



**SEVEN ACRES  
JEWISH SENIOR CARE SERVICES**

together with  
The Educational Institute on Aging  
of  
LeadingAge Texas

Presents the  
**TWENTY-EIGHTH ANNUAL  
LOU LEWIS MEMORIAL SYMPOSIUM  
IN  
GERONTOLOGY**

**AGING TODAY  
Cultural Dimensions, Mental Health, and Wellness**

**Presented by Stella Hartcliffe  
Mather LifeWays Institute on Aging**

Thursday, September 18, 2014  
7:15 a.m.–12:15 p.m.

6200 North Braeswood, Houston, Texas 77074

Complimentary Valet Parking

**LOU LEWIS SYMPOSIUM  
Thursday, September 18, 2014, 7:15 a.m.–12:00 noon  
REGISTRATION FORM**

**AGING TODAY: Cultural Dimensions, Mental Health, and Wellness**

**PLEASE CLEARLY PRINT ALL SECTIONS**

Name: \_\_\_\_\_ License #: \_\_\_\_\_

e-mail: \_\_\_\_\_ Telephone No. \_\_\_\_\_

Agency/Institution: \_\_\_\_\_ Title \_\_\_\_\_

This symposium is being offered without charge. Due to limited space, **registration will close at the first 200 registrants.**

Please either email your attendance to [cbaron@sevenacres.org](mailto:cbaron@sevenacres.org) or fax to 713-778-0823.

For security reasons, no entrance without picture ID (drivers license)! For more information call: 713-778-5707 or 5746.  
Seven Acres Jewish Senior Care Services, 6200 North Braeswood, Houston, Texas 77074-7599.

## PRESENTER

Stella Hatcliffe, RN, MSc, CPHQ, the Director of Professional Education for Mather LifeWays Institute on Aging, is an experienced health care leader with progressive administrative experience in improving health care operations, quality indicators, and evidence-based compassionate care to residents and their families. Her areas of expertise within senior living include staff development, enhancing resident experience, falls prevention, reducing hospital readmissions, and palliative and hospice care. Stella is master's-prepared in research and evaluation of health care services, and is a certified professional in health care quality and nurse leadership.

## WHO SHOULD ATTEND

This program is designed for both the gerontological and community-based healthcare team, including nurses, administrators, assisted living managers, dietitians, social workers, activity directors and dietary managers.

## CONTINUING EDUCATION

Nurses—4 Contact Hours; Administrators—4 hours NAB credit; Social Workers—4 clock hours;  
Dietitians and Dietary Managers—4 CPEUs; Activity Directors and Assisted Living Managers—4 hours

This continuing nursing education activity was approved by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This training is sponsored by Seven Acres Jewish Senior Care Services and the Educational Institute on Aging (EIA) of LeadingAge Texas.

## PROGRAM

**7:15 a.m.:** Registration, Check-in, and Light Refreshments  
**7:35–12:00 noon:** **AGING TODAY: Cultural Dimensions, Mental Health, and Wellness**  
**12:00 noon:** Distribution of Certificates

## OBJECTIVES

- Identify possible challenging resident behaviors:
  - Agitation
  - Aggression
  - Resistance/noncompliance
  - Sleep difficulties
  - Intimacy
- Explore triggers that may contribute to challenging behaviors:
  - Type and level of cognitive impairment
  - Other medical conditions and sensory status
  - The environment—setting, sound, sights
  - Caregiver actions—approach, behaviors, words, actions and reactions
- Examine resident centered services:
  - Person-centered approach to care to promote employee and care recipient partnership
  - Consistent assignments and promoting a person-centered culture
  - Building our own resilience and wellbeing
  - Effective strategies to promote a culture of effective teamwork and resident-centered safe service

The Committee extends a very special appreciation to the Barry Lewis family, who created the Lou Lewis Memorial Fund at Seven Acres in honor of their father, Lou Lewis, who believed that society achieves its highest goals through education and service. The Lou Lewis Memorial Fund of Seven Acres also sponsors educational scholarships for qualified Seven Acres employees of all disciplines. This Fund is also supported by donations from community individuals and the Isla Carroll Turner Friendship Trust, established for the benefit of all senior citizens.

## COMMITTEE

Marsha Cayton, MS., RD., LNFA;  
Vickie Ragsdale, PhD, RN;  
Sheila Hatcliffe, RN, MSC, CPHQ