

Presenting: Mental Health America of Greater Houston



Spring Training

Mental Health 101

The Mental Health 101 training is designed for professionals new to mental health, case workers, non-licensed professionals, outreach/direct care workers and overall, anyone who is seeking to understand the basics of mental health. The objective of Mental Health 101 is to provide accurate information about the following:

- *basic knowledge of common mental health disorders, and identifying their signs and symptoms*
- *identify resources for people in need of support and care*
- *address the stigma of mental illness*

Tuesday May 5th, 2015
Mental Health 101
Trainer: Michael Fronk
University of Houston Graduate Social Work Intern for
Mental Health America of Greater Houston

Mental Health 101 Training
1:00pm-2:30pm
2211 Norfolk, Suite 810, Houston, Texas 77098
Training fee: \$10

(Exact cash or check made out to Mental Health America of Greater Houston)

Light snacks provided • Seating limited to 30 • Registration Required

RSVP online at <http://www.mhahouston.org/events/397/>

For additional questions, please contact Tiffany Ross, Education & Training Program Manager at tross@mhahouston.org