans in collaboration with Equine Professional and with input from client and caregivers, updates treatment plans when required, as well as when client's needs change• Enters all clinical documentation in a timely and complete manner consistent with agency policies and procedures, as well as regulatory agency

	<p>requirements</p> <ul style="list-style-type: none"> • Communicates with clients, family members and collateral contacts as needed • Participates actively in clinical and administrative team meetings, consultation, peer review and professional development trainings
Qualifications	<ul style="list-style-type: none"> • Master's degree in Psychology, Social Work or related field from an accredited college or university • Holds and maintains relevant professional clinical licensure (e.g. LCSW, LPC, LMFT) • At least two years experience working in a community mental health setting working with children and families who have experienced trauma • Training in the Natural Lifemanship model required (previous or after hire) • Strong psychosocial assessment, treatment planning and therapy skills
Salary/Hours	DOE
Employer/Agency	Spirit Reins
Address	2055 County Rd. 284
City, State, Zip	Liberty Hill, Texas 78642
Email Address	careers@spiritreins.org
Application Method	To apply for this position, please email your résumé and letter of interest to careers@spiritreins.org.
Opening Date	Immediate

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