

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science, Kinesiology, Fitness and Sports

Four-Year Academic Map 2015-2016

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total	
	ENGL 1303	First Year Writing I*	3	ENGL 1304	First Year Writing II*	3		
	POLS 1336	US & TX Constitution & Politics*	3	POLS 1337	US Government*	3		
	HIST1376/77	The United States to 1877*	3	HIST1378/79	The United States since 1877*	3		
	KIN 1304	Public Health Issues in Physical Activ.*	3	KIN 1352	Found. of Kinesiological Studies	3		
	MATH 1310	College Algebra*	3	MATH 2311	Intro. to Probability & Statistics	3		
	Semester Hours			15	Semester Hours			15

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total	
	CORE	Math Reasoning *	3	CORE	Lang., Philosophy & Culture*	3		
	CORE	Creative Arts*	3	CORE	Writing in the Disciplines *	3		
	NUTR 2332	Intro to Human Nutrition*	3	CORE	Math Reasoning*	3		
	KIN 3301	Design/Eval. of Physical Activity Progs	3	KIN 3304	Human Struct. & Physical Perf.	3		
	BIOL 1310	General Biology*		BIOL 1320	General Biology II*			
	OR	OR	3	OR	OR	3		
BIOL 1361	Intro to Biological Science		BIOL 1362	Intro to Biological Science II				
Semester Hours			15	Semester Hours			15	30

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total	
	KIN 3305	Sociological & Cultural Aspects of Sport	3	KIN 3309	Biomechanics	3		
	KIN 3306	Physiology of Human Performance	3	KIN 4300	Physical Activity in Older Adults	3		
	KIN 3350	Psychological Aspects of Sport & Exerc.	3	Elective	Approved General Elective	3		
	KIN 4301	Workplace Wellness	3	KIN 4310	Measurement in Human Perf.	3		
	NUTR 3340	Nutrition Life Cycle	3	HHP Elective	Approved Advanced Elective	3		
Semester Hours			15	Semester Hours			15	30

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total	
	KIN 4302	Fitness & Human Sexuality	3	KIN 4370	Exercise Testing	3		
	KIN 4330	Child & Adolescent Obesity	3	Elective	Approved General Elective	3		
	Elective	Approved General Elective	3	Elective	Approved General Elective	3		
	KIN 4315	Motor Learning	3	HHP Elective	Approved Advanced Elective	3		
	KIN 4355	Organization & Administration of Athletics	3	HHP Elective	Approved Advanced Elective	3		
Semester Hours			15	Semester Hours			15	30
							120	

*State of Texas Core Curriculum

Students should meet with their academic advisor to formulate their own plan.