

#### DEAN'S MESSAGE



Eighteenth century English poet Percy Shelley once said, "The more we study, the more we discover our ignorance." This principle is universal and unending. It holds special significance for our vast world of pharmacy. New areas of research are increasing our pharmaceutical knowledge base at an exponential rate. Areas such as genomics, proteomics, nanomedicine/nanotechnology, pharmacoepidemiology, and pharmacoeconomics hold significant promise for the future, as we seek to discover novel approaches to continuously improve our translational research outcomes and the pharmaceutical care that we deliver to our patients. Our UHCOP Curriculum and Assessment Committees are diligently working together to redesign, update and continually assess our cutting-edge professional curriculum and to ensure that we are incorporating important areas, such as the aforementioned, that will enable our graduates to better create and lead our nation's future healthcare delivery systems.

The continual process of updating/re-engineering our professional program curriculum is a critical step in positioning our College and its graduates to help lead the national initiative of improving our

US Healthcare System's effectiveness and efficiency. The Texas Medical Center (TMC), under the leadership and vision of its

new CEO Dr. Robert Robbins, is also in the process of re-engineering its strategic plan. I recently attended an exciting TMC Strategic Planning Retreat where discussions centered upon elevating the TMC and its member institutions to even greater national/international prominence in the key areas of teaching, research and clinical care delivery (http://tinyurl.com/tmc-plan1-14). Our College of Pharmacy and University will play key roles in the development of the new TMC Strategic Plan. This important initiative comes at a critical juncture that should have a tremendously positive effect upon our region, state, and the future of our nation's healthcare system.

Our University of Houston, under the leadership and vision of Chancellor Renu Khator, has established a new Health Sciences Center. The new UH Health Sciences Center will bring together

UH's wide-ranging health-related educational and research programs together with new innovative future programs into a multi-campus academic health sciences center that will help provide critical improvements for our nation's future healthcare system.

This important initiative will also lead to enhancing interprofessional education and healthcare team-building opportunities which will replace traditional academic and professional silos. This will provide a sound foundation for providing collaborative solutions to problems that have plagued our "siloed" U.S. healthcare system for decades. I look forward to providing you with important updates surrounding our new UH Health Sciences Center and our College's collaborative role in this exciting strategic initiative.

F. Lamar Pritchard, Ph.D.
Dean, College of Pharmacy



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Top, Texas Medical Center President & CEO Robert Robbins, M.D., pictured with Dean Pritchard, serves as Class of 2013 Commencement Speaker; and, above, Pritchard meets with Rio Grande Valley alumni W. Benjamin Fry ('72), Lydia Aguilera ('80), and Lalo Cardenas ('97).



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#### UNIVERSITY of HOUSTON

#### **COLLEGE OF PHARMACY**

On the Cover: Run by interprofessional students from UHCOP, Baylor College of Medicine and The University of Texas Health Science Center (UTHealth), the H.O.M.E.S. Clinic has gained state and national attention for providing primary care services to Houston's homeless. More on page 16.

Cover Design Georgina Mondshine

Cover Photos Chip Lambert (student and patient); Tarik Kizilkaya/iStockphoto (hands)

#### Pritchard Announces Leadership Appointments, New Department

UH College of Pharmacy Dean F. Lamar Pritchard, Ph.D., R.Ph., recently announced appointments to several key administrative leadership positions and the creation of a new administrative/academic department within the college.

"I am very pleased that we are able to move forward with these important UHCOP organizational updates as our team continues to strive to accomplish the laudable goals set forth by our Vision 2020 Strategic Plan," Pritchard said.

Clinical Associate Professor Andrea L. Smesny, Pharm.D., MPH, R.Ph., who served at the assistant and associate dean levels over academic affairs for the professional program since 2004, has been appointed Executive Associate Dean of the college. Her new responsibilities include overseeing the Development and Business offices; serving as liaison with UH on university-



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wide initiatives; leading new initiatives and coordinating execution of formal agreements with other UH units and external parties; overseeing and moving key college initiatives forward (strategic plan, accreditation, etc.); and advising the dean on personnel and budget matters.

Paige Pitman, Pharm.D., MBA, B.S. ('94), clinical assistant professor, has been appointed as the new Assistant Dean of Student & Professional Affairs for the Pharm.D. program. From 1999 to 2007, Pitman served as a UHCOP faculty member and director of Pharm.D. Admissions & Recruiting before taking a position in health-system pharmacy. She returned to the college



Pitman

in 2010 as a faculty member and director, Institutional Based

Advanced Pharmacy Practice Experiences. Pitman succeeds Barbara Lewis, M.A., LPC-S, R.Ph. (B.S. '74), who has retired from the college.

Responsibilities for the Pharm.D. Introductory Pharmacy Practice Experiences (IPPEs) have been split between clinical associate professors Lynn Simpson, Pharm.D. ('97), and Cathy Hatfield, Pharm.D. Simpson will serve as Director





Hatfield

Simpson

of Ambulatory IPPEs and Hatfield, who has been spearheading the college's interprofessional education (IPE) collaborations with medical and nursing schools, will serve as Director of Institutional IPPEs.

The new Department of Pharmaceutical Health Outcomes and Policy was established to allow faculty, students and staff members to focus on the national priority of providing patients, clinicians and policymakers with the scientific evidence to make informed health decisions. The department will be chaired by Professor Rajender R. Aparasu, Ph.D., M.Pharm., FAPhA,



Aparasu

and comprised of faculty members Susan Abughosh, Ph.D.; Hua Chen, M.D., Ph.D.; E. James Essien, DrPH, M.D.; Marc Fleming, Ph.D., MPH, R.Ph.; Michael Johnson, Ph.D.; Pritchard; and Sujit Sansgiry, Ph.D.

A phase-out of the Pharmacy Administration graduate degree name has been approved by the Texas Higher Education Coordinating Board.

# DAC Welcomes NASA's Putcha, Pharmacy Business Council's Wright

UH College of Pharmacy recently welcomed two new members to the Dean's Advisory Council: NASA's Lakshmi Putcha, Ph.D., and Texas Pharmacy Business Council's Michael Wright.

A pioneer and expert in Space
Pharmacotherapeutics, Putcha is chief
pharmacologist and technical manager of
Pharmacotherapeutics Laboratories at NASA
Johnson Space Center. With two master's degrees
and a doctorate in Biopharmaceutics and Clinical
Pharmacokinetics from UH, Putcha is the only
clinical pharmacologist at NASA who directs
and conducts research and development for
optimizing pharmacotherapeutics in space.

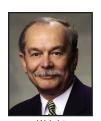


Putcha

Putcha is a recipient of numerous honors and awards at NASA, including the Special Space Flight Achievement Award, Certificate of Commendation and Space Act Award. She holds adjunct faculty positions at UH, The University of Texas Medical Branch, Texas

Southern University and the University of Florida, and is a Fellow of the American College of Clinical Pharmacology.

Wright is a graduate of the University of Northern Iowa and a highly decorated veteran of the Vietnam War. A senior lobbyist for Hoffmann-LA Roche for 37 years, Wright has worked with policymakers on a variety of topics including Medicare/Medicaid reimbursement, patient access and rights, scope of practice issues, taxation, and tort reform.



Wright

Wright most recently was Director of Public Affairs for the Texas Pharmacy Association. He has been a member of TPA for more than 25 years, including serving on the TPA Board of Directors and as Vice Chairman of the TPA Foundation. He is active in multiple organizations in the Austin area, including serving on the RxWiki Corporate Advisory Board and the Dell Hospital NW Circle of Friends.

# CUIDADO FARMACEUTICO

# Affiliation Introduces Pharmacist-led Care to Vecino FQHC Clinic in Denver Harbor Area



Matthew White/UH photo

Vecino Health Centers' Dr. Don Briscoe, medical director, and Daniel Montez, CEO, welcome UHCOP's Nancy Chung, Pharm.D., BCACP, to the Denver Harbor Family Clinic in east Houston.

UH College of Pharmacy has hit several milestones in the implementation of its multifaceted Hispanic Healthcare Initiative, which is designed to deliver – and prepare students to deliver – culturally and linguistically appropriate care to underserved Hispanic patient populations in Houston and across Texas.

In September, the college established an affiliation agreement with Vecino Health Centers, a Federally Qualified Health Center (FQHC) with two clinics based in neighborhoods with predominately Hispanic/Spanish-speaking patient populations.

The college also recently welcomed the appointment of Clinical Assistant Professor Nancy Chung, Pharm.D., BCACP, a 2011 UHCOP graduate and ambulatory care pharmacist with Spanish language proficiency and experience working with Hispanic/Latino patient populations through residency training in Austin and Orlando. Chung's practice site will be at Vecino's Denver Harbor Family Clinic east of downtown.

Student experiential activities through the clinic are expected to



Chip Lambert/UH photo

Even before UHCOP had established a formal affiliation with Vecino Health Centers, UH pharmacy students have been assisting the FQHC with community health fairs.

begin soon, with IPPE students coming on board in the spring 2014 semester and ambulatory care APPE students starting in the summer. The clinic is expected to serve as a preferred APPE site to provide abundant opportunities for students who've completed the Spanish for the Global Professions certificate program to practice their linguistic and cultural competencies.

The affiliation also is expected to yield new pathways for interprofessional education, as Denver Harbor serves as the main longitudinal site for Houston Methodist Hospital's Family Medicine Residency Program and a rotation site for medical students/interns from area medical institutions. UHCOP students and faculty will also participate in health fairs, disease management, and preventative care programs alongside Vecino's medical staff, nurses, residents and students.

"The affiliation with Denver Harbor and the collaboration between practitioners and students in pharmacy and other health professions will present a unique learning and service opportunity to provide enhanced patient care for the community," Chung said.

Chung is finalizing a formal application to the Texas State Board of Pharmacy for prescriptive authority under protocol of the Denver Harbor physicians for drug therapy management of diabetes, hypertension and hyperlipidemia, as well as risk reduction of metabolic syndrome.

"Hypertension, diabetes and obesity are the most common disease states that we see, often in the same person," said **Don Briscoe**, M.D., Denver Harbor's medical director and chairman of the Family Medicine department/program director of the Family Medicine Residency at Houston Methodist Hospital. "These patients often have multiple medications and don't understand how and why they are using them; the risks to their health from their conditions and from their treatments; and non-medical things that they can do to improve their health.

"We believe that pharmacists and students will have a big role in aiding these patients."

# Spanish Certificate Students Put Skills, Knowledge into Practice at Experiential Sites

A cornerstone of the UH College of Pharmacy's Hispanic Healthcare Initiative is increasing the linguistic and cultural competencies of Pharm.D. students to enhance communication and ultimately improve health outcomes among Spanish-speaking patient populations.

The program provides Pharm.D. students additional training in Spanish language and Hispanic culture through a certificate program through UH's Department of Hispanic Studies and placement in community and clinical experiential sites where a significant portion of the patient population has been identified as having limited English or exclusively Spanish language proficiency. Four students have both elements of the program, with another eight who have completed the first class.

Pharm.D. candidate **Habeeba Nizamdin** said the program was invaluable on her ambulatory/primary care APPE at a Harris Health System clinic in south Houston.

"I used it (Spanish) so much, and it gave me an opportunity to have a lot of patient interaction, which I thrive on," Nizamdin said. "I counseled in Spanish on asthma, especially proper use of inhalers; warfarin; diabetes; hypertension; and the importance of diet and exercise, which impacts so many disease states. It's amazing to see how patients open up, get more comfortable and share more, and we know that every detail from patients can be helpful for effective counseling and education."

Although Pharm.D. candidate Chestley Miller grew up in a bilingual household, he said the certificate program and the daily practice on his APPEs helped expand and improve his "medical Spanish" vocabulary.



Chip Lambert/UH photo

Martin Newton, Habeeba Nizamdin and Chestley Miller were among the first pharmacy students to complete the Spanish for the Global Professions certificate program in UH's Department of Hispanic Studies.

"I'm planning to return to the Mission/McAllen area and work in community pharmacy, so it's been beneficial to gain more familiarity in formal Spanish, especially in making medical presentations," he said. "I think the preceptors and patients appreciated having others available to counsel and translate."

Jose Dino, Pharm.D., pharmacist-in-charge at the Walgreens in northwest Houston where Miller and fellow program participant Martin Newtown did their advanced community APPE, said he was impressed by the students' skills.

"I told them directly, 'Your Spanish is better than mine,'" said Dino, a native of Mexico. "It's such a help to the patients to have someone who can use both technical and common terms to explain their medications."

### **Project to Assess Health Literacy of Spanish-speaking Patients**

Low health literacy is a major risk factor in poor health outcomes across the U.S., and is associated with medication non-compliance, misdiagnosis, and increased emergency department utilization and inpatient admissions.

According to the 2006 National Assessment of Adult Literacy report by National Center for Education Statistics, 41 percent of Hispanics scored at the "below basic" level in a health literacy performance assessment.

With the support of a \$6,000 UH New Faculty Research Program award, Chung has initiated a 12-month project to assess rates of low health literacy in Spanish-speaking patients at the Denver Harbor Family Clinic, to understand potential areas of interventions for low health literacy, and to assess potential healthcare consequences.

The project will utilize pre-assessment survey and a validated health literacy assessment tool (Short Assessment of Health Literacy for Spanish Adults) to assess ability to read and understand common medical terms.

The scores then will be compared against appointment data from the clinic's electronic medical records to assess whether low health literacy is associated with missed clinical appointments along with identification of demographic or societal factors that may influence low health literacy in the patient population.

# Advocates Rumsey, Sparks Earn College's Gratitude for Service to Profession, College

At the Mading Society induction reception in October, UH College of Pharmacy honored **R. Louis Rumsey**, R.Ph. ('79), with the 2013 Alumnus Pharmacist of the Year Award and **L. David Sparks**, R.Ph., FACA, FIACP, with the 2013 Meritorious Service Award.

Rumsey is owner and pharmacist-in-charge of the independent Elam Road Pharmacy in Dallas, and a member of the Dean's Advisory Council (DAC) at the college.

"Louis is a shining example of the importance of alumni engagement to help ensure a bright future for the College of Pharmacy," said UHCOP Dean F. Lamar Pritchard, Ph.D. "His work as Chair of the DAC Advocacy Committee will pay dividends for the college for many years. Louis has worked collaboratively with DAC co-chairs Bruce Biundo and Carole Hardin-Oliver to establish a new standard in the area of quality leadership of the DAC."

A newly inducted member of the college's Mading Society, Rumsey has been honored by the Texas Pharmacy Association as the 2009 TPA Pharmacist of the Year and by the TPA PharmPAC as the 2010 PharmPAC Person of the Year (the latter award now bears his name).

"I was very surprised and very honored to be named Alumnus of the Year by the college," Rumsey said. "I have always appreciated the great education that I received at UH College of Pharmacy, which has allowed me to have a very fulfilling and honorable career. When someone asks me, 'What college did you go to?' I am always very proud to say, 'The University of Houston College of Pharmacy.' When someone asks me, 'What do you do?' I am always very proud to say, 'I am a pharmacist.' I am very blessed to be in a profession that helps people."

The college also recognized PCCA's CEO L. David Sparks, an adjunct faculty member of the college, a member of its Mading



Pritchard presents the 2013 Meritorious Service Award to L. David Sparks, who was introduced by PCCA President Jim Smith, far left, and joined by Sparks' son Bryan and daughter-in-law Bonnie.



Jessie Villarreal/UH photos

Above, Dean Lamar Pritchard presents the UHCOP 2013 Alumnus Pharmacist of the Year Award to R. Louis Rumsey, joined by his wife, Anne.

Society and a past member of the UHCOP DAC. Sparks is a Fellow of the American College of Apothecaries and the founding director of the International Academy of Compounding Pharmacists.

He was named as one of the "50 Most Influential People in Pharmacy" by American Druggist in 1999; the Outstanding Alumnus by the Southwestern Pharmacy Alumni Foundation of Southwestern Oklahoma State University in 2000; and the John W. Dargavel Medal recipient by the National Community Pharmacists Association Foundation in 2006.

"This well-deserved recognition for one of pharmacy's true pioneers whose lifelong efforts have enhanced the quality of healthcare delivery worldwide," Pritchard said. "We're very proud of Chairman Sparks and feel very fortunate that he has been a long-standing supporter of the college and pharmacy education."

PCCA and UHCOP have been partners in pharmacy education for over a decade, with UH Pharm.D. students undergoing their required basic training in compounding as well as having the opportunity to take advanced compounding courses at PCCA's state-of-the-art facility in Sugar Land. Many UH alumni also have gone on to work at PCCA.

Sparks also has been praised for his efforts at the state and national level to protect the practice of compounding pharmacy.

"I was very humbled by the honor, and I'm proud of having the opportunity to contribute in some small way to the education of the next generation of professional pharmacists," Sparks said. "It's been a great experience working with these bright young minds and share in their enthusiasm, energy and interest in pharmacy.

"The great affiliation between PCCA and the college would not have been possible without the contributions of the entire team at PCCA and the administration and faculty at the college over the years."

Sparks, PCCA President Jim Smith and Pritchard also acknowledged the major role of Sparks' late wife, Kay Sparks, R.Ph., FACA, FIACP, who passed in January 2012, in the success of PCCA and the education of UHCOP students since the couple joined the company in 1989.

### College Implements Mandatory PCOA, OSCEs for Assessment

UH College of Pharmacy has initiated its transition to the Pharmacy Curriculum Outcomes Assessment (PCOA) exam and the Objectively Structured Clinical Examination (OSCE)/OSCE-like exams for the assessment of Pharm.D. students' skills and knowledge.

The exams now are required for every UHCOP Pharm.D. student in the first, second and third year of the program as a formal assessment and embedded in courses within the curriculum.

"The combination of these two assessment tools will provide a more robust system by which the college can evaluate the knowledge, skills and application of our students as well as the effectiveness of our curriculum to provide these skills," said Elizabeth Coyle, Pharm.D., BCPS, FCCM, assistant dean of Assessment and clinical professor. "Many OSCE-like assessments have



Coyle

traditionally been part of our courses, such as patient counseling and Therapeutics case exam. We will now utilize the students' performance in these practical exams in conjunction with performance on the PCOA."

The comprehensive PCOA exam was administered in January 2014 to the P1-P3 classes by representatives of the National Association of Boards of Pharmacy, which developed the 220-question exam covering basic biomedical sciences; pharmaceutical sciences; social, behavioral and administrative sciences; and clinical sciences.

Adopted by the UHCOP faculty last May, the PCOA replaces the in-house "Milemarker" tool used by the college for nearly a decade to determine and assess knowledge and progression readiness. With the benefits of greater standardization of exam questions and more accurate benchmarking to national data, the PCOA assessment is formative in the P1 and P2 years, and summative for the P3s. Minimum competency must be met for the P3 students to progress to APPEs.

Developed in the 1970s, the OSCE is part of the licensing requirements to practice medicine in the U.S. and both medicine and pharmacy in Canada. According to a 2010 survey article in the *American Journal of Pharmaceutical Education*, only 11 out of 88

responding pharmacy programs consistently held multi-station OSCEs using standardized patients. However, interest in such programs in pharmacy academia has been on the rise nationwide.

The OSCEs and OSCE-like exams throughout the curriculum evaluate student knowledge in scenarios that highlight their skills and abilities in a practical setting, such as patient counseling, resolving prescription fill issues, physical assessment, case workup and presentation, IV admixture, errors and omissions, and interprofessional practice. The summative OSCE for P3 students will be administered in April 2014.

# 100% of UH Graduates Pass Licensure Exams on First Try During May-August Period

UHCOP graduates taking the North American Pharmacist Licensure Examination (NAPLEX) and the Multistate Pharmacy Jurisprudence Examination (MPJE) for the first time in the May 1-Aug. 31, 2013, testing period achieved a 100 percent pass rate on both exams.

The results were released by the National Association of Boards of Pharmacy. The "perfect performance" by UHCOP graduates exceeds the national and statewide averages for the two exams in the same testing period.

"On behalf of the entire college, I extend our sincere congratulations and appreciation to the May 2013 class," said Dean Lamar Pritchard, Ph.D. "It's a true testament to our new graduates' commitment to the profession and providing the best possible care to their patients, as well as the commitment of our faculty, staff and preceptors to excellence in pharmacy education."



# Communication, Patient Safety at Core of Expanded Programs in Interprofessional Education

UH College of Pharmacy and interprofessional education partners Baylor College of Medicine (BCM) and Texas Woman's University (TWU) are expanding their efforts to develop and evaluate how pharmacy, medical and nursing students can improve their communication techniques and enhance understanding of the role each team member plays in patient safety.

The college began collaborating with each institution on separate interprofessional education (IPE) projects over three years ago, with UHCOP-TWU students working side-by-side on high-fidelity simulated patient mannequins and UHCOP-BCM students conducting in-home medical check-ups with predominately home-bound patients across the Houston area. Over the past year, the three institutions have coordinated their efforts by integrating their respective pharmacy, nursing and medical students into healthcare team-based projects.

The core competencies for interprofessional collaborative practice developed by the Interprofessional Education Collaborative (IPEC), which comprises the primary academic associations for the major health professions in the U.S., serve as guiding principles for the UH, BCM and TWU effort.

"Interprofessional care models are the future of healthcare delivery," said Elizabeth Nelson, M.D., senior associate dean for Medical Education and primary investigator on a National Institutes of Health grant focused on IPE. "Understanding the skills and goals of each component of the healthcare system allows us to provide the best patient-centered care possible.

"Innovative, efficient outcomes-based care focused on the patient should be everyone's goal. In the best world, our unique skills create synergies, not silos."

UHCOP's IPE initiatives have been spearheaded by Catherine Hatfield, Pharm.D., clinical associate professor and director of



Chip Lambert/UH photo

UH Pharm.D. student Bobby Clay, center, and Baylor College of Medicine medical student Richard Auzenne (UH Biology '10), left, and Texas Woman's University nursing student Mary Moon explain their respective roles in a medication error as part of a role-playing scenario with a standardized patient.

Institutional Introductory Pharmacy Practice Experiences.

"We've collectively decided to focus our initial efforts on improving communication and eliminating or at least reducing communication errors," Hatfield said. "More Americans die from medical errors than breast cancer, AIDS or car accidents, and The Joint Commission has reported that miscommunication is among the leading causes of serious medical errors."

The latest projects emphasize communication among pharmacy, medical and nursing students through a case-presentation/recommendation exercise and a patient safety role-playing scenario related to a medication error using a standardized patient.

With the goal of identifying further IPE opportunities, Hatfield and Nelson have been appointed as an ex-officio member of the curriculum committee at each other's institution.

"The collaboration to-date has been fantastic, and the future is only limited by learning more about each other's institutions," Nelson said. "Representation on each other's committees will allow us to think creatively about natural educational touchpoints and where we might create new opportunities."

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#### **Staff Appointments**

Alexis Bertsch, Research Administrator

Lupita Rangel Curiel, Program Coordinator 2

Ty Hall, Secretary 2

Barbara Knight, Development Coordinator 1

Miranda McMorris, Financial Analyst 2

Sheree Pearce, College Information Services Manager

Adrien Turner, Events Assistant

Olga Zamora-Loa, Executive Secretary

#### **Walgreens Residency Project Targets Uncontrolled COPD/Asthma**

Rural Liberty County northeast of Houston has the unenviable distinction of being among the Texas counties with the highest number of hospitalizations for asthma and chronic obstructive pulmonary disease (COPD).

According a 2010 report by the Texas Health Care Information Council based on 2005 data, there were 15,424 hospitalizations for asthma and 26,718 hospitalizations for COPD in adult Texans and Liberty County was among the top 10 counties for COPD admission rates. In response, a pharmacist-

led education and adherence project based at a Walgreens in the Liberty County city of Cleveland has been launched to help patients with uncontrolled asthma/COPD manage their conditions.

The project team comprises Walgreens/UHCOP PGY1 Community Pharmacy resident Vaidehi Bhatt, Pharm.D. ('13); UHCOP Clinical Assistant Professor/Residency Director Santhi Masilamani, Pharm.D., CDE, MBA; Walgreens District Supervisor Carole Hardin-Oliver, R.Ph. ('84); Pharmacist Gayland Vandiver, R.Ph.; and Pharmacy Manager Angela Tompkins, Pharm.D.

The team also is working with the Health Center of Southeast Texas, a Federally Qualified Health Center in Cleveland, for referrals and follow-ups.

Yen Phan, Pharm.D. ('12), a Walgreens pharmacy manager in Houston, conducted the background research and literature reviews for the project design while serving as the inaugural Walgreens/UHCOP community resident.

Hardin-Oliver said she was spurred to act after reading a 2011 Houston Chronicle article about the high rate of asthma



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hospitalizations in the county which falls within her district.

"I took it very personally," Hardin-Oliver said.
"We have the ability to impact public health in a significant way, and I think this is something we can expand to other areas. People are starting to grasp how education and counseling by pharmacists can bring about real improvements in health outcomes."

The residency program recently received a 2014 American Pharmacists Association Foundation

Incentive Grants for Practitioner Innovation in Pharmaceutical Care award to reduce costs for patients. Participants may be eligible for such incentives as free spacers and nebulizers when prescribed by physicians, as well as peak-flow meters for asthma patients and co-pay assistance for pulmonary function testing for COPD patients.

"A primary reason for non-adherence is the patient's confusion or misunderstanding of which inhaler to use when and the proper technique to ensure they receive the appropriate amount," Bhatt said.

A veteran of disease state management programs (including asthma and diabetes), Masilamani said the community setting has an advantage over ambulatory care clinics where similar pharmacistled programs have a well-established track record of effectiveness in improving health outcomes.

"In clinics, you always hit a wall of being able to work with 150-200 patients per year, but community pharmacists see patients every day, so it's a perfect opportunity to implement clinical pharmacy services to a larger patient population," she said.

#### **Ambulatory Care, Infectious Disease Specialists Join College Ranks**

UH College of Pharmacy's Department of Clinical Sciences and Administration has welcomed two additions – Nancy Chung, Pharm.D., BCACP, and Nicholas Beyda, Pharm.D., BCPS – to its faculty ranks.

Chung joined the college as a clinical assistant professor of ambulatory care. Her clinical site is at the Denver Harbor Family Clinic, a Federally Qualified Health Center (FQHC) in east Houston operated by Vecino Health Centers (see story on page 4).

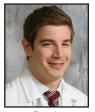
After receiving her Pharm.D. from UHCOP in 2011, Chung completed a PGY1 residency at Florida Hospital Celebration Health in Orlando, Fla., and a PGY2 ambulatory care specialty residency at Blackstock Family Practice, CommUnityCare and The University of Texas in Austin. During her residency training, she received teaching certificates from the University of Florida and UT-Austin.



Chung

Board certified in ambulatory care, Chung's research and practice interests include outcomes research in diabetes, metabolic syndrome, hypertension and indigent care.

Beyda has joined the college as a Research Assistant Professor after completing the two-year Infectious Diseases Pharmacy Fellowship at UHCOP and St. Luke's Health System, where he continues to have a clinical/research affiliation. Before entering the fellowship program, Beyda completed a PGY-1 residency at Louisiana State University Health Sciences Center in



Beyda

Shreveport. Beyda earned his Pharm.D. from the Harrison School of Pharmacy at Auburn.

Beyda's research interests include antifungal pharmacokinetics/ pharmacodynamics and mechanisms of resistance; host immune response to Candida species; and rapid diagnostics for bloodstream infections.

#### **FACULTY ACCOLADES**

Rajender R. Aparasu, MPharm, Ph.D., professor, has been appointed to a two-year term on the Honorary International Editorial Board of Drugs & Aging. Aparasu also has accepted an invitation to serve on the new national Review Panel of the Patient-Centered Outcomes Research Institute (PCORI).

Kimberly K. Birtcher, M.S., Pharm.D., BCPS, clinical professor, and Jeffrey T. Sherer, MPH, Pharm.D., BCPS, clinical associate professor, served as associate editors on the Tarascon Pocket Pharmacopoeia 2013.

Elizabeth A. Coyle, Pharm.D., FCCM, clinical professor, received a Presidential Citation from the Society of Critical Care Medicine at the 43rd Critical Care Congress in January 2014.

Kevin W. Garey, M.S., Pharm.D., FASHP, chair of the Department of Clinical Sciences & Administration, served on an expert panel at the June 2013 U.S./European Union Working Group for the Transatlantic Taskforce on Antimicrobial Resistance organized by the European Center for Disease Prevention and Control and the U.S. Center for Disease Control and Prevention.

Tahir Hussain, Ph.D., professor, has been elected President of the Federation of Aligarh Alumni Association, comprising 14 U.S. chapters of Aligarh Muslim University in Aligarh, Uttar Pradesh,

Bradley K. McConnell, Ph.D., FAHA, was recognized with the UHCOP Faculty Excellence Award for Research.

**F. Lamar Pritchard**, Ph.D., R.Ph., dean and professor, has been elected to the Southwest Chapter of the Academy of Managed Care Pharmacy's board of directors.

**Dhara N. Shah**, Pharm.D., clinical assistant professor, has been elected Secretary/Treasurer of the American College of Clinical Pharmacy's Infectious Diseases Practice Research Network.

Maria V. Tejada-Simon, Ph.D., M.Ed., was recognized with the UHCOP Faculty Excellence Award for Service.

Matthew A. Wanat, Pharm.D., BCPS, clinical assistant professor, has been appointed to the TSHP Journal editorial board and elected to the Texas Society of Critical Care Medicine's board of directors.

#### **Academic Promotions**

Joydip Das, Ph.D., was promoted to full Professor of Medicinal Chemistry in the Department of Pharmacological & Pharmaceutical Sciences.

**Kevin W. Garey**, M.S., Pharm.D., FASHP, chair of the Department of Clinical Sciences & Administration, was promoted to full Professor of Pharmacy Practice.

**Dhara N. Shah**, Pharm.D. ('08), was promoted to Clinical Assistant Professor of Pharmacy Practice in the Department of Clinical Sciences & Administration.

Vincent H. Tam, Pharm.D., BCPS (AQ-ID), was promoted to full Professor of Pharmacy Practice in the departments of Clinical Sciences & Administration and Pharmacological & Pharmaceutical Sciences.

**CORRECTION:** The Winter 2012/Spring 2013 Interactions incorrectly identified the recipients of the 2012 Rho Chi Society Beta Omicron chapter's Teaching Excellence Awards. Lindsay Schwarz, Ph.D., and Anne Tucker, Pharm.D., BCNSP, received the honors.

# **Service to UH Chapter Brings Outstanding Advisor Award** from Kappa Epsilon Fraternity

Catherine Hatfield, Pharm.D., clinical associate professor and director of Institutional Introductory Pharmacy Practice Experiences, was honored with the 2012-13 Outstanding Advisor Award by the Kappa Epsilon (KE) Professional Pharmacy Fraternity at the organization's 2013 Annual Convention in Richmond, Va.

"I was elated and very humbled by the honor, especially because I didn't know my chapter had submitted my name," Hatfield said. "KE is a great group of pharmacy professionals who are focused on women's health and service activities."

A member of KE for nearly two decades, Hatfield has served as an advisor for the Upsilon for about 10 years (and joined by fellow faculty member Elizabeth Coyle, Pharm.D., BCPS, FCCM, as co-advisor two years ago). The advisor honor isn't the first time Hatfield has received national recognition from the fraternity: She was the 2009 recipient of KE's Unicorn



Award, which recognizes alumni members serving as the leaders, workers, contributors and creators who make the fraternity a better organization.

"I cannot fully express how much her words of support meant to me or the role they played in helping our chapter survive the recent adversity," said Yao Hao Lin, Pharm.D. ('13), who served as the Upsilon chapter's 2012-13 president. "In addition to her unwavering dedication to our chapter, Dr. Hatfield is a consummate professional and proponent for students. She is an effective educator, as well as active in the classroom, in research and in other activities aimed to improve the quality of the pharmacy curriculum and community relations."

Pharm.D. student Josh Garrison, the KE Upsilon officer who led the Hatfield's nomination effort, credited her accessibility.

"She has never stood aloof from us in any regard," Garrison said. "Whenever our chapter was in crisis, Dr. Hatfield was there. Whether it had to do with room reservations or equipment rentals and food for the Silk Rose Jubilee, Dr. Hatfield always had advice, along with devoting much time to assisting our chapter in achieving our goals."

Pharm.D. candidate Sean Garcia echoed his fraternity brothers' praise of Hatfield.

"She was there to give me professional advice when I was going through a tough time last year," he said. "She and Dr. Coyle both have been great faculty advisors for KE, helping the small fraternity make the most of our resources and helping us individually with our aspirations."

### **NIH-funded Hypertension Study Targets Transcription Factor**

Two UH College of Pharmacy researchers are investigating how activation of endogenous antioxidant pathways can protect natriuretic hormonal system in kidneys to maintain sodium homeostasis and normal blood pressure.

The disruption of renal natriuretic receptors could cause sodium imbalance and development of hypertension, which affects more than 70 million Americans and is a major risk factor for stroke. heart failure and other renal and cardiovascular diseases.

Professor Mustafa F. Lokhandwala, Ph.D., and Research Assistant Professor

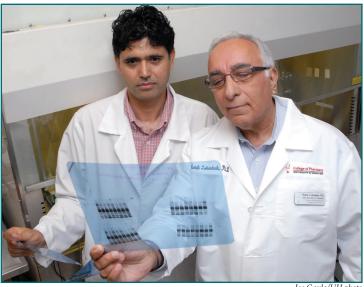
Anees A. Banday, Ph.D., are examining the role of a specific protein in activating anti-oxidant genes to protect renal/kidney dopamine receptors from oxidative damage and in turn allow renal hormone dopamine to maintain sodium homeostasis. The protein, called Nuclear factor (erythroid-derived 2)-like 2 or simply redox-sensitive transcription factor NRf2, controls the flow of genetic information from DNA to mRNA by binding to specific DNA sequences.

Supported by a four-year, \$1.3 million National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) grant awarded in September, the research conducted by Lokhandwala and Banday could offer novel insight into the mechanism as it relates to an antioxidant-based therapeutic approach to such chronic diseases as hypertension.

Kidneys play a pivotal role in regulating blood volume, sodium balance, pH and blood pressure, and dopamine via activation of renal dopamine receptors is an important factor that works to control sodium balance and subsequently maintains normal blood pressure, Lokhandwala said.

"Any dysfunction in the renal dopamine mechanism would lead to excessive sodium reabsorption, volume expansion and ultimately hypertension," Lokhandwala said. "There are various factors that play a role in causing an increase in blood pressure, one of which is oxidative stress.

"When you increase levels of reactive oxygen species - or free radicals – in the body, and specifically in the kidney, they cause damage to the functioning of hormonal systems in such a way that you are predisposed to development of hypertension and other disorders."



Professor Mustafa Lokhandwala and Research Assistant Professor Anees Banday are studying how activation of anti-oxidant genes protects renal/kidney dopamine receptors from oxidative damage and in turn averts the development of hypertension.

Oxidative stress causes a dysfunction of renal dopamine receptor function, such that during elevated levels of reactive oxidative species, dopamine is unable to promote sodium excretion because its receptor function is not functioning properly. This leads to sodium retention and hypertension.

"What we've discovered is when you elevate levels of reactive oxidative species, there are various changes that take place when this happens," Lokhandwala said. "There are various endogenous factors that come in to fight the reactive oxidative species, including the endogenous

antioxidant enzymes that get activated to reduce the oxidative stress. Certain transcription factors lead to the formation of these antioxidant enzymes in the body, including the kidney."

The investigators are conducting experiments using the plantderived polyphenol resveratrol, a constituent of red wine and a variety of foods, which is among compounds believed to play a major role in the sequence of activities which ultimately results in reducing blood pressure.

"We've found that in transgenic mice resveratrol can lower oxidative stress by activating the transcription factor NRf2, restore renal dopamine receptor function and decrease blood pressure," Lokhandwala said.

The results of their research could have significant implications not only in the understanding and treatment of hypertension, but on countless other disease states in which oxidative stress is believed to have a role.

"Oxidative stress is present in many disease states, so you can take these compounds to be beneficial for other disease states, such as neurological disorders, cancer and diabetes," Banday said. "Fruits and vegetables are natural sources of anti-oxidant compounds and can be taken over a long time without negative effects, which is always something that has to be taken into account with drugs. Most drugs right now address the symptoms, but we're trying to find the mechanism. In cardiovascular medicine, if you fix one thing, it has profound benefits on other things."

The investigators' recent work has published in the journals Hypertension and the American Journal of Physiology: Renal Physiology.

#### Garey, Shah Use Multiple Strategies in Fight Against C.diff. Infection

UH College of Pharmacy's Kevin W. Garey, Pharm.D., M.S., FASHP, professor, and Dhara N. Shah, Pharm.D. ('08), clinical assistant professor, are pursuing several industry-sponsored projects to address Clostridium difficile infection (CDI).

According to the U.S. Centers for Disease Control and Prevention (CDC), Clostridium difficle (C.diff.) is the leading cause of infectious diarrhea in the health system environment - linked to 14,000 American deaths each year - and seen as an emerging threat in the community setting. On the forefront of the fight against CDI, Garey and Shah have received support for four new projects totaling more than \$400,000 from Merck & Co., Cubist Pharmaceuticals Inc. and Summit Corporation LLC. Their collaborative projects range from the evaluation of potential new antimicrobial agents and characterization of microbial factors for CDI recurrence to the development of a novel system to quantify CDI's effect on patient quality of life.

For two of the projects, Garey and Shah are performing analyses on investigational drugs – identified by the sponsors as CB-183,315 and SMT19969 – as potential novel antimicrobial agents for C.diff. associated diarrhea (CDAD).

The third project is a clinical epidemiological study to identify the pathobiologic characteristics of C.diff. strains that increase

a patient's risk for CDI recurrence. As part of an ongoing surveillance project, the researchers previously isolated 30 primary/recurrent CDI strain pairs – believed to be one of the world's largest collections - from hundreds





Garey

of stool samples obtained at a Houston hospital. Using state-of-theart epidemiology and microbiology techniques, this study will evaluate virulence factors in an effort to determine what microbial factors increase a patient's likelihood for CDI recurrence.

In the fourth project, Garey and Shah are working to develop and validate a novel instrument to measure the impact of CDI on a patient's health-related quality of life (HRQOL). According to the CDC, HRQOL is related to both self-reported chronic diseases and their risk factors. Interpretation and publication of HRQOL data can help identify needs for health policies and legislation, allocate resources based on unmet needs, guide the development of strategic plans, and monitor the effectiveness of community interventions. The UHCOP team believes that the new instrument will be invaluable in assessing HRQOL of patients enrolled in interventional studies to prevent recurrent CDI.

#### BENCH NOTES \_\_\_\_



Diana S-L. Chow, Ph.D., professor, has received a \$70,140 grant from NAL Pharmaceuticals for a project entitled "Generic albumin-bound Paclitaxel: Preparation, In Vitro Assessments and In Vivo Pharmacokinetic Evaluations in



Marc L. Fleming, Ph.D., MPH, R.Ph., assistant professor, has received a \$4,000 grant from The University of Texas MD Anderson Cancer Center for the project entitled "The Emergency Department Pain Registry: Impact Evaluation of the 2012 American College of Physicians Opioid

Prescribing Guidelines."



Kevin W. Garey, Pharm.D., M.S., FASHP, professor, and co-investigator Nicholas Beyda, Pharm.D., BCPS, research assistant professor, have received a \$116,830 grant from Astellas Pharma US for their project entitled, "Innate Inflammatory Response and Immunopharmacologic Activity of Micafungin, Caspofungin and Voriconazole Against Candida Glabrata."



Romi Ghose, Ph.D., assistant professor, has received a \$20,000 Northharvest Bean Growers Association grant for her project, "Role of Dietary Bean Supplementation in Improving Fatty Liver Disease."



Ming Hu, Ph.D., professor, has received a \$34,684 Boehringer Ingelheim Pharmaceuticals, Inc. grant for his project, "Characterization of BI639667 Absorption Using a Perfused Rat Intestinal Model."



Randall A. Prince, Pharm.D., FCCP, FCP, FIDSA, professor, and co-investigator Elizabeth A. Coyle, Pharm.D., BCPS, FCCM, clinical professor, have received a \$16,900 grant from The University of Texas MD Anderson Cancer Center for "In Vitro Bactericidal Activity

of Telavancin Against Gram-positive Clinical Isolates from a Cancer Center" and a \$12,600 grant from MD Anderson for "In-vitro Activity of Dalbavancin and Comparator Agents Against Gram-positive Isolates from Patients with Cancer." Prince also received a \$15,277 grant from MD Anderson for an "Amphotericin B Project."



Vincent H. Tam, Pharm.D., BCPS-AQ (ID), professor, has received a \$20,000 grant from Texas Children's Hospital for a project entitled, "Development of a Vasopressin Assay in Human Serum."



Maria V. Tejada-Simon, Ph.D., M.Ed., assistant professor, has received a \$29,350 UH Grants to Enhance and Advance Research (GEAR) award for her project, "Therapeutic Role of Statins in Autistic Disorders" and a \$3,000 UH Small Grants Program award for her project, "Pathways to

Schizophrenia: Maternal Physiological and Environmental Disruptions as a Risk for Psychosis in the Offspring."



Matthew A. Wanat, Pharm.D., BCPS, clinical assistant professor, has received a \$6,000 UH New Faculty Research Program award for his project, "Critical Care Pharmacy Specialists Impact on Pharmacotherapy Interventions and Cost Savings: A Texas Medical Center Study."

### **UH Plays Key Role in Clinical Trials for Acute Spinal Cord Injury**

UH College of Pharmacy is playing a unique role in clinical trials of a drug as a potential neuroprotective agent to prevent or limit nerve damage in acute spinal cord injuries (SCI) resulting from trauma, most commonly from falls and car accidents.

Representing the only college of pharmacy within the North American Clinical Trial Network (NACTN), UHCOP Professor Diana S-L. Chow, Ph.D., is spearheading the clinical pharmacokinetic analyses for the NACTN-led investigation of the drug Riluzole in acute SCI patients.

cord injury in a horseback-riding accident.



Joe Gayle/UH photo

UHCOP's Diana Chow, center, and Methodist Hospital's Robert Grossman, M.D., professor of Neurosurgery, and Elizabeth Toups, RN, M.S., CCRP, clinical trials manager, are investigating the efficacy of the drug Riluzole as a novel neuroprotective therapeutic agent for acute spinal cord injury.

Established in 2004 by the Christopher and Dana Reeve Foundation, which was named in honor of late actor Christopher Reeve and his late wife, the NACTN comprises 10 clinical sites, a data management center and a pharmacology center (UHCOP). Best known for his portrayal of the iconic "Superman" in four films, Christopher Reeve was paralyzed after sustaining a spinal

Riluzole is approved by the Food and Drug Administration to treat amyotrophic lateral sclerosis (ALS), a progressive neurodegenerative disease also known as "Lou Gehrig's disease." In ALS patients, the degeneration and death of motor neurons reduces the ability of the spinal cord to initiate and control muscle movement, often leading to total paralysis.

Although there is no treatment to stop or reverse ALS, Riluzole is the only drug approved by the FDA to slow its progression. Riluzole has multiple mechanisms of action, including blockage of sodium channels in neurons and glia and reduction of glutamatergic excitoxicity. In numerous preclinical studies, the drug also has been shown to be neuroprotective in animal models of spinal cord injury.

The Phase I safety and pharmacological study of Riluzole was funded from the Reeve Foundation, U.S. Department of Defense (DOD), Mission Connect (a project of the TIRR Foundation) and AOSpine North America Inc. It was initiated in 2010 and concluded with the enrollment of the 36th patient in 2011, with follow-up of the patients during the subsequent years. Last year, the DOD provided an additional \$2 million to support the next phase of the studies.

Chow's ongoing NACTN role is to conduct pharmacokinetic/pharmacodynamic (PK/PD) analyses of the plasma Riluzole concentrations of the study patients. Robert G. Grossman, M.D., professor of Neurosurgery at Houston Methodist Hospital and principal investigator for NACTN, said the PK/PD analyses is

an essential component of the project.

"NACTN is very fortunate to have Dr. Chow's expertise in clinical pharmacology, population pharmacokinetics and drug metabolic clearance," Grossman said. "It was very important to have a pharmacological component to the investigation, which is a unique contribution of the Riluzole trial to the field of SCI research.

"In prior SCI clinical trials of various drugs, the investigators didn't know the systemic exposure to the drug or the metabolism of the drug.

Therefore, this trial was an innovation in spinal cord injury clinical research."

The phase I clinical trial indicated that the use of Riluzole was safe and resulted in an improvement in motor function of patients. An important finding was the documentation of the significant intersubject variability of Riluzole concentrations in the blood among the acute SCI patients.

"There was an almost 20-fold difference between the achieved lowest and highest concentrations in different patients" Chow said. "Most drugs reach a steady state in 4-5 biological half-lives, which is 24-48 hours post-dose for Riluzole. However, in SCI, the patient's physiology is changing rapidly as the body responds to the injury, and the distribution as well as the metabolism of the drug change.

"As a result, we observed the highest concentrations in the blood initially, but it decreased as days went by, although the daily dose remained the same. This points to the importance of measuring and monitoring drug levels to be certain that you have an effective dose in the patient, and that is a major goal of the Phase 2 trial."

Grossman said the differences in metabolism/absorption among patients may require an individualized approach.

"To obtain the most effective therapeutic level of drug for each patient, it may be necessary to adjust the dosage according to the blood level the way you do with antibiotics or anticonvulsants to be sure you get an effective dose," he said.

Results of the initial work by the Houston team and fellow NACTN members have been published in the *Journal of Neurosurgery: Spine* and the *Journal of Neurotrauma* as well as presented at conferences of the American Association of Pharmaceutical Scientists, the American College of Clinical Pharmacology, the National Neurotrauma Society and the Society for Neuroscience.

#### Fellows, Students Claim Travel, Presentation Awards for Projects

UH College of Pharmacy fellows, graduate students and lab members have received recognition for their research at national and regional scientific meetings.

Pharmaceutical Health Outcomes and Policy doctoral student Liqa Athamneh won the Best Poster Presentation Award in the Equity category at the Kelsey Research Foundationsponsored 14th Annual Health Services & Outcome Research Conference Dec. 10 in Houston. The project, coauthored by UHCOP Associate Professor Sujit Sansgiry, Ph.D., was



Athamneh

entitled "Influenza Vaccination in Diabetic Patients: Disparities in Prevalence Between Black and White."

Current Infectious Diseases Pharmacy Fellow Samuel Aitken, Pharm.D., BCPS, and Dana Bowers, Pharm.D., BCPS, who completed the two-year fellowship program in July, received ID Fellows Grant Program awards





**Bowers** Aitken

from the Interscience Conference on Antimicrobial Agents and Chemotherapy to deliver platform/poster presentations of their research at ICAAC 2013 Sept. 10-13 in Denver.

Zhiyi Cui, a pharmaceutics graduate student under Professor Diana Chow, Ph.D., earned a Student/Trainee Award from the American College of Clinical Pharmacology to deliver a podium presentation of her research at the 2013 ACCP Annual Meeting Sept. 22-24 in North Bethesda, Md. Cui's presentation was entitled "Pharmacokinetics and Placental Transfer of Dexmedetomidine in the Pregnant Ewe-fetus Model."



Chalada Suebsuwong, a UH Chemistry graduate student working with UHCOP Assistant Professor Greg Cuny, Ph.D., won the Lemke Poster Award at the 40th Annual MALTO Meeting-in-Miniature at the University of Arkansas for Medical Sciences. Her presentation was entitled, "An Approach to Identifying Potent and Selective DXG-out RIP1 Kinase Inhibitors."

Daping Zhang, a pharmaceutics graduate student under Chow, earned a travelship from the American Association of Pharmaceutical Scientists to present her research the 27th Annual AAPS Meeting in October. Zhang's presentation was entitled "Development and Validation of a Sensitive Ultra-performance Liquid Chromatography/Tandem Mass Spectrometry for



Zhang

Quantification of Arginine Vasopressin in Human Plasma and Urine."

#### Symposium Showcases Latest Work of Graduate Students, Post-docs

UH College of Pharmacy's Department of Pharmacological and Pharmaceutical Sciences recently hosted its first PPS Research Symposium to showcase current work by graduate students and post-doctoral associates.

With the theme of "Bringing Creativity, Knowledge and Innovation to Research," the symposium featured addresses by Rathindra N. Bose, Ph.D., UH System vice chancellor/UH vice president for Research and Technology Transfer, and Irving H. Zucker, Ph.D., Professor of Cardiovascular Research and Chairman, Department of Cellular and Integrative Physiology at the University of Nebraska Medical Center. As the symposium's Scholar-in-Residence, Zucker delivered presentations scientific ("Sympatho-excitation in Heart Failure: Molecular and Integrative Mechanisms") and motivational ("A Successful Career in Biomedical Science in Troubling Times").

A total of 35 poster abstracts were on display, with more than a dozen projects selected for oral presentation. Nour Al-Sawalha's "cAMP-dependent kinases and ERK1/2 Mediate β2-adrenoceptor Dependent Mucin Production in Normal Human Bronchial Epithelial Cells in Response to IL-13," and Vaidehi Thanawala's "Role of Biased Signaling by Beta-blockers in the Development of Asthma Phenotype in a Murine Model" took first and second place, respectively, among graduate student oral presentations.

The first- and second-place poster presentations by graduate students were, respectively, "Molecular and Cellular Basis of

Inflammatory PGE2 Biosynthesis in ER Environment" by Hironari Akasaka and "Formulation and Characterization of Lazaroid-loaded Solid Lipid Nanoparticles for Brain Delivery" by Prajakta Gadgil.

Guarav Patki, Ph.D. ('10), won the post-doc oral presentation category for "A New Model for Studying Effects of Witnessing Traumatic Events in Rats."

Planning for a 2014 symposium is underway, and organizers hope that the event also will provide an avenue for UHCOP pharmacology and pharmaceutics alumni to get involved with their future collaborators and peers.



Students Nour Al-sawalha and Vaidehi Thanawala, post-doctoral associate Guarav Patki, and students Hironari Akasaka and Prajakta Gadgil display their awards. Flanking the winners are symposium committee members Tahir Hussain, Ming Hu and Samina Salim, and Dean Lamar Pritchard.

#### STUDENT NEWS

#### NCPA, SNPhA Chapters Continue to Rank Among Nation's Elite

Two of UH College of Pharmacy's largest student organizations – the Student National Pharmaceutical Association (SNPhA) and the National Community Pharmacists Association (NCPA) – have propelled their chapters into ranks of the nation's elite.

UH's SNPhA chapter finished fourth in the nation and second in the region, as well as in the top 3 among "large" chapters, at the SNPhA Annual Conference

photo courtesy of UH SNPhA

The UH contingent at the SNPhA 2013 Annual Conference in New Orleans included faculty, alumni and students.

in New Orleans. The chapter also received the 2013 National Convention Registration Award among the "large" chapters, with 36 attendees from UH.

"The success of our chapter is due to the passion that is instilled in its members; as a chapter, we are committed to our profession, the underserved community, and fulfilling our duties," said the chapter's 2012-13 president **Ashley Tran**, who was one of seven nationwide finalists for the J.B. Hills SNPhA President of the Year Award.

In addition, members Diana Garcia and Patrick Maranon were elected to national offices of National Corresponding Secretary and Region IV Facilitator, respectively. Garcia served in the latter position during 2012-13. Michael "Danny" Jean, who



photo courtesy of UH NCPA

UH NCPA Chapter co-advisor Lynn Simpson, Chapter President Ally Thrall, Chapter Vice President Katie Shake Williams, National Student Leadership Council Member and past UH Chapter President Bobby Clay, and NCPA Associate Director of Management and Student Affairs Whitney Cowart show off the chapter's First Runner-up certificate at the national convention.

completed his term as
National Vice President
at the conference, was
appointed to the new
national position of Head
of Interprofessional
Affairs.

Class of 2017 P1 students David Pham and Tracey Thomas were selected at attend the Rite Aid Leadership Academy.

The UH chapter of the National Community Pharmacists Association took home its second consecutive First Runner-up finish for

the Chapter of the Year competition at the NCPA's 115th Annual Convention & Trade Exposition Oct. 12-16 in Orlando.

The chapter award, which includes \$1,000 in support, and outstanding member award are presented by the NCPA Foundation with support from McKesson. In addition to the chapter honors, member Esther Thomas was among 32 students recognized as the NCPA Student Chapter Outstanding Members of the Year.

The UHCOP chapter has undergone a major resurgence in recent years, including having three consecutive students elected to two-year terms on the Student National Leadership Council (one of whom was elected National SLC President).

"Being named first runner-up two years in a row is a huge accomplishment for us," said current Chapter President Ally Thrall. "It goes to show how involved our students are, and it definitely feels good to be recognized for our hard work. In my opinion, independent pharmacy is the life of pharmacy. I think UH students are passionate about all of the different opportunities within pharmacy and are interested in learning about all of the different options they have in the future."

Tam Nguyen, Thrall's predecessor, said the chapter owes much of the credit for its success to the support from faculty co-advisors Lynn Simpson and Catherine Hatfield as well as independent pharmacy advocates such as Bruce Biundo.

"The chapter's ranking is a direct reflection of the strong work ethic in our membership and support from our independent pharmacists," Nguyen said. "Our ranking helps build momentum and excitement for the new school year, especially for our new officers and incoming P1 students. Being ranked First Runner-up two years in a row is a validation that we got it 'right' here at UHCOP."



# MODEL H.O.M.E.S.





photos by Chip Lambert/layout by Georgina Mondshine

UH College of Pharmacy's collaboration with Baylor College of Medicine and UT Health Science Center to provide primary care for Houston's homeless population is opening eyes at the state and national level.

The 17th Century English author Thomas Fuller's famous quote, "Charity begins at home, but should not end there," can be aptly applied to the interprofessional studentrun H.O.M.E.S. Clinic providing basic primary health care to Houston's homeless population for more than a decade.

The Houston Outreach Medicine, Education and Social Services (H.O.M.E.S.) Clinic in downtown Houston is a collaboration between UHCOP students and volunteer faculty and medical students and faculty from Baylor College of Medicine and The University of Texas Health Science Center (UTHealth).

Over the past year, H.O.M.E.S. has received recognition from the American Association of Colleges of Pharmacy (AACP) and the Texas Medical Association (TMA) to expand and enhance essential healthcare services for Houston's homeless population.

The clinic operates under the auspices of the nonprofit Healthcare for the Homeless-Houston (HHH), which was founded by BCM physician Dr. David Buck. H.O.M.E.S.

is open every Sunday to ensure access to needed services on a day when most other healthcare providers are closed while also reducing the use of hospital emergency rooms for non-life-threatening conditions. More than 3,000 patients have been served through the clinic since its launch in 2000.

In 2013, H.O.M.E.S. was recognized by the American Association of Colleges of Pharmacy as one of four recipients of the Student Community-Engaged Service Award and grant monies totaling \$16,000.

H.O.M.E.S. also was recently honored with the 2014 John P. McGovern Champion of Health Award from the TMA Foundation, which includes a \$5,000 grant that the clinic's leadership team plans to use for expanding immunization outreach, purchase new diagnostic and other equipment and educate students about caring for the homeless.

The UHCOP H.O.M.E.S. team also has

worked with Walgreens to offer free seasonal flu immunizations to clinic patients, with UH pharmacy students providing immunizations to more than 200 homeless individuals at H.O.M.E.S. or affiliated service centers since fall 2012.

"I'm elated that the HOMES Clinic team is being acknowledged for serving the homeless community for more than a decade," said Kim Anh Pham, who is serving as the clinic's first executive director from UHCOP. "Being a part of HOMES Clinic has not only helped me in deciding what I want to do in my pharmacy career, but it also gave me insight to the needs of the homeless population.

"I've gained a deeper understanding of how homelessness could happen to any of us as a result of life-changing events

or circumstances that are often beyond a person's control."

Associate Professor David A. Wallace, Pharm.D. ('98). UHCOP's Wallace has been a fixture at HOMES almost every Sunday since the clinic opened, serving as faculty advisor, preceptor and clinical pharmacist. "It's very rewarding to see the students

grow not only in their technical and clinical knowledge and skills, but also in their empathy and awareness of the complex medical, mental health and social needs within this patient population," he said.

Pham said the AACP grant monies primarily will be used to restock and

expand the on-site pharmacy's supply of

common medications, including inhalers

antibiotics, vaccines and psychiatric drugs.

for asthma and other lung conditions,

Pham's fellow student contributors on

D. Abodakpi, Habeeba Nizamdin and

the grant submission included Henrietta

Bobbie Quach as well as UHCOP Clinical

In addition to the student volunteers, the continued success of the clinic's operation is due to the efforts of Wallace and the attending physicians who volunteer their time: Dr. Thomas Lin, Dr. Dana Clark, Dr. Meena Eswaran, and clinic/HHH founder Buck.

"It has been thrilling to see HOMES Clinic and HHH serve as the launching point for continued next page

"I've gained a deeper understanding of how homelessness could happen to any of us as a result of life-changing events or circumstances that are often beyond a person's control."

> - Kim Anh Pham, Pharm.D. student and H.O.M.E.S. Clinic Executive Director



Opposite top, UH Pharm.D. student Yuanli Li counsels a H.O.M.E.S. patient on his medication as BCM medical students Gregory Low and Meredith Wise complete their notes.

Opposite bottom, UH Pharm.D. student Bianca Romero and BCM students Smithi-Chakkalakal and Meredith Ventura review their notes on the patient evaluation and therapeutic plan before presenting to the patient.

Left, UHCOP Dean Lamar Pritchard, Pharm.D. student and H.O.M.E.S. Executive Director Kim Anh Pham, and Clinical Associate Professor and H.O.M.E.S. preceptor David Wallace receive the AACP Student Community-Engaged Service Award from outgoing AACP President Brian Crabtree, Pharm.D., BCPP, at the AACP annual meeting in Chicago.

# Street Medicine

# Students gain deeper awareness of healthcare delivery in homeless population

In an effort to learn more about the challenges and success stories of providing health care for the homeless population, two UH College of Pharmacy Pharm.D. students attended the three-day Street Medicine Institute's 9th Annual International Street Medicine Symposium in Boston.

UH students Haruna Kato and Kim Anh Pham, who serves as the executive director of the Houston Outreach Medicine, Education and Social Services (HOMES) Clinic, learned from numerous leaders and practitioners in the field of "street medicine" and visited several homeless shelters and healthcare service centers.

According to the institute, "Street medicine is the provision of medical care directly to those living and sleeping on the streets through mobile services such as walking teams, medical vans and outdoor clinics. Street Medicine is the first essential step in achieving higher levels of care through assertive, coordinated and collaborative medical management."

"I met with student leaders from across the country, and had a great time in exchanging ideas and sharing stories," Pham said. "I am ecstatic to be a part of a growing movement in collaborative care for the homeless population."

In a separate but related project, Pharm.D./Pharmaceutics doctoral student Henrietta Abodakpi also helped spread the word about street medicine through integration of three sessions of UTHealth's "Street Medicine Lecture Series" into the UHCOP Pharm.D. convocations. Streamed live from the UTHealth campus to UHCOP's main and TMC campuses, the lectures featured the testimonial of a former homeless individual as well as insights from service providers.

"One's concept of a homeless individual can be very one dimensional from the outside, so I think the lecture series gave pharmacy students a different perspective on homelessness," said Abodakpi, who serves as the H.O.M.E.S. Clinic senior chair at UHCOP. "Although part of our training is to be objective and separate our emotions and personal beliefs from the patient, I believe being able to empathize with your patients prompts you to provide the best care."

UH pharmacy students Mai Nguyen and Heidi Day provide free seasonal flu immunizations at the Way Station at Palmer Memorial Episcopal Church in November as part of a collaboration of Walgreens and H.O.M.E.S.



Chip Lambert/UH photo



Chip Lambert/UH photo

Pharm.D. student Janki Patel counsels a H.O.M.E.S. patient on her medications with BCM medical students Julia Talley (Bio '12) and Sydney Dittman.

#### H.O.M.E.S. continued from p. 17

Houston's budding health professionals and as they go into practice continuing this work, emerge as leaders within a healthcare arena where it is sorely needed, and make this their career," Buck said.

One of the unique strengths of the clinic is its connection to the patient electronic medical records (EMR) of Harris Health System, where many H.O.M.E.S. patients have sought medical care at some point. Access to the Harris Health EMR by authorized members of the clinical team presents a unique opportunity to provide a continuum of care in a patient population for which stable housing and other issues may pose obstacles to routine or regular health care.

UHCOP Dean F. Lamar Pritchard, Ph.D., said H.O.M.E.S. is a prime example of the impact of interprofessional teams in delivering basic health services to the underserved through collaborative education and practice models.

"One of the most critical healthcare challenges we face nationwide is poor medication adherence, with an estimated total annual cost upward of \$300 billion due to increased hospitalizations and other factors," Pritchard said. "The HOMES Clinic and safety net providers such as HHH play a vital role in receiving basic health care when few other options are available and preventing potentially serious complications resulting from interruptions in their drug therapies."

Buck said he hopes the experience of working in collaboration will stay with the medical and pharmacy students throughout their careers.

"Part of what we need to change (in health care) is the 'silo' mentality," Buck said. "One of the more inspiring pieces of the clinic is how we and the students get to learn from each other and work together to utilize the different skills that each profession brings to the table."

#### Longitudinal Track Primes P4s for Residencies, Clinical Careers

UH College of Pharmacy and Memorial Hermann-Texas Medical Center have established an unconventional experiential program to give fourth year Pharm.D. students an immersive introduction to life in healthsystem pharmacy residencies and practice.

Students in the Longitudinal Clinical Experiential Program commit to completing four of the five required Advanced Pharmacy Practice Experiences at Memorial Hermann. Piloted with four students in the 2012-13 academic year, the program

Joe Gayle/UH photo Pictured are Memorial Hermann's Brian Gulbis and Jennifer Gass, back row, and the second class of UH Pharm.D. candidates in the LCEP: Stephanie Bowman, Diana Garcia, Leah Rickert, Narmadha Ganesan and Sean Garcia.

has expanded to five students in the current academic year.

Brian Gulbis, Pharm.D., BCPS, clinical specialist in Cardiovascular Surgery and PGY1 residency program director at the hospital, said the Memorial Hermann LCEP was modeled on a similar program at Henry Ford Hospital in Detroit for Wayne State University pharmacy students.

"This program allows the students to be more competitive for residencies, which have become more difficult in finding a match because the applicants far exceed the number of slots available," he said. "We're able to do more activities with highly motivated students, instead of retraining every six weeks with new students, while also enhancing patient care."

LCEP students are expected to engage in many resident-level activities, including journal clubs and completing a full-fledged research project with IRB approval, data collection and analysis to be presented at state or national meetings. Students in the program also assist with discharge counseling of patients to ensure continuity of care.



"As preceptors, getting this quality of student makes it fun to teach," said Jennifer Gass, Pharm.D., M.S., BCPS, Cardiology ICU clinical specialist and LCEP coordinator at Memorial Hermann. "It creates a very symbiotic and motivating experience for everyone."

Student Sean Garcia said the journal clubs and case presentations were the most challenging aspect of the LCEP.

"It takes a lot of preparation to become knowledgeable and

confident about your topic, which tests your time-management skills throughout the rotation," Garcia said. "We do about 90 percent of what the residents do, and although it is challenging at times, I learn a lot at the end of the day."

While the program limits the variety of institutions and operational differences to which students are exposed, LCEP students and their preceptors believe the benefits outweigh any missed opportunities for networking and career development.

"In reality, when you consider the number of preceptors they interact with at our institution, we have a lot of contacts ourselves," Gulbis said. "You also have to take into account the depth of those interactions, as opposed to the more limited assessment that typically can be provided from one rotation."

LCEP student **Stephanie Bowman** said the LCEP program reinforced her decision to pursue post-graduate residencies.

"I love my clinical responsibilities and ability to provide direct patient care, and I think the variety of activities are preparing me to be an above-average resident next year," Bowman said.

### **UH Takes Top Finalist Spot in TPA Self-Care Championship**

The team representing UH College of Pharmacy finished second in the inaugural Texas Student Pharmacists Self-Care Championship at the Texas Pharmacy Association 2013 Conference & Expo.

Four-person teams from each pharmacy college/school in the state squared off on various topics related to self-care treatment and over-the-counter products. The event is co-sponsored by the National Alliance of State Pharmacy Associations and the Nonprescription Medicines Academy.



photo courtesy of Daniel Nguyen

The UH team of Kasey Kellar, Jenny Collins, Marisa Smith and Linda Ehlig, pictured with TPA President Carole Hardin-Oliver, placed second in the NASPA/NMA Student Pharmacists Self-Care Championship.

### Students Embrace Unique Opportunities for Service, Learning

UH College of Pharmacy students are continuing to distinguished themselves through the pursuit of unique and highly competitive programs to enhance their service and learning opportunities.

#### Albert Schweitzer Fellow, **Paul Ambrose Scholar**

Jag Maturi is committed to helping others, but sometimes the only way to tell his service focus on a given day may boil down to what he's wearing: He is a licensed real estate consultant, certified peace officer/ reserve deputy constable, professional model and third-year student in the Pharm.D. program.

Maturi has earned the distinction of being the first UH pharmacy student selected for the 2013-14 Houston-Galveston Schweitzer Fellows Program, the local arm of the international organization created in honor of renowned physicianhumanitarian-Nobel Laureate Albert Schweitzer.

Slated to graduate as a "Schweitzer Fellow for Life" in April 2014, Maturi has spent the past year volunteering at least two Saturdays every month at the nonprofit Indian Doctors Charity Clinic in southwest Houston. Maturi assisted the clinic's physicians with therapeutic recommendations for about 400 patients, including suggesting appropriate lower-cost generic alternatives.

"It was a great opportunity to learn a lot about patient diagnosis and what goes into operating a nonprofit community outpatient clinic," Maturi said.



Joe Gayle/UH photo Pharm.D. candidate Martin Newton is one of only four pharmacy students nationwide selected for a competitive program of the U.S. Public Health Service.



In April, Pharm.D. student Jag Maturi will be the first UHCOP student to earn the distinction of Schweitzer Fellow for Life from The Albert Schweitzer Fellowship's Houston-Galveston Chapter.

He also is the latest UHCOP student selected for the Paul Ambrose Scholars Program, a collaborative initiative between the Association for Prevention Teaching and Research (APTR) and the Office of Disease Prevention and Health Promotion at the U.S. Department of Health and Human Services.

Named in memory of a public health advocate who perished in the 9-11 terror attacks, the program aims to foster the next generation of leaders to address the public health challenges identified in the national Healthy People 2020 initiative.

The program brings together students and practitioners across a range of health-related disciplines for a three-day symposium in Washington, D.C., as well as an extensive network of mentors and connections in the public health field.

#### **U.S. Public Health Service**

Pharm.D. candidate Martin Newton is one of only four pharmacy students - and only 17 students across six health-related disciplines nationwide - selected for a unique "early commissioning" program offered through the U.S. Public Health Service (USPHS).

Students selected for the competitive Senior Commissioned Officer Senior Training and Externship Program (SRCOSTEP) become Commissioned officers and receive full pay and benefits of an active duty officer for up to 12 months while finishing their education. In return, program participants agree to work for the USPHS-sponsoring agency as

a Commissioned Corps officer immediately after graduation for a period equal to twice the sponsored time. Newton will be assigned to the Federal Bureau of Prisons.

"Having grown up with my father in PHS allowed me some familiarity with the service and what I would be doing," Newton said. "I was also able to meet many healthcare professionals in the PHS, which gave me a great understanding of what life and a career in the service are like."

#### **NCPA National Office**

For his Legal & Regulatory Affairs experiential rotation last summer, Pharm.D. candidate David Young received an insider's view of the National Community Pharmacists Association's advocacy and outreach activities at the organization's national headquarters in Alexandria, Va.

A member of NCPA throughout his Pharm.D. education, Young said the experience provided him with an abundance of knowledge and contacts to help him toward his goal of having his own pharmacy. During the six-week rotation, Young wrote articles for the association's magazine and student e-newsletter, helped organize an ownership workshop, made an in-house presentation on niche services, and attended Senate conference meetings and seminars on health exchanges.

"I also did a lot of work on health exchanges to give members the tools they need for the roll-out and be able to help customers with issues related to the exchanges," Young said. "I was fortunate to get an up-close look at what's working and what's struggling in the independent setting. It was the best rotation you could do to learn about independent pharmacy and the importance of advocacy."

# Summer Observership Program at Methodist Offers Preview of Health-system Options, Roles

A team of clinical pharmacists at Houston Methodist Hospital – several of whom are UH College of Pharmacy alumni – is providing Pharm.D. students with an inside look at the diverse roles and opportunities in health-system pharmacy before they begin the experiential portion of their education.

Students observe pharmacy staff in various pharmacy locations and learn about the roles of residents and pharmacists in clinical, operational, management, informatics and medication safety.

The observers are introduced to a range of practice and operational/management activities through rounding and attending meetings and presentations/journal clubs as well as engage in quality and process improvement projects.

"Even when I was in school, I knew I wanted to do a residency but I wasn't sure where to start," said cardiology clinical specialist



Kimberly A. Nguyen, Pharm.D. ('02), who led the initiative with the support of committee members Linda Blanton, R.Ph. ('74); Sara Hart, Pharm.D., BCPS; Kathryn Pidcock, Pharm.D. ('06), BCPS; and Earl Sampson, R.Ph. (B.S. '74).

"Certain functions and roles may not be covered until later in your education, so the observership gives a broad exposure to hospital pharmacy," Nguyen said. "Not



Joe Gayle/UH photos

Above, students Andrew Mulder (UH) and Sara Qureshi (UT), center, are pictured with current Observership committee members Kathryn Pidcock; Beverly Lukawski, Pharm.D.; Sara Hart; Kimberly Nguyen; and Linda Blanton (committee member Earl Sampson is not pictured). Below left, Mulder shadows Shiney (Philopose) Karikottu, Pharm.D. ('05).

only do you get a preview of what to expect in your experientials and career, but it's a way to jump-start your professional development and potentially have an edge when pursuing residencies."

Although not directly connected to UHCOP, the program has hosted a UH pharmacy student every year since its inception in 2010. Andrew Mulder, the most recent observer from UHCOP, said he was inspired to see how the pharmacists make decisions to positively impact patient care every day.

"I hadn't expected how much the clinical pharmacists collaborate and support each other (and) how they work as a team with physicians, nurses and other healthcare professionals," Mulder said. "I was surprised that we weren't just doing simple paperwork, but working on significant projects that we were able to present at multiple meetings."

An article on the program was published in the *American Journal of Health-System Pharmacy* in November 2012.

# Upsilon Recruitment Drive Nets National Kappa Epsilon Award

The UH Upsilon chapter of the Kappa Epsilon Professional Pharmacy Fraternity was awarded the Outstanding New Member Recruitment Award at the national organization's 49th Annual Convention in Richmond, Va.

The local chapter was recognized for dramatically reversing a downward trend in membership over recent years due to graduations and other factors. Chapter leaders initiated several recruitment projects, including producing a recruitment video and extensively promoting the chapter's Silk Rose Jubilee event for breast cancer awareness, that resulted in a 500 percent jump in membership in a year.

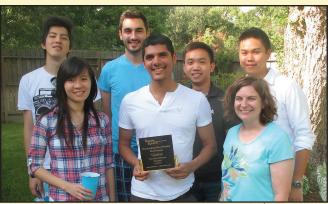


photo courtesy of Kappa Epsilon/Upsilon Chapter

Officers and members of the Kappa Epsilon pharmacy fraternity's Upsilon Chapter display the Outstanding New Member Recruitment Award they received at the national organization's annual convention.

# **ASP Earns Regional Award for Awareness, Screening Activities** in 'Operation Heart' Outreach

The UHCOP Chapter of the American Pharmacists Association-Academy of Student Pharmacists (APhA-ASP) brought home the Operation Heart Award at the APhA-ASP Region 6 Midyear Regional Meeting Nov. 1-3 in Oklahoma City, Okla.

The regional award recognized the chapter's Operation Heart activities – led by project chairs Kim Anh Pham and Omaida Hernandez-Ray – during the 2012-13 academic year. In total, more than 1,000 Houston-area residents benefited from direct wellness screenings (blood pressure, cholesterol and glucose) and several thousand people were reached through cardiovascular health education activities.

Large-scale projects undertaken by the chapter included recruiting the entire P2 class to help "coach" community members toward their blood pressure results, weight and diet/exercise goals as part of an initiative by the American Heart Association-Gulf Coast affiliate; and performing more than 300 screenings at a soccer tournament hosted by the Spanish language ESPN Sports Radio affiliate KGOL AM 1180, which included an interview with Hernandez-Ray in Spanish about heart health that was broadcast to approximately 250,000 listeners.

Chapter President-elect Ashley Trojcak and Chapter Vice President Daniel Nguyen were honored at the regional meeting with Student Recognition Certificates for their leadership roles on several chapter initiatives, including setting up a multiorganizational town hall meeting at UH on the Affordable Care Act, securing consecutive City of Houston Mayoral Proclamations for American Pharmacists Month, and creating a pharmacist recognition program and patient-casted video promoting pharmacy.



photos courtesy of Alex Montoya/KGOL-AM 1180

APhA-ASP faculty co-advisor Lynn Simpson, 2012-13 Operation Heart co-chair Kim Anh Pham, American Heart Association Houston-Gulf Coast affiliate representatives, and volunteer preceptor and UHCOP alumna Le-Minh Tran work to raise awareness of heart health at the ESPN Deportes soccer tournament in October 2012. Below left, student Omaida Hernandez-Ray is interviewed in Spanish at the ESPN Deportes event; and, below right, student Daniel Nguyen counsels a patient on her blood pressure results at the event.





#### **Cardinal Conference Nurtures Next Generation of Pharmacy Leaders**

Although leadership is nothing new for UH College of Pharmacy's Osagie (Tony) Ohonba, the Pharm.D. Class of 2015 President and a Dean's Advisory Council student representative, rarely passes up an opportunity to improve his knowledge and skills.

Ohonba welcomed his nomination and selection to participate in Cardinal Health's annual Student Leadership Conference, which provides a forum for the future leaders of pharmacy to develop their skills while interacting with their peers from more than 25 colleges of pharmacy across the country. More than 150 students, including several from UHCOP, have benefited from the conference over the years.



photo courtesy of Cardinal Health Tony Ohonba works on a financial planning exercise with fellow Cardinal Health Student Leadership Conference participants.

in Houston, listening to presentations from leaders of the profession and engaging in a variety of exercises to challenge their leadership, communication and presentation skills as well as their ability to collaborate with others.

"We focused on personal growth and team development through workshops on résumé/CV development and financial acuity and hearing from health professionals in various fields about their failure/success stories," Ohonba said. "The friendships that I made from the conference are ongoing as we have created a social network group to remain connected and share our continued growth with each other.

"The skills I have learned will stay with me far beyond pharmacy school."

The students spend three days at Cardinal's corporate offices

#### Indian Student Organization Forms, ACCP Chapter in Early Stage

Opportunities for cultural enrichment and professional development continue to flourish at UH College of Pharmacy, with the creation of the Indian Pharmacy Student Association (IPSA) and an initiative to form a chapter of the American College of Clinical Pharmacy.

The initiative to establish IPSA was started by students Jag Maturi and Harin Kalyanji to share Indian/Pakistani cultural heritage as well as pursue service projects aimed at promoting health and wellness among the Houston area's growing Indo-Pak community and beyond. Open to

all pharmacy students, the organization has grown to 50 members since gaining official recognition from UH.

IPSA has hosted a Diwali celebration, a "Bollywood" fitness class, cricket social, and food-and-game nights with traditional ethnic cuisine and games such as carrom (similar to billiards or shuffleboard), said IPSA President Anna Zulfiqar. As part of its service mission, members have participated in several health fairs at area Hindu temples and throughout the community.

"A lot of students in pharmacy school have said I was the first



photo courtesy of Salman Farooqi

IPSA's 2013-14 officers include Nimisha Kizhkkethara, Christina Senny, Jasmeet Kaur, Sherin Korah, Salman Farooqi, Anna Zulfiqar and Ashley Mathew.

Indian friend they've had, so it's a great opportunity to gain and share understanding of other cultural backgrounds for the benefit of students' professional and intellectual growth," said fellow IPSA officer Sherin Korah.

With student chapters becoming officially recognized by ACCP only as recently as last fall, several students are actively recruiting members to establish a UHCOP chapter of the national organization.

Despite the recent development, ACCP is not entirely new to

UHCOP students. For years, students have been eligible to join on an individual basis and a team of UH pharmacy students just missed advancing to the quarterfinals of last year's ACCP Clinical Pharmacy Challenge. Development of the chapter is being coordinated through a committee within the Student Society of Health-System Pharmacists.

"The most exciting part about ACCP is the drive to discover and implement new research into pharmacy," said Pharm.D. candidate **Jennifer Parma**, who initiated the process to get a chapter after attending an ACCP annual meeting as a P2.

# UH Pharmacy Summer Camp Back in Session June 24-27 for High School Seniors, Juniors

The UHCOP Pharmacy Summer Camp, which is designed to expose high school students to the wide-ranging and rewarding career opportunities in pharmacy and the health sciences, has been extended an extra day to run June 24-27 for the 2014 session.

With support from a Walgreens Diversity Grant, the college hosted its first summer camp last year for 15 high school juniors and seniors from across the Houston area as well as the Rio Grande Valley, El Paso and San Antonio.

Participants interacted with pharmacy practitioners, learned about UHCOP faculty members' current research in basic and clinical sciences, and performed a "mock" compounding exercise. Other activities included a field trip to the Houston Health Museum and a tour of the Texas Medical Center.



Chip Lambert/UH photo

The 2013 Pharmacy Summer Camp included a trip to the Health Museum of Houston, where the campers interactive exhibits and learned about UHCOP faculty members' current research projects.

Camp tuition is \$250, which includes breakfast and lunch. Each day's activities will begin at the college's TMC Campus (registration fee excludes any parking fees).

Visit www.uh.edu/pharmacy/news-and-events/events/summer-camp/index.php.

#### **UH, TMC Preceptors Training Pharm.D. Students from Singapore**

Experiential training within the Texas Medical Center is highly sought not only by pharmacy students across Texas, but around the world.

During the 2013-14 academic year, UH College of Pharmacy is hosting its third contingent of students pursuing a postbaccalaureate Pharm.D. degree at the National University of Singapore (NUS). To date, UHCOP faculty and preceptors at fellow TMC institutions have provided experiential training to more than a dozen NUS students in such areas as infectious diseases, solid organ

transplant, cardiology/critical care, and a variety of ambulatory care specialties. The Houston-based rotations also allow extensive interaction among NUS and UHCOP students as well as pharmacy residents and fellows at the experiential sites.

"We've built a great relationship with NUS to offer their students high-level clinical training experiences that enhance the students' knowledge and skills in patient care and clinical research," said Kevin W. Garey, Pharm.D., M.S., FASHP, professor and chair of the Department of Clinical Sciences & Administration. "The feedback has been overwhelmingly positive, and we'd like to see it evolve into a bilateral exchange of students and faculty members."

UH is one of several U.S. institutions with which Singaporean university contracts for overseas experiential clerkships, said NUS Assistant Professor **Priscilla How**, Pharm.D., BCPS.



Joe Gayle/UH photo

The photo above features one of the first cohorts of postbaccalaureate Pharm.D. students from Singapore and UHCOP Pharm.D. students, front row, during their clinical pharmacy experiential training with St. Luke's Health System and UHCOP preceptors, back row.

"Collaboration with overseas pharmacy schools and institutions, such as UH College of Pharmacy, increase the variety of sites and specialty/ therapeutic areas for our students and enhance their learning experience," How said. "The availability of well-trained, qualified and experienced clinicians serving as clerkship preceptors makes UH a good fit for our Pharm.D. students."

As her stay in Houston came to a close, **Doreen Tan**, Pharm.D., BCPS (AQ-Cardiology), said she was inspired by everything she learned and experienced both at

home and abroad through the NUS program.

"It's a privilege to return to the classroom and learn from the experts about so many advancements that have occurred in pharmacotherapy or that weren't covered when I was in the B.S. program 14 years ago," said Tan, a cardiovascular specialist at Singapore's Khoo Teck Puat Hospital. "A lot of people were skeptical of my decision to go back to school, but I feel that I've come out a stronger clinician."

Chuang Shen Hui, Pharm.D., who completed the NUS program in 2012 and serves as a senior pharmacist specializing in renal medicine at Tan Tock Seng Hospital in Singapore, said observing a combined kidney and liver transplant in person during her solid organ transplant rotation was "something that I'll remember for life."

# ISPF Hosts Fellow Pharmacy Students from Egypt, The Netherlands

UH College of Pharmacy was selected to host pharmacy students from The Netherlands and Egypt as part of the International Pharmacy Student Federation (IPSF) International Student Exchange Programme.

Founded in 1949, the IPSF represents approximately 350,000 pharmacy students and recent graduates in 70 countries worldwide. Students in the American Pharmacists Association-Academy of Student Pharmacists are automatically members of IPSF and eligible to participate in networking, advocacy and education programs in support of pharmacy practice on a global scale. In recent years, UHCOP students have attended the IPSF World Congress in such exotic locales as Bali, Indonesia, and Slovenia.

During their 2-week stay in Houston, the students visited with UHCOP students, faculty, alumni and preceptors in a variety of community, clinic and health-system pharmacists, including Kelsey Seybold Clinic/KelseyCare Advantage, PCCA, TIRR Memorial Hermann, Walgreens and Walmart.



Chip Lambert/UH phot

Pharmacy exchange students (seated center) Omneya Elmorshedy and Svenja Laarhuis visited with UHCOP alumni (seated) Kirti Gandhi, Denise Martinez Jonathan, and (back row) Dominic Vu, Candice Bailey, Hannia Qureshi and Marilia Cordova at the new KelseyCare Advantage headquarters in Pearland.

#### **ALUMNI NEWS**

#### Horton Awarded NCPA Independent Pharmacist of Year Honor

UH College of Pharmacy alumnus Ed Horton, R.Ph. ('74), was honored as the National Community Pharmacists Association's Willard B. Simmons Independent Pharmacist of the Year.

The owner and pharmacistin-charge of Tanglewood Pharmacy in Stephenville, Texas, Horton received the award at the 115th Annual Convention & Trade Exposition Oct. 13 in Orlando, Fla. The award recognizes an independent pharmacist for exemplary leadership and



photo courtesy of NCPA

Alumnus Ed Horton, R.Ph. ('74), accepts the Willard B. Simmons Independent Pharmacist of the Year Award from newly installed NCPA President Mark Riley and Upsher-Smith representative Joann Gaio.

commitment to independent pharmacy and to their community. It is named in honor of someone who exemplified these qualities: Willard B. Simmons, a former executive secretary of NCPA (then the National Association of Retail Druggists) and long-time NCPA Foundation trustee.

"To receive this tremendous honor and be recognized by your colleagues is the pinnacle of my career," Horton said. "Part of what's helped me be successful and be considered for this award is the great staff around me today and in the past, as well as my wife of 40 years Carolyn, who was my first technician/office manager. "After all these years, I still enjoy coming to work and the reward of knowing that I am helping people feel better. It's not only been an honor to receive the award, but also in the number of patients and others who've taken the time to call or write to congratulate me."

Horton was one of three UHCOP students who participated in a



Chip Lambert/UH photo

Horton is pictured with fellow alumni Bruce Biundo, Lynn Simpson, Zeke Medina and Renee Prescott and UH NCPA officers Ally Thrall and Tam Nguyen at the student organization's 4th Annual Meet and Greet.

pilot rotational program, which has since become the norm in pharmacy schools throughout the U.S. Horton became owner of the Kemp Family Pharmacy the next year. In 1985, he sold the pharmacy to move back to West Texas where he was raised.

In 1986, he opened Tanglewood Pharmacy and Medical Supplies, which today includes walk-in patients, institutional care, drug rehabilitation facilities, mentally handicapped facilities, hospice care,

home infusion, compounding and hormone replacement therapy. Horton gained a reputation as a pioneer in the industry for the extremely effective way in which he interacted with patients about the importance of their medications and how to utilize them properly.

"Back then, you didn't talk to patients," Horton said. "When we did those first rotations in community and hospital settings, we learned how to counsel patients. That's what stuck with me and how I built my practice; it was my niche before you *had* to do it. I'm sure I wasn't the only one doing it, but it was unique."

His pharmacy has been voted the best pharmacy in Erath County every year since 1997 by readers of the Stephenville Empire Tribune newspaper, and he was also voted the best pharmacist in 2002. He was recognized with the Distinguished Alumnus Award by his alma mater in 2007.

Horton is a member of NCPA, the Texas Pharmacy Association (including serving as a Director from 2002-2005 and President for 2007-2008), the American Pharmacists Association and the Alliance of Independent Pharmacists of Texas (including currently serving on its Board of Directors).

"Our profession has to stay involved in the political arena," he said. "We have to remember that one signature could wipe out this profession or any profession."

Although Horton said he doesn't believe pharmacists necessarily need to be authorized to diagnose patients, he's a strong advocate of pharmacists gaining provider status at the national level and be compensated for their knowledge and expertise, including making therapeutic recommendations.

"If we could get paid half of what we save, you'd see a lot of costeffectiveness while improving patient health," he said.

#### Biundo Lauded as TPA's Pharmacist, PharmPAC Member of Year

UH College of Pharmacy alumnus and Dean's Advisory Council Co-Chair Bruce Biundo, R.Ph. (B.S. '61), has been recognized with the Texas Pharmacy Association's highest honors for his leadership and commitment to the organization and the pharmacy profession.

After receiving the R. Louis Rumsey TPA PharmPAC Member of the Year Award at the 2013 TPA Spring Leadership Symposium, Biundo was named 2013 TPA Pharmacist of the Year at the organization's Annual Meeting & Expo. Biundo's service in TPA includes eight years on the TPA PharmPAC Board of Directors, including two years each as chairelect and chair, and TPA vice president in 2010-11. In addition to his most recent TPA honors, Biundo was recognized with TPA's Education Excellence Award in 2008.

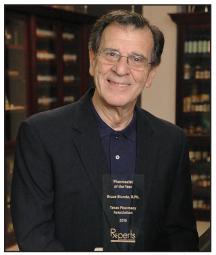


photo courtesy of PCCA

Bruce Biundo's advocacy for pharmacists has earned him the highest honors from the Texas Pharmacy Association and the TPA PharmPAC.

your story, someone else will tell their own."

An independent and chain community pharmacist for most of his career, Biundo has been a consultant specializing in men's health for more than 16 years at PCCA. He has published nine articles in the *International* Journal of Pharmaceutical Compounding on a variety of issues related to testosterone and the male aging process.

"I feel very fortunate to be working in an area of pharmacy that I enjoy," Biundo said. "It's like the 'icing on the cake' to be recognized and rewarded for doing what you truly enjoy."

Biundo was nominated by TPA President-elect Charlotte Weller, R.Ph., Pharm.D., who has served alongside him on the boards of TPA and TPA PharmPAC.

He also has been active at the local level for many years, including serving as president of the Houston Area Pharmacy Association and the UH Pharmacy Alumni Association; a longtime member of the college's DAC; and pharmacy preceptor since the early 1980s.

"One of the biggest challenges in political advocacy is getting individuals involved because we've been conditioned to think that someone's doing it," Biundo said. "You've got to be optimistic about the process.

Although change is inevitable, 'the change' isn't inevitable. Legislators can't know all of the issues, so if you're not there to tell "I cannot say enough about Bruce; he is such a good man that is committed to our profession," Weller said. "He is a good leader, and the epitome of a great pharmacist."

Fellow UHCOP alumna and 2013-14 TPA President Carole Hardin-Oliver, R.Ph. ('83), also praised her DAC co-chair for his tireless efforts championing the college and pharmacy.

"Bruce is a tremendous mentor to me, and I heartily congratulate him on the well-deserved awards," she said. "His impact on our profession has improved the practice of pharmacy in Texas, and he continues to be a major force for pharmacy and for UH."

#### McClaughertys Share Inspirational Story of Son's Life, Impact in Book

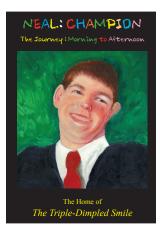
Through equal doses of laughter and tears, Larry McClaugherty, R.Ph. (B.S. '72), MPH, FASCP, and wife Kathy McClaugherty recently published a memoir of their inspirational journey with their late son Neal and the gifts he shared with countless others.

The book - titled "Neal: Champion, The Journey: Morning to Afternoon" – recounts the many challenges of not only caring for Neal, a nonverbal quadriplegic born with cerebral palsy who passed in 2010 at the age of 27, but ensuring that he lived up to his maximum potential. Yet, the McClaughertys said the book is more about Neal's impact in his Friendswood community and beyond, as told in first-hand accounts by those in his network of caregivers, teachers, family members, neighbors and friends who were touched by his spirit and his smile.

Among the chapters are tales from Neal's days as a student and public relations manager for the girls basketball team at his school, where a banner bearing his name hangs in the gym; attending a summer camper for special-needs children, which also served as an experiential site for several former UHCOP students; and simply enjoying a range of hobbies and interests, including watching movies and basketball games, playing golf, bowling, shopping at

electronics stores, and hanging out with friends and classmates.

"We felt like it was something we needed to do to help other families in similar situations," Larry McClaugherty said. "We also wanted to show our profound appreciation and love for the people who helped care for and reach out to Neal. It was a tough story to tell, but there were so many positive chapters to Neal's life. It was an emotional process, but I believe it was also therapeutic to have some closure."



Neal McClaugherty also leaves a

legacy for those he never met, including the construction of an "allaccess" playground in his name for children with disabilities and a Texas Pharmacy Foundation scholarship endowment established in Neal's name to benefit UHCOP students (a portion of the book's proceeds will support growth of the TPF fund). To learn more, visit nealchampion.com.

# Critical Care Society Honors Alumnus for Leadership, Outreach

UH College of Pharmacy alumnus **Prasad** Abraham, Pharm.D. ('98), BCPS, has become the first pharmacist to receive the Dr. Joseph and Rae Brown Award from the Society of Critical Care Medicine (SCCM).

Presented to Abraham at the SCCM's 43rd Critical Care Congress in January 2014, the award recognizes a member who has significantly advanced multiprofessional quality care for critically ill and injured patients at the regional or local level.

Abraham is a critical care clinical specialist, preceptor and director of the PGY2 critical care residency program at Grady Health System in Atlanta and holds adjunct faculty appointments at Mercer University and Emory University. He serves as president of SCCM's Southeast Chapter and the membership chair for the Critical Care Pharmacotherapy Trials Network, an

investigator network created in 2007 with the goal of "conducting rigorous, multi-centered trials focused toward pharmacotherapy."

**Sandralee Blosser**, M.D., FCCM, immediate past president of the Pennsylvania chapter sponsoring the award, said Abraham was



photo courtesy of SCCM

Abraham accepts the Dr. Joseph and Rae Brown Award from 2013-14 SCCM President Carol Thompson, Ph.D., ACNP, CCRN, FCCM, at the 43rd Critical Care Congress. selected not only for his outstanding leadership of the Southeast chapter but also for his public outreach and mentoring project for high school students.

"His goal for the (high school) project was to allow these students to shadow practitioners and to introduce them to the world of critical care," Blosser said.

Abraham said project was in response to a growing need to promote the specialty field across all disciplines.

"One of the things we're realizing is that fewer people are getting into critical care," he said. "The most exciting feedback from the students was their awareness of the team interaction: the respect and value the pharmacists, physicians, respiratory and physical therapists, nurses and social workers have for each other's roles."

Such collaboration is part of SCCM's foundation, Abraham said.

"I was surprised, humbled and honored by the award, but I couldn't have done it on my own; the credit goes to the leadership team with the chapter and at the hospital," Abraham said.

# Hardin-Oliver Takes Stakeholder Engagement Online in Presidency

Texas Pharmacy Association (TPA) President and UH College of Pharmacy alumna Carole Hardin-Oliver, R.Ph. (B.S. '83), Walgreens pharmacy district supervisor, said TPA's leadership and member advocates will continue working to advance the profession on various fronts during her term.

Since taking office, Hardin-Oliver has been engaging with pharmacists, students and community leaders with the mission of building consensus on pharmacy issues and sharing the experience via the TPA website. The "Unite Pharmacy Tour of Texas with Carole" video blog is documenting her travels and meetings across the state. In the "Texas Stars" feature, Hardin-Oliver is spotlighting pharmacists making a difference in their communities. One of the

earliest entries featured UHCOP's own **Alera Porter**, Pharm.D. ('02), whose CPR training and quick action helped save the life of a man who went into anaphylactic shock following an insect sting.

"We must go forward through this interim year, working together, focused together, on the profession of pharmacy and casting off all perceived differences and past troubles to determine what our actions will be to drive the recognition and empowerment of pharmacists in health care," said Hardin-Oliver, who also serves as co-chair on the UHCOP Dean's Advisory Council.



Hardin-Oliver

#### Alumni Passages in 2013

The University of Houston and the College of Pharmacy express our sincere condolences to the family and friends of UHCOP alumni who passed in 2013.

Mr. Maurice Eskowitz (1950) - July 4, 2013

Lisa Thrasher Higgins (1985) - July 19, 2013

Daniel Jackson "Jack" Kimbrough (1958) - Jan. 23, 2013

Vernon Eugene Moore (1950) - Jan. 25, 2013

Marvin Lee Warth (1951) - June 2, 2013

Ralph Norman Wortham (1959) - March 21, 2013

#### ALUMNI MAILBOX

Candice Bailey, Pharm.D. ('08), has accepted a new position within Kelsey Seybold Clinic as Clinical Pharmacist, Health Plan Services. Bailey previously served as pharmacy manager at KSC.

Abhishek Chitnis, Ph.D. ('12), M.S. ('09), was a recipient of the Best New Investigator Podium Presentation Award at the International Society for Pharmacoeconomics and Outcomes Research (ISPOR) 18th International Meeting. His project, based on his UHCOP doctoral thesis, was entitled "Use of Angiotensin-converting Enzyme Inhibitors, Angiotensin Receptor Blockers and Risk of Dementia in Heart Failure."

Guarav Chugh, Ph.D. (Pharmacology '11), has joined Proctor & Gamble Co. at the Singapore headquarters of its global skin, cosmetics and personal care unit as Scientist (Human Safety). Chugh also recently completed the Certified Associate in Project Management track by the Project Management Institute.

Todd Connor, Pharm.D., M.S., has joined Director of Pharmacy at Texas Health Presbyterian Hospital Flower Mound.

Rodney Cox, Pharm.D., M.S. ('11), pharmacy operations manager at Memorial Hermann Memorial City Medical Center, received the 2013 C.A.B. Bond Memorial Grant from the TSHP Foundation for the project, "Evaluation of Medication Reconciliation and Discharge Counseling During Transitions in Care."



A.J. Day, Pharm.D. ('07), manager of Pharmacy Consulting at PCCA in Sugar Land, Texas, and Brooke Day (formerly Bao Trinh), Pharm.D. ('09), B.S. Nutrition ('04), welcomed their second son, Liam Day, into the world in May 2013. Their first child, Ravi, was born in 2011.

**Adarsh Gandhi**, Ph.D. (Pharmaceutics '12), has joined Lundbeck as a Senior Scientist in the Bioanalysis and Physiology division.

**Ravi Goyal**, M.S. ('10), has joined RTI Health Solutions in Research Triangle Park, N.C., as a Health Outcomes Scientist.

Linda Haines, Pharm.D., M.S. ('11), informatics administrative specialist at Houston Methodist Hospital, was installed as Treasurer and chair of the New Practitioner Section at the TSHP 2013 Annual Seminar. Other alumni installed on the board as presidents of local chapters were: Gulf Coast SHP's Brian Fase, M.S. ('10), Pharm.D.; Austin Area SHP's Ladan Panahi, Pharm.D. ('08); El Paso Area SHP's David Romero, R.Ph. (B.S. '91); and West Texas SHP's Molly (Graham) Minze, Pharm.D. ('05).

Kaustubh Kulkarni, Ph.D. (Pharmaceutics '10), has joined Frontage Laboratories Inc. in Exton, Penn., as a senior scientist.

**Sarah Lake-Wallace**, M.S., Pharm.D. ('00), clinical effectiveness director at Memorial Hermann Healthcare System and president of the TSHP Research & Education Foundation, was recognized as a member of the inaugural class of TSHP Fellows.

Heather Lewandowski, R.Ph. (B.S. '91), owner of Consulting Matters Inc., has been elected to the Texas Chapter of the American Society of Consultant Pharmacists' board of directors.

**Jason Lovero**, Pharm.D. ('08), M.S., MHA, has joined Pharmacy Systems Inc. in Chicago as director of Pharmacy.

**Larry McClaugherty**, R.Ph., MPH, FASCP, owner of McClaugherty Consulting Services, was elected President-elect of the Texas Chapter of the American Society of Consultant Pharmacists.

Niraj Parikh, M.S. ('08), has been promoted to Manager, Health Economics and Outcomes Research, at Covidien in Boston.

Roland Patry, Dr.P.H., M.S. ('77), FASHP, professor and former chair of the Department of Clinical Practice and Management at the Texas Tech University Health Science Center in Lubbock, has been appointed Regional Dean for the TTUHSC School of Pharmacy Dallas-Ft-Worth campus.

Kady Phe, Pharm.D. ('12), was a member of the winning Resident team from St. Luke's Medical Center in the Clinical Skills Competition at the 2013 TSHP Annual Seminar. Phe is now working in the two-year UHCOP-St. Luke's Infectious Diseases Pharmacy Fellowship.

**Kathryn N. Pidcock**, Pharm.D. ('06), BCPS, clinical pharmacy specialist-Internal Medicine at Houston Methodist Hospital, has been appointed 2013-14 assistant editor of the TSHP Journal and chair of the TSHP Editorial Advisory Board.

Abeer Rababa'h, Ph.D. (Pharmacology '13) has joined Jordan University of Science and Technology as an assistant professor.

**Erik Tosh**, R.Ph. (B.S. '91), FIACP, FACA, director, Professional Services and Pharmacy Business Development at Letco Medical in Temple, Texas, was elected At-Large Member on the International Academy of Compounding Pharmacists.

Jacinto Villarreal, M.S., Pharm.D. ('01), residency program director and clinical coordinator at Christus Santa Rosa Healthcare Children's Hospital of San Antonio, won his second consecutive Practitioner/ Administrative Research Poster Competition Award at the 2013 TSHP Annual Seminar for "The Birth of an Innovative Obstetrics APPE Experience."

Digvijay Yeola, M.S. ('12), has joined McKesson in The Woodlands as a senior data analyst.



# Pharmaceutics Reunion at AAPS in San Diego

The UHCOP Pharmacological & Pharmaceutical Sciences Department hosted a reunion for current and past faculty, students and alumni during the American Association of Pharmaceutical Scientists 2013 Annual Meeting in San Diego. Alumni in attendance included Lane J. Brunner, Ph.D. ('91); Ravi Chivukula, M.S. ('87); Monica Chuong, Ph.D. ('04); Pranav Gupta, Ph.D. ('06); Mohamed Nounou, Ph.D. ('12); Lakshmi Putcha, Ph.D. ('75); Niranjan S. Rao, Ph.D. ('87); Jaymin Shah, Ph.D. ('88); and Srinivas Tenjarla, Ph.D. ('89).

#### **GIVING NEWS**



Jessica Villarreal/UH photos

Dean Pritchard welcomes new Mading Society inductees at the reception Anne and R. Louis Rumsey, Vicky Blythe, Marjorie and Bill Morgan, Sarah Lake Wallace

and David Wallace, Susan Lake and Gene Lake, Evelyn Berkowitz and Lourdes M. Cuellar.

# Khators Open Wortham Home for Mading Society Induction, Unveiling of 'Cougar Red' Coat

UH College of Pharmacy welcomed 16 new individual members into its Mading Society at an event graciously hosted by UH President/UH System Chancellor **Renu Khator** and her husband, UH Engineering Professor **Suresh Khator**, at Wortham House.

The 2013 individual inductees were:

- Evelyn Berkowitz ('54)
- Vicki Blythe ('78)
- Lourdes M. Cuellar ('73, '79)
- Linda Johnson ('74) and Galen Johnson ('65)
- Susan Lake and Gene Lake
- Kaye Luparello ('73) and Vincent Luparello ('73)
- Marjorie Morgan and William Morgan ('63)
- Jay (Richie) Ray II ('96)
- Anne Rumsey and R. Louis Rumsey ('79)
- Sarah Lake Wallace ('00) and David Wallace ('98)

The 2013 inductees each received a crystal mortar and pestle engraved with the UHCOP logo.

At the event, the college also recognized its "Pharmacy Philanthropist" level supports – those who have given \$100,000 to the college – with red blazer embroidered with the UHCOP "coat of arms."



Above, Pritchard introduces the 'Pharmacy Philanthropist' level donors William and Catherine Neill and John P. Gee and May Kan Gee in their new Mading Society coats.

The society's Pharmacy Philanthropists are Catherine Neill ('79) and William Neill, John P. Gee ('71) and May Kan Gee, Vishnu D. Gupta and Kanta K. Gupta, David DeVido ('64) and Rosemarie DeVido.

The Mading Society was established in 1997 to recognize individual donors for lifetime giving of \$10,000 and corporate/foundation donors for cumulative giving of \$25,000. The society was named in memory of Cora and Reagan Webb Mading, the first major benefactors of the college. Webb Mading was a registered pharmacist who owned as many as 12 drugstores, the largest independent drug store chain in Houston at the time. Upon his death in 1953, the Mading estate bequeathed \$20,000 to UHCOP.

For more information on the Mading Society, please contact UHCOP Director of Development **Kim Jordan** at 713-743-0859 or kajordan4@uh.edu.

# Trahan Endowment Caps Year Celebrating 50th Anniversary, UHCOP Golden Cougar Status

Throughout their lives, Charles and Mona (Falcon) Trahan have been mindful of their humble backgrounds and the obligation to help their community, including the creation of an endowed scholarship at UH for Pharm.D. students.

The new scholarship caps an eventful year for the Trahan's, who celebrated not only the 50th anniversary of their marriage but also of Charles' graduation from UH College of Pharmacy (which included returning to UH for the Golden Cougar Walk with classmates during the Class of 2013 Commencement last May).

"We had a good number of classmates attend, some I had not seen since graduation night in 1963," Charles Trahan said. "It was wonderful to see the young graduates and my classmates. After about 5 minutes of talking, it doesn't seem like it's been 50 years."

A few years after graduating from UHCOP, Charles Trahan struck out on his own as independent owner/pharmacist of Trahan's Drugs in Jennings, La. During his 26-year career in pharmacy, Trahan served 14 years on the Louisiana Board of Pharmacy, including four years as president, and was recognized with the Louisiana Pharmacists Association's Bowl of Hygeia and many other honors for his professional and community service.

"The No. 1 enjoyment you have in pharmacy is the people who become patrons, building a relationship with them and watching their children grow up and mature into adults," he said. "We also hired many high school students and still have relations with them as they have become adults in different walks of life.

"When people come into your pharmacy and say they have to



photo courtesy of Charles and Mona Trahan

Mona and Charles Trahan recently established a scholarship endowment for Pharm.D. students at UH College of Pharmacy.

choose between food or medication for their family, you have to do what you can to help them."

The Trahan's sold the pharmacy in 1995 when he and Mona went into her family's Falcon Rice Mill in Crowley, La., which was started in 1942 by Mona's parents. In 2011, the mill was sold to two Trahan children and their spouses to continue operating into its third generation. It's a source of family pride that the mill uses only Louisiana-grown rice in its branded products. The mill has not only supported local rice farmers and the economy, but it also has given thousands of pounds of rice to area food banks over the years.

With five children and 13 grandchildren, the couple also takes great pride in their respective family lineage. The Trahan and Falcon families migrated to Louisiana in the 1760s.

"Mona and I have been so blessed and fortunate in our lives, and we want to share it," Charles said.

#### Stock, Property Among Non-cash Giving Options to Advance College

Two recent gifts to UH College of Pharmacy's building fund highlight the range of giving non-cash giving options available to supporters.

Alumni Paul Lott, R.Ph. (B.S. '84), FASCP, and Angela Andries-Lott, R.Ph. (B.S. '84), CGP, FASCP, recently signed over several hundred shares of publicly traded stock to the college, a move they also made several years ago in establishing a scholarship endowment for UH pharmacy students.

"It's a 'win-win' option because the college benefits by receiving the full amount of the proceeds, while we benefit by not having to pay capital gains tax and receiving charitable gift credit," Andries-Lott said. "The college has been very good to us by providing a great education and rewarding careers, so we're happy to help out when we can."

When it came time to upgrade his vehicle, UHCOP faculty member **Mohammad Asghar** gave his retired auto to the college for auction proceeds.

"It was only within the last year that I learned about this option, and I thought it was a great way to support the college," Asghar said. "It was a surprisingly simple process."

Other non-cash giving options include:

- Life insurance policy;
- Residence/vacation home, or special collections/other property (such as art, antiques, etc.);
- Oil and gas interests;
- Charitable gift annuity, charitable remainder annuity trust or charitable reminder unitrust; and
- Bequest in will.

Prospective donors are encouraged to consult with their financial advisor before making a gift. For information about all giving options to support the college, please contact Kim Jordan, college development director, at kajordan4@uh.edu or 713-743-0859.

#### **American Pharmacies, Good Neighbor Pharmacy Support Care Lab**

UH College of Pharmacy's goal of creating a state-of-the-art Pharmacy Care Lab has received a major boost from American Pharmacies and AmerisourceBergen/Good Neighbor Pharmacy, with each organization providing a gift of \$25,000 toward the project.

Headquartered in Corpus Christi, American Pharmacies (APRx) is a for-profit, memberowned buying cooperative launched in 2002 to protect and promote the interests of independent community pharmacies.



Chip Lambert/UH photo

American Pharmacies board member Alton Kanak, left, and AmerisourceBergen/Good Neighbor Pharmacy's Alan Wilson, right, present Dean Lamar Pritchard with a gift of \$50,000 to help create a state-of-the-art Pharmacy Care Lab for the college.

The new Pharmacy Care Lab will allow students to develop high-level, practical wokplace skills under realistic conditions, said UHCOP alumnus Alton Kanak, R.Ph. (B.S. '69), who serves on the APRx board of directors and the Dean's Advisory Council at the college. Those skills will make UH graduates even better prepared to enter the retail workforce and become entrepreneurs and catalysts for improved patient care.

"To keep independent pharmacy alive, we must start with the students," Kanak said. "Independent pharmacy allows for maximum innovation in your practice. You decide how you want to run your pharmacy. I am proud to see such a strong focus on entrepreneurship and workplace skills. We are excited about the direction of the program and expect great things from the new care lab."

For more than 30 years, Good Neighbor Pharmacy has been working to ensure independent community pharmacy maintains its integral role in today's dynamic healthcare environment. The network has grown to more than 3,200 members throughout the U.S., Puerto Rico and Guam, all working to provide improved access to quality care.

"AmerisourceBergen and Good Neighbor Pharmacy

work together to provide practical, useful tools to help customers attract patients into the pharmacy and retain them through expanded services while helping them to operate their business more efficiently," said **Alan Wilson**, corporate vice president, Buying Groups. "We believe in the personalized care patients receive at an independent community pharmacy. That's why we've created a selection of programs and services to care for these patients and help our customers succeed.

"From our managed-care network and patient-care services to advertising and marketing tools that help our customers attract more patients, seeing our independent community pharmacy customers thrive is how we define our success."

#### \$25K Gift Boosts Fadal Scholarship's Impact on Future Pharmacists

Few pharmacists are fortunate enough to be in practice long enough to provide care for three generations of patients, and it's a laudable achievement that **Johnnie Fadal Jr.**, R.Ph. ('60), hopes other pharmacists have the opportunity to experience.

To help ensure that future pharmacists on that path, Fadal recently provided a gift of \$25,000 to amplify the impact of his existing endowed scholarship for Pharm.D. students at the college.

Now entering his 54th year of practice, Fadal said his professional longevity said the distinction is one of his great joys and a constant reminder of his professional duty. The Waco-area native continues to work relief after retiring in 2000 from a nearly 40-year career with Eckerd, including 35 years at the same pharmacy.

"The most important thing about being a pharmacist is, 'Never forget the position of trust you hold with your patients and within your community," Fadal said.

Although Fadal was signed by the Pittsburgh Pirates to play professional baseball, he admits homesickness and an obligation to

follow his father's advice to become a pharmacist like three of his uncles led him to UHCOP. Yet, Fadal has no regrets about the path of his life.

"It's a highly respected profession that allows you to make a good living, so it worked out very well for me," he said. "If you don't go into it with a caring heart and a willingness to take the time to help your patients understand their medications, you're going to be miserable. If you go into it with a sincere heart to help people, I guarantee that whatever you put into it, you'll get double back."



A past president of the Central Texas UH alumni club, Fadal fondly recalls treating famed Cougar basketball coach Guy V. Lewis to his favorite steakhouse whenever UH played then-conference rival Baylor University in Waco.

#### 2013-14 Academic Year Scholarships

UH Likhari Presidential Excellence Scholarship - Yuanli Li

Diana Jo Passarelli-Hurtado Presidential Endowed Scholarship – Ryan May

Anant Ram Gupta Presidential Endowed Scholarship - Jensen Idicula

Celso and Matiana Cuellar Presidential Endowed Scholarship - Elisabeth Sulaica

**Bexar County Pharmacy Association** Presidential Endowed Scholarship -Katherine Lynn Shake

Dr. Diana Chow Graduate Fellowship in Pharmaceutics-Zhiyi Cui, Tanay Samant, Daping Zhang, Mahua Sarkar

Alton and Sandra Kanak Endowed Scholarship - Tanya Shie

Andrea L. Smesny Scholarship Endowment -Ashley Le Tran

Andries Lott Endowment - Osagie (Tony) Ohonba

Brookshire Brothers Pharmacy Endowment -Marisa Lee Smith

Bruce Biundo, R.Ph., and Ann Biundo Endowed Scholarship - Vu Ta

Cardinal Health - Jag Maturi

Dean's Advisory Council Endowed Scholarship - Tiffany Han, Jensen Idicula, Zachary Kirk, Melanie Laine, Amy Lehnert, Vu Ta

Dean's Executive Council Endowed Scholarship - Alyssa DeMassey, Tiffany Han

Cora and Webb Mading Scholarship Endowment - Quynh-Anh Bui, Brittany Greensage, Zachary Kirk, Morgan Mai, Paige Mata, Tara Molina, Scarlett Najera, Courtney Nguyen, Daniel Nguyen, Tam Nguyen, Kim Anh Pham, Katherine Lynn Shake, Stuart Tran, Ninu Varughese

CVS Caremark Scholarship Endowment -Thuy-Vy Tran

Dana Fitzsimmons Pharmacy Scholarship and Cultural Award - Daniel Nguyen

Dean's Scholarship Endowment in Pharmacy - Catherine Carey, Zainab Kazimi

Den Benny Chin and May Kim Chin Endowment Scholarship - Sherin Korah

Doyle Endowed Scholarship Fund - Hanna Bobrovnyk, Zainab Kazimi, Payal Patel

Dr. James G. Hesbrook and Elena Vale

Hesbrook Endowed Scholarship - Trang Tran

Dr. M. George and Cecilia Webber Scholarship Endowment - John Herman, Tara Molina, Caroline Nguyen, Jennifer Parma

Elena, Veronica and Johnny Guerra Scholarship Endowment – Martin Newton

Gary K. & Linda B. Rice Scholarship -Christina Vo

Harold and Doris Pieratt Endowed Scholarship - Mariane Pham

Henry G. Lehrmann & J. W. Kolbe Quasi Scholarship Endowment - Katelyn Hobaugh

Henry Wertheimer Memorial Scholarship Endowment Fund - Amanda Martin

James and Theresa Fischer Scholarship Endowment - Zhiyi Cui, Qiying Fan, Andrea Fetea, Heather Harrison

John & Paula Lovoi Endowed Scholarship -Calandre Carr, Bobby Clay, Ciara Ihle, Trang Tran, Ashley Trojcak

John P. and May Gee Scholarship Endowment – Azizat Agbetoba, Rene Banzuelo, Brittney Bussell, Bobby Clay, Jennifer Collins, Kathryne Dycus, Anthony Gall, John Herman, Kasey Kellar, Ron Le, Grace Liu, Nathan Moreno, Hang Mui, Van Ngo, Bianca Romero, Christina Senny, Tanya Shie, Marisa Smith, Thuy-Vy Tran, Stefanie Underwood

Johnnie Fadal, Jr. Endowed Scholarship -Michael Bach, Sarah Suerte

Joseph P. Buckley Scholarship Endowment Fund - Nghi Bui, Yuanli Li, Ryan May

Kenneth and Patty Korthauer Endowed Scholarship - James Miller, Vincente Nguyen

Kmart Pharmacy Scholarship Endowment for Community Excellence - Danielle Stifter

Kroger Company Scholarship Endowment -Catherine Carey

Lena and Marc Malacoff Scholarship Endowment - Amy Le

Mom's Pharmacy Scholarship Endowment -Chestley Miller, Meghann Davis

Noel Ferguson Scholarship Endowment Fund - John Herman, Tara Molina, Nathan Moreno, Daniel Nguyen, Mariane Pham

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Prithvipal & Manmeet Likhari"Inspiring Excellence" Scholarship Endowment -Melanie Laine

Randall's Food and Pharmacy Scholarship Endowment - Danielle Stifter

Red White and Blue Endowment Scholarship - Heidi Day

Robert "Bob" O'Donnell Brown, Jr. Scholarship Endowment Fund – Jonathan

Robert L. Boblitt Scholarship Endowment -**Amy Lehnert** 

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Shara L. Zatopek Scholarship Endowment Fund - Amanda Martin

Suzanne May Handal Scholarship Endowment Fund - Tyler Kiles

Suzanne W. Woo Honorary/William M. Woo Memorial Scholarship Endowment - Tara Molina

W. Benjamin Fry Rio Grande Valley Endowed Scholarship - Chestley Miller

Wayne & Dolores Gentsch Scholarship Endowment - Kyle Jones

TSHP Research & Education Foundation

Glenda Lawson McRee Scholarship - Amy Lehnert

Gulf Coast Society of Health-System Pharmacists Leadership Scholarship -Zachary Kirk

Celso & Matiana M. Cuellar Sr. Scholarship - Tara Molina

James T. Doluisio Scholarship – Melanie Laine

**Texas Pharmacy Foundation** 

Larry "Neal" McClaugherty Scholarship -Rachel Harvey

TPF Scholarship - Kim Anh Pham

West Texas Pharmacy Association WP and Sammie Jo Manes Scholarship - Jonathan Merrill

NCPA Foundation and Partners in Pharmacy Scholarship - Amanda Martin

Golf Scholarship Endowment - Mohsin Ali

### Donor Roll Call (Jan. 1 - Dec. 31, 2013)

\$49,999 - \$25,000 American Pharmacies AmerisourceBergen Mr. and Mrs. David DeVido/ **Briargrove Pharmacy** Mr. and Mrs. Johnnie Fadal Jr.

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Mr. Bobby Mathew Thomas Mr. Willie D. Thomas, Jr.

Dr. Kgearng Lee Tieu Ms. Lauren N. Tolat Dr. Bich K. Tran Dr. Van Tran

Mrs. Linda Esther Trodlier Dr. Helle B. Tucker

Ms. Pallavi Ukidwe Dr. Sheresa Ung Ms. Helen Uwajeh Mr. Jay Robert Van Cleave

Mr. James Lawrence Venarske Mr. William Edward Vick

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Mr. B. Floyd Wolff Mr. James Gerard Woodruff Mrs. Judith F. Wright

Mrs. Anna Yungchun Wu Mr. Calvin Yep

Mrs. Christine Lee Yep Dr. Denise L. Yeung Mr. Herman Lee Young Dr. Jenean A. Young Mr. Pias Kam-Kan Yu

Top 20 Classes in Total Gifts				
1954	\$1,225,100*			
1964	\$26,000			
1960	\$25,550			
1971	\$21,500			
1963	\$19,185			
1979	\$13,020			
1996	\$10,600			
1955	\$10,100			
1978	\$8,935			
1984	\$8,650			
1973	\$6,780			
1965	\$6,597			
1974	\$6,380			
1998	\$5,960			
1980	\$5,835			
1970	\$4,835			
1983	\$4,200			
1986	\$3,965			
2005	\$3,830			
1990	\$3,751			

Top 20 Classes by Percentage of Member Participation		
1950	57%	
1986	54%	
1955	43%	
1974	33%	
1960	31%	
1998	29%	
1966	28%	
1996	25%	
1957	25%	
1962	22%	
1961	19%	
1969	17%	
1970	15%	
1963	15%	
1978	14%	
1985	14%	
1979	14%	
1954	13%	
1965	13%	
2012	13%	

<sup>\*</sup>Amount includes \$1 million anonymous bequest. The college regrets any errors or omissions in this report and requests notification of corrections be submitted to kajordan 4@uh.edu.

























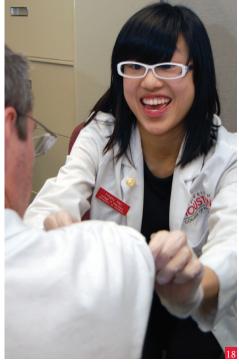


















# **Working Toward a Healthier Houston**

At more than a dozen events during fall 2013, UH College of Pharmacy students provided wellness screenings for more than 1,700 patients and delivered more than 800 seasonal flu immunizations. Events included the 55+ Humble Health Fair with Memorial Hermann Northeast (1. Yoomi Kim, 2. Soniya Keerikattu, 3. Yaneth Carranza-Gonzalez, 4. Nancy Johnson, 5. Jacob Cammarata and 6. Hanna Bobrovnyk); Feria de Salud with the American Diabetes Association (7. Christine Roh and Nicholas Yarbrough, 8. Amber Williams, 9. Lizzy Suh, 10. Alan Lara, 11. Tram Tran, and 12. Sherin Korah); Metropolitan Service Center (13. Amanda Nguyen, 14. Brittney Bussell and 15. Noris Benitez); H.O.M.E.S. flu clinic (16. Jag Maturi, 17. Sara Mueller and 18. Tiffany Han); Un Dia de Salud (19. Yen Pham); Kidney Action Day with American Kidney Fund (20. Ashley Trojcak and 21. Meghann Davis); Aldine Health Fair (22. Anna Zulfiqar); Gulfgate Health Fair with Harris Health System (23. Tam Nguyen); HCC Southeast Health Fair (24. Heather Harrison, Pei Lin and Grace Liu); and Southside Pharmacy health fair (25. Ally Thrall).

photos by Chip Lambert, except 20-21 by Dipu George and 23-24 by Jerry Powers









#### UH Alumni, Friends Take on Wildcat's Highlands 'Fore' Students

Nearly 60 alumni and friends took on the challenge of steep elevations and rolling fairways at Wildcat Golf Club's Highlands course to show their support for pharmacy students at the 2013 **UHCOP Golf Classic.** 

Thanks to the generosity of alumni and friends, proceeds from the tournament and the golf scholarship endowment allowed the college to award nearly \$6,000 in educational assistance to 10 Pharm.D. students. The college gratefully acknowledges the players, teams and sponsors for their continued commitment to supporting students while enjoying fellowship and friendly competition through the annual event.

The sponsors for the 2013 Golf Classic were:

Gold Sponsor – Jeff Harrison ('05) and Jennifer Harrison ('05);

Silver Sponsors - Brookshire Brothers Food & Pharmacy, and Walgreens;

Red & White Sponsors – Kip Lackey & Pitney Bowes Foundation, and Shara Zatopek ('74); and



The team of Jeff Rahn, Ken Williams, David Gutierrez and Robert Flores won the Low Net competition.



The team of Fred Emmite, Dick Schneider, Rick Schneider and Chad Readinger captured its second consecutive Low Gross title at the 2013 tournament.

Cougar Sponsors - Chi Ngo Chen ('02), Doug Eikenburg, Fred Emmite ('77), Porter Everts, Melchor Garza, Harold Pieratt ('61), and Lauren Tolat; and

In-kind sponsors – Elizabeth Coyle and David Wallace ('98).

Winners of the team and individual competitions were:

Low Gross First Place (57) – Fred Emmite ('77), Chad Readinger, Dick Schneider and Rick Schneider ('04);

Low Gross Second Place (58) - Jeff Hall ('02), Dan Metzen, Brian Parrish and Jimmy Washburn;

Low Net First Place (53) – Robert Flores, David Gutierrez, Jeff Rahn and Ken Williams;

Closest to the Pin – Leslie Myers ('94) and Danny Rich ('83); and Longest Drive - Pei Jen Lin and Jeff Hall ('02).



### **SAVE THE DATE**

June 9, 2014 - 2nd Monday Wildcat Golf Club, Lakes Course

Online Sponsor, Team and Player Registration **Now Open** 

https://giving.uh.edu/collegeofpharmacy/

All proceeds benefit Pharm.D. students

Need info? Contact Barbara Knight @ 713.743.3705 or Mary Reed @ 713.743.1252

0073034092 University of Houston College of Pharmacy 141 Science & Research Bldg. 2 Houston, Texas 77204-5000

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# HOUSTON

#### **COLLEGE OF PHARMACY**

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# **CALENDAR OF EVENTS**

April 11 - Alumni & Friends Reception at TSHP 2014 7:30-9:30 p.m., Westin Galleria Houston, 5060 W. Alabama Contact: Barbara Knight, bwknight@uh.edu, 713-743-3705

**April 26** - Preceptor Continuing Education Conference 8 a.m.-noon, Science & Research 2, Room 130, UH Campus Contact: Lupita Curiel, uhcopexp@uh.edu, 832-842-8337

April 26 - Pharmacy-Based Immunization Delivery CE 8 a.m.-5 p.m., TMC Campus, 1441 Moursund, 77030 Contact: David Wallace, dwallace@uh.edu, 832-842-8304

May 8 - Graduation Reception & Awards 6-8 p.m., UH Hilton, Main Campus Contact: Adrien Turner, akturne4@uh.edu, 713-743-1377 May 9 - Class of 2014 Commencement & Golden Cougar Walk 9-11 a.m., Cullen Performance Hall, Main Campus Contact: Adrien Turner, akturne4@uh.edu, 713-743-1377

#### June 9 - UHCOP Golf Classic

8 a.m.-2:30 p.m., Wildcat Golf Club, 12000 Almeda Road, 77045 Contact: Barbara Knight, bwknight@uh.edu, 713-743-3705, or Mary Reed, mandress@uh.edu, 713-743-1252

July 31 - Alumni & Friends Reception at TPA 2014 7:30-9 p.m., Embassy Suites & Conference Center, 1001 E. McCarty Lane, San Marcos, 78666 Contact: Barbara Knight, bwknight@uh.edu, 713-743-3705



#### **Patient Counseling Competition**

UH Patient Counseling Competition sponsor Kroger Pharmacy's Debbie Veselka, R.Ph., far left, and UH APhA-ASP co-advisor Lynn Simpson, Pharm.D., far right, congratulate competition winner Amy Lenhert, center, and the top four finalists Bianca Romero, Pari Wafayee, Melanie Laine and Amanda Fitzhugh in January.

#### Residency Showcase

UHCOP Student Society of Health-system Pharmacists' faculty co-advisor Paige Pitman, Pharm.D., MBA; SSHP officers Zachary Kirk and Meghann Davis; Gulf Coast SHP President Brian Fase, Pharm.D., M.S.; and SSHP co-advisor Matthew Wanat, Pharm.D., BCPS, at the Residency Showcase in November 2013.

