# DEAN OF STUDENTS NEWSLETTER

## HOME FOOTBALL TAILGATES WITH SGA & ATHLETICS

We're thrilled to highlight the success of our recent Dean of Students Free Tailgate events, co-hosted with SGA and Athletics. These gatherings provided a lively space for students to enjoy delicious food, and music, and connect with fellow Coogs before football games. The collaborative effort emphasized community building, showcasing different university departments and student organizations at each tailgate. These events have left a lasting impact, creating memorable moments and celebrating the diverse contributions that make our campus thrive. Thanks to everyone involved in making these tailgates a success. Stay tuned for more exciting events! Go Coogs! 🐾





# **COMMUTER ASSISTANT PROGRAM**



Meet Chris, a goal-oriented senior majoring in Chemistry and serving as the Commuter Mentor for the Commuter Assistant Program. Chris firmly believes that student organizations are an excellent platform to help achieve your career aspirations. He encourages his peers to participate in these organizations to make the most of their experience. In addition, Chris is committed to making a positive contribution to the campus and the community through his leadership skills and active engagement.

### Did you know?

- The Dean of Student's Office will host Sibling's Day on April 13, 2024.
- The Dean of Students Office approves Freedom of Expression requests for student organization's events.







## STUDENT OUTREACH AND SUPPORT SERVICES

#### **Meet our SOS Team**

Hope, Melissa, and Tabbi

Our Student Outreach and Support (SOS) Services team is committed to the success and well-being of all students in our UH community. Through a comprehensive approach, we provide outreach and support to students who may be experiencing complex personal difficulties such as a mental health-related crisis that may impact them academically, personally and/or socially. We work in collaboration with campus, community, and healthcare partners, to help identify, educate, support, and refer students on their path to well-being and college-completion.









# DOS/SGA LUNCH AND LEARN

The UH Dean of Students Office orchestrated a Free Lunch event on November 8, 2023, as part of the Homecoming Week festivities.

A noteworthy turnout of 325 students benefited from the nourishing meals provided by the DOS Office. The event, strategically held at the A.D. Bruce Religion Center, seamlessly blended into the Center's routine of hosting free lunch gatherings every Wednesday for the UH campus community.



The A.D. Bruce Religion Center offers more than just free lunch; it serves as a conducive setting for students to connect. The opportunity to engage with fellow students, staff, and faculty fosters a sense of community and belonging at the University of Houston. This social interaction, facilitated by the Free Lunch event, goes a long way in positively influencing the overall student experience.

In essence, the Dean of Students' sponsorship of the Free Lunch event not only satisfied appetites but contributed to a healthier, more connected, and positively impacted student body at the University of Houston. This thoughtful initiative reflects the commitment of the university to the holistic well-being of its students and the cultivation of a thriving campus community.

## STUDENT ASSISTANT SPOTLIGHT

Kelvin Beza



"A year ago, I joined the DOS Office to impact parents and families, guiding involvement in student life," says Kelvin Beza, a dedicated member. He values the diverse stories of his colleagues, making the office special. Reflecting on challenges, he notes the difficulty of creating proposals for a large university, emphasizing the need for balance and avoiding favoritism. Despite his future tech goals, Kelvin finds valuable insights into policy creation in his current role. His journey reflects dedication and a valuable perspective on policy and risk management.







## **TRIVIA**

Let's see how many questions you can answer correctly!

1. What iconic building on campus has a movie theater inside?

A. Wortham Theatre B. The Student Center- South C.Ezekiel W. Cullen Building D. The Student Center-North

2. When was the University of Houston founded?

A. 1921 B. 1827 C. 1960 D. 1927

3. What is the name of the football stadium at the University of Houston?

A. TDECU Stadium B. Robertson Stadium C. Cougar Stadium D. Hofheinz Pavilion



The **first ten** students to submit their correct responses to the Dean Of Students Instagram (@uhdos) will receive a prize.

\*Must be following @uhdos on Instagram

## **DEAN'S TIPS FOR SUCCESS**

Our Assistant Dean of Students, **Hope Pacheco**, has provided tips for the success of all UH students:

- Basic but essential, maintain a healthy routine eating, sleeping and drinking water—
- Know you are not alone! There are faculty, staff, students, community members who have created services, departments and programs just for you!
- Get out of your comfort zone and try something new. College is a perfect time to discovery new things about yourself, the campus, the community and the world.
- Have fun!







