

**Half Day Workshop: Saturday 2 June 2018, 9:30am – 2:00pm**

**Title: Borderline Personality in Adolescents: Assessment, Diagnosis and Treatment**  
**Directed by: Dr. Carla Sharp (University of Houston)**

Despite the fact that the diagnosis of Borderline Personality Disorder (BPD) in youth is legitimized in psychiatric nomenclature (DSM 5 and the ICD-11) as well as national treatment guidelines in the United Kingdom and Australia, BPD is not routinely assessed for or treated in most child and adolescent mental health services. This workshop will review the existing evidence base for BPD in adolescents, followed by a discussion of evidence-based approaches to the assessment and treatment of BPD in adolescents.

**Professional development hours: 4**

**Learning outcomes:**

Upon completion of this workshop participants will be able to:

- Understand the barriers (myths) regarding early detection and intervention of BPD in adolescents.
- Appreciate the evidence in support of the borderline diagnosis in youth.
- Know the key developmental theories on the development of BPD.
- Be able to assess borderline features in youth.

**Workshop content:**

- Review evidence addressing the barriers (myths) regarding early detection and intervention of BPD in adolescents.
- Review key developmental theories on the development of BPD, to include mentalization-based theory and biosocial theory.
- Review and demonstrate tools and approaches for the assessment of borderline features in youth.

**Audience:**

The workshop would be of interest to clinical psychologists at all levels of experience and from a wide range of specialization. Those wishing to include a focus on maladaptive personality function into their work with youngsters will benefit from this workshop.



The University of Houston ADAPT Center and Center for START, as well as the National Education Alliance for Borderline Personality Disorder (NEABPD) are pleased to offer a workshop concerning the assessment, diagnosis and treatment of Borderline Personality Disorder in youth. This Houston workshop will be led by Dr. Carla Sharp of the University of Houston, and is open to doctoral level clinicians and researchers, allied mental health professionals, students and residents.

**Location:**

Health Building 1 - Room 315  
University of Houston – Main Campus  
4849 Calhoun Rd  
Houston, TX  
77004

**Cost:**

Cost for doctoral level clinicians and allied professionals: \$110  
Cost for residents/students: \$35

*Fees include refreshments*

**To register:**

Follow the link below to register and pay for workshop attendance. Confirmation of your registration and payment, along with workshop schedule and information, will be sent via email.

[https://mysmstore.uh.edu/index.php?route=product/product&product\\_id=27542](https://mysmstore.uh.edu/index.php?route=product/product&product_id=27542)

**PD Credit:**

We are pleased to offer 4 hours of Professional Development (PD) credit to clinicians and allied professionals upon completion of this workshop, with accreditation provided by the Texas Psychological Association (TPA).

*This activity is approved by Texas Psychological Association. TPA is an approved provider of professional development approved by Texas State Board of Examiners of Psychologists to offer professional development for psychologists.*

**Contact:**

Any questions may be directed to [jkltt@gmail.com](mailto:jkltt@gmail.com)

