

**Ronda L. Dearing, Ph.D.**  
*Curriculum Vitae*

Visiting Research Professor  
Graduate College of Social Work  
University of Houston  
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Senior Faculty Member  
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**Education**

George Mason University, Fairfax, VA

- Clinical Psychology Doctoral Program (APA Approved)
- M.A., 1997
- Ph.D., 2001
- Dissertation Title: Clinical and Counseling Psychology Students in Personal Psychotherapy: Predictors of Help-Seeking (Supervised by James E. Maddux)

James Madison University, Harrisonburg, VA

- B.S., Psychology, 1994
- Psi Chi, National Honor Society in Psychology, 1994

Augusta Medical Center, School of Clinical Laboratory Science, Fishersville, VA

- Medical Technology Certificate, 1991
- Academic Achievement Award, 1990-1991

California State University, Northridge

- B.A., Biology, 1985
- Cum laude

**Licensure**

2002 – present      New York State Education Department, Division of Professional Licensing Services, Psychology

**Honors and Awards**

2002, 2003, 2004      Research Society on Alcoholism, Junior Investigator Award  
2003 – 2009      National Institutes of Health, Clinical Research Loan Repayment Program  
2002      Research Society on Alcoholism, Enoch Gordis Research Recognition Award (Psychosocial Postdoctoral Category)  
2000      Arlington County, VA, Department of Human Services, Recognition Awards Program – Special Project Award (1); Immediate Recognition Awards (2)

### **Professional Memberships**

2001 – present Society of Addiction Psychology (formerly APA Division 50)  
2001 – present Association for Behavioral and Cognitive Therapies  
2001 – present Research Society on Alcoholism  
1996 – 2011 American Psychological Association

### **Research Experience**

9/2015 – present *Visiting Research Professor*  
Graduate College of Social Work, University of Houston, Houston, TX

12/2013 – present *Director of Research and Senior Faculty Member*  
The Daring Way, LLC, Houston, TX

6/2011 – 8/2015 *Senior Research Scientist*  
Research Institute on Addictions, University at Buffalo, Buffalo, NY

9/2004 – 6/2011 *Research Scientist*  
Research Institute on Addictions, University at Buffalo, Buffalo, NY

9/2001 – 9/2004 *Postdoctoral Fellow*  
Research Institute on Addictions, University at Buffalo, Buffalo, NY  
NRSA/NIAAA Training Grant for alcoholism and addiction research  
Mentors: Kimberly S. Walitzer, Ph.D.; Gerard J. Connors, Ph.D.

- Gained research training specific to alcohol-related research (courses, seminars, mentoring) and advanced statistical techniques
- Collaborated on research projects and manuscripts
- Conducted a pilot study investigating beliefs about alcoholism and treatment in a sample of moderate to heavy drinkers
- Prepared a grant application for a Mentored Research Scientist Development Award (K01) to NIAAA (awarded 3/10/05; see Completed Research Grants and Awards)

3/1996 – 8/2000 *Graduate Research Assistant*  
George Mason University, Fairfax, VA  
Supervised by June Tangney, Ph.D.

- Supervised and trained 25-30 undergraduates per semester conducting psychological research on clinically relevant emotions
- Supervised five graduate assistants
- Conceptualized and designed experimental studies
- Conducted data analysis
- Conducted research involving a range of sensitive procedures (e.g. inducing feelings of shame, utilizing designs involving deception)

## Teaching Experience

- 2005 – 2013      *Postdoctoral Mentor*  
Research Institute on Addictions, University at Buffalo, Buffalo, NY
- Provide ongoing mentoring to NIAAA Postdoctoral Fellows including serving as a primary mentor to Natasha Mendoza, Ph.D. (now an assistant professor at Arizona State University, School of Social Work)
- 2014 – 2015      *Instructor (team-taught course)*  
University at Buffalo, Buffalo, NY
- Taught two sections of the clinical/treatment/policy portion of “Introduction to Substance Use and Abuse.” Course is co-listed as a 100 level psychology and sociology course (PSY/SOC 121).
- 2012 – 2013      *Instructor (team-taught course)*  
University at Buffalo, Buffalo, NY  
Course organizer/lead instructor, Kenneth Leonard, Ph.D.
- Taught two sections of the Cognitive Behavior Therapy component of “Alcohol and Drug Use in Contemporary American Life,” as part of the University at Buffalo Discovery Seminar Program.
- 1997              *Instructor*  
George Mason University, Fairfax, VA
- Taught independent study SPSS workshop
- 1995 – 1996      *Graduate Teaching Assistant*  
George Mason University, Fairfax, VA
- Taught four sections of undergraduate psychological statistics laboratory
- 1991 – 1995      *Lecturer and Mentor*  
Augusta Hospital Corporation, School of Medical Technology/Clinical  
Laboratory Science, Fishersville, VA
- Taught numerous courses on a variety of topics (e.g., hematology, immunology, chemistry, microbiology, blood banking) in a small lecture format (3-5 students)
  - Provided in-lab hematology mentoring to advanced medical technology students

## Clinical Experience

- 6/2012 – 2015      *Clinical Supervisor*  
Research Institute on Addictions, University at Buffalo, Buffalo, NY
- Training and supervision for a team of 6 addictions counselors providing Cognitive Behavioral Therapy in the context of being a Co-Investigator on a NIH-funded research study (PI Connors/Maisto)

- 10/2007 – 7/2009     *Clinical Supervisor*  
Research Institute on Addictions, University at Buffalo, Buffalo, NY
- Training and supervision for a team of 3 addictions counselors providing Cognitive Behavior Therapy in the context of two NIH-funded research studies (PI Connors and PI Houston)
- 9/2000 – 8/2001     *Psychology Intern*  
Veterans Affairs Maryland Health Care System, Perry Point, MD  
Supervisors: Patricia Fox, Ph.D., William White, Ph.D., William Canter, Ph.D., W. Clinton McSherry, Ph.D.
- Major Rotations: Inpatient Mental Health and Inpatient Substance Abuse
  - Additional training: Group Psychotherapy, Trauma Services, Outpatient Substance Abuse, Dual Diagnosis (Mental Health and Substance Abuse)
- 6/1998 – 8-2000     *Mental Health Therapist*  
Arlington Mental Health Services, Arlington, VA  
Supervisors: Carol Sacks, Ph.D., Patricia Kemezis, M.S., C.S., F.N.P.
- Provided ongoing individual and group psychotherapy and case management to adult clients with mental health disorders, including patients with dual diagnoses
  - Implemented and co-facilitated *Living Skillfully* psychoeducational groups, based on Dialectical Behavior Therapy model
- 9/1997 – 5/1998     *Psychotherapy and Assessment Extern*  
Arlington Mental Health Services, Arlington, VA  
Supervisor: Carol Sacks, Ph.D.
- Managed ongoing caseload of adult psychotherapy clients with serious mental illness
  - Conducted adult comprehensive and intellectual assessments
- 9/1995 – 10/1997     *Student Psychotherapist and Psychodiagnostic Examiner*  
George Mason University Psychological Clinic, Fairfax, VA  
Supervisors: Jerome Short, Ph.D., James Maddux, Ph.D., and Manuel Gerton, Ph.D.
- Provided psychotherapy services to adults and adult couples
  - Conducted comprehensive and intellectual assessments with adults and children

### **Additional Employment History**

- 1990 – 1995     Augusta Hospital Corporation  
1993 – 1995     Senior Medical Technologist  
1991 – 1993     Medical Technologist  
1990 – 1991     Phlebotomist

1986 – 1989 UCLA Medical Center  
Administrative Assistant (Inpatient Accounts, Maxillofacial Prosthetics, Blood Bank/Blood Donor Center)

1982 – 1986 Calvin R. Elrod, M. D., P.C.  
Medical Assistant

### **Current Research Grants and Awards**

04/01/12 – 3/31/16 *Co-Investigator* (multi-PI: Gerard J. Connors and Stephen A. Maisto)  
NIH, National Institute on Alcohol Abuse and Alcoholism  
Enhancing Therapeutic Alliances in Alcoholism Treatment  
Award number R01AA020253  
Total Direct Costs: \$1,614,191

### **Completed Research Grants and Awards**

07/20/11 – 06/30/14 *Co-Investigator* (PI: Kathleen A. Parks)  
NIH, National Institute on Alcohol Abuse and Alcoholism  
Video Vignettes: Measuring Risk Perception in Alcohol-Related Sexual Assault  
Award number R21AA020522  
Total Direct Costs: \$262,500

07/01/12 – 06/30/14 *Co-Investigator* (PI: Rebecca J. Houston)  
NIH, National Institute on Alcohol Abuse and Alcoholism  
Heart Rate Variability and Impulse Control During Alcohol Dependence Treatment  
Award number R03AA020925  
Total Direct Costs: \$50,000

03/10/05 – 2/28/11 *Principal Investigator*  
NIH, National Institute on Alcohol Abuse and Alcoholism  
Mentored Research Scientist Development Award (K01)  
Help-Seeking for Alcohol Problems: A Prospective Study  
Award number K01AA014865  
Mentors: Gerard J. Connors & Kimberly S. Walitzer  
Total Direct Costs: \$523,062

08/10/07 – 07/31/10 *Co-Investigator* (PI: Rebecca J. Houston)  
NIH, National Institute on Alcohol Abuse and Alcoholism  
Impulse Control as a Mechanism of Change in the Treatment of Alcohol Dependence  
Award number R21AA017113  
Total Direct Costs: \$262,500

9/24/08 – 8/31/09 *Principal Investigator*  
Research Institute on Addictions, Research Development Program  
Exploration of Shame in Residential Aftercare: Feasibility of a Shame Resilience  
Study  
Total Direct Costs: \$35,030.

10/01/02 – 3/31/03 *Principal Investigator*  
Research Institute on Addictions, Research Development Program  
Beliefs about Alcohol Treatment: A Feasibility Study  
Total Direct Costs: \$9,310

### **Reviewing Experience (journal reviewing experience is listed under Editorial Activities)**

2004 – 2015 *Peer Reviewer*; SAMHSA, National Registry of Effective Programs and Practices  
(NREPP)

### **Professional Service – Research Institute on Addictions (RIA)**

2013 – 2015 Member, RIA Education Committee  
2005 – 2014 Member, RIA Postdoctoral Training Committee  
2009 – 2014 Chair, RIA Emergency Response Team (ERT)  
2011 Member, Search Committee for RIA Director  
2010 Member, RIA Self-Study Committee for the Provost  
2008 Member, Search Committee for RIA Grants and Contracts Officer

### **Professional Service – Other**

2006 – 2008 Society of Addiction Psychology (formerly APA Division 50) Program Committee  
2005 – 2013 Association for Behavioral and Cognitive Therapies Program Committee

### **Books**

**Dearing, R. L.**, & Tangney, J. P. (Eds.) (2011). *Shame in the therapy hour*. Washington, DC: American Psychological Association.

Maisto, S. A., Connors, G. J., & **Dearing, R. L.** (2007). *Alcohol use disorders*. Gottingen: Hogrefe & Huber.

Tangney, J. P., & **Dearing, R. L.** (2002). *Shame and guilt*. New York: Guilford Press.

### **Publications in Peer-Reviewed Journals**

Parks, K. A., Levonyan-Radloff, K., **Dearing, R. L.**, Hequembourg, A., Testa, M. (in press). Development and Validation of a Video Measure for Assessing Women's Risk Perception for Alcohol-Related Sexual Assault. *Psychology of Violence*.

Walitzer, K. S., **Dearing, R. L.**, Barrick, C., Shyhalla, K. (2015). Tobacco smoking among male and female alcohol treatment seekers: Clinical complexities, treatment length of stay, and goal achievement. *Substance Use and Misuse*, 50, 166-173. DOI:  
<http://dx.doi.org/10.3109/10826084.2014.962050>

- Dearing, R. L., & Hequembourg, A. L.** (2014) Culturally (in)competent: Dismantling health care barriers for sexual minority women. *Social Work in Health Care, 53*, 739-761.
- Stuewig, J., Tangney, J. P., Kendall, S., Folk, J., Meyer, C. R., & **Dearing, R. L.** (2014 May 20). Children's proneness to shame and guilt predict risky and illegal behaviors in young adulthood. *Child Psychiatry and Human Development. [Epub ahead of print]*
- Dearing, R. L.,** Twaragowski, C., Smith, P. H., Homish, G. G., Connors, G. J., & Walitzer, K. S. (2014). Super Bowl Sunday: Risky business for at-risk (male) drinkers? *Substance Use and Misuse, 49(10)*, 1359-1363, DOI: 10.3109/10826084.2014.891626.
- Witkiewitz, K., **Dearing, R. L.,** & Maisto, S. A. (2014). Alcohol Use Trajectories among Non-Treatment Seeking Heavy Drinkers. *Journal of Studies on Alcohol and Drugs, 75(3)*, 415-422.
- Parks, K. A., Levonyan-Radloff, K. Hequembourg, A., **Dearing, R. L.,** & Testa, M. (2013). Validation of video vignettes for assessing alcohol-related sexual assault risk perception. *The Addictions Newsletter, 20(3)*, 17-19.
- Walitzer, K. S., & **Dearing, R. L.** (2013). Characteristics of alcoholic smokers, non-smokers, and former smokers: Personality, negative affect, alcohol involvement, and treatment participation. *Nicotine & Tobacco Research, 15*, 282-286.
- Dearing, R. L.,** Witkiewitz, K., Connors, G. J., & Walitzer, K. S. (2013). Prospective changes in alcohol use among hazardous drinkers in the absence of treatment. *Psychology of Addictive Behaviors, 27*, 52-61.
- Hequembourg, A. L., & **Dearing, R. L.** (2013). Exploring shame, guilt, and risky substance use among sexual minority men and women. *Journal of Homosexuality, 60*, 1-24.
- Stuewig, J., Tangney, J. P., Mashek, D., Forkner, P., & **Dearing, R.** (2009). The moral emotions, alcohol dependence, and HIV risk behavior in an incarcerated sample. *Substance Use and Misuse, 44*, 449-471.
- Parks, K. A., Hequembourg, A. L., & **Dearing, R. L.** (2008). Women's social behavior when meeting new men: The influence of alcohol and childhood sexual abuse. *Psychology of Women Quarterly, 32*, 145-158.
- Walitzer, K. S., & **Dearing, R. L.** (2006). Gender differences in alcohol and substance use relapse. *Clinical Psychology Review, 26*, 128-148.
- Dearing, R. L.,** Stuewig, J., & Tangney, J. P. (2005). On the importance of distinguishing shame from guilt: Relations to problematic alcohol and drug use. *Addictive Behaviors, 30*, 1392-1404.
- Dearing, R. L.,** Maddux, J. E., & Tangney, J. P. (2005). Predictors of psychological help seeking in clinical and counseling psychology graduate students. *Professional Psychology: Research and Practice, 36*, 323-329.
- Dearing, R. L.,** Barrick, C., Dermen, K. H., & Walitzer, K. S. (2005). Indicators of client engagement: Influences on alcohol treatment satisfaction and outcomes. *Psychology of Addictive Behaviors, 19*, 71-78.
- Fee (Dearing), R. L.,** & Tangney, J. P. (2000). Procrastination: A means of avoiding shame and guilt? *Journal of Social Behavior and Personality, 15*, 167-184.

### **Book Chapters**

- Dearing, R. L., & Tangney, J. P.** (2011). Introduction: Putting shame in context. In **R. L. Dearing & J. P. Tangney** (Eds.) *Shame in the therapy hour* (pp. 3-19). Washington, DC: American Psychological Association.
- Tangney, J. P., & **Dearing, R. L.** (2011). Working with Shame in the Therapy Hour: Summary and Integration. In **R. L. Dearing & J. P. Tangney** (Eds.) *Shame in the therapy hour*. Washington, DC: American Psychological Association.
- Dearing, R. L., & Twaragowski, C.** (2010). The social psychology of help seeking. In J. E. Maddux and J. P. Tangney (Eds.) *Social psychological foundations of clinical psychology* (pp. 395-415). New York: Guilford Press.
- Tangney, J. P., Boone, A., & **Dearing, R.** (2005). Forgiving the self: Conceptual issues and empirical findings. In E. L. Worthington, Jr. (Ed.), *Handbook of forgiveness* (pp. 143-158). New York: Brunner-Routledge.
- Tangney, J. P., & **Dearing, R. L.** (2002). Gender differences in morality. In R. F. Bornstein and J. M. Masling (Eds.), *Empirical studies in psychoanalytic theories: Vol. 10. The psychodynamics of gender and gender role* (pp. 251-269). Washington, DC: American Psychological Association.

### **Psychological Measures Developed**

- Tangney, J. P., **Dearing, R.**, Wagner, P. E., & Gramzow, R. (2000). *The Test of Self-Conscious Affect-3 (TOSCA-3)*. George Mason University, Fairfax, VA.
- Tangney, J. P., **Fee (Dearing), R.**, Reinsmith, C., Luzio, A., & Lee, N. (1998). *Multidimensional Forgiveness Scale*. George Mason University, Fairfax VA.
- Tangney, J.P., Boone, A. L., **Fee (Dearing), R.**, & Reinsmith, C. (1998). *The Fear of Shame Scale*. George Mason University, Fairfax VA.
- Tangney, J. P., **Fee (Dearing), R.**, Reinsmith, C., Bowling, L., & Yerington, T. (1996). *Beliefs About the Self: Malleability and Self-Behavior Congruence (BAS)*. George Mason University, Fairfax, VA.

### **Book and Film Reviews**

- Dearing, R. L., & Rath, M. S.** (2013). An ordinary day. [Review of the motion picture *Flight*.] *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 58 (No. 37). DOI: 10.1037/a0033957
- Dearing, R. L.** (2010, March 29). The art of reframing life experiences—Developing resilience to adversity. [Review of the book *Developing resilience: A cognitive-behavioural approach*.] *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 55, (No. 13), Article 6.
- Dearing, R. L., & Houston, R.** (2007, August 15). Promoting a team approach to medication management. [Review of the book *The therapist's guide to psychopharmacology: Working with patients, families, and physicians to optimize care*.] *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 52 (No. 33), Article 31.



- Dearing, R. L.** (2007, July 4). Writer's block is a myth: Make a schedule and stick to it! [Review of the book *How to write a lot: A practical guide to productive academic writing.*] *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 52 (No. 27), Article 4.
- Dearing, R. L., & Moosman, J. L.** (2007, January 31). In search of the truth. [Review of the motion picture *In my country*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 52 (No. 5), Article 18.
- Dearing, R. L.** (2006, June 7). Promoting a higher standard of ethics. [Review of the book *Practical ethics for psychologists: A positive approach*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 51 (No. 23), Article 1.
- Dearing, R. L.** (2005, November 23). Recognizing addictions: What psychotherapists need to know. [Review of the book *Hidden addictions*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 50 (No. 47), Article 6.
- Dearing, R. L., & Grohman, K.** (2005, April 6) Exam prep: An addiction professional's guidebook [Review of the book *Addiction counseling review: Preparing for comprehensive, certification and licensing exams*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 50 (No. 14), Article 4.
- Tangney, J. P., & **Dearing, R.** (2000). Gilbert and Andrews take a new look at shame. Review of "Shame: Interpersonal behavior, psychopathology, and culture" (Gilbert & Andrews, 1998). *Contemporary Psychology*, 45, 628-630.

### **Presentations**

- Rice, S. L., Dearing, R. L., Connors, G. J., Maisto, S. A., O'Hern, K. A. (June, 2015). Initial psychometric development of a measure of attitudinal and felt ambivalence about drinking less alcohol for alcohol-dependent treatment-seekers. Poster presented at the 38<sup>th</sup> annual Research Society on Alcoholism conference, San Antonio, TX.
- Prince, M. A., Connors, G. J., Maisto, S. A., & **Dearing, R.** (June, 2015). *Within treatment therapeutic alliance rating profiles predict post treatment frequency of alcohol use*. Poster presented at the 38<sup>th</sup> annual Research Society on Alcoholism conference, San Antonio, TX.
- Schultz, S. S., Houston, R. J., Dearing, R. L., & Connors, G. J. (May, 2015). *The relation between impulsivity and resting heart rate variability in an alcohol use disordered sample*. Poster presented at the North American meeting of the International Society for Research on Impulsivity, Toronto, ON.
- Graham, M.R., Houston, R.J., **Dearing, R.L.** & Connors, G.J. (2015). *Differential associations between impulsivity measures with alcohol treatment outcome*. Accepted for presentation at the 27<sup>th</sup> annual Association for Psychological Science meeting, New York, NY.
- Agyemang, L., **Dearing, R.**, Houston, R., Duerr, M., Connors, G., & Maisto, S. (2014, June). *The Influence of Health Status on Treatment Attendance and Homework Completion*. Poster presented at the 37<sup>th</sup> annual meeting of the Research Society on Alcoholism, Bellevue, WA.

- Parks, K. A., Levonyan-Radloff, K., **Dearing, R.**, Testa, M., & Hequembourg, A. (2014, June). *Videos: Are They Better than Other Stimuli for Assessing Alcohol-Related Sexual Assault Perception?* Poster presented at the 37<sup>th</sup> annual meeting of the Research Society on Alcoholism, Bellevue, WA.
- Parks, K., Levonyan-Radloff, K., Testa, M., **Dearing, R.**, Hequembourg, A. (2013, November). *Assessing Women's Perception of Risk for Sexual Assault with Video Vignettes*. Paper presented at the annual meeting of the Society for the Scientific Study of Sexuality, San Diego, CA.
- Agyemang, L., **Dearing, R.**, Duerr, M., Connors, G., & Maisto, S. (2013, June). *Therapeutic Alliances and Post-Treatment Health Functioning Following Outpatient Treatment for an Alcohol Use Disorder*. Poster presented at the 36th annual meeting of the Research Society on Alcoholism, Orlando, FL.
- Agyemang, L., **Dearing, R.**, Duerr, M., Connors, G., & Maisto, S. (2013, June). *Predictors of Therapeutic Alliance in the Early Phases of Outpatient Treatment for an Alcohol Use Disorder*. Poster presented at the 36th annual meeting of the Research Society on Alcoholism, Orlando, FL.
- Parks, K. A., Levonyan-Radloff, K., Hequembourg, A. L. **Dearing, R. L.** Testa, M. (2013, June). Development and validation of video vignettes for assessing sexual assault cue perception. Poster presented at the 36th annual meeting of the Research Society on Alcoholism, Orlando, FL.
- Mendoza, N. S., Broussard, A. R., **Dearing, R. L.** (2013, March). Risk and substance use disorders among sexual minorities: Conceptualizing a queer-informed system of clinical care. Workshop presented at the 9th annual Caesar E. Chavez Behavioral Health Conference, Glendale, AZ.
- Prince, M. A., Maisto, Stephen A., Connors, G. J., **Dearing, R.**, Elder, G. J. (2012, November). Modeling weekly drinking patterns and session-by-session therapeutic alliance ratings throughout treatment: Do important changes coincide? Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Monopoli, W. J., Houston, R., **Dearing, R.**, Homish, G. G., Connors, G. (2012, October). A comparison of impulsivity measures in the prediction of post-treatment drinking. Presented at the 140th annual meeting of the American Public Health Association, San Francisco, CA.
- Parks, K., **Dearing, R.**, Hequembourg, A., & Levonyan-Radloff, K. (2012, September). Video vignettes: Measuring risk perception in alcohol-related sexual assault. Invited paper presented at the National Institute on Alcohol Abuse and Alcoholism meeting: Toward effective interventions for alcohol-related sexual, physical, and intimate partner violence: Where we are, what is needed, how to get there. Rockville, Maryland.
- Goldstein, W. R., Houston, R. J., Ostrov, J. M. & **Dearing, R. L.** (2012, June). *Associations between shame, guilt and subtypes of aggression*. Presented at the 5th Research Conference on Relational Aggression, Park City, UT.
- Walitzer, K. S., & **Dearing, R. L.** (2012, March). *Characteristics of alcoholic smokers and non-smokers: Alcohol involvement, affect, personality, and treatment participation*. Poster presented at the 18th annual international meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.

- Houston, R. J. Schlienz, N. J., Homish, G. G., **Dearing, R. L.** & Connors, G. J. (2011, June). *Effects of CBT on delay discounting in alcohol dependent men and women*. Poster presented at the 34th annual meeting of the Research Society on Alcoholism, Atlanta, GA.
- Stuewig, J., **Dearing, R.**, McKnight, P. E., & Tangney, J. P. (2010, November). *Does shame, guilt, and empathy predict substance use post-release?* In *Risky sex and drugs: Jail inmates' pre and post incarceration behaviors*. Symposium presented at the American Society of Criminology, San Francisco, CA.
- Dearing, R. L.**, Houston, R. J., Homish, G. G., & Connors, G. J. (2010, June). *Updates on impulse control as a mechanism of change in alcohol treatment*. Invited presentation at the meeting of the Research Society on Alcoholism, San Antonio, TX.
- Maisto, S. A., Connors, G. J., Dermen, K. H., Duerr, M. R., **Dearing, R. L.**, & Prince, M. A. (2010, June). *Therapeutic alliance as a mechanism of change in alcoholism treatment*. Invited presentation at the meeting of the Research Society on Alcoholism, San Antonio, TX.
- Mendoza, N. S., & **Dearing, R. L.** (2010, June). *Help-seeking motivation: Modeling locus of causality and gender*. Poster presented at the meeting of the Research Society on Alcoholism, San Antonio, TX.
- Smith M. M., Houston, R. J., **Dearing, R. L.**, Connors, G. J., & Homish, G. G. (2010, May). *High vs. low volume drinkers: Differences in impulsivity in response to CBT*. Poster presented at the meeting of the Association for Psychological Science, Boston, MA.
- Houston, R. J., Homish, G. G., **Dearing, R. L.**, & Connors, G. J. (2009, November). *Multi-method assessment of impulse control changes in response to CBT for alcohol dependence*. In D. H. Reel (chair), *The roles of impulsivity and compulsivity in addictive disorders*. Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Houston, R. J., Englert, T. M., **Dearing, R. L.**, Connors, G. J., & Homish, G. G. (2009, October). *Effects of Cognitive-Behavior Therapy on perseverative responding in alcohol dependent men and women*. Poster presented at the meeting of the Society for Psychophysiological Research, Berlin, Germany.
- Dearing, R. L.**, Twaragowski, C., Connors, G. J., & Walitzer, K. S. (2009, June). *At-risk drinkers' help-seeking behaviors over a two-year period*. Poster presented at the meeting of the Research Society on Alcoholism, San Diego, CA.
- Twaragowski, C., Houston, R. J., & **Dearing, R. L.** (2009, June). *Shame, guilt, and subtypes of aggression in an alcohol dependent sample*. Poster presented at the meeting of the Research Society on Alcoholism, San Diego, CA.
- Hequembourg, A. & **Dearing, R.** (2009, June). *Preliminary findings regarding shame and guilt among sexual minorities*. Poster presented at the meeting of the Research Society on Alcoholism, San Diego, CA.
- Dearing, R. L.**, Houston, R. J., & Connors, G. J. (2009, May). *Health literacy as a predictor of homework compliance among patients in cognitive behavioral treatment for alcohol dependence*. Poster presented at the Institute for Healthcare Advancement's annual Health Literacy Conference, Irvine, CA.

- Dearing, R. L.**, Connors, G. J., Walitzer, K. S., & Twaragowski, C. (2008, November). *Exploring the relations between empathy and alcohol problems*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Parks, K. A., **Dearing, R. L.**, & Hsieh, Y. -P. (2008, November). *Are shame and guilt associated with victimization? Findings from a longitudinal study of college women*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Dearing, R. L.**, Walitzer, K. S., & Connors, G. J. (2007, November). *Can guilt (or shame) lead to treatment? Results from a study of at-risk drinkers*. In **R. L. Dearing** (chair), *Shame and guilt: A tale of two very different emotions*. Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Parks, K. A., & **Dearing, R. L.** (2007, November). *College women's psychological health: The role of shame and guilt*. In **R. L. Dearing** (chair), *Shame and guilt: A tale of two very different emotions*. Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Dearing, R. L.**, Twaragowski, C., Koutsky, J. R., Connors, G. J., Walitzer, K. S. (2007, August). *Super Bowl Sunday: Risky business for at-risk drinkers?* Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Dearing, R. L.**, Barrick, C., & Beattie, M. C. (2006, November). *Physical and psychological health characteristics of individuals with potential alcohol problems based on AUDIT screening*. Poster presented at the annual meeting and exposition of the American Public Health Association, Boston, MA.
- Barrick, C., **Dearing, R. L.**, & Walitzer, K. S. (2006, June). *Relationships of physical health characteristics to problem severity and psychological health among individuals entering outpatient alcohol treatment*. Poster presented at the meeting of the Research Society on Alcoholism, Baltimore, MD.
- Parks, K., Hequembourg, A., & **Dearing, R.** (2006, June). *Women's social behavior during an interaction with a male stranger after consuming alcohol: The influence of childhood sexual abuse history*. Poster presented at the meeting of the Research Society on Alcoholism, Baltimore, MD.
- Walitzer, K. S., **Dearing, R. L.**, & Kubiak, A. J. (2005, November). *Thoughts about drinking: Marital communication following a couples-based drinking moderation treatment*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Dearing, R. L.**, Barrick, C., Walitzer, K. S., & Connors, G. J. (2005, June). *Spirituality and religiosity: Relevance to motivation, during treatment drinking, and session attendance*. Poster presented at the meeting of the Research Society on Alcoholism, Santa Barbara, CA.
- Dearing, R. L.**, & Walitzer, K. S. (2004, November). *Comorbid depression in alcohol treatment: Relations to baseline characteristics, expectancies, and drinking outcome*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

- Stuewig, J., Tangney, J., & **Dearing, R.** (2004, August). *Inmates' moral emotions, substance dependence, and HIV risk behavior*. Poster presented at the meeting of the American Psychological Association, Honolulu, HI.
- Dearing, R. L.**, Nochajski, T. H., & Stasiewicz, P. R. (2004, June). *DWI offenders' follow-through with referrals to treatment*. Poster presented at the meeting of the Research Society on Alcoholism, Vancouver, British Columbia, Canada.
- Dearing, R. L.**, Walitzer, K. S., & Connors, G. J. (2004, June). *Baseline drinking moderates the effect of alcohol expectancies on women's treatment outcomes*. Poster presented at the meeting of the Research Society on Alcoholism, Vancouver, British Columbia, Canada.
- Tangney, J. P., Boone, A., **Dearing, R.**, & Reinsmith C. (2003, November). *Forgiving the Self: Conceptual issues and empirical findings*. Campaign for Forgiveness Conference: Scientific Findings About Forgiveness. Atlanta, GA.
- Dearing, R. L.**, Connors, G. J., & Walitzer, K. S. (November, 2003). *Drinking patterns and alcohol-related beliefs of self-identified moderate to heavy drinkers*. Poster presented at the NIAAA-supported NRSA Trainee Workshop, Indianapolis, IN.
- Dearing, R. L.**, Walitzer, K. S., & Connors, G. J. (2003, June). *Self-identified moderate to heavy drinkers: Beliefs about alcohol problems and alcohol treatment*. Poster presented at the meeting of the Research Society on Alcoholism, Fort Lauderdale, FL.
- Dearing, R. L.**, Connors, G. J., & Walitzer, K. S. (2003, June). *Reasons for limiting drinking in women seeking drinking reduction treatment*. Poster presented at the meeting of the Research Society on Alcoholism, Fort Lauderdale, FL.
- Dearing, R. L.**, Connors, G. J., & Walitzer, K. S. (2003, May). *Motivational readiness and reasons for limiting drinking in women entering drinking reduction treatment*. Poster presented at the University at Buffalo, School of Nursing's "Changing Old Paradigms Using the Transtheoretical Model" Conference, Buffalo, NY.
- Dearing, R. L.**, Barrick, C., Walitzer, K. S., Dermen, K. H., Kubiak, A. J., Connors, G. J., Thomas, S. N., & Koutsky, J. (2002, November). *Treatment expectations, treatment satisfaction, and the working alliance: Predicting post-treatment abstinence among alcohol abusers*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- Dearing, R. L.**, Walitzer, K. S., & Dermen K. H. (2002, July). *The role of husbands' drinking in the treatment of women's problem drinking*. In B. S. McCrady (chair), *Testing empirically supported alcoholism treatments with women*. Symposium presented at the meeting of the Research Society on Alcoholism, San Francisco, CA.
- Dearing, R. L.**, & Tangney, J. P. (2002, June). *The differential relationship of college student alcohol problems to shame-proneness, guilt-proneness, and externalization of blame*. Poster presented at the meeting of the Research Society on Alcoholism, San Francisco, CA.
- Dearing, R.**, Schumacher, J., & Buddie, A. (2002, June). *Personal psychotherapy for therapists-in-training: Barriers and facilitating factors*. Poster presented at the meeting of the American Psychological Society, New Orleans, LA.

- Tangney, J. P., Boone, A. L., Sinek, D., **Dearing, R.**, & Reinsmith, C. (2001, August). The benefits of forgiveness (and costs of holding a grudge). Paper presented as part of an invited symposium at the meeting of the American Psychological Association, San Francisco, CA.
- Tangney, J. P., Boone, A., & **Fee (Dearing), R.** (2000, February). *Psychological and social implications of the disposition to forgive*. In J. J. Exline (Chair), *Ouch! Who said forgiveness was easy?* Symposium conducted at the meeting of the Society for Personality and Social Psychology, Nashville, TN.
- Tangney, J. P., **Fee (Dearing), R.**, Reinsmith, C., Boone, A., & Lee, N. P. (1999, August). Assessing individual differences in the propensity to forgive. In M.E. McCullough (Chair) *Progress in Research on Interpersonal Forgiving: Personality and Social-Psychological Correlates*. Symposium conducted at the meeting of the American Psychological Association, Boston, MA.
- Joelsson, C. S., Tangney, J. P., and **Fee (Dearing), R. L.** (1998, May). *The relationship of eating disorder symptomatology to women's attitudes toward pregnancy*. Poster presented at the meeting of the American Psychological Society, Washington, DC.
- Tangney, J. P., **Fee (Dearing), R.**, Reinsmith, C., Bowling, L., & Yerington, T. (1997, October). *Beliefs about the self: Implications for psychological adjustment and moral affective style*. Poster presented at the meeting of the Society for Experimental Social Psychology, Toronto, Canada.

### **Editorial Activities**

- 2007 – 2008                *Guest Associate Editor*, Journal of Social and Clinical Psychology  
2007 – present            *Editorial Board Member*, PsycCRITIQUES—Contemporary Psychology: APA Review of Books

#### *Ad hoc Reviewer* (journals listed alphabetically)

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| Addictive Behaviors                           | Patient Education and Counseling                          |
| Assessment                                    | Personality and Individual Differences                    |
| Basic and Applied Social Psychology           | Personality and Social Psychology                         |
| Behavior Therapy                              | Bulletin  |
| Drug and Alcohol Dependence                   | Psychiatry Research                                       |
| Emotion                                       | Psychology of Addictive Behaviors                         |
| Gerontology                                   | Self and Identity   |
| Journal of Applied Psychology                 | Sex Roles   |
| Journal of Behavioral Medicine                | Social Behavior and Personality: An International Journal |
| Journal of Consulting and Clinical Psychology |   |
| Journal of Gambling Issues                    |   |
| Journal of Nervous and Mental Disorders       |   |
| Journal of Personality and Social Psychology  |   |
| Journal of Social and Clinical Psychology     |   |
| Journal of Studies on Alcohol                 |   |
| Journal of Traumatic Stress                   |   |