Special Workshop Coming Soon!

Please join me on Saturday, June 2, 2018 at 10:00am at The Jung Center for:

Compassion Fatigue: When Healing Hurts

Whether you're a psychotherapist, physician, clergy, someone caring for an aging parent or a special needs child, a volunteer helping with rescue and relief efforts, or an overloaded friend, you may have experienced Compassion Fatigue, also known as Vicarious Traumatization (VT) or Secondary Traumatic Stress (STS).

This workshop examines the toll it can take to witness, tend to, and work alongside extreme sadness, loss, struggle, and hardship. We'll explore the burdens and blessings of being a caregiver and learn ways to renew, refresh and rejoice.

I hope that you'll join me for this unique opportunity to come together as a community and reflect, process, laugh, cry, sing and heal together.

Please see the information below to sign up! CEs available.

The direct link is:

http://junghouston.org/program-offering-detail/?id=1d6e0b77-d4d9-c402-92eb-5adof5cccffe

Or you can sign up by calling the Jung Center at: **713.524.8253** The Jung Center is located at 5200 Montrose Boulevard.

Thanks and Hope to see you there!

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