CLINICAL STUDENT GUIDE

2017-2018

Clinical Psychology Program* Department of Psychology University of Houston

*The UH Clinical doctoral program is accredited by the Commission on Accreditation (CoA) of the American Psychological Association (APA). The accreditation process is intended to promote consistent quality and excellence in education and training in "health service psychology". Questions related to the program's accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, DC 20002, Phone: (202) 336-5979 / E-mail: apaaccred@apa.org, Web: www.apa.org/ed/accreditation

Table of contents

Introduct	tion
W	Velcome!
С	linical Program leadership and administration
	rogram communication practices – how to use this book
	accreditation, philosophy and goals
	ccreditation
	raining model and guiding principles
	rogram goals and objectives
	a 1
	urriculum overview 1
	esidency1
	imeline
R	equired clinical courses 1
	readth courses (foundation courses) 1
	lajor area of study requirements 1
	esearch/quant courses (depth electives) 1
	ther depth courses (electives)
	linor concentration in CN
	linor concentrations in psychological statistics and data analysis. 2
	ransfer of course or thesis credits
	verview
	laster's thesis
	issertation
	H Committee for the Protection of Human Subjects
	ITI training
	early publication and conference presentations
	linical research showcase day 2
	Ionitoring of student and faculty success
	Fraining
	verview
	linical competencies (Profession-Wide Competencies)
	iternal intervention practicum (PRSC)
	iternal assessment practicum (ACLA)
	xternal practica (intervention)
	linical neuropsychology practica
	linical internship
	tatement on professional behavior online
	valuation: criteria and procedures
	verview
	he role of the faculty advisor
	reas of evaluation
	rocedures
	emedial plan
	ermination
	tudent grievances and complaints
	rogram effectiveness and quality improvement efforts
	ensive examination: Policies and procedures
-	verview
	urpose and goals
10	in pose and gouis

Value, benefit, and individual goals	61
Format of the exam	61
Specialty exams	62
Studying for comps	62
Passing comps	64
Procedures	65
The EPPP	67
The Jurisprudence exam	69
The application process for the EPPP and the Jurisprudence exam	71
Application costs	73
Preparation for the EPPP and the Jurisprudence exam	73
More noteworthy information	73
Student support	75
Funding	75
University Services	78
Department Resources	78
Other Resources	79
	-

Appendices

A.	Individualized Development Plan (IDP)	81
В.	Graduate General Petition	84
C.	Approval of Proposal	85
D.	Thesis Committee Appointment Record	86
E.	Dissertation Committee Appointment Record	87
F.	Competency Benchmarks Codebook	88
G.	Practicum Evaluation Form	103
H.	Mid-Year and Annual Student Evaluation Form	106
I.	Evaluation of Supervisor	108
J.	Evaluation of Training Experience	112
K.	Time2Track categories	116
L.	Annual Updates Form	121
М.	Signature Page (Thesis/Dissertation)	125
N.	Sample APPIC application	126
О.	Graduate Student's Rights and Responsibilities	139
P.	Department's Who to see for what	142
Q.	First Year Guide (tips from senior students)	144
R.	Support Information, 2017-2018	168

The policy of the University of Houston System and its components is to ensure equal opportunity in all its educational programs and activities, and all terms and conditions of employment without regard to age, race, color, disability, religion, national origin, veteran's status, genetic information, or sex (including pregnancy), except where such a distinction is required by law. Additionally, UH System prohibits discrimination in all aspects of employment and educational programs on the basis of sexual orientation, gender identity, or gender expression.

INTRODUCTION

A word of welcome from your faculty

Welcome to graduate school! And congratulations! We are delighted that you have chosen to join us in Clinical Psychology Program at the University of Houston, where we have a proud tradition of excellence and a host of enthusiastic, dedicated, and accomplished mentors who are eager to guide you through the next phases of your evolving career as a clinical psychologist. Over the next several years, you will undoubtedly be challenged as you strive to keep pace with the considerable demands of your research lab, clinical placements, and coursework, while still managing to have some semblance of a personal life! Along the way, we encourage you to embrace the spirit of scientific curiosity and inquiry as you discover and master new ways of thinking, investigating, and talking about mental and behavioral health. You are the next generation of scientists and practitioners in clinical psychology. We are all invested in your success and look forward to your unique insights and contributions to this challenging and rewarding field!

Clinical Program Leadership and Administration

The Clinical Program is administered by the Clinical Training Committee (CTC) under the leadership of the Director of Clinical Training (DCT) and the Associate Director of Clinical Training (ADCT). The program consists of three APA defined Major Areas of Study: Clinical Psychology (CP), Clinical Child Psychology (CCP), Clinical Neuropsychology (CN).

Director of Clinical Training (DCT)

<u>Director of Chinetic Huming (DCT)</u>	
Carla Sharp, Ph.D.	csharp2@central.uh.edu
Associate Director of Clinical Training (ADCT)	
Steven Paul Woods, Psy.D.	spwoods@central.uh.edu
Clinical Training Committee (Core Faculty)	
Candice Alfano, Ph.D. (CCP)	caalfano@uh.edu
Julia Babcock, Ph.D. (CP/CCP)	jbabcock@uh.edu
Johanna Bick, Ph.D. (CN/CCP	jrbick@Central.UH.EDU
Paul T. Cirino, Ph.D. (CN/CCP)	pcirino@uh.edu
Jack M. Fletcher, Ph.D. (CN/CCP)	jack.fletcher@times.uh.edu
Matt Gallagher, Ph.D. (CP)	mwgallagher@gmail.com
Elena Grigorenko, Ph.D. (CCP/CN)	Elena.Grigorenko@times.uh.edu
Paul J. Massman, Ph.D. (CN)	pmassman@uh.edu
Carla Sharp, Ph.D. (CCP)	csharp2@central.uh.edu
Andres Viana, Ph.D. (CCP)	agviana@uh.edu
John Vincent, Ph.D. (CP/CCP)	jvincent@uh.edu
Anka Vujanovic, Ph.D. (CP)	anka.vujanovic@gmail.com
Rheeda Walker, Ph.D. (CP)	rlwo@uh.edu
Steven Paul Woods, Psy.D. (CN)	spwoods@uh.edu
Michael Zvolensky, Ph.D. (CP)	mjzvolensky@uh.edu

Clinical faculty

Lesley Hart, Ph.D. (PRSC Clinic Director)	lahart@Central.UH.EDU
Amanda Palo (Ph.D.) (PRSC Clinical Assistant Professor).	adpalo@Central.UH.EDU

Clinical Program Student Representatives

CP: Lia Smith	ljsmith6@central.uh.edu
CCP: Francesca Penner	5
CN: David Sheppard	dsheppard.uh@gmail.com
Listserv manager: Jafar Bakhshaie	jafar.bakhshaie@gmail.com

Administrative support to the program

Amy Petesch (Clinical Program Manager)	alpetesch@uh.edu
Venessa Mendoza (clinic supervisor	.mvmendoz@Central.UH.EDU
Dr. Suzanne Kieffer (Director of Academic/Administrative Affair	rs
for the Department of Psychology)	kieffer@uh.edu
Patti Tolar (Academic Affairs Coordinator for the Department)	ptolar@uh.edu
Caroline Watkins (Payroll coordinator for the Department)	cgwatkins@uh.edu
Alex Botti (IT for the Department)	abotti@uh.edu
Amy Aragon (Travel for the Department)	aaragon@uh.edu
Olga Litvinova (Business administrator for the Department)	ostickli@Central.uh.edu

Program communication practices - how to use this handbook

The APA Standards of Accreditation (SoA) requires the program to demonstrate commitment to public disclosure by clearly presenting written materials and other communications to relevant parties. This document, the Clinical Student Guide, is the most important mode of communicating important information about program aims, goals, values, policies and procedures. Below, the full list of mechanisms for communicating program information is outlined. Students are encouraged to make use of all of these in the order that they are suggested.

1) Clinical Student Guide: The Clinical Student Guide is the document that summarizes and collates all important program information and should be consulted first and foremost before any other mechanism of communication. It represents a collaborative effort between faculty and students to assemble information that will be helpful to you as a clinical psychology student at UH. This guide is best thought of as a *working document*, since elements of it will require modification and updating as new developments occur. Therefore, the first hour of Fall Town Hall is dedicated to a face-to-face review with students and faculty of any updates in the Clinical Student Guide. In addition, the first Clinical Training Committee (CTC) meeting of Fall will also be dedicated in part to a review of major changes and updates in the Guide. The intent is to assemble in one place program policies and helpful suggestions designed to make the life of the clinical students a little easier. It covers information on coursework, clinical practica, internship, and so on. This information should be used (with the help of your advisor) to design your personalized training plan (Individualized Development Plan – IDP; see Appendix A) that is consistent with your career goals. The policies and procedures contained in this Guide are consistent with our profession's current ethics code and adhere to the University of Houston's regulations and local, state and federal statutes regarding due process and fair treatment. Students are held to the requirements of the Clinical Student Guide under which they entered the program. However, if requirements are ambivalent, the current year's Clinical Student Guide will be followed at the discretion of the DCT and the CTC. All students receive a hard copy of the updated Clinical Student Guide at

the beginning of the academic year. In addition, it is publically available on the Clinical Program "About Us" page as well as in <u>Sharepoint</u>. All students should be thoroughly familiar with the Clinical Student Guide.

2) Graduate Academic Handbook: The Graduate Academic Handbook, which is provided to each student during Orientation (and which is available on the Psychology department website: http://www.uh.edu/class/psychology/) complements the Clinical Student Guide and contains procedural information at the departmental level. Many of the issues that pertain to all psychology graduate students are well-summarized in the departmental handbook. *However, should you notice a discrepancy, follow the Clinical Student Guide and inform the DCT immediately*. Students are held to the requirements of the Graduate Academic Handbook under which they enter the program. However, if requirements are ambivalent, the current year's Graduate Academic Handbook will be followed at the discretion of the DCT and the CTC.

3) Sharepoint: Sharepoint is an electronic platform for sharing and collaborating, disseminating information, and tracking progress. Program policies, procedures, and records are contained and managed through Sharepoint. Therefore, the forms contained in the Clinical Student Guide (see Appendices) are completed electronically through Sharepoint. This enables the program an efficient and reliable way of completing and retaining student and program records which is required by the APA and the State. The site structure is:

Clinical Psychology Top-Level Site (https://share.uh.edu/clinicalpsychology): Official, centralized location for all Program information, news, resources, contacts, events/schedules/calendars, documents, forms, etc. for current clinical students and faculty. Three separate subsites:

- o Clinical Student Records: activities, accomplishments, evaluations, etc.
- o Clinical Student Site: student-only site for sharing, discussion, etc.
- o Clinical Faculty Site: faculty-only site for collaboration, discussion, etc.

4) Psychology Research and Services Center Handbook: This handbook contains information about your internal practicum and other work in our in-house training clinic. The Clinic's Director, Dr. Lesley Hart manages the procedures of the Clinic under the overall direction of the DCT. *All students should be thoroughly familiar with the Psychology Research and Services Center Handbook.* It contains procedures that directly relate to patient contact and therefore directly relates to the evaluation of students' professional conduct. The PRSC handbook is available on Sharepoint.

5) Major student advisor: If a student has consulted the Clinical Student Guide, the Graduate Academic Handbook, and Sharepoint and cannot address his/her question or concern, the question or concern should be discussed with the student's major academic advisor. Faculty are very familiar with the content of the Clinical Student Guide and have additional information through their attendance of monthly Clinical Training Committee (CTC) meetings.

6) Departmental academic affairs office: For questions relating to departmental regulations and requirements, students should consult Patti Tolar or Dr. Suzanne Kieffer.
7) DCT: Questions pertaining directly to the Clincial Program that the Clinical Student Guide, Graduate Academic Handbook, student advisor, Patti Tolar and Dr. Kieffer were not able to address, must be put to the DCT and Amy Petesch. Always cc your advisor in order to ensure effective communication in the program. The DCT is available 24/7, but

will refer you to the Clinical Student Guide, Graduate Academic Handbook, Sharepoint, advisor or academic affairs office if these sources have not yet been consulted. In your communication, also please cc our Program Manager, Amy Petesch.

8) Associate DCT (Dr. Woods): The Associate DCT manages questions related to the Clinical Neuropsychology (CN) major area of study and also serves as a sounding board for the DCT. All questions related to the <u>CN major area of study</u> must be directed at Dr. Woods in the first instance, but resolution of the problem should be reviewed by the DCT before implementation. When the DCT is unavailable (e.g. out of town) the ADCT will manage the program in her absence.

9) Program manager (**Amy Petesch**): Amy is playing an increasingly important role in managing our program. In addition to general Program administration, she manages Sharepoint, student records, and all communication in the program, unless directly from the DCT. Amy attends CTC meetings and should be cc'd on any procedural communication about the program that is not considered confidential between advisor, student and DCT. Amy plays a central role in the graduate admissions process, the APA annual report, annual student evaluations, and comprehensive exams. She is also liaison between the program and internal/external practicum supervisors and alumni.

10) Student representatives: Student representatives can be contacted at any point when a student has a query. Student representatives are peer-appointed during an election during Summer. A representative is elected for each of the major areas of study (CP, CCP, CN). Retiring student reps remain "in office" in a consultation capacity for one year to guide current student reps so that continuity is maintained. Student reps may contact any of the relevant parties mentioned above to help answer a student's question but should always consult the Clinical Student Guide first. Student reps attend the CTC meeting to share with CTC any concerns students may have. Please make sure to therefore inform student reps of any concerns or questions so that these can be brought to the attention of the CTC during CTC meetings. Student reps help the DCT review the Clinical Student Guide during Summer for updates and notifies the DCT if ambivalent information exists in the Clinical Student Guide that needs to be clarified.

11) CTC meetings: Clinical Training Committee (CTC) meetings take place monthly on Wednesdays. CTC meetings form an important mechanism of communication in the program. Therefore, all faculty are expected to attend, as well as at least one student rep and the program manager. Minutes are taken by the student rep and circulated to students and faculty within a week of the meeting. Often, new policy or procedural changes are communicated or discussed during these meetings.

12) Email Listservs: a) CLINICAL-AREA@Listserv.uh.edu: Program-wide list; b) CLINICAL-STUDENT@Listserv.uh.edu: Clinical Program Students only; c) PSYCHEDUCATIONCOMM@Listserv.uh.edu: all department graduate students
13) Beware of word-of-mouth information! While students should provide support to each other by helping each other with information, it is often the case that procedures or policies have changed at the University, Departmental or Program level since the time a senior student started the program. Therefore, while we strongly encourage mentorship from senior students to junior students, it is best to clarify procedures and policies through the mechanisms described above. If students are consulted, it is best to consult the student reps who are intimately familiar with program policies and procedures.

14) Communication should be courteous and respectful. To maximize the effectiveness of students' learning, all interactions among students, faculty and staff should be collegial and conducted in a manner that reflects the highest standards of the scholarly community and of the profession. These principles are reflected in the <u>APA</u> <u>Ethical Principles of Psychologists and Code of Conduct</u> and the <u>APA's Standards of Accreditation</u>.

PROGRAM ACCREDITATION, PHILOSOPHY, AND GOALS

Accreditation

The UH Clinical doctoral program has been continuously accredited by the Commission on Accreditation of the <u>American Psychological Association (APA) since 1959</u>. The APA is the "traditional" accrediting body for doctoral programs in health service psychology. According the the APA's Standards of Accreditation (SoA) "health service psychology" is defined as the integration of psychological science and practice in order to facilitate human development and functioning. It includes the generation and provision of knowledge and practices that encompass a wide range of professional activities relevant to health promotion, prevention, consultation, assessment, and treatment for psychological and other health-related disorders. To remain APA accredited, (a) a program must demonstrate that it achieved its educational aims and the standards described by the SoA, and (b) its students/trainees and graduates must demonstrate adequate mastery of the discipline-specific knowledge and profession-wide competencies.

Training model and guiding principles

Consistent with the University of Houston's change in status to a Carnegie Foundationdesignated Tier 1 Research University in 2011, the faculty of the University of Houston clinical program voted in 2015 to bolster the scientific training in our program. Accordingly, the philosophy and goals of our program as articulated here and in our program materials are consistent with those of HSP and APA accredited programs that are also oriented to a clinical science model of training. Clinical science is defined by the Academy of Psychological Clinical Science (APCS) and PCSAS as "a psychological science directed at the promotion of adaptive functioning; at the assessment, understanding, amelioration, and prevention of human problems in behavior, affect, cognition, or health; and at the application of knowledge in ways consistent with scientific evidence." While we have not sought PCSAS accreditation, our program aims to produce (1) health service psychology graduates for careers as clinical scientists-i.e., for careers devoted to making significant contributions to both advancing and applying scientific knowledge regarding the nature, origins, prediction, assessment, prevention, and amelioration of psychopathology and health-compromising behaviors; in addition to (2) ensuring broad and general preparation for a career in health service psychology, including professional activitites relevant to health promotion, prevention, consultation, assessment, and treatment for psychological and other health-related disorders. In reviewing our definitions of "science" and "clinical" below, it is clear that our training program promotes the integration of science and practice, such that scientific training informs clinical practice and clinical practice promotes the identification and evaluation of clinically-relevant scientific questions.

- 1. The term "science" underscores
 - a. a commitment to <u>empirical approaches</u> to advancing the knowledge and practice of clinical psychology
 - b. <u>depth of knowledge</u> regarding the core components of clinical psychology
 - c. <u>breadth of knowledge</u> across domains of clinical psychology and disciplines outside psychology that are relevant to science and practice
 - d. <u>integration</u> of theory, research and application around problems relevant to clinical psychology
 - e. <u>dissemination</u> of clinical science to other researchers, policy makers, practitioners and consumers
- 2. The term "clinical" underscores
 - a. exposure to <u>real-life clinical problems</u> at the individual, group or societal level
 - b. a <u>translational focus</u> that moves knowledge from the laboratory into real-world settings
 - c. professional activities relevant to health promotion, prevention, consultation, assessment, and treatment for psychological and other health-related disorders.
- 3. Both scientific and clinical principles are operationalized within a training context of <u>diversity</u> (in theoretical perspectives, access to clinical populations/sociocultural diversity, clinical and social problems, and faculty/student background). The program recognizes the need to advance clinical research and care that meet the needs of students and our broader society.

Program goals and objectives

The above principles translate into program goals and objectives that reflect the APA SoA's goals for trainees to gain discipline-specific knowledge and profession-wide competencies. Specifically, to:

- 1. <u>Gain breadth of knowledge of psychology and related sciences</u> and depth of knowledge in clinical psychology: Students' curriculum and lab work are designed to gain
 - a. breadth of knowledge in psychological science (biological, cognitive, affective, developmental and social aspects of behavior as well as the history of psychology as a scientific discipline and research methodology in psychological sciences)
 - b. breadth of knowledge in fields related to psychology (e.g. neuroscience, statistics)
 - c. depth of knowledge in clinical psychology (assessment, diagnosis, clinical research methods and psychometrics, interventions, professional issues, etiology, and phenomenology)
 - d. knowledge of the contextual relevance of scholarship
- 2. <u>Competence in research</u>: Through research activity, individual faculty labs and the academic curriculum students gain competence in
 - a. study design, assessment and measurement
 - b. data analyses
 - c. study management and execution
 - d. timely dissemination of scientifically sound research
 - e. critical evaluation of research
 - f. ethical conduct of research
 - g. integration of diversity and context into research

- 3. <u>Competence in clinical practice:</u> Through coursework and clinical practica, students gain competence in using empirically informed
 - a. psychological assessment
 - b. clinical diagnosis and case conceptualization
 - c. treatment planning, implementation, and evaluation of treatments
 - d. clinical supervision
 - e. clinical consultation
 - f. ethical, professional and reflective clinical practice
 - g. awareness and integration of diversity, context and advocacy into clinical practice
 - h. knowledge and awareness of interdisciplinary systems
- 4. Development of a <u>professional identity as a clinical psychologist</u>: Through coursework and relationships with their peers and mentors, students will gain competence in
 - a. the ability to identify career goals
 - b. pursuing a coherent and focused professional development plan
 - c. establishing professional networks
 - d. the ability to actively participate in the scholarly and clinical community at the departmental, university and professional levels in an interpersonally effective way

The above goals and objectives provide general guidance to students. However, the curriculum has been designed to offer flexibility that encourages students to develop an individual and personalized training plan with their advisors specific to each student's unique long-term career goals that may vary on the science-clinical continuum (see Individualized Development Plan; IDP, Appendix A). While we encourage students to develop an identity as a clinical scientist, this focus is new; we therefore also support students as developing scientist-practitioners. The curriculum is designed to be <u>sequential</u>, <u>cumulative and graded in complexity</u> with more structure and foundational experiences largely incorporated in Years 1 and 2 of the curriculum. The curriculum is designed to facilitate increasing independent activity as students advance through the program, whether as a clinical scientist or scientist-practitioner. The minimum requirement we strive for is internship-readiness, which in turn, facilitates readiness for post-doctoral training and a successful career in health service psychology (HSP).

CURRICULA

The typical advancement in the program is outlined in the table below. More specific recommendations are made following the table, which provides a broad framework for curricula planning.

	Fall			Spring	Summer				
Yr 1	Statistics I 63		3	Experimental design	6302	3	Ethics	PHLS 8364	3
	Interventions I	6303	3	Adult Interventions (CP; CN) Child Interventions (CCP; CN)	6316 7394	2 2	Multicultural	PHLS 8337	3
	Assessment I	6356	3	Assessment II	6357	2			
	Psychopathology I	6317	3	Research course (CP) Developmental Psychopathology (CCP; CN3/4) Lifespan Clinical Neuropsychology I (CN)	- 7397 8395	3 3 3			
Yr 2	Internal practicum (intervention)	6392	3	Internal practicum (intervention)	6392	3	Int practicum	6392	3
	ACLA (assessment practicum)	7397	3	ACLA (assessment practicum)	7397	3 3	History and Systems	PHLS 8351	3
	Research/breadth course	-	3	Thesis	7399	3			
	Thesis	6399	3	Research/breadth course (CP; CCP) Neuroanatomy (CN)	- 6397				
Yr 3	External practicum	7393	3	External practicum	7393	3	Ext practicum Ext CN prac	7393 7390	3
	Research/Breadth course or Internal practicum (intervention)	- 8392	3	Research/Breadth course	-	3	Dissertation	8399	3
	Research/Breadth course	-	3	Research/Breadth course	-	3			
	Research/Breadth course (CP, CCP) Lifespan Clinical Neuropsychology II (CN) External CN Practicum (CN)	- 7338 7390	3 3 3	Dissertation Lifespan Clinical Neuropsychology III (CN) External CN Practicum (CN)	8399 8395 7390	3 3 3			

Yr 4	External practicum	7393	3	External practicum	7393	3	Ext practicum Ext CN prac	7393 7390	3
	Research/Breadth /Depth course	-	3	Research/Breadth /Depth course	-	3	Dissertation	8399	3
	Research/Breadth /Depth course External practicum (CN)	- 7390	3 3	Research/Breadth /Depth course (CP/CCP) External practicum (CN)	- 7390	3 3			
	Dissertation	8399	3	Dissertation	8399	3			

Curriculum Overview

To achieve the goals and objectives outlined in Section 2 above, the clinical curriculum is designed to be completed in a minimum of five years of full-time study, including the internship year. Some students will stay longer than five years to allow time for completion of additional training experiences, but these experiences must be clearly articulated in the student's annual Individualized Development Plan (Appendix A) and should not simply be the result of failure to meet program milestones. Broadly speaking, the clinical curriculum consists of

- coursework consistent with APA, departmental, program and major areas of study requirements, to include (a) basic and advanced (depth) clinical courses, (b) foundation (breadth) courses to cover biological, cognitive/affective, social bases of behavior, history and systems and development across the lifespan, and (c) research/quantitative courses
- 2) research (master's thesis, doctoral dissertation, grant application, publications, project participation)
- 3) the comprehensive examination (EPPP and specialty comps)
- 4) internal clinical practica (assessment and intervention) foundational clinical training
- 5) external clinical practica -- specialized clinical training
- 6) clinical internship

Residency

Consistent with departmental requirements, clinical students are required to enroll for a minimum of three full-time years of graduate study and complete an internship prior to the awarding of the doctoral degree. At least two of the three academic training years must be taken at the University of Houston, at least one year of which must be in full-time residence. These time and residency requirements represent the minimum necessary for completion of the program. In practice, program requirements supersede departmental parameters and as mentioned earlier, students will be enrolled for five or six years as a doctoral student.

Students are considered 'in residence' except for 4 weeks of vacation per year, and these times must be approved by your advisor in advance. As such, student attendance is considered mandatory at program events (e.g. Clinical Program Research Showcase Day), clinical faculty candidate colloquia and other department-wide speaker events as indicated by the DCT. Attendance at these events is part of your professional citizenship as well as your training/education. For those on external practica, arrangements should be made with your site supervisor to attend all such events. Monitoring of these activities is ongoing, and will be considered as part of your annual evaluation.

Timeline

Students are required to electronically complete the annual Individualized Development Plan (Appendix A), available through Sharepoint, at the beginning of their graduate career during August/September to set individual goals for meeting department, program and concentration requirements. This document also contains a student's more general career goals (e.g. academic career as university professor; academic career in med-center setting; focus on developmental psychopathology and personality disorder; etc). Every year the student and advisor update and adjust the planner (Individualized Development Plan; Appendix A). This should occur during the **first two weeks of the Fall semester**.

The Master's degree should be completed within 2 years after admission to the graduate program. University policy states that any student who does not complete the master's degree within 5 years will be automatically dropped from the program. In all, students should complete the Ph.D. within **five years**. The **maximum** expected time allowed for the completion of the Ph.D. is **seven years**, including the time to complete the master's degree. Students who do not meet the time limitations must request an extension by contacting the Program Director and the Director of Graduate Education and/or Department Chair for initial approval. The request must come before the Graduate Education Committee for final approval. Extensions will only be awarded under exceptional circumstances. Further, any deviation from a standard master's thesis or doctoral dissertation must be approved by the department's Graduate Education Committee.

Year 1

- 1) Clinical courses: Assessment sequence, Intervention sequence, Stats sequence, Psychopathology sequence, Ethics/professional problems, Research/breadth course (CP), Developmental Psychopathology (CCP), Lifespan Clinical Neuropsychology I (CN).
- 2) Assessment pre-practicum as part of Assessment sequence.
- 3) Intervention pre-practicum as part of Interventions sequence.
- 4) Research activity in advisor's or other laboratory.
- 5) First year publication (not necessarily as first author).
- 6) Propose MA thesis at the end of the first year.

Year 2

- 1) Continue clinical courses: multicultural (CP, CCP), Foundations of CN & Neuroanatomy (CN).
- 2) Internal clinical practica (PRSC/ intervention): benchmark 90-100 hours.
- 3) Clinical practica (CP/CCP): benchmark 6-10 integrated reports.
- 4) External CN practica (CN): 10 hour/week rotations.

- 5) Begin taking research and breadth (foundation) courses.
- 6) Research activity in advisor's or other laboratory.
- 7) Second year publication (not necessarily first author).
- 8) Defend MA thesis at the end of year 2.
- 9) Submit F31 (Summer; optional)

Year 3

- 1) Breadth and research courses continue.
- 2) Lifespan Clinical Neuropsychology II and III (CN).
- 3) If benchmark for PRSC hours not met, continue with one semester internal practica.
- 4) External clinical practica.
- 5) Additional external practica (CN).
- 6) Begin preparations for EPPP in Fall of Year 3.
- 7) Complete comprehensive exams by end of Spring Year 3.
- 8) Research activity in advisor's or other laboratory.
- 9) Third year publication (first author encouraged; master's thesis).
- 10) Begin work on dissertation.
- 11) Submit F31 (Fall; optional)

Year 4

- 1) Complete remaining breadth courses.
- 2) Research and other clinical elective courses.
- 3) External clinical practica.
- 4) Propose dissertation in Fall.
- 5) Defend dissertation in Spring (if possible).
- 6) Research activity in advisor's or other laboratory.
- 7) Fourth year publication (first author expected).
- 8) Apply for internship in Fall.

Year 5/6

- 1) Defend dissertation if not yet defended.
- 2) Complete internship.
- 3) Research activity in advisor's or other laboratory.
- 4) Fifth/sixth year publication.

Required Clinical Courses

APA requirements in addition to Clinical Program requirements guide the course requirements for all major areas of study collectively, and specifically. The department requires 72 credit hours to complete the Ph.D. degree, but the clinical program well exceeds this minimum. Below, we list all courses that are required by the department* or by the clinical program for all students, regardless of major area of study.

All major areas of study	Credits	Instructor	Offered	Recommended
Psychopathology I (6317)	3	Sharp	Fall	Yr1
Interventions I (6303)	3	Babcock	Fall	Yr1
Interventions II (adult) (6316)	3	Walker	Spring	Yr1
or		or		
Interventions II (child) (7394)		Alfano		
Assessment I (6356)	3	Cirino	Fall	Yr1
Assessment II (6357)	3	Cirino	Spring	Yr1
Statistics I (6300)*	3	Barr	Fall	Yr1
Experimental Design (6302)*	3	Barr	Spring	Yr1
Ethics and professional issues (PHLS 8364)	3	Various	Summer	Yr 1
Thesis (Both 6399, and 7399, consecutive)*	6	Advisor	Summer	Yr 2
Dissertation (4 semesters consecutive) (8399)*	12	Advisor	All	Yr3/Yr4
Internal practicum (intervention/PRSC) (6392)	6 or 9	Various	All	Yr2/
				opt Yr3Fall
Advanced Clinical Assessment, ACLA (7397)	6	Hart	All	Yr2 Fall/Spr
		or		
		Vujanovic		
External practica (7393)*	12	DCT	All	Yr3/Yr4
Multicultural (PHLS 8337)	3	Various	Fall	Yr 2 (CP)
				Yr 2 (CCP)
				Yr 4 (CN)
Internship	9	DCT	All	Yr 5/6
Total credit hours	75			

Breadth courses (Foundations/Discipline Specific Knowledge) Several requirements from two sources guide Clinical Program requirements for breadth (foundation) courses:

- The APA accreditation requires that students in clinical programs receive broad and general training across multiple areas of psychology to include biological, cognitive/affective, social bases of behavior, history and systems, and development across the lifespan – that is, discipline specific knowledge. We offer 5 courses to cover these areas (15 credit hours).
- 2) 2) In addition, the APA requires that students receive advanced integrative knowledge that covers at least 2 areas of Discipline-Specific Knowledge. Students are therefore advised to take 5 courses to cover the 5 Discipline-Specific Knowledge areas, but ONE of these must be either Cognitive and Affective Bases of Behavior (PHLS 8397) or Foundations of Cognition and Developmental Sciences (6397)
- 3) The UH Department of Psychology requires 9 credit hours of foundation courses.

Because APA (and therefore program) requirements supersede departmental requirements, students will meet the departmental requirements of 9 credit hours automatically if they meet the APA requirement of sufficient breadth in knowledge. To meet these requirements, students must take a sequence of courses that the Clinical Training Committee has approved as having sufficient breadth that cover the five breadth areas (biological, cognitive/affective, social, history and systems, and developmental) but which also integrate knowledge between different areas.

Given different requirements for each major study area, the timing of foundation courses may differ for students. Important: PHLS courses are taken in a different College; therefore, students have to complete a petition form (see Appendix B) that has to be signed by the DCT. Any other course substitutions have to be approved and signed by the instructor of the course as well as the DCT. Petition forms are best completed electronically and emailed to the DCT for signature.

Clinical Psychology/adult	Credits	Instructor	Offered	Recommended	APA domain
Foundations of Social (6338)	3	Derrick	Fall	Yr4	Social
or					Affective
Theories and Research in Social		Damian	Spring		
and Personality Psychology					
(8397) Foundations of Cognitive	3	Hernandez	Fall	Yr3	Cognitive
Neuroscience (8330)	5	Tiemanuez	1'all	115	Cognitive
or					Cognitive
Cognitive and Affective Bases					Affective
of Behavior (PHLS 8397)		Various	Summer		
or					Cognitive
Foundations of Cognition and					
Developmental Sciences (6397)		Yoshida	Spring		
History and Systems	3	Various	Summer	Yr2	History &
(PHLS 8351)	2	V1- 1-	Quality	N-2	Systems
Foundations of Cognition and	3	Yoshida	Spring	Yr3	Developmental Cognition
Developmental Sciences (6397) Biological Bases of Behavior	3	Leasure	Spring	Yr4	Bio bases
(7342)	5	Leasure	Spring	114	DIO Dases
Clinical Child Psychology		Instructor	Offered	Recommended	APA domain
Foundations of Social (6338)	3	Derrick	Fall	Yr4	Social
or The line of the	2	р ·	а ·		Affective
Theories and Research in Social	3	Damian	Spring		
and Personality Psychology (8397)					
Foundations of Cognitive	3	Hernandez	Fall	Yr3	Cognitive
Neuroscience	5	Tiomanuoz	1 ull	110	Coginario
(8330)					
or					
Cognitive and Affective Bases		Various	Summer		Cognitive
of Behavior (PHLS 8397)					Affective
or					~
Foundations of Cognition and		Yoshida	Spring		Cognition
Developmental Sciences (6397)	2	X 7 ·	0	X O	II . (0
History and Systems	3	Various	Summer	Yr2	History &
(PHLS 8351)					Systems

Foundations of Cognition and	3	Yoshida	Spring	Yr2	Developmental
Developmental Sciences (6397) Biological Bases of Behavior	3	Leasure	Spring	Yr4	Cognition Bio bases
(7342)	5	Leasure	Spring	114	BIO bases
Clinical Neuropsychology		Instructor	Offered	Recommended	APA domain
Foundations of Social (6338) or Theories and Research in Social	3	Derrick	Fall	Yr3	Social Affective
and Personality Psychology (8397)	3	Damian	Spring		
Foundations of Cognitive neuroscience (8330)	3	Hernandez	Fall	Yr3	Cognitive
or Cognitive and Affective Bases of Behavior (PHLS 8397)		Various	Summer		Cognitive Affective
or Foundations of Cognition and Developmental Sciences (6397)		Yoshida	Spring		Cognitive
History and Systems (PHLS 8351)	3	Various	Summer	Yr3	History & Systems
Foundations of Cognition and Developmental Sciences (6397)	3	Yoshida	Spring	Yr3	Developmental Cognition
Biological Bases of Behavior (7342)	3	Leasure	Spring	Y2	Bio bases
Total credit hours	15				

* CN students may petition for Neuroanatomy (6397) (a CN elective) to count as Bio bases given that Neuroanatomy is a basic science course. CN students may also petition for Lifespan Clinical Neuropsychology II (7338) to count as Cognitive bases given that 50% of Lifespan Clinical Neuropsychology II (7338) covers basic cognitive sciences.

Major area of study requirements

To qualify as a major area of study (Clinical Psychology/adult, Clinical Child Psychology, Clinical Neuropsychology), the APA requires that each major area of study should cover 12-18 credit hours of specialty training. To this end, the clinical program requires at least 12 credit hours of elective depth courses in the major area of study. However, we offer much flexibility here – that is, unless otherwise specified, students can select any elective (see "Research/quant courses (Depth electives)" and "Other depth courses (electives)") to meet this requirement, as long as the elective represents major area of study content.

Clinical Psychology/adult	Credits	Instructor	Offered	Recommended
Adult focused research/clinical elective	3	Various	Variable	-
Adult focused research/clinical elective	3	Various	Variable	-
Adult focused research/clinical elective	3	Various	Variable	-
Total credits	9			

*Students may take Clinical Research Practicum with their advisor in adult-focused research to meet requirements.

Clinical Child Psychology	Credits	Instructor	Offered	Recommended
Developmental Psychopathology	3	Bick/Sharp	Spring	Yr1
Child focused research/clinical elective	3	Various	Variable	-
Child focused research/clinical elective	3	Various	Variable	-
Total credits	9			

*Note that Developmental Psychology, which is an APA required breadth course, counts towards the credits necessary for Clinical Child Psychology major area of study. Students may take Clinical Research Practicum with their advisor in child-focused research to meet requirements.

Clinical Neuropsychology	Credits	Instructor	Offered	Recommended
Lifespan Clinical Neuropsychology I (8395)	3	Woods	Spring	Yr1
Lifespan Clinical Neuropsychology II (7338)	3	Cirino	Fall	Yr3
Lifespan Clinical Neuropsychology III (8395)	3	Massman	Spring	Yr3
Neuroanatomy (6397)	3	Leasure	Spring	Yr2
External CN practica (7390)	6	DCT	All	Yr3
Total credits	18			

Research/quant courses (Depth electives)

The Clinical Program requires that students take at minimum 2 research/quant elective courses (6 credit hours), which may be used to count towards Clinical Research Practicum (6393) through petitioning. Clinical Research Practicum is a generic research-focused course that can be taken in the form of independent study with the advisor but can also be petitioned to be used for research courses as outlined below. For instance, a student may elect to take Scientific Writing Seminar or Grant Writing in lieu of Clinical Research Practicum. Given the multitude of choices that students have, no recommendations are made as to when to take electives. Research/quant courses may also be used to count towards the 9-hour elective Departmental requirement (see next section).

All major areas of study	Instructor	Offered
Scientific writing (6397)	Sharp/Woods	Fall/Spr
Grant writing (6337)	Neighbors	Spring
Applied Psychological Measurement (6397)	Steinberg	Spring
Multivariate stats (6313)	Francis	Fall

Structural Equations (7305)	TBD	TBD
Multilevel modeling (7306)	TBD	TBD
Clinical research methods (7345)	Gallagher	Fall
Topics in Quantitative Psychology (7396/30771)	Francis	Fall

Other depth courses (electives)

The Department requires that students take at least 9 credit hours of electives. These can be research or quant-focused electives as described above; or they can be other electives as described here. Elective courses are offered by our program faculty, faculty at other departments at UH, and by programs in the Texas Medical Center. Students are free to visit the webpages of UT Graduate School of Biomedical Sciences and various graduate programs at Baylor College of Medicine to explore additional electives not listed below. The DCT must be informed if a student is planning on taking an elective outside the department.

When putting together their individualized curricula with the help of the Individualized Development Plan at the beginning of each academic year, students are encouraged to (1) consult the Graduate Academic Handbook for course descriptions of courses listed below and/or (2) contact relevant faculty to gain more information about course content. Note that not all courses are offered all of the time. When "variable" is denoted in the "offered" column it means that courses are not offered every year and students need to contact faculty to confirm.

Given the multitude of choices that students have, no recommendations are made as to when to take electives. Note, that while a course might be a requirement for a major area of study, it may be taken as an elective for another major area of study.

	Instructor	Offered	CP	CCP	CN
Topics in cancer prevention (GS21-1631-	Chang	Fall	х	X	
100)	MDAnderson				
Bio-behavioral research in cancer prevention	Chang	Spring	х	Х	
and addiction (GS21-0112-100)	MDAnderson				
Acceptance and Mindfulness (7394-25597)	Zvolensky	Spring	х	Х	
Developmental Psychopathology	Sharp	Spring	х	R	Х
Foundations of Health (6334)	Lu	Fall	х	Х	
Research in Health Psychology (6394)	Lu	AltSpring	Х	X	
Program evaluation (7332)	Lu	AltSpring	Х	X	
Domestic violence seminar (6329)	Babcock	Variable	Х	X	
Translational Research (7394)	Zvolensky	Variable	Х	X	
Psychopharmacology (6343)	Kosten	Fall	Х	Х	
Seminar in depression and suicide (7397)	Walker	AltFall	Х	Х	
Psychology and Law (6397)	Vincent	Variable	Х	Х	
Foundations of neuropsych (6308)	Massman	Fall	Х	X	Х
Lifespan Clinical Neuropsychology I (8395)	Woods	Spring	Х	X	R
Lifespan Clinical Neuropsychology II (7338)	Cirino	Fall	Х	X	R
Lifespan Clinical Neuropsychology III	Massman	Spring	х	X	R
(8395)					
Neuroanatomy (6397)	Leasure		Х	X	R

Clinical Research Practicum (6393)*	Advisor	Variable	x	x	х
			Λ	Λ	Λ
Dementia (7335)	Massman	Variable	Х	Х	Х
Foundations of Neuropsychology (6309)	Massman	Fall	Х	Х	Х
Neuropsychological rehabilitation (6340)	Clark	Spring	Х	Х	Х
Genetic sciences	Grigorenko	TBD	х	Х	Х
(7397)					
Principles and Theories of Learning and	Kosten	Fall	х	Х	Х
Motivation (7397)					

*R = required; Students must take Clinical Research Practicum (6393) at least twice, but no more than 3 times. Clinical Research Practicum may count towards the requirement of two research-focused courses, and may also count towards major area of study requirements for CP and CCP. The required two Research courses may count as electives for the departmental 9 hour requirement.

Minor Concentration in Clinical Neuropsychology (CN)

Doctoral students may wish to develop a minor concentration in Clinical Neuropsychology as part of their overall program. There are three levels as shown below. If any student wishes to engage in one of these levels of training for CN, they should contact Dr. Woods directly so that he can evaluate their readiness and guide them through the process (along with their primary mentor).

Emphasis: 4 courses and 2 practica, which for CN means Lifespan I-III (PSYC 6332, 7338 & 7339) and Functional Neuroanatomy (PSYC 6397), plus 2 10hr CN practica.

Experience: 1-2 courses and 1 practica, which for CN means Foundations of Neuropsychology (PSYC 6308) and Lifespan I (PSYC 6332), plus 1 10hr CN practica. Functional Neuroanatomy (PSYC 6397) is recommended, but not required, as the biological bases foundation course for CN minors at this level.

Exposure: 1-2 courses or 1 practica, which for CN means that students would take Foundations of Neuropsychology (PSYC 6308) and Functional Neuroanatomy (PSYC 6397). CN opted not to have this Exposure include practica because such a clinical experience would be very difficult (for supervisor and supervisee alike) if a student does not have a knowledge of CN.

Minor Concentration in Psychological Statistics and Data Analysis

Doctoral students may wish to develop a minor concentration in statistics and data analysis as a part of their overall program. To do so, the student must get approval from the advisor and the DCT and must contact Dr. David Francis who administers the Minor in Psychological Statistics and Data Analysis. In the past, having higher than required levels of expertise in these fields has allowed our graduates to enter a wide range of research and teaching positions. In addition to developing the ability to lead and direct research, there will be an emphasis on developing the skills needed to become the quantitative member of a research team. In order to declare a minor concentration in psychological statistics and data analysis, students must attain an average grade of **A minus** or better in courses declared as contributing to the concentration. No more than one course in the concentration can have a grade of **B** or below.

Prerequisite courses

6300 Statistics for Psychologists (required of all doctoral candidates) 6302 Experimental Design (required of all doctoral candidates)

Required course

7305: Structural Equations in Psychological Analysis

Elective Courses (At least 2 courses from the following list.)

Categorical Data in Psychology (7379) Multivariate Statistics (6313) Multi-level Modeling (7306) Selected Topics in Quantitative Methods (7396) Program Evaluation (7332) Psychological Methodology (7345) Psychometrics (8322) Applied Psychological Measurement (6397) Topics in Quantitative Psychology (7396/30771) Structural Equation Modeling in Psychological and Educational Research* (PHLS8321) (*may not be taken in place of PSYC7305 Structural Equations)

Students may petition for other courses offered in quant methods to satisfy elective requirements of the minor. These courses can be offered either within Psychology, from other departments (e.g. Educational Psychology, Business, Mathematics, etc), or universities (e.g. Rice).

Research Practica (One of the four tracks listed below)

- a. A minimum of two special problems courses under the direction of a quantitative faculty member*
- b. Two-semesters of research experience at 50% effort under the supervision of a quantitative faculty member.
- c. Serving as a teaching assistant for the first two semesters of the required statistics sequence.
- d. Two semesters of (PSYC7397 Applied psychological measurement)

* A quantitative faculty member is defined as one who teaches courses listed in sections 1, 2, or 3 above as her or his primary teaching responsibility, or who is an affiliate or research faculty of TIMES.

Transfer of course or thesis credits

UPDATE: The policy below only applies to hours taken at another institution where a degree was NOT conferred. Courses may still be waived per the process below, but the hours will not count toward the 72 hour minimum required for a PhD.

If an incoming student wishes to receive course credit for courses or thesis as part of a master's or Ph.D. degree program at another institution (in which a degree was *not* conferred), the student must write to all the faculty who teach the courses that he/she would like to be considered.

Incoming students can confer with advisors or students in the advisor's lab to help find faculty names or peruse the Clinical Student Guide which is on our website available to the public. When the student writes to the faculty they should include the syllabus from the relevant course previously taken and ask them whether the syllabus is equivalent to ours. The DCT should be cc'd so that the DCT has confirmation directly from the relevant faculty member regarding equivalence. Next, the student must use a petition form in the Clinical Student Guide (Appendix B; or obtained directly from Patti Tolar) and complete it and send it to the DCT for signature.

For evaluation of a thesis, the advisor must assemble a committee of three faculty to review the thesis for equivalency and make a recommendation to the DCT. The DCT will then sign a petition form on the basis of that recommendation.

RESEARCH

Overview

Consistent with our broad program goals outlined "Program accreditation, philosophy and goals" section of this Guide, students in our program will be engaged in research throughout the duration of their training. This will include:

- 1) Master's thesis
- 2) Dissertation
- 3) Yearly publications
- 4) Participation in lab activities
- 5) Completion of minimum two research/quant focused courses as part of Program elective requirements
- 6) Encouragement to submit a grant (e.g., F31) and take the course in grant writing
- 7) Conference poster/paper presentation and attendance
- 8) Annual Clinical Program Research Showcase Day
- 9) Yearly monitoring of student and faculty success in research productivity
- 10) Students may also consider taking the Minor Concentration in Psychological Statistics and Data Analysis which was described in the section on Curricula.

Master's Thesis

The Department of Psychology requires the MA, including a formal Master's thesis based upon research for all students. A Master's degree equivalency is not acceptable for fulfilling this degree requirement. Students entering with an MA or MS degree and a research thesis from another university may petition their area committee to review that thesis and recommend that it be accepted as meeting this requirement.

Students will typically complete an empirical study for their master's thesis. The format of the thesis should follow the College of Liberal Arts and Sciences (CLASS) format which can be found at <u>http://www.uh.edu/class/students/graduate/thesis-dissertation-info/index.php.</u> The traditional format of the thesis allows students to develop the literature review/synthesis skills and manuscript writing skills necessary for a research career. However, when writing the thesis, students are encouraged to create a document that can be easily adapted for publication.

Sequence for the Thesis

- <u>Timeline</u>: Completion of the 36 core hours to graduate. Students should have identified a topic for their thesis by the middle of Yr 1, and should propose their thesis by the end of Yr 1. This will coincide with the Clinical Program Research Showcase Day which is typically held in April.
- 2) Enrollment in Thesis Courses: PSYC 6399 and PSYC 7399 (6 semester hours) are required. Make sure to register for one semester each of 6399 and 7399. (Note that you may take as many thesis hours as you would like, but you may only receive a pass grade for 6399 and 7399 each once; for other semesters where 6399 and 7399 are taken you will receive IP In Progress). Completing both 6399 and 7399 is a requirement, and you may not graduate without having completed both. Once you have begun taking thesis hours, you must remain continuously enrolled in one of these courses until the thesis is completed and approved. You must be enrolled in 7399 during the semester you apply

for MA graduation (which is the same semester you will graduate). You do not have to be enrolled in thesis hours in the semester that you defend your thesis. Given the requirement for continuous enrollment, students are advised not to enroll until they are close to defending. Students can enroll in both 6399 and 7399 in the same semester (to count as two courses).

- 3) <u>Choosing a Committee:</u> A committee comprising three (3) members is required. Two faculty members, including the committee chair (which is your major advisor), must be from the Clinical Program. The third faculty member may be selected from outside the student's area within the Department of Psychology, a university department other than Psychology, a psychology department from another U.S. university, or the psychological professional community. Of the three required members, no more than one may be an adjunct or part-time faculty member. If the part-time or adjunct faculty member serves as chair of the committee, a full-time, tenure-stream faculty member must serve as co-chair.
- 4) <u>Proposing Your Thesis</u>
 - <u>Scheduling a Date:</u> After you have completed your proposal manuscript and have chosen your committee in collaboration with your advisor, schedule a mutually agreeable time for the proposal. Make sure to check that an appropriate room for your proposal is available in Titanium (for the clinic), Amy Aragon (for Heyne), or the TIMES outlook calendar (for HBSB). If you plan to propose in Summer, make sure that the relevant faculty are not on leave (e.g. due to 9 month salary) or out of town.
 - <u>Preparing for your Proposal:</u> *At least* two weeks prior to your proposal, send your thesis proposal to your committee to be reviewed. Your advisor should have also reviewed and helped you prepare the manuscript for your proposal. Note: When working with your advisor to prepare for your proposal, be sure to account for the fact that your advisor may not be able to respond to feedback immediately. A two week period is usually realistic. Build this reality into your planning to make sure you stay on your timeline.
 - <u>Forms to bring and have signed at the proposal:</u> Once your committee decides to approve your proposal, they must sign 2 forms: the Thesis Committee Appointment Record and the Approval of Proposal Form. These forms can be picked up in the Academic Affairs Office or on the "Resources" page in Sharepoint. They are also attached in the Appendix (Appendices C, D).
 - <u>What to do with the forms:</u> You must turn in a copy of your thesis proposal, the signed forms (Thesis Committee Appointment Record and Approval of Proposal), and a copy of your approved IRB letter to Patti Tolar. This may be done in person or via email.
- 5) <u>Defending Your Thesis</u>
 - <u>Scheduling a Date:</u> After you have completed your thesis and are ready to defend, schedule a mutually agreeable time for the defense. Make sure to check that an appropriate room for your defense is available in Titanium (for the clinic), Amy Aragon (for Heyne), or the TIMES outlook calendar (for HBSB). If you plan to propose in Summer, make sure that the relevant faculty are not on leave (e.g. due to 9 month salary) or out of town.
 - <u>Preparing for your Defense:</u> *At least* two weeks prior to your defense, send your thesis to your committee to be reviewed. Your advisor should have also reviewed

and helped you prepare your thesis for your defense. Note: When working with your advisor to prepare for your defense, be sure to account for the fact that your advisor may not be able to respond to feedback immediately. A two week period is usually realistic.

- <u>Who else to notify about your defense date:</u> Email Patti Tolar the date of your defense. You must also post the abstract of your defense in the building in which it will be held, inviting others to attend if they so choose.
- Forms to bring and have signed at the defense: Once your committee decides to approve your defense, each member must sign an original signature page, which is included in this document (Appendix M). The signature page MUST be printed on 100% cotton paper, which you must purchase or obtain from Amy Petesch. If you have a committee member who is off-site, you must mail them the original signature page. Please factor in time for sending and receiving this document.
- What to do after you have defended:
 - i. You or your committee chair must email Patti that you have successfully defended your thesis.
 - ii. Contact Anna Marchese at <u>amarchese@uh.edu</u> to schedule a manuscript review and submission appointment. For your appointment with Anna, bring a copy of the manuscript (on regular paper) along with the original signature page (on 100% cotton paper). **Important!!!** There is a deadline to submit your thesis to the dean's office (i.e. Anna Marchese) which is typically two weeks prior to the conclusion of the semester. Check <u>http://www.uh.edu/class/students/graduate/thesis-dissertationinfo/index.php</u> for the specific deadline each semester.
 - iii. After you have met with Anna, take your approved manuscript to be bound at the UH Copy Center located at the Welcome Center (713-741-5200). If you let the Copy Center do the printing for you, they will charge a high fee. It is usually more economical to buy the required paper (at least 25% cotton for all pages except the signature page), and print out your manuscript ahead of time for them to bind. A scanned copy of the work order form from the UH Copy Center must be submitted to the Dean's office, via email to Anna Marchese (amarchese@uh.edu). Note: do not email the receipt, only the work order form.
- 6) <u>Graduating with Your Masters:</u> An application for graduation must be filed at the beginning of the desired graduating semester. You can do this by logging on to your my UH account (<u>https://accessuh.uh.edu/login.php</u>). When you log on, go to UH Self Service → Apply for Graduation. Be sure to check the UH academic calendar for graduation application deadlines (<u>http://catalog.uh.edu/</u>). There is a fee to register for graduation. If you register early, the fee is reduced significantly.

Dissertation

Students complete an empirical doctoral dissertation. While it is not unusual for archival data to be used for the Master's thesis, there is an expectation that original data collected by the student will be used for the dissertation, thus, be mindful of timelines and the length of time to collect original data. Students are encouraged to take Grant Writing (PSYC 6337) while preparing to propose for their Dissertation, and to consider a formal grant (e.g., NIH F31, foundation

dissertation grant) to support their dissertation training and research. The Dissertation follows the same traditional format as the Master's thesis.

Sequence for the Dissertation:

- 1) You must have a Master's Degree.
- 2) You must have completed your Comprehensive Exams.
- 3) <u>You Must Complete 72 Hours</u>: For graduation the department requires 72 hours completed but the clinical program and APA requirements well exceeds this requirement.
- 4) Enrollment in Dissertation Hours: PSYC 8399, 8699, or 8999 are required. Once you have begun taking dissertation hours, you must remain continuously enrolled in one of these courses until the dissertation is completed and approved. A maximum of 12 dissertation hours may be used toward the degree. Students may enroll in fewer than 12 dissertation hours if dissertation is completed before that time and student has enough hours to complete the Ph.D.
- 5) <u>Choosing Your Committee:</u> A committee comprising at least four (4) members is required. Two members should be selected from your area in the Department of Psychology (i.e. Clinical). The third member is typically a faculty member selected from a Department of Psychology program other than the candidate's own major area. The fourth member must be from a department other than the Department of Psychology. This person may be selected from a university department other than Psychology, a psychology department from another U.S. university, or the psychological professional community. Of the four required members, it is recommended that no more than one may be an adjunct or part-time faculty member. If the part-time or adjunct faculty member must serve as co-chair.
- 7) Proposing Your Dissertation
 - <u>Scheduling a date:</u> After you have completed your proposal manuscript and have chosen your committee, schedule a mutually agreeable time for the proposal. Make sure to check that an appropriate room for your proposal is available in Titanium (for the clinic), Amy Aragon (for Heyne), or the TIMES outlook calendar (for HBSB). If you plan to propose in Summer, make sure that the relevant faculty are not on leave (e.g. due to 9 month salary) or out of town.
 - <u>Preparing for your Proposal:</u> *At least* two weeks prior to your proposal, send your dissertation proposal to your committee to be reviewed. Your advisor should have also reviewed and helped you prepare the manuscript for your proposal. Note: When working with your advisor to prepare for your proposal, be sure to account for the fact that your advisor may not be able to respond to feedback immediately. A two week period is usually realistic.
 - <u>Forms to bring and have signed at the proposal:</u> Once your committee decides to approve your proposal, they must sign 2 forms: the Dissertation Committee Appointment Record and the Approval of Proposal Form (the same form is used for both Thesis and Dissertation). These forms can be picked up in the Academic Affairs Office or on the "Resources" page in Sharepoint. They are also attached in the Appendix (Appendices C, E).
 - <u>What to do with the forms:</u> You must turn in a copy of your dissertation proposal, the signed forms (Dissertation Committee Appointment Record and Approval of

Proposal), and a copy of the approved IRB letter to Patti Tolar. This may be done in person or via email.

- 8) Defending Your Dissertation
 - <u>Scheduling a Date:</u> After you have completed your dissertation and are ready to defend, schedule a mutually agreeable time for the defense. Make sure to check that an appropriate room for your defense is available in Titanium (for the clinic), Amy Aragon (for Heyne), or the TIMES outlook calendar (for HBSB). If you plan to propose in Summer, make sure that the relevant faculty are not on leave (e.g. due to 9 month salary) or out of town.
 - <u>Preparing for your Defense:</u> *At least* two weeks prior to your defense, send your dissertation to your committee to be reviewed. Your advisor should have also reviewed and helped you prepare your dissertation for your defense. Note: When working with your advisor to prepare for your defense, be sure to account for the fact that your advisor may not be able to respond to feedback immediately. A two week period is usually realistic.
 - <u>Who else to notify about your defense date</u>: Email Patti Tolar the date of your defense. You must also post the abstract of your defense in the building in which it will be held, inviting others to attend if they so choose.
 - <u>Forms to bring and have signed at the defense:</u> Once your committee decides to approve your defense, they must sign your signature page, which is included in this document (Appendix M). The signature page MUST be printed on 100% cotton paper, which you must purchase. If you have a committee member who is off site, you must mail them the original signature page. Please factor in time for sending and receiving this document.
 - <u>What to do after you have defended:</u>
 - i. You or your committee chair must email Patti that you have successfully defended your dissertation.
 - ii. Contact Anna Marchese at <u>amarchese@uh.edu</u> to schedule a manuscript review and submission appointment. For your appointment with Anna, bring a copy of the manuscript along with the original signature page (on 100% cotton paper). **Important!!!** There is a deadline to submit your dissertation to the dean's office (i.e. Anna Marchese), which is typically two weeks prior to the conclusion of the semester. Check <u>http://www.uh.edu/class/students/graduate/thesis-dissertation-info/index.php</u> for the specific deadline each semester.
 - iii. After you have met with Anna, take your approved manuscript to be bound at the UH Copy Center located at the welcome center (713-741-5200). A scanned copy of the work order form from the UH Copy Center must be submitted to the Dean's office, via email to Anna Marchese (amarchese@uh.edu). Note: do not email the receipt, only the work order form.
- 9) <u>Graduating with your doctorate:</u> An application for graduation must be filed at the beginning of the desired graduating semester. You can do this by logging on to your my UH account (<u>https://accessuh.uh.edu/login.php</u>). When you log on, go to UH Self Service → Apply for Graduation. Be sure to check the UH academic calendar for graduation application deadlines (<u>http://catalog.uh.edu/</u>). There is a fee to register for graduation. If

you register early, the fee is reduced significant

UH Committee for the Protection of Human Subjects

The UH Committee for the Protection of Human Subjects (CPHS) supports students in their training in the ethical conduct of research on human subjects. CPHS has office hours for students on Tuesdays and Thursdays from 9 a.m. -12 p.m. in E. Cullen Room 403.

During these hours, students can:

- Ask any questions they might have about the CPHS submission and review process
- Drop by to discuss human subjects issues related to their specific projects
- Request a pre-review of their protocol prior to submitting it to the CPHS office to make the process smoother and the turnaround time faster
- Bring their laptop and work in RAMP with real-time guidance from CPHS staff

Change in Policy

IMPORTANT: In many cases, if aims and instruments align, a student may be added to the Investigator (their advisor's) approved protocol and does not have to have a protocol of their own. However, if aims and instruments do not align, students have to have a separate IRB protocol for theirh Dissertation and Thesis research. The approval process can take up to months, so please consider this in planning your timeline. All protocols with student PIs will be routed to a newly established CPHS 3 starting in Fall 2016. More information will be provided when this committee is established. At submission of your thesis proposal, you have to also submit evidence of IRB approval of your study to Patti Tolar.

Questions? Need an appointment? Please contact:

Danielle Griffin Research Compliance Specialist and Coordinator, CPHS 3 713-743-4057 dgriffi5@Central.UH.EDU

CITI Training

You will need to complete CITI training and send copies (or pdfs) of your certificate(s) to Amy Petesch. Please see <u>Sharepoint</u> for more information.

Yearly publication and conference presentation

Students are expected (not required) to publish one manuscript a year. This may be a chapter, although a peer-reviewed publication is preferred. Years 1 and 2 are not expected to be first author publications but as the student proceeds to Years 3 and 4, first author publications are expected. Students are encouraged to participate in at least one conference per year to present a poster/paper. Limited funding is available through the department (contact Amy Aragon).

Clinical Program Research Showcase Day

The Clinical Program hosts a full-day Research Showcase Day in **April** to which other programs in the Department are invited. The Research Day is also promoted university-wide. Students and faculty present their research in 20-minute sessions, and the day starts and culminates with a keynote address from an "alumni-makes-good". The aim of this day is not only to showcase the

research conducted in the Clinical Program, but also to give students an opportunity to develop their presentation skills and to get feedback from peers and other faculty regarding their research. An additional aim is the fostering of an intellectual environment and cross-lab collaborations. During the Research Showcase Day, two research awards will be given to students who was determined by the faculty to have achieved excellence in research and scholarship during the preceding year. Students may not receive this award more than once during their graduate careers. Faculty appointed to the committee that chooses the student awards are typically faculty who does not have a student nominated for the award. Students will be invited to submit material for this award by **March**.

Monitoring of student and faculty success

Student and faculty success is monitored on an annual basis through faculty development reporting and student evaluations. Faculty and students receive feedback on their productivity by the DCT communicating productivity for the program as a whole, and by major area of study.

CLINICAL TRAINING

Overview

Clinical training in the program consists of

- 1) Internal practicum: Psychotherapy– Yr 2 (Yr 3 Fall optional)
- 2) Internal practicum: Assessment (ACLA) Yr 2
- 3) External practica Years 3 and 4
- 4) CN-specific external practica Years 2, 3 and 4
- 5) Clinical Internship Year 5 (or later)

Clinical competencies (Profession-wide Competencies)

Clinical training in the program is cumulative, sequential and graded in complexity. During your first year in the program, students receive foundational knowledge in intervention and assessment (Interventions I and II; Assessment I and II). In Year 2, this theoretical knowledge is built upon by beginning to apply this knowledge with clients in the PRSC, our in-house clinic, with intensive supervison. In Years 3 and 4, clinical training expands to external practicum where more independence is required. By the end of your 4th year in the program, it is expected that students have mastered the competencies referred to below. These competencies are informed by the "Competency Benchmarks" document developed in 2002 and which forms the basis of the APA's SoA for Profession-Wide Competencies (see Rodolfa et al., 2005; Fouad et al., 2009 ; and <u>http://www.apa.org/ed/graduate/benchmarks-evaluation-system.aspx</u>). **This document is attached in the Appendix (F) and it is CRUCIAL that you carefully read this because these are the competencies you will be evaluated on until you graduate from the program.**

IMPORTANT: Note that your end-of-year evaluation by practicum supervisors as well as the CTC review each May will evaluate profession-wide competencies informed using the expectations in Appendix F.

Internal practicum: Psychotherapy(6392; 9 credit hours) – Year 2 (Yr 3 opt)

<u>Aims and format.</u> This course provides intensive pre-internship supervised clinical training to second year students in all major areas with basic professional skills in case management, assessment, diagnosis and therapy, with emphasis on evidence-based procedures. At the beginning of the internal practicum year, students are not expected to have much competency as judged by their clinical supervisors as adequate for the level of training in the above areas. Grading is based on a Pass (P)/Fail (F) scheme: P: Average to excellent work on each competency and completion of all requirements of the Internal Practicum syllabus. F: Substandard work on more than one dimension and lack of completion of all requirements. By the end of the internal practicum year, students should demonstrate moderate competency in the above areas with clear indication of progression and potential. By the end of the two *external* practicum years (see below), students have to demonstrate advanced competency in the above areas, which, in turn, indicates internship readiness.

On average, one hour of supervision is provided for every one or two hours of client contact with about 180 minutes of face-to-face supervision per year. A group format is used for supervision, with additional individual supervision as indicated by student needs and the clinical demands of

cases. Note that typically, adult-focused students will endeavor to take on more adult clients, while child-focused student will endeavor to take on more child/adolescent patients. *CCP* students should carry at least one child/adolescent client in Fall, and at least two child/adolescent clients in Spring

Supervision groups are typically available for the following groups (but check with the relevant faculty member as course offerings may be affected by other faculty commitments):

Dr. John Vincent (PRSC): beginners and advanced students – vertical supervision opportunities for advanced students; adult focused.

Dr. Rheeda Walker (PRSC): beginners and advanced students – vertical supervision opportunities for advanced students; adult focused.

Dr. Candice Alfano (SACH): beginners and advanced students – vertical supervision opportunities for advanced students; child/adolescent focused.

Dr. Gerry Harris (PRSC): advanced students.

Dr. Carla Sharp/Dr. Amanda Palo: (ADAPT): beginners and advanced students; adolescent clients; opportunity for integrated psychological reports and assessment hours.

Internal clinical practica experiences can also be sought in lab-based clinics that do not offer a course-based practicum experience. For example, Dr. Babcock's domestic violence clinic.

<u>Assignment to course-based supervision teams.</u> During late **Summer**, supervision groups are organized for rising second year students. The time/day of the supervision meetings will depend on the students and supervisors working it out together after supervision assignments were made. Sometimes schedules end up being the primary factor in which group students are ultimately placed. Sometimes students prefer to get their general clinical supervision with a supervisor who is not also their mentor. Regardless of the supervisor, sign up for 6392 with Dr. Sharp as instructor of record.

Timing and prerequisites. This clinical practicum is usually taken in Year 2. Prerequisites for taking this clinical practicum include being in good standing in the Clinical Psychology Program (see section of Evaluation of student progress) and Interventions I (6303), Interventions II (adult) (6316) or Interventions II (child) (7394), Assessment I (6356), Assessment II (6357), Ethics and professional issues (PHLS 8364). Students are required to accrue 90 (100 recommended) faceto-face intervention hours (individual or group therapy) through their second year (3 semesters - Fall, Spring and Summer) of internal practicum. If students were not able to reach this benchmark, they may enroll in a fourth semester (Fall of their third year). Therefore, a minimum of three semesters is required of all clinical students (Fall through the end of Summer), with a maximum of four semesters. If the 90 hour benchmark is met before Summer, the student may discuss with their clinical supervisor whether early termination is an option – the answer to this request will depend on the quality (and not only quantity) of the student's progress. In some cases, students may ask specific permission from the DCT and CTC to sign up for internal practicum for a fourth or more semesters (advanced practicum). Such cases must be motivated in a letter to the DCT and will be discussed at CTC meeting. If students sign up for additional internal practicum hours they should use PSYC 8392. Overall the practicum experience should provide exposure to assessment and intervention from multiple orientations by different supervisors in various modalities with both adults and children. While the emphasis

and concentration may vary from student to student, attention is given to breadth of experience. Class discussions, group supervision, and program meetings provide a forum for discussion of the professional experience. Practicum involves approximately 6-12 hours a week of the student's time, including at least 3 face-to-face hours with clients, approximately 3 hours of supervision and up to 6 hours of administrations and preparation. In order to fulfill clinical and ethical obligations associated with the provision of clinical services, the PRSC (and specialty clinics) operate 12 months a year. Except for major holidays, supervision groups continue to meet year round and clinical supervisors must be available for clinical emergencies during nonbusiness hours and weekends. During summer, supervision groups are consolidated into two supervision groups to be run by paid summer faculty. **Cases are *not* to be cherrypicked, but should be taken from the waitlist as they become available**.

<u>Practice of effective treatments.</u> Consistent with a science-based approach to intervention, students should be using Evidence-based Practice (EBP) with all clients during their training. The knowledge gained in Interventions I and II provide the foundation for students to understand the criteria for EBPs. Even when established EBPs are not available, students should use an evidence-based approach to all their clinical work (e.g. using available literature to guide treatment, incorporating ongoing assessment of client functioning and other relevant variables to evaluate treatment progress. With specific reference to evaluation of treatment outcomes:

- a) Students will follow the PRSCs and lab-based clinics' established systematic procedure for obtaining outcome data on all clients; in addition to client-specific selection of outcome measures
- b) Students will incorporate quantifiable data concerning the outcomes of treatment with clients in their closing summaries
- c) To pass PSYC 6392, all students are required to document use of two EBPs with actual clients. These will be graded by supervisors.

<u>Transferring cases.</u> Students who have met their 90 hour benchmark, and who have completed 3 semesters of internal practicum (Fall, Spring, Summer), and who have achieved expected beginning clinical competencies during their practicum must begin transferring their cases. This will happen at the end of Year 2, or during Winter of Year 3 as students are not allowed more than 3 semesters in Internal Practicum. If clients are deemed too complex to transfer to rising or mid-year second years, then clients should be transferred to Clinic Assistants (CA) if CA caseload permits. Referral to other treatment providers may also be considered for these clients. Students are required to explain to their clients at the *beginning* of internal practicum that the PRSC is a training clinic and consequently, the student therapist's time with the client may be limited because internal practicicum is typically a one-year rotation.

<u>Ongoing case documentation.</u> An important ethical obligation of psychologists is to create, maintain and protect records of provision of services. Student clinicians in the PRSC must document all client contacts, billing, and case formations, treatment summaries, etc. related to the ethical provision of professional services. The quality of case notes is directly related to the quality and comprehensiveness of the evolving case conceptualization and treatment planning. Therefore, the completion of chart documentation in a timely fashion is of utmost importance to the development of professional competence. All session notes must be completed on the date of clinical contact. Clinic Assistants (or other administrative staff) will review clinical appointments

daily and check that all clinical notes are entered on the date of clinical contact. Clinical staff will communicate problems to the relevant student clinician and supervisor(s) within 24 hours of the missed documentation. Clinical supervisors will review notes in advance of or during weekly supervision meetings. Students who fall more than 7 days behind on notes will not be able to continue seeing clients. If students fall behind by 7 days (or more) on more than 2 occasions, they could be dismissed from clinic duties and prevented from going on to external practicum. Students are expected to remediate any/all deficiencies immediately and within 24 hours of notification. Incomplete chart documentation and deficiencies in student response are reported to the clinical supervisor, Clinic Director, Director of Clinical Training, and faculty advisor. Demonstration of responsible documentation is a requirement for progressing through to pass PSYC 6392. Any problems in this area at any timepoint will be noted during the student's Annual Evaluation (see section on Student Evaluation) by receiving a rating of 4=Outstanding; 3=Average; 2=Weak; 1=Deficient:

Interventions II pre-practicum: learn PRSC policies and procedures **Year 2, Fall:** Begin to implement policies and procedures with few problems **Year 2, Spring:** Routinely implement policies and procedures with very few problems

<u>Tracking clinical assessment, intervention, and supervision hours.</u> See "Tracking your hours" under the upcoming section "Clinical Internship – Year 5 (or later)"

<u>Preparation for Internal Practicum: Interventions II (adult and child)</u> will include a pre-practicum that will prepare students for internal practicum (intervention) in the PRSC (2nd year). This pre-practicum will include sitting in on advanced student supervision groups, observation of real-life sessions, training in dealing with suicidal patients, and introduction to the Psychology Research and Services Center Handbook that will help students become familiar with the clinic operations. In addition, during participation in advanced student supervision groups, advanced students will do a formal case presentation. A formal case presentation is a requirement for passing Internal practicum (6392).

Training in Clinical Supervision and Consultation in Psychology

Professional psychologists occupy a number of roles and provide a wide range of services to clients across a range of settings. The settings may or may not be involved with the delivery of mental health services. Increasingly, clinical psychologists, traditionally trained primarily in the delivery of psychological assessment and psychotherapy, are assuming administrative, consultative, and supervisory responsibilities. The American Psychological Association has recognized this trend and now requires accredited programs to provide training in clinical supervision and consultation. The objective of these training activities is to meet these accreditation standards and to provide an introduction into the basic models, approaches, research findings, and ethics of clinical supervision and consultation.

<u>Training in Supervision of Clinical Work.</u> In addition to direct experience in clinical work and consultation, students will receive introductory training in clinical supervision as part of the Internal Practicum experience. Supervisors will describe their supervisory approach as part of practicum instruction; also, students are required to watch supervision related teaching videos and read at least two articles/books from the reading list on supervision and discuss these with their supervisor. These readings are completed by the end of the second year in the program. If readings and videos are not completed, students receive an incomplete grade in PSYC 6392.

Experience in Consultation. During PSYC 6392 (Internal practicum), students are required to complete readings as provided in the PSYC 6392 syllabus on consultation and discuss at least 2 readings with their supervisors. Failure to do so results in an incomplete grade for PSYC 6392. In Year 3 in the program, each clinical psychology student is required to attend one 3-hour PRSC supervision for the purpose of providing consultation to first year student therapists on current clinical cases. The consultation is expected to take place in the second semester of year 3 (at the earliest) and prior to comprehensive exams. Consultation is initiated by the student and coordinated with one of the current clinical supervisors. Because our program includes adult, child/adolescent and clinical neuropsychology, we can offer an inter-disciplinary experience to our students in this way. Competency in Consultation is demonstrated by submitting a clinical supervisor-signed Psychology Consultation. In addition, in Years 3 and 4, students can practice their skills in inter-disciplinary work in their external practicas which in most cases include multi-disciplinary teams (psychiatry, social work, occupational therapy, nursing).

Evaluation of students. Attached in the Appendix (G) is a Practicum Evaluation Form which the clinical supervisor uses to assess students' practicum work in April each year. This form is completed through Sharepoint. The development of the form was guided by agreed competencies in the field. Students are evaluated across the following domains and rated on a 4-point scale: Professional Conduct, Assessment, Intervention, Research. While these ratings are informative, students should pay particular attention to the written feedback that they receive from their clinical supervisors as these provide rich feedback for students to improve. These forms are reviewed by each student's advisor during the Annual Evaluation process in May of each year and informs the advisor and CTC ratings in the Mid-Year and Annual Clinical Program Evaluation Form (see Appendix H) under the heading of "Development of Clinical Skills". Note that an informal evaluation of students take place at the mid-point during the year (December). Practicum supervisors are contacted by the DCT and asked to respond only if a student is struggling to make progress in the practicum. This informal evaluation is designed to identify problems early so that students are notified of problems before they become unmanageable.

IMPORTANT: SoA requires that each practicum evaluation must be based in part on **direct observation** of the practicum student and her/his developing skills (either live or electronically) at least *once* per semester. Internal practicum supervisors have been informed of this Implementing Regulation and have provided the program with their unique plan to directly observe student performance. Another safeguard in this regard is the fact that the practicum evaluation form includes a section where the supervisor indicates how direct observation occurred. If however, for some reason, direct observation is not occurring the student must inform the DCT immediately.

<u>Evaluation of supervisors.</u> Students complete a Supervisor Evaluation Form annually through Sharepoint (see Appendix I), which is sent only to the DCT. If problem areas exist, the DCT will address these anonymously with the relevant supervisor.

Internal assessment practicum: ACLA (PSYC 7397; 6 credit hours): Year 2

<u>Aim</u>. The Clinical Program also provides intensive in-house assessment training in the second year to meet APA requirements and to prepare students for a clinical assessment in external practica and beyond.

Format – child/adolescent focused students

- a) Rising second year students will sign up for 7397 both Fall and Spring. You will sign up with Dr. Hart as the instructor of record even though she will not be the only instructor for this course.
- b) Students are expected to see 6-10 assessment cases which implies 6-10 integrated reports. We encourage you to do closer to 10 cases than 6.
- c) You can get assessment experience in Dr. Hart and Grigorenko's School Problems Clinic, Dr. Alfano's SACH, or with Dr. Sharp's adolescent clinic (ADAPT). You may also seek assessment experience outside the program.
- d) The faculty you are working with regarding your assessment case will supervise your assessment and your integrated report if within the program. Faculty will get credit for this on a report/case by report/case basis. You and the faculty member will keep track of these hours in Sharepoint.
- e) If your assessment experience is mostly outside of the program, it will be the responsibility of **your major advisor** to supervise/give feedback on the quality of your integrated reports. Your advisor will be receiving supervision credit for this.
- f) Please get in touch with your advisor to put together your own training package. You can, for instance, do all your cases with Dr. Hart or you can also combine your experience to for instance do 4 cases with Dr. Hart, 2 with Dr. Alfano and 2 with Dr. Sharp. Or all with either Dr. Sharp or Dr. Alfano. It depends on your interests and gaps in your training. Do get in touch with the relevant faculty member as you plan all this, as they will have to plan when they can accommodate you in their clinics.
- g) Once you have completed between 6-10 cases, you have met the requirements. Your advisor must sign off on whether you meet your ACLA requirements for the year. Depending on availability of cases in respective clinics, you may therefore be able to complete the requirements already in Fall, or early Spring.

Format: Adult-focused students

- a) Dr. Vujanovic will be the instructor of record for adult ACLA. Therefore, rising secondyear students will sign up for 7397 both Fall and Spring under Dr. Vujanovic's name.
- b) Students are expected to see 6-10 assessment cases which implies 6-10 integrated reports. We encourage you to do closer to 10 cases than 6.
- c) You can get assessment experience in Dr. Zvolensky's lab, Dr. Babcock's couples assessment, and potentially Dr. Woods' lab at Thomas Street Clinic, and Drs. Vujanovic and Gallagher 's trauma and anxiety clinic, or outside of the program. Note, that given the nature of Drs. Hart and Sharp's assessment practicum, students with an adult focus may also gain important and relevant experience in their assessment clinics.

- d) The faculty working with you on an assessment case will supervise your assessment and your integrated report if within the program. Faculty will get credit for this on a report/case by report/case basis. You and the faculty member will keep track of these hours in Sharepoint. If your assessment experience is mostly outside of the program, it will be the responsibility of **your major advisor** to supervise/give feedback on the quality of your integrated reports. Your advisor will be receiving supervision credit for this.
- e) Please get in touch with your advisor to put together your own training package.
- f) Once you have completed between 6-10 cases, you have met requirements. Your advisor must sign off on whether you met your ACLA requirements for the year. Depending on availability of cases in respective clinics, you may therefore be able to complete the requirements already in Fall, or early Spring.

Format: CN students:

CN students will generally follow the above steps depending on whether they are more child or adult focused, with a few important exceptions. Most notably, the ACLA experience for most CN students will be a 10-hour external practicum, which will be determined through the standard CN match process. CN students (especially child focused) are encouraged to consider signing up to work in Drs. Hart and Grigorenko's clinic for their 10-hour practicum as this will afford them relevant experience. Also, since CN students carry a heavy load of extern practicum hours throughout Years 2-5 in the Program, they may elect not to formally sign up for ACLA course hours in Year 2. That is, 2nd Year CN students will complete the ACLA 10hr external practicum, but need not receive course credit if their mentor and the CTC agree that is appropriate. Regardless of whether the formal hours are noted on the transcript, 2nd Year CN students will still participate in all ACLA-related activities (e.g., formal evaluation procedures).

<u>Preparation for ACLA</u>: Assessment II (Dr. Cirino; Spring of Year 1) includes a pre-practicum that prepares students for ACLA (2nd year). Pre-practicum components occur throughout the course and include: training specifically on measures utilized across ACLA-related clinics as well as additional measures in wide use, training in assessment with diagnostic interviewing schedules, and training in integrative report writing. Opportunities to shadow in ACLA-related clinics is also available.

<u>Evaluation of students and supervisors.</u> The procedures described for evaluation of students in internal practica (PRSC), and evaluation of internal practica supervisors by students, are similarly followed for internal assessment practica. IMPORTANT: SoA requires that each practicum evaluation must be based in part on **direct observation** of the practicum student and her/his developing skills (either live or electronically) at least *once* per semester. Internal practicum supervisors have been informed of this Implementing Regulation and have provided the program with their unique plan to directly observe student performance. Another safeguard in this regard is the fact that the practicum evaluation form includes a section where the supervisor indicates how direct observation occurred. If however, for some reason, direct observation is not occurring the student must inform the DCT immediately.

External practica (intervention) (7393; 12 credit hours) – Years 3 and 4

<u>Aim and format.</u> External practica which exposes students to clinical applications in the advanced specialty areas as well as to a wider variety of populations, supervisors, orientations, and techniques. To this end, a variety of high quality external practica sites in the Texas Medical Center has been approved by the CTC for students to apply to. In deciding whether an external practicum is approved, the CTC is guided by the SoA's recommended training elements, such that students are placed in settings that are committed to training that provides experiences consistent with health service psychology and the program's aims and enable students to demonstrate the appropriate competencies.

Consistent with the notion that external practicas are taken after the basic foundations for clinical skills have been developed through internal practica, the external practicas aim to develop advanced skills in the implementation of evidence-based therapies and assessment. Continued attention is directed toward ensuring student sensitivity to individual and cultural diversity and strict adherence to the standards of ethical and professional conduct. At this level, students learn to evaluate the clinical needs of a case, develop a treatment plan, carry out intervention procedures, and adjust and change procedures with only moderate supervision. Students should be able to conceptualize cases and be conversant with alternative conceptualizations. They should acquire a broader range of technical skills in evaluation and treatment and be able to make decisions with regard to their use. At this level of practicum, one hour of supervision should correspond to between one to three hours of client contact. Both group and individual supervision formats are used in these practica. Certain practicum experiences are recommended for students in each of the specialty areas. The program's expectation is that these external clinical training positions are between 13 and 16 hours a week; inclusive of didactics, clinical supervision, clinical documentation, and direct client care. The training commitment typically is fall term through summer. IMPORTANT: Students may also elect to do their Yr 3 and Yr 4 practica in one of the specialty clinics in our department. These include: Dr. Sharp's ADAPT and Dr. Alfano's SACH. Also note that the DCT is the instructor of record for *all* external practica. Please make sure that your grade has been posted; there are sometimes delays due to slow communication between practicum sites and the program. It is the student's responsibility to follow up with the DCT and the practicum supervisor if a grade is delayed in being posted.

Clinical Psychology (CP)/Adult sites

PRACTICUM SITE	SUPERVISOR/CONTACT PERSON	PHONE	EMAIL	DESCRIPTION
Suzanne Mouton-Odum, PhD, Private Practice	Dr. Mouton-Odum	713-914-9944	suzimoo@aol.com	Specialty clinic focused on treating trichotillomania in children, adolescents, and adults
VAMC Behavioral Medicine	Gina Evans-Hudnall, Ph.D.	713-794-8662	ginae@bcm.edu	VA center focused on assessment of veterans with physical/mental health concerns
UH Counseling and Psychological Services	Dr. Cecilia Sun	713-743-5409	Cecilia.Sun@mail.uh.edu	College-based clinic providing individual/group therapy for college students
		713-229-4122		Clinic providing individual/group
Federal Detention Center	Dr. Daniel Fox	713-221-5400 x5002	<u>d1fox@bop.gov</u>	therapy services to the incarcerated
Assessment Practicum/Dr. Fox Private Practice	Dr. Daniel Fox	832-482-8531	apsthewoodlands@gmail.com	Practice specializing in intellectual/neuropsych evaluations for adults/children
Veterans Administration Medical Center (VAMC)	Ellen Teng, PhD	713-578-5513	Ellen.Teng@va.gov	Individual/group interventions and some assessment for mentall ill veterans
Department of Psychiatry and Behavioral Sciences, Center for Neurobehavioral Research on Addictions (CNRA) UT Houston Medical School	Joy M. Schmitz, Ph.D.	713-486-2867	Joy.M.Schmitz@uth.tmc.edu	Program providing treatment and some assessment for persons suffering with addiction
Montrose Counseling Center	Chris Kerr, MEd LPC (contact)	713-800-0862	<u>life@</u>	Clinic serving the LGBT community providing therapy,
	(contact)	/15-000-0802	montrosecounselingcenter.org	wellness program, and advocacy
	Ray Pledger, PhD (supervisor)	713-529-0037	ATTN: Chris Kerr	r

Baylor Family Counseling	Dr. James Bray	713-798-7751	jbray@bcm.tmc.edu	Clinic providing intake and individual therapy training with a diverse population of under- or un- insured clients
Houston OCD Program	Jennifer Sy, PhD	713-526-5055	jsy@houstonocd.org	Specialty clinic treating inpatient/outpatient individuals/groups of children, adolescents, and adults
MHMRA at Harris County Jail	(vacant)			Individual/group therapy with incarcerated individuals
Mentis Neurorehabilitation	Keira O'Dell, Ph.D.	713-331-0248	kodell@mentisneuro.com	Inpatient facility serving adults with brain injury or other neurological conditions
Harris County Psychiatric Center – Adult Track	Anka Vujanovic, PhD	713-741-3858	Anka.A.Vujanovic@uth.tmc.edu	Hospital-based assessment and intervention services for inpatient individuals/groups
Harris County Psychiatric Center – Early Onset Pilot Project	Anka Vujanovic, PhD	713-741-3858	Anka.A.Vujanovic@uth.tmc.edu	Hospital-based short-term inpatient program providing to assessment/intervention support to young adults with severe mental illness to assist with re-integration back into society
Dialectical Behavioral Therapy Center	Karyn Hall, PhD.	713-973-2800	<u>karynhallphd@gmail.com</u>	Outpatient facility providing group/individual DBT interventions to patients with BPD and other severe dysregulation conditions

Clinical Child Psychology (CCP) Sites

PRACTICUM SITE	SUPERVISOR/CONTACT PERSON	PHONE	EMAIL	DESCRIPTION
TCH Psychology Section Family STARS	Dr. David Curtis	832-822-3700 Fax:832-825-4164	dfcurtis@texaschildrenshospital.org	Hospital-based clinic focused on behavioral intervention for children with DBD/ODD/ADHD
TCH Psychology Section: Center for Children and Women	Stephanie Chapman, PhD	832-828-1005	sgchapma@texaschildrens.org	Clinic facility providing integrated physical/mental health services to state health insurance members
Menninger Adolescent Program	Dr. Carla Sharp	713-743-8612	csharp2@uh.edu	Program specializing in group treatment for severe adolescent psychopathology
Suzanne Mouton-Odum, PhD, Private Practice	Dr. Mouton-Odum	713-914-9944	suzimoo@aol.com	Specialty clinic focused on treating trichotillomania in children, adolescents, and adults
Houston Independent School District	(vacant)			Program within HISD providing field services to wide variety of children with variety of disorders
Michelle Forrester, PhD, Private Practice	Michelle M. Forrester, Ph.D.	713- 598-3559	michelle@michellemforrester.net	Private practice offering assessment and individual/group intervention services to young children and their families
Dialectical Behavioral Therapy Center	Karyn Hall, PhD.	713-973-2800	<u>karynhallphd@gmail.com</u>	Outpatient facility providing group/individual DBT interventions to patients with BPD and other severe dysregulation conditions
Harris County Psychiatric Center – Child Track	Anka Vujanovic, PhD	713-741-3858	Anka.A.Vujanovic@uth.tmc.edu	Hospital–based assessment and intervention services for inpatient children/child groups

Clinical Neuropsychology (CN) Sites

PRACTICUM SITE	SUPERVISOR/CONTACT PERSON	PHONE	EMAIL	DESCRIPTION
DeBakey VA Medical Center, Traumatic Brain Injury Center	Nicholas Pastorek, Ph.D., ABPP	713-791-1414	npastore@bcm.edu	Hospital-based clinic focused on adult assessments and research related to traumatic brain injury.
DeBakey VA Medical Center, Neurology Care Line	Robert Collins, Ph.D., ABPP		Robert.collins3@va.gov	Hospital-based clinic focused on adult assessments and group interventions
Houston Neuropsychology Associates, PLLC	Robert Davis, Ph.D.; ABPP		dr.rob.davis@gmail.com	Private practice with assessments of children, adolescents, and adults
Mentis Neuro Rehabilitation	Keira O'Dell, Ph.D.	713-331-0248	kodell@mentisneuro.com	Inpatient post-acute brain injury community re-intergration program with adults.
Texas Children's Hospital-Blue Bird Circle Clinic	David Schwartz, PhD		<u>ddschwar@</u> texaschildrens.org	Outpatient neurology services and evaluations for children and adolescents (1 – 18 years old)
The Institute for Rehabilitation and Research (TIRR) Memorial Hermann	Corwin Boake, Ph.D., ABPP; Jerome Caroselli, Ph.D.; ABPP; Mark Sherer, Ph.D.; ABPP; Margaret Struchen, Ph.D.	713-666-9550	Margaret.struchen@memorial hermann.org	Inpatient hospital specializing in rehabilitation of adolescents and adults.
TIRR Memorial Hermann Challenge Program	M. Cullen Gibbs, Ph.D.	713.383.5620	cullen.gibbs@ memorialhermann.org	Outpatient rehabilitation setting includes evaluations of children, adolescents, and adults.
The Methodist Hospital- Neurological Institute	Mario Dulay, Ph.D.; Kenneth Podell, Ph.D., FACPN	713-441-8277	<u>mdulay@</u> <u>houstonmethodist.org</u> , <u>kpodell@</u> <u>houstonmethodist.org</u>	Outpatient hospital clinic focused on adult assessment.

UT Health Science Center at Houston-Dept. of Pediatrics	Joshua Breier, Ph.D.	Joshua.I.Breier@uth.tmc.edu	Outpatient assessment of children, adolescents and adults
BCM-TCH Psychology Service, Pediatric Neuropsychology Clinic	Lisa Kahalley, Ph.D.	<u>lskahall@texaschildrens.org</u>	Outpatient clinic focused on assessment of adults with neurodegenerative disorders

<u>Process and timeline:</u> Except for students whose mentors provide this experience through clinical research arrangements, students will be placed into a training position that is determined through our program's placement process. The placement process for practicum training positions is not that of a "match," as are typical of placements for internship positions. Students apply to three sites for their posted practicum position, including participating in a job interview for the training position. This provides invaluable experience to students in preparation for the internship match that takes place in Year 4/5. Below the steps for the practicum "match" are described. The timeline has been agreed on with external practicum sites and is necessarily very tight in order to allow sites to interview students at a feasible time. Students have to comply with this tight timeline to ensure a successful placement.

<u>Step 1 – Starting the process</u>: Typically in **December** each year, Amy Petesch, the Clinic Assistants and Student Reps will begin organization of Practicum Fair. The Practicum Fair is typically held the **last week of** January at the PRSC Clinic during which practicum sites present their training opportunities to students. **Within 24 hours after the Practicum Fair**, a Student Feedback Practicum session is held. Rough estimates of the numbers of students that each site may take are typically provided at this time, recognizing that the final estimate often occurs later in the process. Following this meeting The DCT or Practicum Coordinator will then request students submit the three sites to which they would like to apply. Students must submit the list they wish to apply to no later than **30 January**. Based on consultation with students' advisors, internal practicum supervisors, and the DCT, students are then informed which sites are approved to apply for. Students are notified by **2 February** where they can apply to.

<u>Step 2 - Applications</u>: The students then submit applications and schedule interviews within a 2 to 3 week period, specified at the time. Interviews must be completed by the **third week of February**. At the end of this phase, students and site representatives provide feedback and preferences. Rankings are submitted to Amy Petesch and are due **20 February**.

<u>Step 3 – Placement decisions:</u> Following the interviews, placements are made by the UH clinical program faculty considering submitted student preferences and training site preferences, along with training needs [student needs and program commitments]. These variables contribute to it being a somewhat dynamic process. These decisions are made during the **last CTC meeting of February or the first CTC meeting of March**. Students are notified of their placements immediately thereafter.

The program receives positive feedback from sites about the quality of our trainees applying for their positions. Most students secure either their first or second choice of training sites. We understand that uncertainty can be anxiety provoking, but everyone obtains a practicum position. When necessary, additional interview sites are arranged and positions are negotiated to meet all the students' external training needs.

The process is as transparent as possible. Students should speak with the DCT or their mentors for further insight into their placement when there are concerns or questions. Whenever the site and the student both rank each other as number one, when there are no other circumstances to consider, those placements are made. Exceptions in the past might have occurred in a circumstance in which two students, both strongly

ranked by the site, with one of those students having a more pressing professional interest in that site or with one student being of junior status such that the student would have a chance to train at that site for their 2nd external placement [when a 2nd external placements is expected], while the other student would have only one external placement training opportunity. In such cases, faculty mentors and the training director confer with the practicum coordinator regarding placement considerations. Although not every unusual circumstance can be anticipated, sometimes a student is not offered a position by any of the sites at which they interviewed. In this situation, efforts are made to secure other training positions for that student that meet that student's training needs and wishes. In other instances, sites may rank order all of the students they interview; in other cases they elect not to interview all the students who apply. We have also encountered situations where sites interview all applicants, but rank only a few. Sometimes they specify they are willing to train Student A and B and are offering two positions, but if not placed with them will not take a student this year. Sometimes we do not know until the rankings are submitted whether the site will offer one or two or three positions as their ability to offer a training position is influenced by the specific students applying from our program or students from other programs. Some will hold open one position for UH Clinical students and one for Counseling students with a 3rd open to the 3rd most desirable candidate.

We should also note, that some institutions of higher education that are central to our training program and have historically offered important training experiences to our students have agreed to hold positions to offer to one of our students. And there is consequently an expectation that they will receive trainees from our program placed with them since they are declining applicants from other programs for that position.

<u>Step 4 - Timing of notifications:</u> Students appreciate when there can be a single day to notify all students of their placements, and we do aim for this. However, changing variables often make for an organic placement process, with site timeline demands imposing earlier notifications for some students. For example, a site representative might forget the guidelines and offer positions to the students directly, rather than submit their preferences for consideration with the other data, without letting us know first; a site may not be able to wait for the other sites to complete their interviews and request to know early so their trainee can start paperwork; a site may not be able to complete interviews within the timeframe or may have unexpected changes that affect time constraints.

<u>Students beyond their fourth year in the program.</u> Students who are beyond their 4th year, must seek mentor approval to seek an externship, and this student would not be given preference for a practicum over a junior student who is seeking a required training experience.

<u>Going outside the program "match" to find an external practicum.</u> An advisor/student who wants to obtain a particular external practicum experience for a student outside of the regular practicum "match", is required to submit the practicum experience to the CTC for consideration and approval. General requirements for approval include the availability of a Ph.D. level psychologist for supervision, a structured plan for supervision on a weekly basis, and the usual 13-16 hour requirement.

<u>Evaluation of students and supervisors.</u> The procedures described for evaluation of students in internal practica (PRSC), and evaluation of internal practica supervisors by students, are similarly followed for external practica. IMPORTANT: SoA requires that each practicum evaluation must be based in part on **direct observation** of the practicum student and her/his developing skills (either live or electronically) at least *once* per semester. External practicum supervisors have been informed of this Implementing Regulation and have provided the program with their unique plan to directly observe student performance. Another safeguard in this regard is the fact that the practicum evaluation form includes a section where the supervisor indicates how direct observation occurred. If however, for some reason, direct observation is not occurring the student must inform the DCT immediately.

Clinical Neuropsychology Practicum (PSYC 7390)

Applied training experiences in the evidence-based practice of clinical neuropsychology is a strength of the UH CN major. In the 2nd and 3rd years of the program, UH CN students typically engage in 10-20hr/week external practica in clinical neuropsychology, which may be supported by funded contracts (in lieu of teaching or research assistantships) in some instances. The duration, hours commitment, and site for the external CN placements are determined via the " CN match", in collaboration with the student, his/her mentor, the clinical site, and the Program. Clinical opportunities abound in Houston, which has a large and active population of clinical neuropsychologists practicing in diverse settings, ranging from inpatient rehabilitation to outpatient private practice, and with a wide variety of neurological, medical, and neuropsychiatric populations across the lifespan. The UH CN major benefits greatly from established relationships with faculty at the Texas Medical Center, which is the world's largest medical complex and houses the Baylor College of Medicine, UT Health Sciences, MD Anderson Cancer Center, Memorial Hermann, and Michael E. DeBakey VA Medical Center (to name a few!). In year 2, CN students participate in ACLA using the same basic process as students enrolled in other major areas of study (see above for details). In years 3-4 students complete external CN practica, for which prerequisites include Lifespan CN I, ACLA, Foundations of CN, and Neuroanatomy.

Clinical Internship – Year 5 (or later)

The clinical internship is a year long intensive training experience that is required of all students in APA-accredited clinical psychology training programs. The internship usually takes place in the student's fifth year (or later), once all course work, the Master's thesis, and the comprehensive examination have been successfully completed.

<u>Readiness to apply.</u> It is highly recommended that students have also completed their dissertation proposal **prior to applying** for internship and having the entire dissertation completed including your final oral defense **prior to leaving** for internship. In the letter of certification of readiness for internship (see APPIC web site at <u>www.appic.org</u>), the Director of Clinical Training must indicate your status in the completion of the requirement, which is factored into their decision about your application.

As a member of the Council of University Directors of Clinical Psychology (CUDCP), our program subscribes to the following "Expectations for Internship Eligibility" (as adopted by CUDCP, January 22, 2011)

- 1. Trainee meets or exceeds foundational and functional competencies as outlined by the Assessment of Competency Benchmarks Work Group.
- 2. Trainee successfully completed a master's thesis (or equivalent).
- 3. Trainee passed program's comprehensive or qualifying exams (or equivalent).
- 4. Trainee's dissertation proposal has been accepted at the time of application to the internship.
- 5. Trainee successfully completed all required course work for the doctoral degree prior to starting the internship (except hours for dissertation and internship).
- 6. Trainee completed an organized, sequential series of practicum experiences supervised by at least two different clinical psychologists that involve formalized practicum experience in evidence-based assessment and therapy. The Trainee completed at least 450 face-to-face hours of assessment/intervention and at least 150 hours of supervision by a clinical psychologist who routinely employed individual and/or group supervision models and at least one or more of the following intensive supervision methods (e.g., direct observation, co-therapy, audio/videotape review). During early formative years, the ratio of face-to-face hours to supervision hours approximated 1:1 and increased to around 4:1 as the Trainee developed intermediate to advanced clinical skills.
- 7. Trainee has contributed to the scientific knowledge within psychology, as evidenced by:
 - a. Publishing an article in a refereed journal or a book chapter as an author or co-author, or
 - b. Presenting at least three papers/posters/workshops at regional, national, or international professional conferences or meetings.
- 8. Trainee was enrolled in a program that conducts formal annual evaluations of each student for purposes of monitoring trainees' developing competencies and assuring that only students making satisfactory progress are retained and recommended for doctoral candidacy and entry into the profession. This annual program review of each student utilizes evaluations obtained from different faculty and supervisors and covers the full range of competencies including academic, research, clinical skills, and ethical professional behavior. Trainee has been rated as meeting expectations and possessing the required competencies at the time of applying for internship.

<u>Internship preparation.</u> It is a good idea to start thinking about the internship application process early in your graduate training. Drs. Sharp and Woods offers an internship workshop for first and second years in Spring. Third year students are offered two internship workshops: the first in late August/early September of their fourth year; the second in October of their fourth year. During these meetings students are prepared for the application, interview and matching process. These internship preparation meetings are mandatory.

<u>Tracking your hours.</u> In order to make the application process less daunting, we also suggest that you start tracking your clinical hours at the very beginning of your second year. If you are involved in research-related clinical activities, you may begin tracking your hours already in your first year. For CP and CCP students, Time 2 Track can be a useful resource for tracking hours (<u>https://app.time2track.com</u>). See Appendix K for descriptions of Time 2 Track activity categories. For CN students, Time 2 Track can be helpful in tracking intervention hours, but a spreadsheet is usually more helpful for tracking neuropsychological assessment hours. A sample spreadsheet is available on SharePoint.

<u>Research is important.</u> Students often think that their clinical experience is most relevant to their success as an internship applicant. However, internship directors from scientist-practitioner and clinical-scientist internships say that they are particularly interested in students with a strong research background because it tells them something about the applicant's goals, productivity, time management, organizational skills, motivation, and perseverance.

Selecting an internship: It is highly recommended that students apply to APA-accredited internships. There are a number of excellent internship sites across the country, including some in Houston. In addition to the geographical region of the country, internships vary according to type of setting (e.g. medical school, hospital, outpatient mental health center, prison, consortia), theoretical models that are emphasized, nature of supervision, balance of assessment and therapy activities, weekly workload, opportunities for participation in research, populations served, nature of other training experiences (consultation, supervision, administration), training in empirically supported therapies and APA accreditation status. Information about internship accreditation status can be obtained from the internship director or the APA Office of Program Consultation and Accreditation. It can also be found on the individual site listings in the APPIC Directory Online at www.appic.org. In selecting an internship, it is wise to begin with exploring possibilities with your advisor in light of your interests and career goals. Several other resources are also helpful. The online APPIC directory includes information about all internships, and information can also be obtained from organizations related to your major area of study (e.g., the Association for Behavioral and Cognitive Therapies (ABCT) or Association for Internship Training in Clinical Neuropsychology). A number of other commercially available guides are also available. Finally, talking with students who have either interviewed with or who actually completed their internship at particular settings can be an invaluable source of first-hand information. Potential internship sites might be grouped in three categories: 1) your very top choices that you would attend if given the chance, 2) good internships that may be not as attractive as group one, but fully acceptable if you don't get an offer from your first group, 3) acceptable, but less desirable internships that represent your fall back position if no offers are forthcoming from groups 1 and 2. Given how competitive the internship process has become (more applicants, fewer slots), it is very risky to restrict your applications to any single geographical region, like Houston. The Houston internship agencies will accept only a small number of "locals." We also have a track record with some internship sites at which we are reliably able to match our students. Advisors in the different major areas of study should be consulted in this regard.

It is recommended that students visit the APPIC website at <u>www.appic.org</u> well in advance of beginning the internship application process (this includes 1st and 2nd year students). This website provides a wealth of information that will help you prepare for internship. It is never too soon to begin preparing, as information from this site may help you plan your training. The APPIC website contains all the information you need to know regarding the application process. From the homepage, there are several helpful links including the link to the APPIC Directory Online. All APPIC internship sites are listed in this directory, and they provide a detailed description of the training and the applicant requirements. This includes most of the information discussed in the preceding section. Additional links from the homepage include 1) complete instructions regarding application procedures; 2) APPIC Match Policies, which are the rules of permitted and prohibited behavior (e.g., sites are prohibited from asking how you rank them); 3) a link to the

National Matching Services website where you will find a complete description of how the computerized match selection process is conducted; 4) MATCH-NEWS email list, which is a discussion listserv students can use to ask questions and share ideas; and 5) the internship application that can be downloaded from this site.

<u>The application process</u>: There is one application that will be sent to all sites, although individual sites may have additional requirements. The latest application is available at <u>www.appic.org</u>. In order to participate in the match process, you must register with National Matching Services. You will be assigned a match number, which will be used to identify you during the process. If you do not register by the registration deadline, you will not be permitted to participate in the match. Registration instructions can be found on their website, <u>http://www.natmatch.com/psychint/</u>. Please see sample application in Appendix N.

Letters of recommendation. Letters of recommendation are required for internship applications. In general, it is advisable to have your advisor write a letter as well as practicum supervisors who know you best. Choices about who to ask to write letters on your behalf should be discussed with your advisor. The Director of Clinical Training is also required to write a letter (or fill out a form) that certifies your eligibility for internship and, in many cases, documents program requirements that you have completed. Detailed information about the status of your comprehensive examinations and dissertation is requested in the APPIC application. It is recommended that you download a copy of the APPIC internship application from the APPIC site and review the requirements. When you approach people to write letters for you, it is helpful if you have a one-page sheet that highlights special things that could be included in your letter (special training experiences or skills, status of dissertation, research interests, clinical interests, program citizenship [e.g. student representative, CA experience, work on admissions], honors, publications, presentations, teaching experiences, volunteer work, career plans) or any other issues that will personalize your letter and underscore your qualifications for internship. Make sure that you give your letter writers ample time to write your letter - 2 weeks at a minimum. IMPORTANT: APPIC requires a standardized format for letters so that letter writers must cover *all* domains of student competencies. CUDCP has developed a guidance sheet to guide letter writers. This sheet will be distributed to students during the internship preparation sessions with the DCT and ADCT.

<u>Creating an effective Curriculum Vitae.</u> A curriculum vitae (CV) is one of the most important documents that you will create for your professional life. An effective CV is a living document that cogently tells the story of your current and prior professional training, accomplishments, and roles across the domains of research, clinic, teaching, and service. In other words, your CV is a window through which your peers, supervisors, prospective employers, and professional community will view your professional identity, skills, and achievements. Crafting an effective CV is no easy task, as there is tremendous diversity in format, content, and approaches both within and across disciplines. Moreover, the content, tone, and length of one's CV naturally evolves in-step with their professional development: For example, the detailed description of an undergraduate research assistantship that would appropriately appear the CV of a first year graduate student would naturally disappear (or at least be reduced to a line item) from that same CV by the time one applied for internship, being replaced by other more advanced demonstration of research prowess such as abstracts, publications, grants, and research awards. Our best advice

is to work closely with your advisor and more senior students to transform your pre-graduate school resume' into a CV suitable for a junior Ph.D. student in clinical psychology. To help you get started, here is a link to a very helpful student CV guide provided by the American Psychological Association (http://www.apa.org/gradpsych/2015/01/curriculum-vitae.aspx) that includes a link to an excellent example (http://psychology.unl.edu/psichi/Psi_Chi_Sample_CV.pdf).

<u>Deadlines.</u> The deadlines for internship applications vary by site and generally fall between November 1st and January 15th. Most are in early November. Make sure that you allow sufficient time for this time consuming and labor intensive task. It is wise to follow up to make sure that internship materials have been received by the internship by the deadline. You might have to do some last minute scurrying to see that everything has been submitted on time.

<u>Interviews.</u> Many internships include a personal interview as a required part of the admission process, while others allow for the opportunity for prospective interns to interview as a courtesy. If the interview is required, the internship staff usually makes an initial pass at reviewing the paper credentials and then invites the prospective candidate for a visit. Some internship agencies are quite adamant about how they do this - "don't call us, we'll call you if we want to visit with you." If the agency is not so hard-nosed about their interview policy, it is advisable for you to visit your top choices sometime during December of the year before you plan on attending. Personal contact with the internship staff lets them get a look at the person behind the paper, which usually works to your advantage. The visit also lets you get a firsthand look at them. Many a prospective intern has changed their ranking of preferences after interviewing with the staff at prospective internship agencies. When possible, your on-site interview should also include a meeting with current interns. Again, you often get the inside story from interns who are actually at the setting that you are checking out. If courtesy interviews are not available, factor that into your decision process, depending on how invested you are in that setting.

<u>Notification.</u> A computer matching system will notify you of your matching on a Friday (Match Day). This typically occurs during mid to late February. The details of this process are described on the National Matching Services website, <u>http://www.natmatch.com/psychint/</u>, which can also be linked to from the APPIC site.

What if you do not get an offer on Match day? First of all, this is not the end of the world. Given the competitiveness of internship admissions and the sometimes baffling decision process employed by many internship agencies, some very qualified graduate students each year do not get an offer on selection day. The most common reason for this is the failure to apply to a sufficient number, range, or geographical diversity of potential sites. Most of this problem can be avoided by adopting the rule of threes described above. Despite this, if you are not selected in a given year, there are at least three options available: 1) APPIC conducts a Match Phase II in a similar fashion as Phase I, replacing the previous clearinghouse system, which served to help place students that did not get picked on Match day in one of these unfilled slots. 2) Internships slots become available after the selection day due to someone dropping out after they have been selected for a particular slot, new funding of internship positions, or administrative reasons that affect the viability of an internship program. In these cases, internship directors often contact programs directly to see if there are potential applicants for these new slots. 3) You can re-apply

next year. In the interim it is advisable to figure out what happened the first time around and correct any problem, and to make good use of the "extra" year, by completing your dissertation, getting additional publications, obtaining new research or clinical skills, or doing other things that will enhance your long term career opportunities. You should remember that graduate students from the University of Houston are typically viewed as attractive applicants to many agencies. The challenge is to match up your special attributes with the needs of the internship program during any given year.

<u>Registration during internship year.</u> Students on internship are required to register for internship credit hours for **three consecutive semesters** (regardless of how many student credit hours are accumulated) beginning the summer when the internship starts or the summer preceding internships that start in late August or early September. Internship credit hours are generally paid out-of-pocket by the student. Per university policies, students must be registered during the semester in which the student receives his/her degree.

- If the student is still working on their dissertation, they enroll in PSYC 8399 and 1 hour of internship, which for CP/CCP is PSYC 8121 and for CN 8190.
- If a student has completed their dissertation, they enroll for CP/CCP in PSYC 8321 and for CN in PSYC 8390.

The DCT is the instructor of record. Please make sure that the DCT has updated your grade at the end of the internship and inform the DCT if a grade has not been posted.

Note: Students who are out-of-state do not receive the out-of-state tuition waiver while on internship, as they are not employed through UH. That is part of the reason they are allowed to carry a reduced course load during those semesters. Information on applying for a residency reclassification can be found here: <u>http://www.uh.edu/admissions/admitted/residency-requirements/</u>.

Preparations for Leaving on Internship

- Terminating Practicum. Once you are informed of your internship start date, let your practicum supervisor know as soon as possible. If you are on contract with your site, email your supervisor with your intent to resign early and last day of work, copying your UH advisor and Joel Hammett, who will complete termination paperwork. Sometimes there are arrangements made with the practicum supervisor to work extra hours before the official last date of work (make sure Joel Hammett is informed about this).
- Funding between Spring semester and start of internship. If a student is an RA on a funded project, they may request to continue working as an RA until they leave for internship. If they do not have this source of funding, a student may request a TA from the department for part of the summer, though this will depend on departmental needs and budget for that particular year.
- Gap in insurance coverage between UH employment and internship. If a student has been a TF or TA during the 9-mo academic year, health coverage is already paid for in the Spring to include health coverage through the end of August of that year. If the student is an RA during the academic year, health coverage will end at the end of the month in which employment stops. And if an RA switches to a TF or TA for summer, there will not be health coverage as TF and TA health insurance costs are paid during the

9-mo academic year. Students needing health coverage between the end of UH coverage and the start of internship are eligible for COBRA or could check into gap insurance coverage as noted at: <u>http://www.uh.edu/human-resources/benefits/medical-insurance/gap-insurance.pdf</u>

Communication between doctoral program and internship program

Students should be advised that communication between the Clinical Program and the internship program that a student matches with will be maintained throughout the internship year. Typically, internship DCTs write to the DCT to confirm the placement. The communication is mostly informal, unless an internship DCT desires to communicate a concern at some point during the internship. Students are made aware of any communication between DCTs and are cc'd in communication. All formal or written internship evaluations are retained in student files ("PDF Records" in the Clinical Student Records SharePoint site) and used for Annual Evaluation (see next section).

Statement on Professional Behavior Online

Increasingly, as information becomes more widely available through the internet, lines between public and private information are blurring. Many students have websites, blogs, email signature lines, and voicemail/answering machine messages that are entertaining and reflect their personal preferences and personalities. However, students should consider the potential impact of this information on their professional image. For example, if the student uses his/her telephone or email account for professional purposes, clients, research participants, and potential employers may view the student as less professional than desired. Also, according to information collected by the Council of University Directors of Clinical Psychology, clients, graduate and internship programs, and potential employers may all conduct internet searches and use the resulting information in decisions about therapy, or job interviews or offers. Legal authorities also view websites for evidence of illegal activities.

Students should also note that if they identify themselves as a graduate student in the program or reveal information relevant to the graduate program in their email signatures, voicemail files, or website/blog information, then this information becomes part of their program-related behavior and may be used in student evaluations. For example, if a student reports doing something unethical or illegal on a web blog, or uses the website to engage in unethical or unprofessional behavior (e.g., disclosing confidential client or research information), then the program may use this information in student evaluation, including decisions regarding probation or termination.

Thus, students are encouraged to consider the use of personal web pages and blogs, email, and other electronic media carefully. They should attend to what content to reveal about themselves in these forums, and whether there is any personal information that they would not want program faculty, employers, or clients to read or view. <u>Anything on the World Wide Web is potentially</u> <u>available to all who seek</u>. Students who use these media should also consider how to protect the security of private information.

In contacting clients or research participants, students should use their uh.edu email addresses that are assigned to them during orientation. Students who have offices in HBSB are also assigned times.edu accounts. These email accounts should be checked regularly as often official university business is communicated through these channels.

STUDENT EVALUATION: CRITERIA AND PROCEDURES

Overview

In this section we provide important information about how students are evaluated for their progress in the program. Faculty use the information provided in this section to evaluate you and provide you with ongoing feedback. The ultimate goal of student evaluations is to support students in timely completion of the program and to maximize student success. It is important that you carefully review these criteria and procedures in the first few weeks of graduate school so that you have advance notice of how you will be evaluated through graduate school. This section also provides the faculty with a common set of criteria to carry out evaluations. Annual evaluations are intended to highlight not only areas for improvement, but also strengths. Please note that student records related to training (and complaints and grievances) are maintained in accordance with federal, state, and institution policies regarding record keeping and privacy. Records are kept for decades due to enquiries from licensing boards and other entities throughout students' careers.

The role of your Faculty Advisor

As outlined in the Graduate Academic Handbook, each student, upon acceptance to the Program, is assigned a faculty advisor. This is usually the faculty member that you applied to. Consistent with APA SoA, we strive to create a supportive learning environment. Program faculty are accessible to students and provide students with guidance and supervision. They serve as appropriate role models and engage in actions that promote students' acquisition of knowledge, skills, and competencies in accordance with our program goals and values. The program recognizes the rights of students and faculty to be treated with courtesy and respect. To maximize the effectiveness of students' learning, all interactions among students, faculty and staff should be collegial and conducted in a manner that reflects the highest standards of the scholarly community and of the profession (see description of professional behavior below). These principles are also reflected in the APA Ethical Principles of Psychologists and Code of Conduct that should be reviewed by all students (http://www.apa.org/ethics/code/). Occassionally, it may be determined that a particular advisor-advisee paring may not be an ideal fit. In those cases, the faculty advisor may be changed at the request of either the student or the faculty member. Please see Appendix O for a statement on Graduate Student's Rights and Responsibilities from the Graduate School, and Appendix D in the Graduate Academic Handbook of the Department of Psychology for additional Guidelines for Student-Faculty Relationships.

The faculty advisor has primary responsibility for monitoring the student's progress. A *minimum* of three meetings per year is essential: 1) before Fall for registration, 2) before Spring for registration, 3) a final meeting in May to evaluate the graduate student's progress, but most students will work with their advisors on a daily basis. The student and the faculty advisor are responsible for seeing that the student's progress and accomplishments are properly recorded in program records (in SharePoint) and the file maintained by the academic affairs office.

Areas of evaluation

Consistent with the defined Program goals, there are four broad areas of evaluation:

1) <u>Academic performance</u>: (a) Enrolled in and passed required courses given cohort expectations; (b) Completed key benchmarks (i.e. thesis/dissertation proposal, comps,

etc.) in a timely manner, since last evaluation; (c) is developing an appropriate breadth of understanding of psychological science: psychology as science, including the scientific foundations of psychology competencies and practice, the history of psychology, the biological/social/cognitive/affective/developmental scientific underpinnings of behavior and their interplay, integration of science and practice, research and quantitative methodology; (d) is developing depth of knowledge in clinical psychology (clinical assessment, intervention, research, psychometrics and professional issues, etc.).

- 2) Development of research skills: (a) Conceptualization of research problem (critically evaluates existing research; independently formulates/produces new knowledge; ethical conduct; considers context and diversity); (b) Understanding of research design (proper knowledge of scientific methods/processes/procedures); (c) Data management and analysis (understanding of quantitative methods and techniques; psychometrics); (d) Scientific presentation, publication, and grant-writing (disseminates and contributes to knowledge base); (e) Number of publications to date (including papers in press or submitted for review as well as F31/grant-related activities).
- 3) Ethical and professional behavior: Evaluate student's compliance with ethical standards across all domains (research activities, clinical performance, etc). Evaluate student's professionalism, involvement in the program and engagement in activities that will prepare her/him for a successful career, and sensitivity to cultural diversity. (a) Dependability (integrity/honesty/responsibility; attends appointments/meetings, punctual, keeps commitments; completes job requirements timely); (b) Communication (clear/informed/thorough/respectful, verbally and non-verbally; appropriately interfaces with others - peers, faculty, staff - even in difficult situations; effectively provides and receives feedback); (c) Preparedness (prepares sufficiently for meetings, appointments, seminars, discussions, etc.; organizes work effectively); (d) Initiative (seeks growth opportunities; critically evaluates existing knowledge in psychological science and seeks to expand; assumes reasonable amount of responsibility for stating and meeting objectives of her/his training needs and goals); (e) Professionalism (maintains appropriate professional appearance and demeanor; handles roleconflicts; minimizes personal intrusions; recognizes potential ethical issues and adheres to APA ethical principles and conduct, laws/regulations, and professional standards, or seeks advisement when needed; active and ethical decision-making and problem-solving; understanding of psychology as science including the scientific foundations of psychology competencies and practice, the bio/soc/cog/aff/dev scientific underpinnings of behavior and their interplay, and integration of science and practice; is developing an identity as a psychologist; identifies career goals and builds professional networks); (f) Sensitivity (expresses appropriate concern for others; maintains privacy/confidentiality/informed consent; shows respect, understanding and appreciation for individual/cultural/other diversity, including how diversity affects the self, others, and social interaction; applies effective approaches in research, treatment, and evaluation, even when personally challenging; seeks advisement when needed); (g) Program citizenship (learns and respects program rules; willing to assist with projects or other program needs; also represents program well to other professionals and potential students); (h) Responds effectively to supervision (open/responsive; acknowledges errors; proper understanding of roles/practices/types of supervision and related legal/ethical issues; accurate assessment of competency level and

progress; seeks advisement and integrates into practice; consistently practices reflective professional and personal self-evaluation and self-care).

4) Development of clinical skills: Evaluate student's clinical performance including proficiency and level of increase/improvement in clinical skills. Consider reports from *both* internal and external practica and student's sensitivity to cultural diversity and level of cultural competency, in addition to: (a) Case conceptualization/Problem identification (reviews existing literature and uses evidence-based practices in determining appropriate approaches for service needs/goals; considers context – i.e. diversity, ethical/legal issues, assessment reports, etc.); (b) Treatment planning (sets realistic treatment goals; selects appropriately integrated, empirically-supported, therapeutic methods); (c) Intervention skills (integrates theoretical knowledge; effectively works with a variety of therapeutic issues and populations; flexibility in the use of a variety of techniques; provides appropriate crisis management; accurate evaluation of treatment progress measures and self-competence, and modifies/adapts or seeks advisement as needed; handles the end of therapy appropriately with clients); (d) Therapeutic alliance (demonstrates verbal and non-verbal warmth and sensitivity to client; establishes good rapport; manages strong personal feelings; collaborates effectively with interdisciplinary professionals/agencies); (e) Working knowledge of the purpose, scope, and approaches to assessment procedures (including reviewing existing literature and choosing appropriate evidence-based assessment practices/methods/instruments relevant to and sufficient for goals/needs, and accounting for potential ethical/diversity/contextual issues); (f) Administration, scoring, interpretation (proper procedures and methods including clinical interviewing; ethical conduct; case conceptualization/recommendations informed by current EBP, professional standards and multiple sources of data, and based on proper understanding of strengths/weaknesses of various methods; objective); (g) Report writing and Feedback/Communication (effective. sensitive, accurate, respectful communication; integrates data into diagnostic impression and meaningful recommendations for care; provides appropriate feedback to client and/or referring professionals)

Students are assessed in each of these domains by the faculty on a 4 point scale using the Mid-year and Annual Clinical Program Evaluation Form (see Appendix H).

- 1= Deficient for level of experience
- 2= Weak for level of experience
- 3= Satisfactory/average for level of experience
- 4= Outstanding for level of experience

Note that a "3" is generally indicative of "expected" performance in all domains. For instance, a student who is getting mostly As, progressing as expected with thesis and dissertation, is publishing one paper a year, and who is getting good feedback regarding clinical work and professional/ethical behavior would receive a "3" in all domains. When students begin to excel in any particular domain, a 4 may be indicated (e.g. multiple publications, submission of an F31, exceptional or additional diversity training, choosing diversity as a field of study, outstanding reviews by clinical supervisors, leadership positions etc). Ratings of 2 and 1, as explained above, represent quantity and quality of problem areas.

Procedures

Annual evaluations cover the academic year including the previous summer. For first year students, evaluations are completed at the mid-year timepoint (January) and again at the end of

the academic year (May). For upper year students, evaluations are completed at the end of the academic year only (May). Below are the step-by-step procedures to be followed by students and faculty:

- <u>The Program elicits practica evaluation forms from practica supervisors.</u> On **1 April of** each year, Amy Petesch elicits practica evaluations from all internal and external practica supervisors (see Appendix G for a copy of the form that supervisors complete). Practica supervisors are sent a link to complete evaluations through Sharepoint. Practica supervisors are asked to submit forms by **15 April**.
- 2) <u>Students finalize annual updates in SharePoint.</u> Throughout the year, students will record their professional activities and accomplishments in the SharePoint site <u>"Clinical Student Records"</u>. By **1 April** each year, the DCT will announce upcoming evaluations and students should ensure that all sections in Clinical Student Records are up-to-date (see Appendix L for an example of required information). All students, even those on internship, must maintain up-to-date student records pertaining to your academic performance (grades, thesis and dissertation progress, etc), research performance (publications, posters, conference attendance, lab work etc), and clinical work (e.g. practica) for each academic year. Annual updates must be completed by **15 April**. Students who have not completed updates by this date will be considered in non-compliance with program requirements.
- 3) Faculty advisors and students meet and review Clinical Student Records together. During the last two weeks of April, faculty advisors and their students meet to review the student's progress of the past year. Both strengths and weaknesses are identified and discussed. Information for this meeting is based on Clinical Student Records as well as evaluations from practica supervisors. Students on internship cannot physically meet with their advisors, but their material will be reviewed nonetheless to ensure that they are meeting program milestones.
- 4) <u>Faculty advisors complete the Mid-year and Annual Clinical Program Evaluation Form</u>. Faculty advisors complete the Mid-year and Annual Clinical Program Evaluation Form (see Appendix H) through Sharepoint with *provisional ratings*, subject to change pending CTC discussion. All students are reviewed – including those on internship as students may not have completed their dissertations and/or are expected to remain productive in other ways. The Evaluation Form must be completed by advisors by **1 May**. Faculty are strongly encouraged to not simply give a rating in a particular domain, but to provide justification for ratings in the space provided. These justifications will be very important when discussion of students take place at the special CTC student evaluations meeting.
- 5) <u>CTC special 3-hour student evaluations meeting.</u> In **mid-May** the faculty meet for a special 3-hour meeting to discuss student progress. Faculty bring the Mid-year and Annual Clinical Program Evaluation Form to the meeting and any other supporting documents. CTC will be able to access Sharepoint during the meeting as well. Ratings are adjusted if any new information or discussion warrants it. Students are discussed by cohort starting with first year students.
- 6) DCT signs off on the final version of the evaluation and faculty advisors provide feedback to students. The DCT signs the Mid-year and Annual Clinical Program Evaluation Form_which makes it official, and allows faculty advisors to meet with their students to provide feedback. The feedback meeting must occur by the end of May. At the end of this meeting, students have to sign the form electronically in Sharepoint.

- 7) <u>The DCT sends out the annual "standing letter".</u> The DCT sends out a "standing letter" to students during **June** of each year. These letters are sent by email, and students are required to sign and return to Amy Petesch within one week. Students' overall standing in the program with associated consequences are as follows:
 - a. <u>Students in Good Standing.</u> Most students in our program are typically in good standing due to the strong performance of our students. Students receiving ratings of 3 and above are generally considered in good standing.
 - b. <u>Students in good standing with some areas of concern.</u> If a particular domain received a rating of a 2 or less, the student is still in good standing but the DCT letter will contain "warnings" regarding problem areas. These typically include moderate delays in thesis or dissertation progression, academic performance or professional behavior, or areas of concern in clinical work. The DCT letter is meant to provide feedback to the student who may be at risk for a future negative evaluation.
 - c. <u>Negative evaluations.</u> If the CTC identifies serious concerns, they may vote to take formal action such as "**remedial plan**" or "**termination**". If either of these are initiated the DCT standing letter will contain the relevant information.

Remedial plan

A remedial plan is typically reserved for serious concerns with lack of progress, inadequate performance or unprofessional behavior. The remedial plan is developed by the Faculty Advisor and the student, or by the Faculty Advisor alone or by the CTC or a combination of the above and submitted to the DCT for input. The DCT then incorporates the remedial plan into the standing letter. The standing letter will contain reasons for the remedial plan and will outline a concrete set of benchmarks that the student needs to meet in order to rectify his/her standing in the program. Benchmarks will be tied to a timeline. Periodic assessment of student responsivity to the remedial plan during the probation period will be undertaken. At the end of the probationary period the CTC will evaluate the student's performance and determine whether the student has successfully remediated the probation. The student will receive the results of the evaluation in writing. If successful, the student will return to good standing in the program. If not, the CTC may consider termination.

Termination

Consistent with Departmental Procedures (see Graduate Academic Handbook), the Department may terminate a student at any time if the rate of progress, academic performance or performance across other competencies is not satisfactory. A satisfactory rate of progress toward completion of degree requirements is required throughout the student's enrollment (see Timeline on p. 10). Students earning **three grades of ''C+'' or lower during the course of graduate training will be dismissed automatically from the program**.

Termination procedures may also be initiated by programs if a student's competence is substandard in any one of the following areas: teaching, research, ethical conduct, sensitivity to cultural and individual diversity, professional practicum performance, or interpersonal effectiveness. Programs may initiate termination proceedings based on the egregiousness of the deficiency or student misconduct or the student's failure to complete appropriate remedial measures in a timely manner. The procedures below are Departmental procedures for termination which are also included in the Graduate Academic Handbook:

1) Before formal termination procedures begin, the student will receive written notification from the appropriate Program Director indicating his/her competency or academic performance is being evaluated for possible termination from the Department. This letter describes the reasons for the possible termination and, if appropriate, conditions for continued enrollment in the Department. If the program faculty deems it appropriate that termination be initiated, the procedure for termination is as follows:

2) The appropriate Program Director submits a written memo to the Director of Graduate Education and Department Chairperson indicating that program faculty members have reached a decision requesting the student's termination from the program and the Department.

3) The Director of Graduate Education and the Department Chairperson independently review the student's records and reach a joint decision regarding termination.

4) If the request is approved, the student is notified in writing of his/her termination from the Department. This letter is signed by the Department Chair, Director of Graduate Education, and the Program Director.

5) If the student wishes to appeal, he/she will notify the Chairperson of the Psychology Department in writing within 10 working days. At such time, the Department's Graduate Education Committee will review the student's records and reach a decision as to whether or not they concur with the request of the Program to terminate the student.

6) Should the student wish to continue the appeal process, he/she would submit a written appeal to the Associate Dean of Graduate Studies in the College of Liberal Arts and Social Sciences within 10 working days. The role of the associate dean is only to determine if the department followed correct termination procedures.

7) If so desired, students also may continue the appeal process by submitting a written appeal to the Graduate and Professional Studies Grievance Committee within 30 calendar days of the College decision.

Student Grievances and Complaints

The following are Department Procedures for Student Grievances and Complaints.

Any student who wishes to file a grievance or complaint should contact their Program Director and/or the Department Chair. The student must file official notice of an intention to grieve within 30 days of the point in time when the grievant has knowledge or should have had knowledge of the problem being grieved. At this time, informal efforts will be made to resolve the grievance. In the event that an informal resolution is not possible, the

grievant must submit a formal grievance within 60 days of filing the intent to grieve notice. In filing the formal grievance, the grievant must state 1) when he/she discovered the issue being grieved, 2) what issue is being grieved and provide evidence to support the grievance, 3) what is the desired solution. Depending on the nature of the grievance or complaint, the Program Director and/or Department Chair will initiate appropriate review procedures. The American Psychological Association Ethical Principles of Psychologists Code of Ethical Conduct shall govern the manner in which any ethical complaints are addressed (see Appendix C [Graduate Academic Handbook]). In the event that a resolution is not possible at the Departmental level, the grievant may submit a written Notice of Appeal to the Associate Dean of Graduate Studies of the College within 10 days of the Departmental decision. Links to the College and University procedures for addressing student grievances regarding grades, course requirements, and classroom procedures or other academic problems are presented below.

For the grievance policy of the College of Liberal Arts and Social Sciences, please see http://www.uh.edu/grad_catalog/las/las_policies.html.and http://www.uh.edu/class/students/graduate/academics-planning/policies-procedures/index.php

For the grievance policy of the University of Houston, please see <u>http://www.uh.edu/grad_catalog/garr/grievance_pol.html</u>

Evaluation of program effectiveness and quality improvement efforts

- 1) Each semester we have a <u>Town Hall meeting</u> to which students and faculty are invited. Students may submit problems/issues/questions anonymously to the student reps in advance of the meeting to give the DCT time to prepare answers.
- 2) Core faculty meet monthly for 2 hours to discuss program issues (<u>CTC meetings</u>). Student reps and program administrative support (Amy Petesch) attend these meetings.
- 3) <u>Annual student evaluations</u> in May of each year provides an opportunity to evaluate program success through proximal student outcomes.
- 4) The <u>DCT evaluates policies and procedures each summer</u> through updating the Clinical Student Guide with input from student reps, the departmental administrative support structure and the program support staff. The DCT ensures that the program's aims, curriculum and policies and procedures reflect the University of Houston's mission and goals, as well as local, state, regional and national needs for psychological services and national standards for health service psychology. In order to be up to date regarding developments in local, state, regional and national needs for psychological services and national standards for health service psychology the DCT:
 - a. Is an active member of CUDCP and subscribes to the listserv.
 - b. Attends the CUDCP winter meeting.
 - c. Is on the listserv for Texas State Board of Examiners updates.
- 5) A <u>questionnaire</u> is sent to students each academic year to review the quality of the program and to identify areas of improvement.
- 6) From 2017 onwards, the program will evaluate its multicultural climate by administering a survey to assess this every two years.

- 7) Program effectiveness is evaluated through <u>distal outcome evaluations</u> (including licensure rates, attrition, time to degree) annually through the APA Annual Report Online. This annual review enables the reaffirmation of our program's accredited status based on the Commission on Accreditation review. To this end, Amy Petesch asks current and past students as well as current faculty to complete a questionnaire annually to collect the information that ensures accreditation. Students and faculty are asked to respond to the request for this information without delay.
- 8) The DCT meets monthly with the <u>Chair of the Department of Psychology</u> to evaluate the quality and effectiveness of the Clinical Program. These meetings affords the DCT the opportunity to evaluate whether the program's aims, curriculum and policies and procedures reflect the University of Houston's mission and goals. In addition, the DCT serves on the <u>Senate</u> of the university which allows her to further evaluate the program's wider context.
- 9) All clinical faculty attend <u>monthly departmental meetings</u> where university and departmental policies and procedures are discussed. This provides important opportunities for the CTC to evaluate the program against the backdrop of university- and departmental wide developments.
- 10) The DCT serves on the <u>Graduate Education Committee (GEC)</u> which meets monthly to assess the quality of graduate education in the department across different programs (Clinical, Social, Develpmental, I/O). The DCT chairs this committee.
- 11) The DCT meets with <u>external practicum supervisors</u> once a year (in November) to evaluate the program and students as well as practicas. This provides invaluable feedback regarding the quality of training we provide to our students.
- 12) The <u>External Practicum Fair</u> held every January offers students the opportunity to evaluate the quality of external practicas associated with the program and to provide direct feedback about the opportunities available to them.
- 13) The <u>Clinical Psychology Graduate Research Showcase Day</u> provides faculty and students the opportunity to evaluate the quality of our research training by offering a snapshot view of the quality of research conducted in the program. We invite an "alumni makes good" to present his/her research which provides another opportunity for the program to be evaluated from the outside and for students to observe a clinical science role model and to discuss career trajectories.
- 14) Our program also undergoes extensive evaluation during the <u>Commission on</u> <u>Accreditation's site visit</u>. In preparation for a site visit, the program is expected to prepare a self-study that demonstrates continued consistency with the SoA.
- 15) Core faculty organize and attend a <u>clinical faculty retreat</u> every two years that is a daylong meeting to discuss more long-term program developments. Student reps attend part of the day, as well as clinical program administrative support.

COMPREHENSIVE EXAMINATION: POLICIES AND PROCEDURES

Overview

The comprehensive examination ("comps") is a sit-down written examination that must be passed as a requirement for admission to candidacy for the doctoral degree. Temporally, the exam is taken after completion of basic coursework and the master's thesis and before dissertation and internship. Though each program within the UH Psychology Department has some form of comprehensive examination, the format, content, and examination process are specific to each program. The clinical comps procedure includes two components:

1) a written, open-book exam covering material in the student's specialty area (CP/adult, CCP, or CN) and

2) obtaining licensure as a Psychological Associate, and as part of that process, passing the EPPP and the jurisprudence exam at the doctoral-level cut-offs (a standard score of 500 on the EPPP, which is comparable in difficulty to the old 70% criterion, and 90% for the takenat-home, open-book jurisprudence exam).

The comprehensive examination has long been a standard element of Ph.D. training programs in all fields, and successfully passing comps permits advancement to doctoral candidacy. Programs and faculty invest substantial time, energy, and resources into graduate students. Thus, while ensuring competence is a primary goal, all parties genuinely want students to succeed. Most students pass specialty comps on their first try and of those who don't, nearly all pass on their second try (a total of three tries are possible—see below for more detail). While individuals occasionally falter with comps, they almost universally succeed in the end. In short, comps are unlikely to be a 'make-or-break' factor in graduate school success.

Purpose and Goals

Like the other program requirements (i.e., clinical, coursework, research), the comprehensive examination has distinct goals. These goals relate both to providing quality training and to evaluating student competencies. A committee of clinical faculty and students reviewed the comps process in 2006 and identified the following key goals:

- To promote consolidation of materials previously studied from the perspective of a more advanced student and to fill in critical gaps in knowledge [For students]
- To demonstrate the ability to apply accumulated knowledge to a novel problem or situation in an integrative and organized manner [For students]
- To evaluate student competencies in general clinical and in specialty tracks [For students & faculty]
- To provide feedback to students on "integrative" writing and thinking [For faculty]
- To promote student to doctoral candidacy ("ABD") and readiness for dissertation work [For faculty]

Optimally, comprehensive exams would accomplish these stated goals while also resulting in a useful or concrete product and minimizing elements that make the process intimidating or daunting.

Value, Benefit, and Individual Goals

.Adjustments have been made to the comps process to attempt to reduce student stress levels and make the process more clear-cut and fair without sacrificing the goals: allowing choice among questions (e.g., answering 2 of 3), making the exam open-book/open-internet format, ensuring questions are rooted in a core reading list, and most recently, replacing the general clinical comps written exam with obtaining licensure as a Psychological Associate (and passing the EPPP at the doctoral level, as well as the jurisprudence exam). Sitting for and passing comps, although challenging, brings you one step closer to the doctoral degree. However, it is possible, and perhaps even valuable, to move past this purely pragmatic viewpoint. Potential individual goals and benefits of comps are described briefly below.

- Students often find that the process of studying and preparation strengthens their knowledge base and prompts them to integrate information and ideas in an original manner. These abilities can be useful in future work and support a sense of professional competence.
- A sense of personal accomplishment, based on the knowledge of competent performance on a standard test with blinded grading by faculty.
- The current open-book format encourages development of a well-organized but concise and easily accessible system for accessing information on a particular topic. Such a reference "library" could be a very useful and concrete product for later use.
- Students often develop study groups while preparing, which offer an opportunity to get reacquainted with your classmates, to develop some solidarity, and actually to have some intellectually stimulating conversations on occasion!
- Passing the EPPP at the doctoral level will obviously make the process of obtaining licensure as a psychologist in the future much easier.

Format of the exam

<u>The CP and CCP specialty exams will be given in an open-book/open-internet format</u>. In the 4-hour morning block (8:00a-12:00p), students will be given three questions and will answer two, and in the 2-hour afternoon block (1:00-3:00p), students will be given two questions and will answer one. There will be a lunch break between the two blocks (12:00-1:00p).

<u>The Clinical Neuro specialty exam will also be given in an open-book/open-internet format</u>. In the 4-hour morning session (8:00a-12:00p), students will be given three questions, and will answer two. One question will come from each of the following three areas: cognitive neuropsychology, research methods in neuropsychology (which could involve critique of a journal article), and neurological/neuropsychological disorders. There will be some developmental/child content in at least one of these three questions. In the 2-hour afternoon block (1:00-3:00p), students will answer a neuropsychological assessment/intervention question - there will be either a choice of an adult or child question, or one question that can be answered from an adult or child perspective. There will be a lunch break between the two blocks (12:00-1:00p).

For all exams in general, answers typically range from 4-8 pages double-spaced. However, length will likely vary significantly across questions and individuals. Scores are not assigned based on length, and a lengthy answer does not at all guarantee a passing score.

Specialty Exam Content

<u>Coursework covered.</u> Since (a) the student will have some choice in which questions he or she answers, (b) some students may have knowledge of these subject areas outside of the specific courses, and (c) not all of these courses are offered every year, some students choose to take comps having only completed some of these courses. *The specialty questions will be answerable based on the syllabi provided by professors for their respective classes. The syllabi are not meant to be an exhaustive reading list, but thorough preparation of these materials would yield adequate responses.*

Clinical Psychology (CP)/Adult	Clinical Child Psychology (CCP)	Clinical Neuropsychology (CN)**
Psychopathology I Interventions I & II Assessment I, II, & ACLA Multicultural	Psychopathology I Developmental Psychopath Interventions I & II Assessment I, II, & ACLA Child Interventions Multicultural Foundations of Developmental	Foundations of Neuropsych Functional Neuroanatomy Cognitive Disorders and Lifespan Neuropsych I, II, & III

**Note on CN exam.

CN questions could potentially require you to refer to patient material from your neuropsychology practica and could have some overlap with general clinical material in a CN context (e.g., assessment of depression in a TBI or Alzheimer's patient, cultural issues in assessment of a non-Anglo child with cognitive/behavioral difficulties).

Studying for Comps

<u>Is There a Reading List?</u> Yes. The reading lists provided in course syllabi are used to construct exam questions. In this manner, faculty is accountable to the students for the source of the questions in relation to specific readings. The list may differ from one comps exam sitting to the next.

However, these materials do not provide the only acceptable answer or sources, with students encouraged to include a variety of materials and sources in their answers. The nature of integrative comps answers is such that there are many excellent potential responses, each of which may rely on somewhat different readings. The reading list is an important place to start, particularly because it will likely highlight seminal or well-known articles. As noted above, faculty guarantees that the questions can be linked to the reading list as being the source for a 'passable' answer. However, identifying and studying additional readings is strongly encouraged by the faculty. It may be valuable to identify and to study readings in areas in which you are somewhat less familiar or in areas in which the reading list seems inadequate. The Association for Behavioral and Cognitive Therapies website (http://www.abct.org) has syllabi available for download that may offer guidance on supplemental readings. Browsing journals, such as *Psychological Science*, or identifying 'Special Issues' of well-known journals may be useful. Readings should offer adequate breadth and depth of coverage. In addition, readings that help promote integration and thoughtful analysis and discussion may be good choices. For example,

articles that provide theoretical or conceptual frameworks for understanding a broad issue could help in this manner.

<u>Previous Outlines, CDs, and other Collected Materials</u>. There is an informal passing down of materials from class to class. These materials consist of a binder/set of outlines as well as a computer CD-ROM with outlines (some duplicate of hard copies, some different). Individuals also make new outlines each year. Thus, the material tends to evolve. A caveat of using previous outlines is reliance on old information and on someone else's work. In addition, these outlines may contain reference information from course material covered in previous versions of a course, when taught by different faculty.

<u>Study Groups</u>. Study groups can serve a valuable process in comps preparation. Key functions include: 1) sharing labor, 2) diffusing stress, 3) accountability, and 4) sharing ideas. In the past, students have sometimes assigned articles or topic areas and then shared outlines. Given the large content domain, this can be very valuable. Second, spending time on a regular basis with others who are also going through the same stressful process can be a helpful release. Third, studying together helps keep individuals accountable and focused and minimizes excessive avoidance and procrastination due to anxiety. Finally, group studying provides a good venue to get out of your own head and answer questions out loud.

Open-Book Issues and Preparation for That Format.

Although comps are offered in an open-book format, students are not advised to drastically alter their study approach (from that utilized in preparation for a closed-book exam) in a way that would yield unsatisfactory results. Students are strongly encouraged not to devote excessive time to merely organizing and cataloguing texts, articles, and other materials. While organization will be useful in being able to look up information during the exam, the length of time allotted will not be sufficient for extensive reading about topics related to the question. Instead, students are encouraged to study as if the exam was still in closed-book format, committing the foundations to memory, and plan to use materials as a back-up to double check references or occasional details. Thus, students SHOULD NOT answer questions using a "cut-and-paste" approach utilizing material from stored computer files (or any available hard-copy resources). When formulating an answer to a question, students should be drawing mainly on recalled information, applying and integrating that information in the relevant context of the exam question. Computer-stored materials should be viewed as an "emergency" resource to be referred to if some critical detail or reference cannot be recalled. If faculty judge that a response contains significant "cut-and-paste", "boilerplate" information (which often includes material irrelevant to the question), the score given to that answer will reflect this. Faculty also accept their responsibility in constructing exam questions that do not readily lend themselves to a "cut-and-paste" approach, e.g., application/integration of knowledge in specific circumstances, case vignettes, critiques of research journal articles.

<u>Ethics with the Open-Book/Open-Internet Format.</u> Students are expected to submit their own original work. Plagiarism will not be tolerated and will be addressed with severe disciplinary action if discovered. If students have any questions or concerns regarding the acceptability of certain practices, they are encouraged to discuss them with faculty or ask a student representative to raise the question. The intent of allowing access to reference materials is to reduce concerns

related to performance anxiety. However, as noted above, students SHOULD NOT utilize a "cutand-paste" approach to answering questions. Stored computer material or hard-copy resources should only be utilized as emergency "back-up" resources if a critical piece of information or reference cannot be recalled. Use of abundant stored material to construct an answer is unacceptable. It may be a useful study exercise for students to write responses to questions from previous exams, but this should be done primarily to gain experience writing comps-style answers in the exam time-limit (2 hours per question), not to compile a "library" of answers from which to construct responses to the actual current comps questions. With the exception of possibly including a few short quotes (no more than a sentence or two) from a published source (which should be appropriately cited), responses SHOULD NOT contain material that the student has not written themselves, whether this material is published or not (e.g., answers to previous comps questions written by other students, sections of grant proposals written by faculty, unpublished treatment manuals). Generally, students should approach writing comps answers in the same manner as writing their thesis-stating ideas in their own words and properly attributing any directly quoted material to the published source. Students are not expected to provide as many citations for non-quoted material in comps answers as in their thesis, but should supply some of the key citations relevant to the question in the course of their response.

<u>Course Materials vs. Independent Learning</u>. The reading list will serve as a source for acceptable responses to questions. However, comps preparation offers a rare chance to review and integrate knowledge. Much of graduate school can be a harried and constant flurry of 'jumping through hoops' without any consideration or concern for the 'why?' After graduation, that process may continue for some time. The consolidation and integration of knowledge that can occur during preparation for comps can be an extremely valuable graduate school experience. Spend some time learning and thinking. Not only is it likely to enrich your personal knowledge, it is likely to be useful in responding to questions on the exam.

<u>Self-Care during preparation</u>. As anxiety levels rise during the process of comps preparation, selfcare can be sacrificed. People may neglect sleep or nutrition or may reduce enjoyable activities. Plan out a schedule ahead of time (think about your schedule at least 2-3 months in advance, even if you don't start studying then.) Anxiety and worry are likely to be your biggest enemies. So remember to use coping strategies that work for you—exercise, talking with friends, movies, reading, study breaks, etc. Also remember that comps are really not AT ALL as scary as people think. The uncertainty and waiting are aggravating, but the exam itself is manageable.

Passing Comps

<u>Scoring</u>. Each question will be graded by three faculty members (blind to student identity) on the following point scale:

1 Point - Failure (F)
2 Points - Borderline Failure (BF)
3 Points - Clear Pass (CP)
4 Points - Honor (H)
Points may be assigned in between these values as well (e.g., 3.5).

Three faculty members will score each response. One of the three raters will typically be the faculty member who wrote the question. If any two of the faculty members differ in their ratings

by 1.5 points or more, the faculty will discuss the rationale for assigning those scores, and a fourth rater may be asked to score the response. Faculty members will retain students' scored responses until after comps scores have been disseminated so they can be (possibly) discussed with students.

The total possible points earned for the Specialty section of the exam is 36 points (**3** questions x **4** possible points x **3** raters). Students will be required to obtain a *minimum of 7 points on each question and a total point minimum of 24 points*. Beyond the minimum number of points necessary to pass, designations of "High Pass" (28.5-29.5) and "Distinction" (30 or higher) are given to recognize excellent performances.

<u>When Will I Know If I Passed?</u> Students will receive feedback within four weeks of the completion of the examination, including time required for resolution of grading discrepancies.

<u>What If I Fail?</u> In cases where a student does not pass the examination, two retakes are allowed at the next January and August (within a one year period) offerings of the comprehensive examination. Failure to pass comps will likely add another year to the total time to complete the program. If a student has not passed the specialty exam within one year of the first sitting (three consecutive sittings in total), dismissal will occur.

<u>Switching Major Area of Study.</u> If the student fails the specialty exam, one option he or she may consider is switching specialty major area of study. This option would require approval from the DCT. Pertaining to comps, the student would then be permitted to complete the specialty questions from the newly declared major area of study within one year (or two sittings) of the first sitting. Switching major area of study does not eliminate the previous failure on the specialty exam, so the student would have only two attempts remaining on the exam for the new specialty track.

<u>Procedures for appeal.</u> If students are dissatisfied with the outcome of their exams, they are able to make a formal appeal to the Clinical Training Committee. Appeals should be filed with the DCT within 14 days of a student receiving their scores.

Procedures

<u>Time Frame</u>. Comps are offered twice yearly, in **January and August**, usually the week before the semester begins. The actual dates of the exams are chosen collectively by the students taking the exams. Most students choose to take comprehensive exams **during their third year**. Some students elect to take comps earlier if they have successfully defended their Master's theses (perhaps at another institution prior to entering the UH program) and completed the prequisite coursework.

The master's thesis must be defended and accepted in the dean's office by the required date in order to sit for the comprehensive exams. The required date is on the university wide academic calendar, but a 2-week extension has been routinely given to students who request it. So, if you think you will need the extension as the deadline draws nearer, don't forget to make a written request to CLASS (contact Anna Marchese with any questions: amarchese@uh.edu, 713-743-4012).

This means, students may take Summer Comps if their thesis is submitted to and accepted by the Dean's Office by the Spring semester deadline and they have completed Master's course requirements (except all thesis hours), even though the Master's degree may not officially post before the exam is administered.

The faculty member coordinating comps will send out an email in **September and in April-May**, inquiring about students who will be taking the exam at the next administration. A meeting with prospective comps-takers will be scheduled soon thereafter in which specialty comps and PA licensure procedures will be reviewed (including distribution of materials such as past specialty exams and the PA licensure packet from the Texas State Board). Students are required to finalize their decisions to take comps 60 days prior to the chosen test date. If a student commits to taking comps at that deadline and then experiences some type of emergency, the student may file an appeal with the DCT to be released from that administration of comps.

At the time names are requested for the upcoming administration, many students begin preparing, but this varies greatly among students. Students can choose to begin preparing earlier than that while taking each course, especially with good organization of course materials, typed class notes, and other strategies that will aid in future review of those materials. Many students study primarily when classes are not in session (such as over the summer or late December and January). Many students continue to have substantial other time-commitments (practicum, teaching, research lab, etc.) during the period prior to sitting for comps. As such, they may not be able to set aside 3-6 weeks to study intensively. Individuals also may vary in their study styles.

In order to help you decide how much studying is necessary, it may be useful to speak with advanced students about their studying experiences. Additionally, how well-organized your course materials are and how comfortable you were with that material when first learning it in class may influence the amount of time you wish to spend studying. Given the open-reference format, devising a system early on (i.e. when taking the classes during first year) for organizing notes and reference materials likely will save you significant preparation time later.

Pre-Exam Day Preparations

- a. Choose a testing location at the clinic, Heyne or HBSB. Things to consider: noise level, traffic in and out of the space, availability of computers/internet connections/wireless capability, comfort level and suitability for productivity.
 - a. Communicate early with others who may use the space to resolve any scheduling conflicts or choose an alternate location.
 - b. If choosing a "common area" in any of these buildings, be sure to reserve the room through the appropriate channels.
 - c. Ensure this space has the appropriate internet connections/wireless capability as the responses will be sent to Amy by email. Computers do not have to be purged of any information.
- b. Once you have settled on a testing location, email Amy Petesch and Dr. Massman with the desired location (including room number).
- c. Choose a random confidential ID code. You will use this ID code in the header of your comps responses for blind grading. These codes will not be shared with faculty until after scores have been determined. You can email the code to Amy ahead of time.

- d. Within about 2 weeks before exam day, emails will be sent to the listserv informing everyone of the testing date, general locations and reminding them to be considerate of testers' need for concentration and focus. If you do not receive this email, please send Amy a reminder email. (The clinic is not typically closed during comps, but every intention is made to reduce traffic, and ensure a quiet environment: signs are posted on exam day, and clinic staff monitors the building to enforce the need for silence.)
- e. Prepare the testing space a day or two before the exam. The testing space can be prepared ahead of time if desired by bringing and arranging all supporting reference materials, snacks/drinks, sweaters/blankets/fans, or any personal items that may assist with comfort and relaxation. Test equipment and internet connections.

Exam Day. Arrive early and remember to turn off phone ringers, alerts, or any other unnecessary distractions.

7:55a	Students should gather to receive the printed morning test questions.		
	• At the clinic, meet in the clinic reception area		
	• At Heyne, meet outside Dr. Massman's office (Heyne 229D)		
	• At HBSB, meet outside office of faculty member to be determined		
8:00a-12:00p	At 12p, email Amy your comps responses from the morning session		
12:00-12:55p	Lunch Break		
12:55p	Students should gather (same locations) to receive printed afternoon test questions		
1:00-3:00p	At 3p, email Amy your comps responses from the afternoon session		

<u>Please save each of your responses as a separate document, and include in its name your ID code, specialty area, and the question number—e.g., 5678-CN-Ques2.</u> Let Amy know if you would like to review/edit your comps responses (either at 12p or 3p). She will print a copy for you to proofread for spelling/grammatical errors only. Changes in substance are not allowed. Make any revisions clearly visible on the printed copy and return to Amy, who will indicate these changes in the electronic document using "track changes" before providing them to the faculty. Proofing/editing your comps responses is purely voluntary.

Contact Amy (713-743-1747) or Dr. Massman (832-264-2759) should any questions or problems arise.

The EPPP

Note: much of the information compiled below was obtained from the most recent version of the EPPP Candidate Handbook (June, 2015). Please be sure to check the website for updates (<u>http://www.asppb.net/?page=CandHandbook</u>). If there are any discrepancies between this document and the most recent version of the handbook, please refer to the information in the handbook and let the DCT know immediately of any discrepancies.

<u>What is the EPPP?</u> "The Examination for Professional Practice in Psychology (EPPP) is developed and owned by the Association of State and Provincial Psychology Boards (ASPPB). The EPPP is provided to state and provincial boards of psychology to assist them in their evaluation of the qualifications of their applicants for licensure and certification. This standardized knowledgebased examination is constructed by ASPPB with the assistance of its test vendor, Pearson VUE. The EPPP is continuously administered in a computerized delivery format through the Pearson VUE network of computer testing centers." ... "The EPPP is only one part of the evaluation procedures used by state and provincial boards to determine candidates' readiness to practice the profession of psychology. Most boards supplement the EPPP with other requirements and/or assessment procedures. The EPPP is intended to evaluate the knowledge that the most recent practice analysis has determined as foundational to the competent practice of psychology. Most candidates taking the EPPP have obtained a doctoral degree in psychology, a year of predoctoral supervised experience and appropriate postdoctoral experience. Candidates are expected to have acquired a broad basic knowledge of psychology, regardless of individual areas of concentration. This knowledge and the candidate's ability to apply it are assessed through the candidate's responses to objective, multiple-choice questions, representative of the field at large. The average pass-rate for doctoral level candidates who are taking the test for the first time exceeds 80% in the most recent sample years." – EPPP Candidate Handbook (June, 2015)

Content of the EPPP. The EPPP covers the following eight content areas:

- 1. Biological bases of behavior
- 2. Cognitive-affective bases of behavior
- 3. Social and cultural bases of behavior
- 4. Growth and lifespan development
- 5. Assessment and diagnosis
- 6. Treatment, intervention, prevention and supervision
- 7. Research methods and statistics
- 8. Ethical, legal, and professional issues

The percentage of the exam dedicated to each area covered is further outlined in the EPPP Candidate Handbook. Given that the EPPP is administered nationwide, the content in the exam does not align perfectly with any particular course. However, most of the content areas are covered in the Breadth and Depth courses you are required to complete. For example, the following classes will be particularly relevant for the EPPP: Interventions I and II; Assessment I and II; Statistics I and II; Developmental; Social; Bio Bases; Cognitive; Neuropsychology; Multicultural. Additionally, there is no specific reading list that will be provided to help you prepare for the exam.

<u>EPPP Study Materials.</u> In 2015, the department purchased a set of EPPP study materials for you to use, in addition to the two sets of study materials that were purchased in 2009. The updated materials were purchased to account for the change from DSM-IV to DSM 5. Hard copies are located in Amy Petesch's office. They have also been scanned, and are on the Sharepoint website and the public Vaquero network drive, along with sample applications completed by some of our students. Additionally, students have had success with materials purchased on their own, including phone and tablet apps called "EPPP Flash Cards" by StudyPsych and "ASPPB EPPP Exam Prep" by Pocket Prep.

<u>What Format Is the Exam?</u> "Each form of the EPPP contains 225 items, of which 175 are scored and 50 are pretest items. The pretest items do not count in a candidate's final score. Each item has four possible responses, only one of which is the correct answer." – EPPP Candidate Handbook (June, 2015). The EPPP is administered on a computer at an approved Pearson VUE testing center. Students will have 4 hours and 15 minutes to complete the exam, with an extra 15 minutes allotted for the completion of the Non-Disclosure Agreement, a tutorial and a survey at the completion of the exam.

<u>How Many Points Do I Need to Pass?</u> Students will receive a scaled score that ranges from 200 to 800. To pass the EPPP at the doctoral level in Texas, **students must obtain a scaled score of 500 or greater**. Please see the EPPP Candidate Handbook for more information on how the difficulty of the exam is taken into consideration when scoring the exam. To pass the Jurisprudence Exam at the doctoral level in Texas, **students must receive a score of 90% or greater**.

<u>IMPORTANT</u>: the faculty require the students to pass the EPPP and Jurisprudence at the <u>doctoral level</u> in order to complete the requirements for comps. This means that while a scaled score of 450 on the EPPP and a score of 80% on the Jurisprudence allows a student to pass at the level of the Psychological Associate, the department requires students to pass at the doctoral level to complete the comps requirement. This distinction is important to keep in mind when signing up to take the Jurisprudence Exam. *If a student obtains a score between 450 and 500 on the EPPP and completes the Jurisprudence prior to re-taking the EPPP, their scores will be set at the Psychological Associate level and the student will not be allowed to retake the exam until their doctorate is complete.*

<u>When Will I Know If I Passed?</u> Upon completing the EPPP, students will receive an "unofficial" score from the Pearson VUE test center. This score is sent to the licensing board to determine whether this is a passing score. The Texas Board asks that candidates wait 6 weeks between completing the exam and contacting the board to determine their status. Students will receive a letter in the mail that states the "official" score and their status. Be sure to note annual licensing renewal and continuing education (CE) requirements noted in the licensure materials to ensure you obtain all necessary CEs before your renewal due date.

Of note, on the website of the Association of State and Provincial Psychology Boards (ASPPB; <u>http://www.asppb.net/</u>), there is a section in which recent performances of students from different programs are reported (from 2007-2012), you can see that 90% of the 50 UH clinical psychology alumni/students who took the exam passed at the doctoral level cut-off, and scored an average of well over 70% correct in all the various content areas (assessment and diagnosis, research methods, etc.).

<u>What If I Fail?</u> What is the Possible Number of Retries? Any candidate who scores below 500 (the ASPPB recommended passing score for independent practice) will automatically receive performance feedback at the test center as part of their score report. The feedback will be reported by domain in the form of a bar graph. There is no fee for this report." – EPPP Candidate Handbook (June, 2015).

Your application is active for 2 years following the initial approval to sit for the exam. The exam can be taken up to 4 times per year. **Per Program requirements, if a student has not passed the EPPP within one year of the first sitting, dismissal will occur**.

The Jurisprudence Exam

Note: much of this information was taken from the TSBEP application form (updated June, 2015). Please be sure to check the website for updates (<u>https://www.tsbep.texas.gov/how-to-become-licensed</u>). If there are any discrepancies between this document and the most recent version of the handbook, please refer to the information in the application.

<u>What is the Jurisprudence Exam?</u> The primary purpose of the examination is to ensure that all candidates for licensure have the necessary familiarization and knowledge of applicable laws, and rules and regulations to practice effectively in the state of Texas." (TSBEP, June 2015)

<u>Content of the Jurisprudence Exam.</u> The content areas for the Jurisprudence Examination were identified and developed by the Board's Written Examination Committee and include the following:

- Practice Administration
- Board Composition and Procedures
- Complaint, Disciplinary, and Rehabilitation Procedures
- Licensing Requirements and Specialty Certification
- Professional Practice Rules and Guidelines
- Research Practices
- Supervision Guidelines
- Teaching"

(TSBEP, June 2015)

<u>Jurisprudence Study Materials.</u> There are no specified study materials for the Jurisprudence. However, according to the TSBEP (June, 2015) people have found the following resources to be helpful while completing the exam:

• Psychologist's Licensing Act

Board Rules and Regulations

• Texas Health and Safety Code: Chapter 611 – Mental Health Records; Chapter 32 - Consent to Medical, Dental, Psychological and Surgical Treatment; Chapter 153 - Rights of Parents and Other Conservators to Consent to Treatment of Children and Access to Children's Records; Chapter 261 - Duty to Report Child Abuse and Neglect

• Texas Human Resource Code Chapter 48 - Duty to Report Abuse of Elderly or Disabled Persons • Texas Civil Practice and Remedy Code Chapter 81 - Duty to Report Sexual Exploitation of a Patient by a Mental Health Provider

<u>What Format Is the Exam?</u> The Jurisprudence Examination is in open-book format. "The Jurisprudence Examination is administered online. The Board will authorize a candidate to register for and take the examination within 10 business days following receipt of the fee. Once a candidate has been authorized by the Board, the candidate may register for and take the examination through the Board's website. Upon registration with the vendor, the candidate has 14 days to complete the examination. Failure to complete the examination will result in a failing score" (TSBEP, January, 2016). The examination consists of approximately 100 multiple-choice items. Experimental items are included on the exam in order to ensure an adequate item pool for future exams. Accordingly, the total item count for the examination will vary from exam to exam" (TSBEP, June, 2015).

<u>How Many Points Do I Need to Pass?</u> To pass the Jurisprudence Exam at the doctoral level in Texas, **students must receive a score of 90% or greater.**

<u>When Will I Know If I Passed?</u> Jurisprudence exam results will be emailed to the candidate after completion the exam.

<u>What If I Fail?</u> What is the Possible Number of Retries? Your application is active for 2 years following the initial approval to sit for the exam. There is no specified number of attempts identified for this exam. However, it is helpful to know that "the average passing rate for first time examinees of the Jurisprudence Exam in 2007 was 90%" (TSBEP, June 2015).

The Application Process for the EPPP and Jurisprudence Exam

For the most up-to-date information, be sure to visit the website of the Association of State and Provincial Psychology Boards (ASPPB; <u>http://www.asppb.net/</u>) and the Texas State Board of Examiners of Psychologists (TSBEP; <u>http://www.tsbep.texas.gov/</u>).

<u>Requirements for Application – Master's Degree and Supervised Experience.</u> The master's degree must be conferred prior to submitting the application for the EPPP. This requires that the master's thesis must be defended and accepted in the dean's office by the required date. Information on master's degree requirements can be found at: <u>http://www.uh.edu/class/students/graduate/thesis-dissertation-info/</u>. The required date is on the university wide academic calendar, but a 2-week extension has been routinely given to students who request it. So, if you think you will need the extension as the deadline draws nearer, don't forget to make a written request to CLASS (contact Anna Marchese with any questions: <u>amarchese@uh.edu</u>, 713-743-4012). Additionally, the master's degree is conferred at the end of the academic semester, no matter when the thesis was defended.

In addition to the master's degree, the TSBEP requires the completion of at least 450 hours of practicum/work experience under a licensed supervisor. The requirements for what constitutes as "experience" is vague and has been a source of confusion for students. It is the interpretation of the faculty that this means that you do NOT need 450 hours of face-to-face only experience. Acceptable experiences that would fall into the category of practicum/experience under a licensed supervisor include any duties performed in the role of a practicum student: face-to-face interactions with clients (intervention and/or assessment), report writing, chart-review, session preparation, and supervision. Additionally, the TSBEP rules state that the hours can be accumulated across 2 sites; however, the application itself only gives space to list a single site. So, it would be best to play it safe and make sure the hours are accumulated at a single site and can be vouched by your supervisor there.

A Step-by-Step Process for a Successful Application

About 4-5 months prior to your intended exam date:

<u>Step 1</u>: Map out a timeline that allows you to complete the requirements (master's degree and 450 hours) prior to submitting your application.

<u>Step 2:</u> Download the Application Packet (<u>http://www.tsbep.texas.gov/</u>). Make yourself familiar with the specific requirements and how long they will take to complete.

<u>Step 3:</u> Recommendations: You will need to ask 3 people to fill out the recommendation letter for you. It can often take a while to get these completed, so be sure to leave plenty of time to track down all 3 references. According to the TSBEP, "two of these references must be licensed as psychologists by the psychology licensing board in the appropriate jurisdiction. The third reference must either be licensed as a psychologist or be a professor of psychology at a college/university. Current Board members may not be used as references" (July 2015). Additionally, *one of the references must be able to verify that you*

completed the 450 required hours. The original letters must be submitted to the board, so you should either give your letter writers a pre-addressed and stamped envelope or send them in yourself.

*Note: This is often the part of the application that causes problems for students. Please make sure that the supervisor who is vouching for the 450 hours *records the hours worked per week identically* to the hours worked per week that you note in the application. Otherwise your application will be sent back and you will need to complete an amendment.*

About 3 months prior to your intended exam date:

<u>Step 4:</u> Complete the application form, gather all materials and submit. The approval process can take 3-6 weeks, so it's best to get everything in as soon as possible. Sample applications can be found on Sharepoint and Vaquero.

<u>Step 5:</u> Request for your transcripts to be sent to the TSBEP from the University of Houston. Only official transcripts are accepted. Transcripts must show that the master's degree was conferred.

<u>Step 6:</u> Register for the DPS/FBI fingerprint criminal history record checks. There are detailed instructions on the application for completing this requirement.

About 2 months prior to your intended exam date:

<u>Step 7:</u> When your application is accepted, you will receive a *Letter of Approval to Sit for Exams* from the TSBEP. From here you will need to print out an Exam Request Form (found at: <u>http://www.tsbep.texas.gov/form-bank</u>), complete it for the EPPP ONLY (don't request the Jurisprudence yet) and mail it in.

<u>Step 8:</u> After submitting the Exam Request Form, you will receive an email asking you to set up an account in the registration portal. You will have 90 days to register on the portal. <u>Step 9:</u> When you are ready to set a date, you will return to the portal website to pay for the exam and set a date. <u>Please note:</u> The ASBPP allows a 90-day window from payment to take the exam; however, the Texas application states the "the applicant must sit for the examination within 60 days of the date on the authorization-to-test", so be sure to set a date for within 60 days.

After Completing the EPPP:

<u>Step 10:</u> Now that you have completed and passed the EPPP, you will need to register for the Jurisprudence Exam. Print out an Exam Request Form (found at: <u>http://www.tsbep.texas.gov/form-bank</u>), complete it for the Jurisprudence only, submit your payment, and mail it in.

<u>Step 11:</u> About 10 days after the Exam Request Form is received by the Board, you will be able to register for the Jursiprudence online. However, you do NOT receive an email informing you when you are authorized to register. Therefore, you should begin checking the registration website about 2 weeks after mailing the Exam Request Form.

Registration for the Jursiprudence exam is on the Board's website

(<u>https://www.tsbep.texas.gov/jurisprudence-examination</u>). After registering for the exam online, you have 14 days to complete the online exam. Your results will be emailed to you upon completion.

Application Costs

Transcripts: \$10 DPS/FBI fingerprint criminal history checks: \$41.45 Application Fee: \$190 EPPP Fee: \$600 Testing Center Fee: \$87.50 Jurisprudence Fee: \$234

Preparation for the EPPP and Jurisprudence Exam

<u>When is the EPPP Offered?</u> When is the Jurisprudence Exam Offered? The EPPP is offered year round at testing centers in the Houston-metro area. The actual date of the exam is chosen individually by the students taking the exam. The Jurisprudence Exam can be requested at any time throughout the year.

<u>When Should I Take the EPPP? The Jurisprudence Exam?</u> Most students choose to complete the EPPP at the end of their third year (between May and July). Some students elect to take the exam earlier if they have successfully defended their Master's theses and completed the prerequisite-hours requirement. Most students take the Jurisprudence after they have completed <u>and</u> passed the EPPP.

<u>When Should I Start Studying?</u> Most study programs recommend that people spend between 180-300 hours or 3-4 months studying for the exam. It can be helpful to read through the materials and get familiar with the content. Most students who have had success with the EPPP recommend taking as many practice exams as possible, as this is will help you track your progress and identify areas of weakness. Also, many students report doing worse on the practice exams than on the EPPP itself, so do not panic if you find the practice exams to be challenging.

<u>Study Groups.</u> Study groups can serve a valuable process in comps preparation. Four key functions are: 1) sharing labor, 2) diffusing stress, 3) accountability, and 4) sharing ideas. In the past, students have sometimes assigned articles or topic areas and then shared outlines. Given the large content domain, this can be very valuable. Second, spending time on a regular basis with others who are also going through the same stressful process can be a helpful release. Third, studying together helps keep individuals accountable and focused and minimizes excessive avoidance and procrastination due to anxiety. Finally, group studying provides a good venue to get out of your own head and answer questions out loud. Find a study group that works for you. Some people work better with a lot of pressure; some with less.

More Noteworthy Information

<u>Nuts and Bolts.</u> IMPORTANT: WHEN YOU RECEIVE YOUR EPPP AND JURISPRUDENCE RESULTS, SCAN AND E-MAIL THEM TO <u>PMASSMAN@UH.EDU</u> AND <u>ALPETESCH@UH.EDU</u>.

<u>Self-Care during Comps.</u> As anxiety levels rise during the process of comps preparation, self-care can be sacrificed. People may neglect sleep or nutrition or may reduce enjoyable activities. Plan out a schedule ahead of time (think about your schedule at least 2-3 months in advance, even if you don't start studying then.) Anxiety and worry are likely to be your biggest enemies. So

remember to use coping strategies that work for you—exercise, talking with friends, movies, reading, study breaks, etc. Also remember that comps are really not AT ALL as scary as people think. The uncertainty and waiting are aggravating, but the exam itself is manageable.

Problems. Contact Amy or Dr. Massman (832-264-2759) should any questions or problems arise.

STUDENT SUPPORT

Funding

Funding support is provided to all students in the program pending their good standing in the program. Support is provided through five mutually exclusive mechanisms:

- 1) Teaching Assistantships (TA)
- 2) Teaching Fellowship (TF)
- 3) Research Assistantship (RA; internal or external)
- 4) Grant support (e.g., F31)
- 5) Paid practica

<u>Teaching Assistantships (TA).</u> For 2017-18 the monthly stipend for a 50% appointment (20 hrs/wk) will be \$1586.67, or \$14,280 for the nine-month academic year. Students in TA appointments are assigned to 1 to 3 course sections per semester, depending on the workload of the course(s). Summer support as a TA (\$4760 total for 3 months) is also available upon early request by the student and fund availability. Students typically receive a summer assignment if requested. (See Appendix R for more information)

<u>Teaching Fellowship (TF)</u>. After the second year, students may qualify for a Teaching Fellowship (TF). Teaching Fellows are instructors of record for a course. Each TF is expected to instruct 2 course sections per semester. The current monthly stipend for a 50% TF appointment is \$1722.67 or \$15,504 for the nine-month academic year. Summer support as a TF (\$5168 total for 3 months) is also available upon early request by the student, and fund availability. (See Appendix R for more information)

<u>Research Assistantship (RA).</u> Through an advisor's grant funding or through collaborative opportunities, a student may be employed as a paid RA. Payment generally follows TA or TF rates (see above), though stipends vary, typically ranging from \$1500 to \$2100/month. (See Appendix R for more information)

<u>NIH F31 support.</u> Students may also work with their advisor to submit proposals to the National Institutes of Health (NIH) for funding for F31 fellowships. These two-to-three year fellowships are designed to support a specific research project. Successful applicants receive three components of support through an F31 fellowship: (1) an annual stipend of \$22,920, (2) an institutional allowance of \$4200, and (3) 60% of tuition and fees covered. The annual stipend amount is typically raised each year. F31 fellowships are received as a fellowship through the scholarships office, and recipients are thus not employees of UH during the fellowship time. As such, employee health insurance coverage is not an option and the student must either use the UH student health insurance coverage or purchase other coverage. Funds from the \$4200 institutional allowance noted above may be used for this purpose. The three components of an F31 fellowship are administered through the Department business office, who works with students on expense tracking and reporting to the NIH.

<u>Paid practica.</u> Students may be paid through paid clinical practica. Each year contracts are signed with a variety of departments and facilities in the Texas Medical Center and surrounding area that provide paid practica. Practically all of the CN graduate students and some of the

Child/Family students in their 2nd year and above are placed on these contracts. Most of the contracts involve the provision of clinical services; some are clinical /research placements and still others are research placements. CN students are usually placed on 2-3 contracts during their 3 year-long practicum rotations. CN graduate students who are placed on these contracts are required to read through a copy of the contract, sign a form to indicate that this has been done and that they understand the content (see Mr. Joel Hammett for a copy of the contract and form) and to abide by its content. Any questions can generally be answered by Dr. Woods and Mr. Hammett. Contracts usually specify such things as: General information, responsibilities of UH (e.g., administrative, faculty and student responsibilities, patient record maintenance, student participation in program), responsibilities of practicum site (e.g., administrative, faculty and student responsibilities, work hours, vacation hours and designated holidays), term and termination of contract, fiscal provisions, appointments, and miscellaneous provisions. It should be noted that the University of Houston has no sick leave policy for part time employees; some sites might and that information should be obtained from the site. Also, students do not get the academic holidays of the University of Houston while on these contracts. They are given twenty hours (20) hours per week of paid vacation for 2 weeks. This time can be used in a variety of ways such as vacation, studying for comprehensive examinations, sick time, and interviewing for internships. However, dates for taking this vacation time must be approved by practicum supervisors. If students take off time in addition to designated holidays and vacation, this time must be made up with the approval of the site supervisor or pay deducted from the student's salary. CN students have the responsibility to notify Dr. Woods, Mr. Hammett and the site supervisor of the date of termination of their working at a site if an internship starts at an earlier date than the regular termination date of the contract or for other reasons. Other major area students must notify Dr. Sharp. Such notification should be made as soon as possible after the student is aware of an early termination date. This is necessary in order for plans to be made for the possible fulfillment of the remaining part of the contract by another student or for alternate plans to be made by the site and also to see that pay is ended on the correct date.

<u>Other benefits.</u> Other benefits include an excellent comprehensive state employee health benefit package (after a 90-day waiting period) at low cost to the student (student pays \$159/month; State and University pay \$459/month or \$5508 total/year), a waiver of non-resident tuition rates for out-of-state students (worth \$15,240/year) and a graduate tuition fellowship that covers the cost of twelve credit hours for the Fall and Spring semesters and up to six credit hours for the Summer semester (worth approximately \$11,073/year). Recently, the tuition fellowship has also covered fees, but that is not guaranteed each semester. Please note that full-time graduate study for first-year in the Department of Psychology requires twelve credit hours each for the Fall and Spring semesters, and three or six credit hours for the summer semester (depending on program requirements). (See Appendix R for more information)

<u>Tuition and fees.</u> All clinical graduate students are charged in-state tuition. For students coming from out-of-state, residency status is not required before matriculating; if necessary, fee bill will be adjusted after residency determination has been made. Further, 30 credit hours per year are covered by the doctoral tuition fellowship. Student financial support is guaranteed for first-year students, and is usually available beyond the first year, for students in good standing, through teaching or research appointments, external internships, or traineeships, or some combination of these. First-year students are provided with a departmental Teaching Assistantship (TA). For

2017-2018 the monthly stipend for a 50% appointment (20 hrs/wk) will be \$1586.67, or \$14,280for the nine-month academic year. Students in TA appointments are assigned to 1 to 3 course sections per semester, depending on the workload of the course(s). Summer support as a TA (\$4760 total for 3 months) is also available upon early request by the student and fund availability. Students typically receive a summer assignment if requested. Research Assistantships (RA) are also sometimes available to first year students, if they will be working with a faculty member who has a funded project on which to place the student. Stipends vary, typically ranging from \$1586 to \$2083/month. After the second year, students may qualify for a Teaching Fellowship (TF). Teaching Fellows are instructors of record for a course. Each TF is expected to instruct 1-2 course sections per semester, depending on course size. The current monthly stipend for a 50% TF appointment is \$1722.67 or \$15,504 for the nine-month academic year. Summer support as a TF (\$5168 total for 3 months) is also available upon early request by the student, and fund availability. Students typically receive a summer assignment if requested. Other benefits include an excellent comprehensive state employee health benefit package (after a 90-day waiting period) at low cost to the student (student pays \$159/month; State and University pay \$459/month or \$5508 total/year), a waiver of non-resident tuition rates for out-of-state students (worth up to \$15,240/year) and a Graduate Tuition Fellowship (GTF) that covers the cost of twelve credit hours for the Fall and Spring semesters and up to six credit hours for the Summer semester plus fees (worth approximately \$11,073/year). While highly likely to continue, we do not guarantee the coverage of the fee portion of the tuition fellowship (approximately \$490/semester). Please note that full-time graduate study for first-year in the Department of Psychology requires twelve credit hours each for the Fall and Spring semesters, and three or six credit hours for the summer semester (depending on program requirements). For tuition and fees, students should not expect to pay out-of-pocket. In order to qualify for the health benefits and a waiver of out-of-state tuition, students must maintain at least a 50% employment appointment, be registered as a full-time student, and in good standing. To qualify for the tuition fellowship, students must be registered as a full-time student and in good standing. (See Appendix R for more information)

The following is a breakdown of student tuition costs during internship, as the graduate tuition fellowship does not apply during that year. If the dissertation is defended prior to internship, the cost of the "Dissertation" line below may be subtracted.

Tuition for Internship					
Resident Non-Resident					
Cost per Credit hour	\$320	\$810			
Internship Hours (9)	\$2,880	\$7,290			
Dissertation (3)	\$960	\$2,430			
Internship w/o defending\$3,840\$9,7					

<u>Maximum workload restrictions</u>. Any employment up to 10 hours in addition to the student's standard commitment must be approved by the student's advisor, DCT and CTC.

<u>Payment schedule.</u> You will begin getting paid on October 1st by direct deposit (and you'll get paid for both December and January!). Log in to PeopleSoft (<u>https://accessuh.uh.edu/login.php</u>) to enter your account information for direct deposit.

Summer funding. Students are funded through summer on their TA, TF or RA.

University Services

All University of Houston students have access to the following resources (See: <u>http://www.uh.edu/students/</u>): Center for Students with DisABILITIES; Veteran Services; LGBTQ Resource Center; A.D. Bruce Religion Center; Women and Gender Resource Center; Child Care Center; UH Wellness; Health Center; Graduate/Professional Housing; Speech, Language and Hearing Clinic; Counseling and Psychological Services Center; University Eye Institute; Security Escorts; International Student and Scholar Services; etc..

<u>The Office of Educational Technology (http://www.uh.edu/class/oet/)</u>: specialty services and support for teaching and teaching technologies; available to assist with course design and enhancement (Instructional Design), and various software and tools (i.e. Blackboard, Respondus, Mediasite) available to assist with teaching; Classroom Technologies: provides resources instructors can use with their lectures (i.e. laptops, projectors, software).

Center for Academic Support and Assessment (http://www.uh.edu/casa/): proctoring/testing support

<u>Committee for the Protection of Human Subjects (http://www.uh.edu/research/compliance/irb/)</u>: research design support; IRB Committee 3 is dedicated to student-led human subjects research

Department Resources

Graduate students in the Department of Psychology are provided work space and use of departmental/program resources, equipment, and software (MS Office, SPSS, etc); purchasing assistance and travel support; and a specialized liaison librarian responsible for supporting research and teaching in Psychology. Ms. Irene Ke, the Psychology Librarian, has an MLS and MS in Counseling Psychology. She is an outstanding resource for facilitating the discovery of relevant research/information. She will take acquisition requests, compile resource lists (called "guides") that pertain to particular subject matters or for courses, and provide one-on-one or group training, in-person or virtually, on search methods. In addition, the department has appointed Dr. Raymond "Chip" Knee as Director of Graduate Education, and he is available in the event of any special concerns or problems a graduate student may have in the department or program. See "Who to go to for what" in Appendix P.

The Department of Psychology is fortunate to have a dedicated IT administrator. Mr. Botti maintains all the department computers, including four different computer labs, keeping them up-to-date with virus protection, and the latest Microsoft Office suite, as well as with various data analysis programs (SAS, SPSS, etc.). In the event Mr. Botti is unavailable, students may contact the College of Liberal Arts and Social Sciences IT department. Students and faculty housed in TIMES benefit from dedicated IT administration provide by Mr. Minh Duong and his team.

Please see Appendix Q for a useful guide for first year students (senior student tips), and the program's <u>SharePoint site</u> for additional resources

Other Resources

Grad school is stressful, and life happens anyway. In addition to services available to you on campus at **CAPS** (<u>www.caps.uh.edu</u>) the following therapists offer a reduced rate to students in our clinical training program. Self-care is an important ethical and professional obligation.

Kim Copeland, Ph.D.

5909 W Loop S, Ste 420
Bellaire, TX 77401
713-206-0650
Grad of our program.
Postdoc at Menninger
(Shares office waiting room with Dr. Weill)

Katherine DeLaune, Ph.D.

3730 Kirby Drive, Suite 800
Houston, Texas 77098
713-446-1465
<u>katdelaune@comcast.net</u>
CBT orientation, grad of our program; also incorporates ACT therapy
Reduced rate for UH clinical grad students

Ken Kopel, Ph.D.

6750 W Loop S Bellaire, TX 77401 (713)665-3100 CBT in practice 35 years, marriage, divorce, anxiety, chronic illness, medical psych Will work out affordable fee with students

Elizabeth Maynard, Ph.D.

3730 Kirby Drive, Suite 800 Houston, TX 77098 (832)971-2208 www.elizabethmaynard.com

Jennifer Rothfleisch, PhD

2225 County Road 90Pearland, TX 77584281-412-9138CBT orientation, grad of our program

Kelli L. Wright, PhD 1712 Fairview St.

Houston, TX 77006 (713) 249 - 5838 Former UH student, CBT is also ACT certified *Complete online in SharePoint

Appendix A

Individualized Development Plan (IDP) Form

Name of Student

Name of Advisor or Major Professor

Year in Program

Date IDP Completed

<u>Program Goal 1: Gain breadth of knowledge of psychology and related sciences and depth</u> <u>of knowledge in clinical psychology:</u>

Students' curriculum and lab work are designed to gain

- a. breadth of knowledge in psychological science (biological, cognitive, affective, developmental and social aspects of behavior as well as the history of psychology as a scientific discipline and research methodology in psychological sciences)
- b. breadth of knowledge in fields related to psychology (e.g. neuroscience, statistics)
- c. depth of knowledge in clinical psychology (assessment, diagnosis, clinical research methods and psychometrics, interventions, professional issues, etiology, and phenomenology)
- d. knowledge of the contextual relevance of scholarship (diversity)

Self-Rating:

Below Level of Training Commensurate with Level of Training Ready for Board Certification

Long-term (10-year) Goals:

Short-term	(1-year)	Goals:
------------	----------	--------

Fall	Spring	Summer

Program Goal 2: Competence in Research

Through research activity individual faculty labs and curriculum students will gain competence in

- a. study design, assessment and measurement
- b. data analyses
- c. study management and execution

- d. timely dissemination of scientifically sound research
- e. critical evaluation of research
- f. ethical conduct of research
- g. integration of diversity and context into research

Self-Rating:

Below Level of Training Commensurate with Level of Training Ready for Board Certification

Long-term (10-year) Goals:

Short-term (1-year) Goals:

Goal	Action Step	Frequency (i.e. weekly)	Target Completion Date

Program Goal 3: Competence in clinical practice:

Through coursework and clinical practica, students will gain competence in using empirical literature to guide

- a. psychological assessment
- b. clinical diagnosis and case conceptualization
- c. treatment planning, implementation, and evaluation of treatments
- d. clinical supervision
- e. clinical consultation
- f. ethical, professional, and reflective clinical practice
- g. awareness and integration of diversity, context, and advocacy into clinical practice
- h. knowledge and awareness of interdisciplinary systems

Self-Rating:

Below Level of Training Commensurate with Level of Training Ready for Board Certification

Long-term (10-year) Goals:

Goal	Action Step	Frequency (i.e. weekly)	Target Completion Date

Program Goal 4: Development of a professional identity as a clinical scientist:

Through coursework and relationships with their peers and mentors, students will gain competence in

- a. the ability to identify career goals
- b. pursuing a coherent and focused plan of study
- c. establishing professional networks
- d. the ability to actively participate in the scholarly and clinical community at departmental, university and professional levels in an interpersonally effective way

Self-Rating:

Below Level of Training Commensurate with Level of Training Ready for Board Certification

Long-term (10-year) Goals:

Short-term (1-year) Goals:

Goal	Action Step	Frequency (i.e. weekly)	Target Completion Date

UNIVERSITY of HOUSTON GRADUATE SCHOOL

GRADUATE and PROFESSIONAL STUDENT PETITION gradschool@uh.edu

"State law requires that you be informed of the following: (1) with few exceptions, you are entitled on request to be informed about the information the university collects about you by use of this form; (2) under sections 552.021 and 552.023 of the Government Code, you are entitled to receive and review the information; and (3) under section 559.004 of the Government Code, you are entitled to have the university correct information about you that is incorrect."

Name:	Last	First		Midd	lo	Current Student	Career		Petition E	
	Luot	Contact Phone Nun	nber [.]	IVIIUU	IE	Information	Program		Term	Year
myUH ID:						Plan	Code			
UH EMAIL ALIAS:	@U	H.EDU Students are required to m	aintain a valid destination	n email address	in their myUH account	actions become effective the	ated and approved, all petitions are e day they are processed, unless oth ice in the department of their degree	herwise stipula	ated and approved via petition. A	All administrative I petitions should be
PURPOSE OF PE	TITION									
	gram status/action vate, discontinue, etc)	2. Admissions st	tatus change (ex: c to un	conditional (conditional)		w concurrent degr ve (career/program		4. Cł	hange current deg (program/plan)	ree objective
	uirement exception or ourse substitution		ence (include specific ing documentation)	: term)		tement to discont (provide explanation			equest to apply to g the late filing period	
9. Transfer Cr [One Institution per						Previously Transfer Credits on this requ		10. Cł	nange Admit Term	
Courses Catalo		Sem/Qtr Taken:	Transfer	General Elective	UH Graduate Course			11. Ea	arly Submission of T Dissertation	'hesis/
Approved Catalo		Sem/Qtr Taken: Sem/Qtr Taken:	Credit Awarded:	Credit	Equivalencies	s: Catalog #: Catalog #:		12. Ot	ther (explain below	()
documentation as needed) STUDENT SIGNATU	RE			DATE						
			S				ACADEMIC	OFFIC	E USE ONLY	
Graduate Advisor/			-			COMMENTS				
APPROVED	DISAPPROVED Signal		Print Name	Date _	//					
Graduate Studies/		iture r								
APPROVED	DISAPPROVED Signa	ature P	Print Name	Date _	//					
Department Chair										
APPROVED		ture P	rint Name	Date _	//					
Assoc/Asst Dean fe	or Graduate Studies									
APPROVED	DISAPPROVED Signa	ture P	rint Name	Date _	//					
Vice Provost/Dean	of the Graduate Schoo	l								
APPROVED	DISAPPROVED Signa	ture P	rint Name	Date _	//				084	

Appendix C

Approval of Proposal					
Name of Student				PS#	
Program					
	MA/Thesis		1		
	PhD/Dissertation	-			
Title of Project		3			

anantment of Devehology

We approve the attached research proposal. We agree that the student and the committee chair may make minor and reasonable changes in the protocol without consulting the whole committee. We agree to participate in an assembled final oral defense at the completion of the project.

Signed:	
Chair of Committee	Date
I understand this project must have approval for the I must submit the related approval letter to the Direct he/she will sign and submit this form to the Academic	tor of Graduate Education before
	Anan's Once.
Signed:Student	Date
Signed:	
Director of Graduate Education	Date

After this form has been signed, it is to be stapled to a copy of the proposal and placed in the student's file in the Academic Affairs Office, 124 Heyne.

086	

College of Liberal Arts a	nd Social Sciences				
College of Liberal Arts and Social Sciences					
Thesis Committee App	ointment Record				
Name					
Department Stud	ent ID Number				
Email					
Research Topic					
It is requested that the following faculty members agrostudent named above.	ee to serve on the Thesis Committee for the				
Committee Members (pleas	e print name on left line)				
Committee Chair UHID number	Signature				
Committee Member UHID number	Signature				
Committee Member UHID number	Signature				
Approve	ed:				
Department Director of Graduate Studies	Date				
Department Chairperson	Date				
Dean, College of Liberal Arts and Social Sciences	Date				

Appendix D

College of Liberal Arts and Social Sciences Dissertation Committee Appointment Record

epartment	Student ID Number	
mail		

It is requested that the following faculty members agree to serve on the Doctoral Dissertation Committee for the student named above.

Committee Members (please print name on left line)

Committee Chair UHID number	Signature
Committee Member	Signature
UHID number	
Committee Member	Signature
UHID number	
Outside Committee Member, Name/ Department / University (if not UH)	Signature
Approved:	
epartment Director of Graduate Studies	Date
epartment Chairperson	Date
Dean, College of Liberal Arts and Social Sciences	Date

Foundational Competencies Codebook¹

I. Professionalism – Professional values and ethics as evidenced in behavior and comportment that reflects the values and ethics of psychology, integrity, and responsibility.		
 responsibility. A. Integrity - Honesty, personal responsibility ar Does Not Meet Expectations Failure to complete assigned or routine tasks during clinic on call hours Failure to complete required clinic trainings (e.g., HIPPA) and orientations 	Readiness for Practicum Demonstrates honesty, even in difficult situations Takes responsibility for own actions Displays basic understanding of core professional values Demonstrates ethical behavior & basic knowledge of APA Ethical Principles & Code of	values, and seeks faculty/supervisor guidance as needed.Demonstrates ability to share, discuss and address
 B. Deportment - Understands how to conduct or attire, Does Not Meet Expectations Not presenting for clinic on call hours or session 	Conduct: see below: Foundational Competency: Ethical-legal standards-policy neself in a professional manner (appropriate co Readiness for Practicum • Demonstrates appropriate personal hygiene and	failures and lapses in adherence to professional values with supervisors/faculty as appropriate ommunication and physical conduct, including Well Developed Competence • Demonstrates awareness of the impact behavior
 Not presenting for clinic on can hours of session observation appointments in professional attire and appropriate hygiene Discussing client(s) information in public areas of the clinic or elsewhere Discussion of client(s) in unprofessional terms or with disrespect for individual differences 	 Distinguishes between appropriate and inappropriate language and demeanor in professional contexts 	 Demonstrates awareness of the impact behavior has on client, public and profession Utilizes appropriate language and demeanor in professional communications Demonstrates appropriate physical conduct, including attire, consistent with context
C. Accountability - Accountable and reliable (co		
 Does Not Meet Expectations Failure to complete required observation or client contact hours and notes or reports in a timely manner Failure to maintain responsibility in scheduling rooms and/or resources both when initiating scheduling and when changes are needed 	 Readiness for Practicum Turns in assignments in accordance with established deadlines Demonstrates personal organization skills Plans and organizes own workload Aware of and follows policies and procedures of institution 	 Well Developed Competence Completes required case documentation promptly and accurately Accepts responsibility for meeting deadlines Available when "on-call" Acknowledges errors Utilizes supervision to strengthen effectiveness of practice

¹ Although not all inclusive, examples of behaviors that correspond to each competency rating are listed below. Please note that the "Well Developed Competence" category listed corresponds with the "Readiness for Internship" category from the "Competency Benchmark Document", which is the product of the Assessment of Competency Benchmarks Work Group convened by the APA Board of Educational Affairs in collaboration with the Council of Chairs of Training Councils (CCTC). (July 2008)

D. Concern for the welfare of others - Consistently acts to understand and safeguard the welfare of others			
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence	
 Engaging in behaviors that compromise a safe environment emotionally or physically Abandonment of client(s) 	 Displays initiative to help others Articulates importance of concepts of confidentiality, privacy, informed consent Demonstrates compassion 	 Regularly demonstrates compassion Displays respect in interpersonal interactions with others including those from divergent perspectives or backgrounds Determines when response to client needs takes precedence over personal needs 	
E. Professional Identity - Emerging professiona	E. Professional Identity - Emerging professional identity as psychologist; uses resources (e.g., supervision, literature) for professional		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence	
Cannot conduct an appropriate literature searchFails to seek needed supervision when appropriate		Attends colloquia, workshops, conferencesConsults literature relevant to client care	
 Does not integrate supervision into care of client(s) Failure to attend schedule supervision (individually or on team) 	profession (training model, core competencies)Demonstrates knowledge about practicing within one's competence		
	 Understands that knowledge goes beyond formal training 		

II. Reflective Practice/Self-Assessment/Self-Care – Practice conducted with personal and professional self-awareness and reflection; with awareness and
reflection; with awareness of competencies; with appropriate self-care.
A Different of Development of the second ofference of the first ofference ofference of the second ofference of the first of the first ofference

A. Reflective Practice - Broadened self-awareness; self- monitoring; reflectivity regarding professional practice (reflection-on-action); use of resources to enhance reflectivity; elements of reflection-in-action.

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Does not articulate attitudes, values, and beliefs that guide behavior and decision-making Fails to acknowledge impact of self on others Does not use introspection to monitor the effect of 	 Displays basic mindfulness and self-awareness; basic reflectivity regarding professional practice (reflection-on-action) Problem solving skills (critical thinking) 	 Articulates attitudes, values, and beliefs toward diverse others Recognizes impact of self on others
 personal issues on professional work and relationships Failure to foster development of individual and cultural identities Does not use supervision as an opportunity to facilitate self-awareness as related to professional performance, roles, and responsibilities 	 organized reasoning intellectual curiosity and flexibility Demonstrates openness to: considering own personal concerns & issues recognizing impact of self on others articulating attitudes, values, and beliefs toward diverse others self-identifying multiple individual and cultural identities systematically reviewing own professional performance with supervisors/teachers 	 Self-identifies multiple individual and cultural identities Describes how others experience him/her and identifies roles one might play within a group Responsively utilizes supervision to enhance reflectivity Systematically and effectively reviews own professional performance via videotape or other technology with supervisors Initial indicators of monitoring and adjusting professional performance in action as situation requires

puts physical health or important relationships at

Fails to seek help/advice for personal difficulties with the potential to impair professional functioning

Denies personal vulnerabilities

risk)

B. Self-Assessment - Broadly accurate self-assessment of competence; consistent monitoring and evaluation of practice activities. **Does Not Meet Expectations Readiness for Practicum** Well Developed Competence Fails to recognize professional limitations, Self-assessment comes close to congruence with Knowledge of core competencies; emerging self-'blindspots' & mistakes assessment re: competencies assessment by peers and supervisors Fails to recognize strengths Demonstrates awareness of clinical competencies Identifies areas requiring further professional for professional training Despite input from others, does not develop specific growth and realistic professional goals Develops initial competency goals for early training Writes a personal statement of professional goals (with input from faculty) Cannot describe an adequate subset of core Identifies learning objectives for overall training competencies for scientist-practitioners plan Does not devote adequate time to self-evaluation Systemically and effectively reviews own and review of professional performance professional performance via videotape or other technoloav C. Self-Care - Attention to personal health and well-being to assure effective professional **Does Not Meet Expectations Readiness for Practicum** Well Developed Competence Lacks awareness of personal & professional values Monitoring of issues related to self-care with Understanding of the importance of self-care in and priorities effective practice supervisor. Fails to balance personal & professional Knowledge of self-care methods Understanding of the central role of self-care to commitments in a manner consistent with ones effective practice Attention to self-care values & priorities Demonstrates basic awareness and attention to Works with supervisor to monitor issues related to Relies on ineffective &/or maladaptive coping (e.g., self-care self-care

III. Scientific Knowledge and Methods - Understanding of research, research methodology, techniques of data collection and analysis, biological bases of behavior, cognitive-affective bases of behavior, and development across the lifespan. Respect for scientifically derived knowledge.

A. Scientific Mindedness		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Passive acceptance of published literature as truth Unable/Unwilling to present own research in multiple modalities (e.g., written, oral) 	 Displays critical scientific thinking Aware of need for evidence to support assertions Questions assumptions of knowledge Evaluates study methodology and scientific basis of findings Presents own work for the scrutiny of others 	 Values and applies scientific methods to professional practice. Articulates, in supervision and case conference, support for issues derived from the literature Formulates appropriate questions regarding case conceptualization Generates hypotheses regarding own contribution to therapeutic process and outcome Performs scientific critique of literature

Takes action recommended by supervisor for self-

care to ensure effective training

Competencies Assessment Codebook

B. Scientific Foundation of Psychology - Knowledge of core science.		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Unable to articulate the scientific method Applies illogical steps in place of scientific reasoning and evaluation 	 Understanding of psychology as a science. Demonstrates understanding of core scientific conceptualizations of human behavior Demonstrates understanding of psychology as a science, including basic knowledge of the breadth of scientific psychology. For example: able to cite scientific literature to support an argument. Evaluates scholarly literature on a topic 	 In-depth knowledge of core science Displays intermediate level knowledge of and respect for scientific bases of behavior
C. Scientific Foundation of Professional Practic	e - Knowledge, understanding, and application	of the concept of evidence-based practice.
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Fails to learn the evidence base associated with interventions and assessments Considers interventions and assessments without regard to their scientific status Considers interventions and assessments without regard to their acceptability within the client's values Considers interventions and assessments without regard to their acceptability within the client's values Considers interventions and assessments without regard to the clinician's preparation/expertise 	 Understanding the scientific foundation of professional practice Understands the development of evidence based practice in psychology (EBP) as defined by APA Displays understanding of the scientific foundations of the functional competencies Cites scientific literature to support an argument Evaluates scholarly literature on a practice-related topic 	 Knowledge, understanding, and application of the concept of evidence-based practice Applies EBP concepts in case conceptualization, treatment planning, and interventions Compares and contrasts EBP approaches with other theoretical perspectives and interventions in the context of case conceptualization and treatment planning.

IV. Relationships - Relate effectively and meaningfully with individuals, groups, and/or communities A. Interpersonal Relationships **Does Not Meet Expectations** Well Developed Competence **Readiness for Practicum** Limited or poor interpersonal relationships Displays interpersonal skills Forms/maintains productive, respectful Fails to listen/attend to others relationships with clients, peers, supervisors and Listens and is empathic with others professionals from other disciplines Unable to see or dismisses alternative views & Respects and shows interest in others' cultures. Forms effective working alliance with clients values experiences, values, points of view, goals and desires, fears, etc. Engages with supervisors to work effectively Unreliable, inconsistent Blames others; does not take responsibility for own Demonstrates skills verbally and non-verbally. Works cooperatively with peers Involved in departmental, institutional, or Receives feedback well. errors professional activities or governance Repeated boundary violations or excessive distance in therapeutic/supervisory relationship Demonstrates respectful and collegial interactions with those who have different professional models Does not prepare for supervision or seek assistance or perspectives

teedback non-		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Frequent conflict with others OR avoids conflict 	 Demonstrates affective skills 	 Negotiates differences and handles conflict
 Doesn't challenge or confront clients when 	 Demonstrates affect tolerance 	satisfactorily; provides effective feedback to others
appropriate	 Tolerates and understands interpersonal conflict 	and receives feedback non-defensively.
 Immature, superficial or distant relationships 	 Tolerates ambiguity and uncertainty 	 Works collaboratively
 Poor working alliance with clients 	 Demonstrates awareness of inner emotional 	 Demonstrates active problem-solving
 Becomes angry or overly upset by negative 	experience	 Makes appropriate disclosures regarding
feedback	 Demonstrates emotional maturity 	problematic interpersonal situations
 Insensitive, over critical feedback or resistant to 	Listens to and acknowledges feedback from others	Acknowledges own role in difficult interactions
providing constructive criticism to peers		 Provides feedback to supervisor regarding
Avoids introspection; lacks awareness of own role		supervisory process
in interactions		 Provides feedback to peers regarding peers'
		clinical work in context of group supervision or case conference
		 Accepts and implements supervisory feedback non-defensively.
C. Expressive Skills – Ability to clearly and	articulately express oneself	non-derensivery.
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
		· · ·
• Uses language that is vague or contains too much	Demonstrates coherent expressive skills	Clear and articulate expression
jargon	 Communicates ideas, feelings and information 	Communicates clearly using verbal, nonverbal, and
Unable to articulate e.g. stumbles, incomplete	verbally and non-verbally	written skills
sentences/ideas, rambles too much or overly brief		 Demonstrates understanding of professional
		language

B. Affective Skills - Negotiates differences and handles conflict satisfactorily; provides effective feedback to others and receives feedback non-

V. Individual and Cultural Diversity - Awareness, sensitivity and skills in working professionally with diverse individuals, groups and communities who represent

A. Self as shaped by individual and cultural diversity (e.g., cultural, individual, and role differences, including those based on age, gender, gender identity,

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Has difficulty recognizing prejudices 	 Knowledge, awareness, and understanding of one's own dimensions of diversity and attitudes towards diverse others. Demonstrates this self-knowledge, awareness, and understanding. For example: articulates how ethnic group values influence who one is and how one relates to other people. 	 Monitors and applies knowledge of self as a cultural being in assessment, treatment, and consultation Understands and monitors own cultural identities in relation to work with others Uses knowledge of self to monitor effectiveness as a professional Critically evaluates feedback and initiates supervision regularly about diversity issues

gender identity,		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
	 Knowledge, awareness, and understanding of others individuals as cultural beings. Demonstrates knowledge, awareness and understanding of the way culture and context shape the behavior of other individuals. Critically evaluates feedback and initiates supervision regularly about diversity issues with others. ndividual and cultural diversity (e.g., cultural, incompared to the supervision) 	
	city, culture, national origin, religion, sexual orienta Readiness for Practicum	
Does Not Meet Expectations Holds some beliefs which limit effectiveness with certain clients	 Knowledge, awareness, and understanding of interactions between self and diverse others Demonstrates knowledge, awareness and understanding of the way culture and context shape interactions between and among individuals. 	 Uses knowledge of the role of culture in interactions in work as a professional Critically evaluates feedback and initiates supervision regularly about diversity issues with others
D. Applications based on individual and cultur effectively	ral context - Applies knowledge, sensitivity, and	understanding regarding ICD issues to work
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
Lacks insight into impact of personal experiences on case conceptualization, choice of treatment, etc.	 Basic knowledge of and sensitivity to the scientific, theoretical, and contextual issues related to ICD (as defined by APA policy) as they apply to professional psychology. Understanding of the need to consider ICD issues in all aspects of professional psychology work (e.g., assessment, treatment, research, relationships with colleagues). Demonstrates basic knowledge of literatures on individual and cultural differences and engages in respectful interactions that reflects this knowledge Demonstrates understanding of the need to consider ICD issues in all aspects of professional psychology work through respectful interactions 	

B. Others as shaped by individual and cultural diversity (e.g., cultural, individual, and role differences, including those based on age, gender, gender identity,

VI. Ethical Legal Standards and Policy - Application of ethical concepts and awareness of legal issues regarding professional activities with individuals, groups, and organizations.

A. Knowledge of ethical, legal and professional standards and guidelines - Knowledge and understanding of the APA Ethical Principles and Code of Conduct and other relevant ethical/ professional codes, standards and guidelines; laws, statutes, rules, regulations.

	Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
•	 Unable to locate the APA Ethical Code. 	 Basic knowledge of the principles of the APA 	 Intermediate level knowledge and understanding of
•	Unable to identify which code is currently in place	Ethical Principles and Code of Conduct [ethical	the APA Ethical Principles and Code of Conduct
	(e.g., which year of publication represents the	practice and basic skills in ethical decision making]	and other relevant ethical/ professional codes,
	current code).	 Beginning knowledge of legal and regulatory issues 	
•	Unable to identify additional codes that are salient	in the practice of psychology that apply to practice	regulations
	to professional practice (e.g, child custody, forensic,	while placed at practicum setting.	 Identifies ethical dilemmas effectively
	and so on).	 Displays a basic understanding of this knowledge 	 actively consults with supervisor to act upon ethical
		(e.g., APA, Ethics Code and principles, Ethical	and legal aspects of practice
		Decision Making Models)	 Addresses ethical and legal aspects within the
		 Demonstrates knowledge of typical legal issues 	case conceptualization
		(e.g., child and elder abuse reporting, HIPAA,	Discusses ethical implications of professional work
		Confidentiality, Informed Consent)	 Recognizes and discusses limits of own ethical and
			legal knowledge

B. Awareness and Application of Ethical Decision Making - Knows and applies an ethical decision-making model and is able to apply relevant elements

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Unable to identify, with the narrative code available, applicable sections to an ethical decision making dilemma. Failure to identify appropriate means and resources for obtaining consultation and/or supervision when facing an ethical decision making dilemma. 	 Demonstrates the importance of an ethical decision model applied to practice. Recognizes the importance of basic ethical concepts applicable in initial practice (e.g. child abuse reporting, Informed consent, confidentiality, multiple relationships, and competence) Identifies potential conflicts between personal belief systems, APA ethics code and legal issues in practice. 	 Knows and applies an ethical decision-making model and is able to apply relevant elements of ethical decision making to a dilemma. Uses an ethical decision-making model when discussing cases in supervision. Readily identifies ethical implications in cases and to understand the ethical elements in any present ethical dilemma or question Discusses ethical dilemmas and decision-making in supervision, staffing, presentations, & practicum settings.
C. Ethical Conduct - Knowledge of own more	al principles/ethical values integrated in profes	sional conduct.
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Failure to seek consultation before responding to an ethical decision making dilemma. Enacts conduct that is inconsistent with supervisor mandates regarding ethical conduct, without first seeking consultation from Clinic Director. 	 Ethical attitudes and values evident in conduct Evidences desire to help others Demonstrates openness to new ideas Shows honesty/integrity/values ethical behavior Demonstrates personal courage consistent with ethical values of psychologists Displays a capacity for appropriate boundary management Implements ethical concepts into professional behavior 	 Knowledge of own moral principles/ethical values integrated in professional conduct Articulates knowledge of own moral principles and ethical values in discussions with supervisors and peers about ethical issues Spontaneously discusses intersection of personal and professional ethical and moral issues.

VII. Interdisciplinary systems – Knowledge of ke		entify and interact with professionals in multiple
A. Knowledge of the shared and distinctive cor		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Lacks awareness or understanding of basic contributions of allied professions such as social work, psychiatry 	 Beginning, basic knowledge of the viewpoints and contributions of other professions/ professionals. Demonstrates knowledge, respect, and valuing of roles, functions and service delivery systems of other professions. 	 Awareness of multiple and differing worldviews, roles, professional standards, and contributions across contexts and systems. Intermediate level knowledge of common and distinctive roles of other professionals
		 Reports observations of commonality and differences among professional roles, values, and standards.
B. Functioning in multidisciplinary and interdi		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Displays defensiveness when interacting with others 	 Demonstrates cooperation Demonstrates ability to cooperate with others in task completion. 	 Beginning, knowledge of strategies that promote interdisciplinary collaboration vs. multidisciplinary functioning Demonstrates knowledge of the nature of
		interdisciplinary vs. multidisciplinary function and the skills that support interdisciplinary process.
	sciplinary collaboration/ consultation enhances	
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
Does not practice reflective listening skills or dominates discussion with own ideas	 Knowledge of how participating in interdisciplinary collaboration/ consultation can be directed toward shared goals. Demonstrates understanding of concept 	 Participates in and initiates interdisciplinary collaboration/ consultation directed toward shared goals. Consults with and cooperates with other disciplines in service of clients
D. Respectful and productive relationships	•	
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Makes dismissive or disparaging comments of other disciplines 	 Awareness of the benefits of forming collaborative relationships with other professionals Expresses interest in developing collaborative relationships and respect for other professionals 	 Develops and maintains collaborative relationships and respect for other professionals Communicates effectively with individuals from other profession

Functional Competencies Codebook¹

A. Measurement and Psychometrics		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Lack of, or misunderstanding of, the scientific, theoretical, and contextual basis of test construction. Lack of, or misunderstanding of, basic psychometric constructs. 	 Basic knowledge of the scientific, theoretical, and contextual basis of test construction and interviewing. Demonstrates awareness of the benefits of standardized assessment. Demonstrates knowledge of the construct(s) being assessed. Evidences understanding of basic psychometric constructs such as validity, reliability, and test construction. 	 Selects assessment measures with attention to issues of reliability and validity. Identifies appropriate assessment measures for cases seen at practice site. Routinely consults with supervisor regarding selection of assessment measures.
B. Evaluation Methods		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Lack of or misunderstanding of the scientific, theoretical, and contextual basis of evaluation methodologies. Failure to check out successfully (with supervisor or their designee) on standardized assessment measures within two attempts. 	 Basic knowledge of administration and scoring of traditional assessment measures, models and techniques, including clinical interviewing and mental status exam. Accurately and consistently administers and scores various assessment measures. Demonstrates knowledge of initial interviewing (both structured and semi-structured interviews, mini-mental status exam). 	 Awareness of the strengths and limitations of administration, scoring and interpretation of traditional assessment measures as well as related technological advances. Demonstrates intermediate level ability to accurately and consistently select, administer, score and interpret assessment tools with client populations. Collects accurate and relevant data from structured and semi-structured interviews and mini-mental status exams.
C. Application of Methods		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Lack of, or misunderstanding of, the scientific, theoretical, and contextual basis of the correct application of evaluation methodologies. Cannot articulate to supervisor the multi-trait, multi-method matrix approach to assessment. Proposes to supervisor an assessment battery that attends only to confirming hypotheses (e.g., hypothesizes ADHD and proposes a battery that 	 Knowledge of measurement across domains of functioning and practice settings. Demonstrates awareness of need to base diagnosis and assessment on multiple sources of information. Demonstrates awareness of need for selection of assessment measures appropriate to population/problem. 	 Selects appropriate assessment measures to answer diagnostic question. Selects assessment tools that reflect awareness patient population served at a given practice site. Regularly selects and uses appropriate methods of evaluation. Demonstrates ability to adapt environment and materials according to client needs (e.g., lighting.

¹ Although not all inclusive, examples of behaviors that correspond to each competency rating are listed below. Please note that "Well Developed Competence" category listed corresponds with the "Readiness for Internship" category from the "Competency Benchmark Document," which is the product of the Assessment of Competency Benchmarks Work Group convened by the APA Board of Educational Affairs in collaboration with the Council of Chairs of Training Councils (CCTC). (July 2008)

Competencies Assessment Codebook

fails to consider other possible causes for	p	rivacy, ambient noise).
problems with attention/concentration).		

D. Diagnosis		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Lack of basic knowledge of range of normal and abnormal behavior. Lack of or misunderstanding of DSM criteria and system. 	 Basic knowledge regarding the range of normal and abnormal behavior in the context of stages of human development and diversity. Identifies DSM criteria. Describes normal development consistent with broad area of training. 	 Applies concepts of normal/abnormal behavior to case formulation and diagnosis in the context of stages of human development and diversity. Articulates relevant developmental features and clinical symptoms as applied to presenting question. Demonstrates ability to identify problem areas and to use concepts of differential diagnosis.
E. Conceptualization and Recommendations		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Lack of or misunderstanding of diagnostic formulation/case conceptualization Inability to prepare basic reports which articulate theoretical material applied to case conceptualization. 	 Basic knowledge of formulating diagnosis and case conceptualization. Demonstrates the ability to discuss diagnostic formulation and case conceptualization. Prepares basic reports which articulate theoretical material applied to case conceptualization. 	 Utilizes systematic approaches of gathering data to inform clinical decision-making. Presents cases and reports demonstrating how diagnosis is based on case material.

Intervention- Interventions designed to alleviate suffering and to promote health and well-being of individuals, groups, and/or organizations. A. Knowledge of Interventions - Knowledge of scientific, theoretical, empirical and contextual bases of intervention, including theory, research, and practice.

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Lacks self-initiative to request readings or resources used to inform treatment. Fails to complete assigned readings associated. Unable to articulate basic knowledge of scientific, theoretical, and contextual bases of evidence-based practice. 	 Basic knowledge of scientific, theoretical, and contextual bases of intervention and basic knowledge of the value of evidence-based practice and its role in scientific psychology. Articulates the relationship of EBP to the science of psychology. Identifies basic strengths and weaknesses of intervention approaches for different problems and populations. 	 Demonstrates knowledge of interventions and explanations for their use based on EBP. Demonstrates the ability to select interventions for different problems and populations related to the practice setting. Investigates existing literature related to problems and client issues. Writes a statement of one's own theoretical perspective regarding intervention strategies.

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
Responses to clients indicate significant	 Basic understanding of the relationship between 	 Formulates and conceptualizes cases and plan
inadequacies in their theoretical understanding	assessment and intervention.	interventions utilizing at least one consistent
and case formulation.	 Articulates a basic understanding of how 	theoretical orientation.
Chooses interventions without regard to their	intervention choices are informed by assessment.	 Articulates a theory of change and identifies

This practicum evaluation form is based on the "Competency Benchmark Document", which is the product of the Assessment of Competency Benchmarks Work Group convened by the APA Board of Educational Affairs in collaboration with the Council of Chairs of Training Councils (CCTC). (July 2008)

Competencies	Assessment	Codebook
Competencies	1 10000001110110	Coucook

scientific status or their alignment.	interventions to implement change; as consistent
 Chooses interventions without regard to their 	with the AAPI.
acceptability within the client's values.	Writes understandable case conceptualization
 Chooses interventions without regard to own 	reports and collaborative treatment plans
relevant preparation/expertise.	incorporating evidence-based practices.

C. Clinical Skills

C. Clinical Skills		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Has difficulty establishing rapport. Frequently shows lack of confidence. Misses or misperceives important information/themes presented by client. Failure to identify any goals. Lacks awareness of underlying problems. Unable to demonstrate empathy and caring such that most clients become willing to trust and utilize therapeutic assistance. D. Intervention Implementation 	 Basic helping skills. Demonstrates helping skills, such as empathic listening, framing problems. 	 Develops rapport with most clients. Develops therapeutic relationships. Demonstrates appropriate judgment about when to consult supervisor.
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Failure to target interventions to client's level of understanding and motivation. Unable to apply interventions that are technically consistent with supervisory and literature-based guidance. Applies interventions without regard to their scientific status. Applies interventions without regard to their acceptability within the client's values. Applies interventions without regard to own relevant preparation/expertise. 	 Basic knowledge of intervention strategies. Articulates awareness of theoretical basis of intervention and some general strategies. 	 Implements evidence-based interventions that take into account empirical support, clinical judgment, and client diversity (e.g., client characteristics, values, and context). Applies specific evidence-based interventions. Presents case that documents application of evidence-based practice.
E. Progress Evaluation	1	
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Failure to appreciate the need for ongoing evaluation of working alliance and treatment effectiveness. Unaware of methods to examine intervention outcomes. Unable/Unwilling to perform assessments of intervention outcomes. Persistent application of interventions that appear to be having deleterious effects. 	 Basic knowledge of the assessment of intervention progress and outcome. Demonstrates basic knowledge of methods to examine intervention outcomes. 	 Evaluate treatment progress and modify treatment planning as indicated, utilizing established outcome measures. Assesses and documents treatment progress and outcomes. Alters treatment plan accordingly. Describes instances of lack progress and actions taken in response.

This practicum evaluation form is based on the "Competency Benchmark Document", which is the product of the Assessment of Competency Benchmarks Work Group convened by the APA Board of Educational Affairs in collaboration with the Council of Chairs of Training Councils (CCTC). (July 2008)

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Does not recognize multiple professional roles such as consultant. Cannot distinguish among consultant roles Does not discuss with or inform consultee of clinician's role in consultation. 		 Knowledge of the consultant's role and its unique features as distinguished from other professional roles (such as therapist, supervisor, teacher). Articulates common and distinctive roles of consultant. Compares and contrast consultation, clinical and supervision roles.
B. Addressing Referral Question		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
Inappropriate or incorrect selection of assessment tools.		 Knowledge of and ability to select appropriate means of assessment to answer referral questions Implements systematic approach to data collection in a consultative role. Identifies sources and types of assessment tools.
C. Application of Methods		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
		 Identifies and acquires literature relevant to unique consultation methods (assessment & intervention) within systems, clients or settings. Identifies appropriate interventions based on consultation assessment findings.

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 As a supervisee, is routinely unprepared for supervision (e.g., unsure what to discuss, fails to bring clinical materials for review). As a supervisee, fails to disclose information that supervisor needs to understand clinical situations and/or accurately assess supervisee's training needs and performance. 	 Basic knowledge of expectations for supervision. Demonstrates knowledge of the process of supervision. 	 Identifies roles and responsibilities of the supervisor and supervisee in the supervision process.
B. Processes and Procedures - Knowledge of p	rocedures and processes of supervision.	
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
• Does not demonstrate a basic understanding of supervision models and practice.	 Demonstrates basic knowledge of supervision models and practice. 	 Identifies goals and tasks of supervision related to developmental progression.
		 Tracks progress achieving goals and setting new

This practicum evaluation form is based on the "Competency Benchmark Document", which is the product of the Assessment of Competency Benchmarks Work Group convened by the APA Board of Educational Affairs in collaboration with the Council of Chairs of Training Councils (CCTC). (July 2008)

Effe at

rolatoo to dialaa

competencies Assessment Codebook		goals.
C. Skills Development - Knowledge of the super	vision literature and how clinicians develop to be s	skilled professionals.
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Cannot describe different models of supervision Fails to complete self-assessment related to supervisory skills. 	 Interpersonal skills of communication and openness to feedback. Completes self-assessment (e.g., Hatcher & Lassiter, 2006). Integrates faculty/supervisor feedback into self-assessment. 	 Successfully completes coursework on supervision. Demonstrates formation of supervisory relationship integrating theory and skills including knowledge of development, educational praxis.
D. Awareness of Factors Affecting Quality – Kno Participants including self as defined by APA po	owledge about the impact of diversity on all profest blicy.	sional settings and supervision
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Cannot differentiate appropriate and inappropriate responses to individual and cultural differences in supervision. Lacks insight into how ones cultural identity may differentially affect supervisees. 	 Basic knowledge of and sensitivity to issues related to individual and cultural differences (i.e., the APA definition) as they apply to the supervision process and relationships. Demonstrates basic knowledge of literature on individual and cultural differences and engages in respectful interactions that reflect that knowledge. 	 Beginning knowledge of personal contribution to therapy and to supervision. Demonstrates knowledge of Individual and Cultural Differences (I&CD) literature and APA guidelines in supervision practice. Demonstrates awareness of role of oppression and privilege on supervision process.
E. Participation in Supervision Process - Observ	vation of and participation in supervisory process ((e.g., peer supervision).
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Fails to provide candid and sensitive critical feedback to supervisee when needed. Is a passive observer rather than actively engaged in group supervision Discounts supervisee's perspective or opinion. Does not seek supervision of supervision &/or supervisory consultation when needed. Fails to adopt a genuine openness to feedback from supervisees as evident from developmental stagnation as a supervisor. 	 Awareness of need for straightforward, truthful, and respectful communication in supervisory relationship. Demonstrates willingness to admit errors, accept feedback. 	 Reflects on supervision process, areas of strength and those needing improvement. Seeks supervision to improve performance, presenting work for feedback, and integrating feedback into performance.
	compliance with ethical/professional codes, standa nt to the practice of psychology and its supervision	
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Fails to recognize ethical issues in supervision. Fails to recognize legal issues in supervision. Cannot articulate institutional &/or APA principles as related to supervision. Behaves unethically toward supervisee (e.g., 	 Knowledge of principles of ethical practice and basic skills in supervisory ethical decision making, knowledge of legal and regulatory issues in supervision. Demonstrates understanding of this knowledge 	 Behaves ethically. Recognizes ethical and legal issues in clinical practice and supervision.

This practicum evaluation form is based on the "Competency Benchmark Document", which is the product of the Assessment of Competency Benchmarks Work Group convened by the APA Board of Educational Affairs in collaboration with the Council of Chairs of Training Councils (CCTC). (July 2008)

Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Naïve understanding of functional role as independent of the institutional structures. 	 Awareness of roles of management in organizations. Articulates understanding of management role in own organization(s). 	 Responds appropriately to managers and subordinates. Manages DDS under supervision, e.g., scheduling, billing, maintenance of records Identifies responsibilities, challenges, and processes of management.
	effectively function within professional settings ar	nd organizations, including compliance with
policies and procedures. Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Attempts to solve problems without engaging the administrative structures consistent with institutional policies and procedural guidelines. Operates in ways that are counter to the institution's policies and procedural guidelines. 	 Awareness of the functions of policies and procedures, ability to comply with regulations. Completes assignments by due dates. Complies with relevant regulations. Responds appropriately to direction provided by managers. 	 Articulates approved organizational policies and procedures. Completes reports and other assignments promptly. Complies with record-keeping guidelines. Demonstrates understanding of quality improvement (QI) procedures in direct delivery of services basic management of direct services, Q procedures.
	ting policy, participation in system change, and ma	-
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Unwilling/Unable to contribute to the administrative functioning of the institution. Behaves in ways that are hostile to the administrative policies and procedural guidelines of the institution. 	Able to develop and prepared to offer constructive	 Articulates agency mission and purpose and its connection to goals & objectives. Implements procedures to accomplish goals and objectives.
and leadership of organization.		
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Passively accepts management and leadership without recognition of personal responsibility to engage and improve the institution. Hostile denigration of management and leadership without genuine attempt to engage and constructively work to improve the 	 Autonomous judgment of organization's management and leadership. Applies theories of effective management and leadership to form an evaluation of organization. 	 Identifies strengths and weaknesses of management and leadership or organization. Provides input appropriately, participates in organizational assessment.

This practicum evaluation form is based on the "Competency Benchmark Document", which is the product of the Assessment of Competency Benchmarks Work Group convened by the APA Board of Educational Affairs in collaboration with the Council of Chairs of Training Councils (CCTC). (July 2008)

Competencies	Assessment	Codebook
--------------	------------	----------

institution.

service provision.	I, political, economic or cultural factors that may ir	r
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Lack of awareness that social, political, economic, or cultural factors may impact human development. Lack of awareness that service provision must be sensitive to social, political, economic, or cultural factors. 	 Awareness of social, political, economic and cultural factors that impact individuals, institutions and systems, in addition to other factors that may lead them to seek intervention. Articulates social, political, economic or cultural factors that may impact on human development and functioning. 	 Identifies specific barriers to client improvement, e.g., lack of access to resources. Assists client in development of self-advocacy plans.
B. Systems Change - Promotes change to enhance	nce the functioning of individuals.	
Does Not Meet Expectations	Readiness for Practicum	Well Developed Competence
 Unable to identify means by which therapists may promote systems change(s) important to the individuals the therapist serves. Unwillingness to engage in advocacy at systems level. 	 Understanding the differences between individual and institutional level interventions and system's level change. Articulates role of therapist as change agent outside of direct patient contact. 	 Identifies target issues/agencies most relevant to specific issue. Formulates and engages in plan for action. Demonstrates understanding of appropriate boundaries and times to advocate on behalf of client.

Cancel

University of Houston Clinical Psychology Practicum Student Evaluation

Student's Name	▼
Academic Year	2016-2017 🗸
Specific Date Range (optional, if not Fall through Summer)	
Practicum Site	(None)
Practicum Supervisor	
Practicum Grade	✓

Please estimate the percentage of time the student spends on the following skill areas in this practicum:

Assessment	%
Intervention	%
Research	%

Rating Scale (please provide comments below)

bio/soc/cog/aff/dev scientific underpinnings of behavior and their

Not Applicable

- 1: Deficient for level of experience
- 2: Weak for level of experience
- 3: Average for level of experience
- 4: Outstanding for level of experience

Please rate this student on:

A. Professional Conduct

Dependability (integrity/honesty/responsibility; attends appointments/meetings punctually; keeps commitments; completes job requirements timely)	
Communication (clear/informed/thorough/respectful, verbally and non-verbally; appropriately interfaces with others - clients, families, and interdisciplinary professionals/agencies - even in difficult situations; effectively provides and receives feedback)	
Preparedness (prepares sufficiently for meetings, appointments, seminars, discussions, etc.; organizes work effectively)	
Initiative (seeks growth opportunities; critically evaluates existing knowledge in psychological science and seeks to expand; assumes reasonable amount of responsibility for stating and meeting objectives of her/his training needs and goals)	
Professionalism (maintains appropriate professional appearance and demeanor; handles role conflicts; minimizes personal intrusions; recognizes potential ethical issues and adheres to APA ethical principles and conduct, laws/regulations, and professional standards, or seeks advisement when needed; active and ethical decision-making and problem-solving; understanding of psychology as science including the scientific foundations of psychology competencies and practice, the	

interplay, and integration of science and practice; is developing an identity as a psychologist)

Sensitivity (expresses appropriate concern for others; maintains privacy/confidentiality/informed consent; shows respect, understanding and appreciation for individual/cultural/other diversity, including how diversity affects the self, others, and social interaction; applies effective approaches in research, treatment, and evaluation, even when personally challenging; seeks advisement when needed)

Agency citizenship/Consultancy (learns and respects agency rules; shows concern for effective operation of the organization; also represents the agency well to patients, the public, and interdisciplinary professionals/agencies; has general understanding of how disciplines integrate and roles of various professional positions)

Responds effectively to supervision

(open/responsive; acknowledges errors; proper understanding of roles/practices/types of supervision and related legal/ethical issues; accurate assessment of competency level and progress; seeks advisement and integrates into practice; consistently practices reflective professional and personal self-evaluation and self-care)

Β.	Assessment ((if	ap	pli	ica	bl	e))

Working knowledge of the purpose, scope, and approaches to assessment procedures (including reviewing existing literature and choosing appropriate evidence-based assessment practices/methods/instruments relevant to and sufficient for goals/needs, and accounting for potential ethical/diversity issues)

Administration and scoring (proper procedures and methods including clinical interviewing; ethical conduct)

Interpretation (case conceptualization/recommendations informed by current EBP, professional standards and multiple sources of data, and based on proper understanding of strengths/weaknesses of various methods; objective)

Report writing (integrates data into diagnostic impression and meaningful recommendations for care; effective. sensitive, accurate, respectful communication)

Feedback/Communication (provides appropriate feedback to client and/or referring professionals; effective. sensitive, accurate, respectful communication)

C. Intervention/Treatment (if applicable)

Case conceptualization/Problem identification (reviews existing literature and uses evidence-based practices in determining appropriate approaches for service needs/goals; considers context – i.e. diversity, ethical/legal issues, assessment reports, etc.)

Treatment planning (sets realistic treatment goals; selects appropriately integrated, empirically-supported, therapeutic methods)

Intervention skills (integrates theoretical knowledge; effectively works with a variety of therapeutic issues and populations; flexibility in the use of a variety of techniques; provides appropriate crisis management; accurate evaluation of treatment progress measures and self-competence, and modifies/adapts or seeks advisement as needed)

Therapeutic alliance (demonstrates verbal and non-verbal warmth and sensitivity to client; establishes good rapport; manages strong personal feelings; collaborates effectively with interdisciplinary professionals/agencies)

Consolidation and termination (handles the end of therapy appropriately with clients)

D. Research (if applicable)

Conceptualization of research problem (critically evaluates	
existing research; independently formulates/produces new knowledge; ethical conduct; and integration of science and practice)	
Inderstanding of research design (proper knowledge of scientific	

Understanding of research design (proper knowledge of scientific methods/processes/procedures)

``````````````````````````````````````	/





V

 $\checkmark$ 

 $\checkmark$ 

 $\checkmark$ 

 $\checkmark$ 

V

 $\checkmark$ 

 $\checkmark$ 

 $\checkmark$ 

 $\checkmark$ 

 $\checkmark$ 

 $\sim$ 

V

### **Practicum Evaluations**

Data management and analysis (understanding of quantitative methods and techniques; psychometrics)

 $\label{eq:scientific presentation} \begin{array}{l} \text{Scientific presentation} \ (\text{presents, disseminates and contributes to knowledge base}) \end{array}$ 

Publication and grant writing (publishes, disseminates and contributes to knowledge base)

### Comments

Please briefly describe particulars regarding direct observation of this student's practicum training (i.e. approximately when, how, what method, how often):

1

 $\mathbf{\vee}$ 

 $\mathbf{\vee}$ 

Please describe any areas of particular strength the student exhibits

Please describe any areas in need of improvement that this student may have



### Verification

Licensed Supervisor-of-Record (please enter your nar as signature)	ne				
Date					
[	Print	Submit	Cancel		

HOUSTON Clinical Student Records > Feedback: New Item

### Clinical Psychology Program Mid-Year and Annual Student Evaluation

Student's Name	· ·
Academic Year	2016-2017 🗸

### Rating Scale (please provide ratings and comments)

- 1: Deficient for level of experience
- 2: Weak for level of experience
- 3: Average for level of experience
- 4: Outstanding for level of experience

### **Areas of Evaluation**

#### A. Academic Performance

Evaluate whether the student has:

(a) Enrolled in and passed required courses given cohort expectations;

(b) Completed key benchmarks (i.e. thesis/dissertation proposal, comps, etc.) in a timely manner, since last evaluation;

(c) is developing an appropriate breadth of understanding of psychological science: psychology as science, including the scientific foundations of psychology competencies and practice, the history of psychology, the biological/social/cognitive/affective/developmental scientific underpinnings of behavior and their interplay, integration of science and practice, research and quantitative methodology;

(d) is developing depth of knowledge in clinical psychology (clinical assessment, intervention, research, psychometrics and professional

#### issues, etc.) B. Development of Research Skills

Evaluate student's level of increase/improvement in research skills, specifically:

(a) Conceptualization of research problem (critically evaluates existing research; independently formulates/produces new knowledge; ethical conduct; considers context and diversity);

(b) Understanding of research design (proper knowledge of scientific methods/processes/procedures);

(c) Data management and analysis (understanding of quantitative methods and techniques; psychometrics);

(d) Scientific presentation, publication, and grant-writing (disseminates and contributes to knowledge base);

(e) Number of publications to date (including papers in press or submitted for review as well as F31/grant-related activities)

### C. Ethical and Professional Behavior

Evaluate student's compliance with ethical standards across all domains (research activities, clinical performance, etc). Evaluate student's professionalism, involvement in the program and engagement in activities that will prepare her/him for a successful career, and sensitivity to cultural diversity.

(a) Dependability (integrity/honesty/responsibility; attends appointments/meetings, punctual, keeps commitments; completes job requirements timely);

(b) Communication (clear/informed/thorough/respectful, verbally and non-verbally; appropriately interfaces with others - peers, faculty, staff - even in difficult situations; effectively provides and receives feedback);

(c) Preparedness (prepares sufficiently for meetings, appointments, seminars, discussions, etc.; organizes work effectively);

(d) Initiative (seeks growth opportunities; critically evaluates existing knowledge in psychological science and seeks to expand; assumes reasonable amount of responsibility for stating and meeting objectives of her/his training needs and goals);

Commontor

 $\overline{\phantom{a}}$ 

Comments:

×

Comments:

~

Comments:

106

https://share.uh.edu/clinicalpsychology/ClinicalStudentRecords/Lists/Feedback/NewFeedback.aspx 8/15/2017

I Like It

### Feedback - New Item

(e) Professionalism (maintains appropriate professional appearance and demeanor; handles role conflicts; minimizes personal intrusions; recognizes potential ethical issues and adheres to APA ethical principles and conduct, laws/regulations, and professional standards, or seeks advisement when needed; active and ethical decision-making and problem-solving; understanding of psychology as science including the scientific foundations of psychology competencies and practice, the bio/soc/cog/aff/dev scientific underpinnings of behavior and their interplay, and integration of science and practice; is developing an identity as a psychologist; identifies career goals and builds professional networks);

(f) Sensitivity (expresses appropriate concern for others; maintains

privacy/confidentiality/informed consent; shows respect, understanding and appreciation for individual/cultural/other diversity, including how diversity affects the self, others, and social interaction; applies effective approaches in research, treatment, and evaluation, even when personally challenging: seeks advisement when needed):

(g) Program citizenship (learns and respects program rules; willing to assist with projects or other program needs; also represents program well to other professionals and potential students):

(h) Responds effectively to supervision (open/responsive; acknowledges errors; proper understanding of roles/practices/types of supervision and related legal/ethical issues; accurate assessment of competency level and progress; seeks advisement and integrates into practice; consistently practices reflective professional and personal self-evaluation and self-care)

### D. Development of Clinical Skills

Evaluate student's clinical performance including proficiency and level of increase/improvement in clinical skills. Consider reports from both internal and external practica and student's sensitivity to cultural diversity and level of cultural competency, in addition to:

(a) Case conceptualization/Problem identification (reviews existing literature and uses evidence-based practices in determining appropriate approaches for service needs/goals; considers context - i.e. diversity, ethical/legal issues, assessment reports, etc.);

(b) Treatment planning (sets realistic treatment goals; selects appropriately integrated, empirically-supported, therapeutic methods);

(c) Intervention skills (integrates theoretical knowledge; effectively works with a variety of therapeutic issues and populations; flexibility in the use of a variety of techniques; provides appropriate crisis management; accurate evaluation of treatment progress measures and self-competence, and modifies/adapts or seeks advisement as needed; handles the end of therapy appropriately with clients);

(d) Therapeutic alliance (demonstrates verbal and non-verbal warmth and sensitivity to client; establishes good rapport; manages strong personal feelings; collaborates effectively with interdisciplinary professionals/agencies);

(e) Working knowledge of the purpose, scope, and approaches to assessment procedures (including reviewing existing literature and choosing appropriate evidence-based assessment practices/methods/instruments relevant to and sufficient for goals/needs, and accounting for potential ethical/diversity/contextual issues);

(f) Administration, scoring, interpretation (proper procedures and methods including clinical interviewing; ethical conduct; case conceptualization/recommendations informed by current EBP, professional standards and multiple sources of data, and based on proper understanding of strengths/weaknesses of various methods; objective);

(g) Report Writing and Feedback/Communication (effective. sensitive, accurate, ደቂበላዓይችታዛ ፍሳጣን የሚሰሩት መስለ integrates data into diagnostic impression and meaningful recommendations for care; provides appropriate feedback to client and/or referring Datessionals)

.

Save

Cancel

Print

 $\overline{\phantom{a}}$ 

Comments:

Appendix I

# I. EVALUATION OF SUPERVISOR Clinical Psychology Doctoral Program University of Houston

*Complete online in SharePoint

*Note: Complete a separate evaluation for each s internal and external practicum	significant supervisor you've had for internship,		
Student:	Time Period in Review:		
Supervisor(s):	Site:		
Training Type: Internal Practicum	External Practicum Internship		
What type of supervision did you receive (individua	al, group, tiered, etc.) with this supervisor?		
On average, how many hours/week was this superv	ision focused on your training and clients?		
Was supervision frequent, consistent and sufficient appropriate amount of freedom/independence for ye	enough for your training needs? Were you given an our level of training? If not, please explain:		
In a few words, how would you describe the nature	of this supervisor/supervisee relationship?		
Describe this supervisor's strengths and what you fe	ound most beneficial:		
Please describe what, if any, were this supervisor's your learning experience:	weaknesses or what would have been more beneficial to		
Any other thoughts?			
Responses to the following rating questions will the training you've received	help the Clinical Program to monitor the quality of		
Please rate this supervisor in the quality of his/her t following areas:	raining and ability to serve as a professional model in the		

General	N/A	Deficient	Weak	Average	Outstanding
Overall quality of training					
Understanding of psychology as a science					
Ability to integrate and apply advanced knowledge of the basic content areas (affective, biological, cognitive, developmental and social)					
Faculty assessment of student competence					
Commitment to and enthusiasm for clinical teaching and supervision					
Commitment to availability outside of regular hours and backup supervision if needed					
Clear expectations for performance					
Suggested resources to aid in learning					
Relationship evolved from simple discussion and detailed directions to collegial sharing of					

#### I. EVALUATION OF SUPERVISOR Clinical Psychology Doctoral Program University of Houston

information, exploration of larger issues and					
emphasis on theory/conceptualization					
Ethical/Legal Standards	N/A	Deficient	Weak	Average	Outstanding
Knowledge/awareness of APA ethical					0
principles, local, state, and federal laws and					
regulations, and professional standards for					
psychologists					
Maintaining privacy, confidentiality and					
informed consent					
Applying effective approaches in research,					
treatment and evaluation; recognizing					
potential ethical issues; and pursuing effective					
resolutions, even when personally challenging Acknowledging accurate level of professional					
competence and seeking advisement when					
needed					
Awareness of personal and professional					
strengths/limitations and importance of					
dealing responsibly with personal issues					
Prompt review of video, notes and case files,					
and constructive feedback					
Issues related to professional liability and risk					
management					
Individual/Cultural Diversity	N/A	Deficient	Weak	Average	Outstanding
Awareness of diversity in its many forms				_	
(individual, cultural, ethnic, racial, disability,					
sex, orientation, etc.)					
Respecting and appreciating					
individual/cultural/etc. diversity and the ability					
to work with a wide variety of populations,					
even those whose attributes may conflict with					
your own Understanding how diversity affects the self,					
others and social interactions, and the					
implications of this for the psychologist					
Knowledge of research and theory in diversity					
with regard to conducting research, clinical					
service, etc.					
Professional Values and Attitudes	N/A	Deficient	Weak	Average	Outstanding
Developing an identity as a psychologist				0	0
Integration of science and practice					
Involvement in scholarly, clinical and					
professional activities that further a career in					
clinical psychology					
Consistently practicing reflective professional					
and personal self-evaluation and self-care;					
handling role conflicts, minimizing personal					
intrusions and maintaining a professional					
demeanor					
Professional conduct (prompt, prepared,		$\top$			7
consistent, organized), and importance of					
flexibility of professional behavior within					
context		+			
Modeled various roles of psychologists and their inherent influences					
Identification of specific, concrete goals for		+ +			
training					
uuuuu5				I	

#### I. EVALUATION OF SUPERVISOR Clinical Psychology Doctoral Program University of Houston

Communication/Interpersonal Skills	N/A	Deficient	Weak	Average	Outstanding
Affective and expressive communication (i.e.					
effectively providing and receiving feedback,					
etc.) and the ability to manage difficult					
communication well					
Working effectively and productively with					
supervisors, colleagues, interdisciplinary					
professionals, and clients, even in difficult					
situations					
Attentive and respectful of clinician and client					
Open, non-judgmental and encouraging of					
input, questions, doubts, differences in style					
and orientation; feedback is constructive					
Research	N/A	Deficient	Weak	Average	Outstanding
Critical evaluation of existing research and					
independent formulation of new research					
Conceptualization of a research problem					
Understanding of research design (knowledge					
of scientific methods/processes/procedures)					
Data management and analysis (understanding					
of quantitative methods and techniques;					
psychometrics)					
Scientific presentation/Publication and Grant					
writing (dissemination and contribution to the					
knowledge base)					
Integration of research and practice					
General Clinical Skills	N/A	Deficient	Weak	Average	Outstanding
Supported development of conceptual skills					
Conceptualization/theory supported by					
empirical literature/research					
Helpful suggestions about technique, and					
rationale for using particular approaches and					
understanding implications/dynamics of					
techniques					
Ability to critique and gain insight from					
recorded sessions		<b>D a i</b>			
Assessment	N/A	Deficient	Weak	Average	Outstanding
Knowledge of the purpose, scope, and					
approaches to assessment procedures					
(literature review; choosing appropriate					
evidence-based assessment methods sufficient					
for goals/needs, and accounting for potential					
ethical/diversity/contextual issues		+			
Administration and scoring (proper procedures					
and methods including clinical interviewing) Interpretation (case					
conceptualization/recommendations informed					
by current EBP, professional standards and					
multiple sources of data, and based on proper					
understanding of strengths/weaknesses of					
various methods)					
Feedback/Communication/Report writing					
(integrating data into diagnostic impression					
and meaningful recommendations for care;					
providing appropriate feedback to client					
and/or referring professionals; effective,					
0 r		1			1

#### I. EVALUATION OF SUPERVISOR Clinical Psychology Doctoral Program University of Houston

sensitive, accurate, respectful communication)					
Conducting assessments in an ethical and					
objective manner					
Intervention	N/A	Deficient	Weak	Average	Outstanding
Case conceptualization/Problem identification					
(reviewing existing literature and using					
evidence-based approaches for service					
needs/goals; considering context - i.e.					
diversity, ethical/legal issues, assessment					
reports, etc.)					
Treatment planning (setting realistic treatment					
goals; selecting appropriately integrated,					
empirically-supported, therapeutic methods)					
Intervention skills (integrating theoretical					
knowledge; effectively working with a variety					
of therapeutic issues/populations; flexibility in the use of a variety of techniques; appropriate					
crisis management; accurate evaluation of					
treatment)					
Therapeutic alliance (demonstrating verbal					
and non-verbal warmth and sensitivity to					
client; establishing good rapport; managing					
strong personal feelings; ethical practice;					
managing the end of therapy well					
Supervision	N/A	Deficient	Weak	Average	Outstanding
Understanding of roles, practices and types of				_	
supervision and related legal/ethical issues					
Taught and utilized an explicit model of					
supervision, defining roles of supervisor and					
student and the nature of the relationship;					
modeled effective supervision					
Facilitated the development of supervisory					
skills					
Consultation/Interdisciplinary Skills	N/A	Deficient	Weak	Average	Outstanding
Knowledge and awareness of interdisciplinary					
systems; understanding how disciplines					
integrate and roles of various professional					
positions					
Collaborating effectively with					
interdisciplinary professionals and agencies					

Appendix J	
------------	--

*Complete	online in	SharePoint
-----------	-----------	------------

*Note: Complete a separate evaluation for inter	rnship and each practicum site (internal or external)
Student:	Time Period in Review:
Site:	Supervisor(s):
Training Type: Internal Practicum	External Practicum Internship
Training Emphasis:% Assessment	% Intervention% Research
Clinical Hours Received at Site: Assess	ment Intervention Supervision
Procedures or Professional Activities in which you	were trained and supervised:
Personality Assessment	Seminar/Classroom
Neuropsychological Assessment	Rehabilitation
Intellectual Ability Assessment	Imaging Procedures
Family Evaluation	Cognitive/Experimental Procedures
Interviewing/Intake	Data Coding and Entry
Consultation with Other Professionals	Data Analysis
Consultation with Family Members	Poster Preparation
Individual Therapy	Publication Preparation
Group Therapy	NSF Dissertation Support Grant
Family Therapy	Grant Writing
Report Writing	Administration
Tiered Supervision	Advocacy
Program Development/Evaluation	Systems/Performance Improvement
Other	

## Responses to the following open-ended questions will be provided to future trainees to help them evaluate their fit with the training site...

Please briefly describe this training experience in your own words:

What was your time commitment each week?

Describe any evidence-based practices in which you were trained at this site:

Describe any diversity (race, ethnicity, sex, orientation, age, religion, dis-/ability, etc.) you experienced with the clientele/patients of the training site:

Were time and/or opportunities available/encouraged for professional development? Please explain... (i.e. attendance at Grand Rounds, seminars, etc.):

Briefly describe how direct observation of your skills by your supervisor was part of your training:

What type of supervision did you receive at this site (individual, group, tiered, etc.)?

Was supervision frequent, consistent and sufficient enough for your training needs? Were you given an appropriate amount of freedom/independence for your level of training? If not, please explain:

(For practicum placements): Do you think this placement is most appropriate for a beginning clinician, midtraining level clinician, or advanced clinician?

Was there anything unanticipated/unexpected regarding the training experience in terms of hours, opportunities, expectations, flexibility, type or amount of work assignments, adequate resources to achieve training goals, organizational management, or general atmosphere? Please describe the weaknesses of the training site and the areas which did not meet your expectations or training needs.

Please describe the strengths and benefits of this training site, addressing particularly the areas of assessment, therapy, quality and amount of supervision, and theoretical and didactic information provided. Overall, do you feel the placement is a good training site and why? How has the placement been beneficial to your training?

Optional comments. Is there anything about your placement that you are particularly happy or unhappy about? What if anything, would you want to change at your placement? Other thoughts?

## Responses to the following rating questions will help the Clinical Program to monitor the quality of this site's training....

General	N/A	Deficient	Weak	Average	Outstanding
Overall quality of this training site					
Understanding of psychology as a science					
Ability to integrate and apply advanced					
knowledge of the basic content areas					
(affective, biological, cognitive,					
developmental and social)					
Depth of knowledge in clinical psychology					
Faculty assessment of student competence					
Ethical/Legal Standards	N/A	Deficient	Weak	Average	Outstanding
Knowledge/awareness of APA ethical					
principles, local, state, and federal laws and					
regulations, and professional standards for					
psychologists					
Maintaining privacy, confidentiality and informed consent					
Applying effective approaches in research,					
treatment and evaluation; recognizing					
potential ethical issues; and pursuing effective					
resolutions, even when personally challenging					
Acknowledging accurate level of professional					
competence and seeking advisement when					
needed					
Individual/Cultural Diversity	N/A	Deficient	Weak	Average	Outstanding
Awareness of diversity in its many forms					
(individual, cultural, ethnic, racial, disability,					
sex, orientation, etc.)					

Using the following scale, please rate the quality of your training at this site in the following areas:

				-	
Respecting and appreciating					
individual/cultural/etc. diversity and the ability to work with a wide variety of populations,					
even those whose attributes may conflict with					
-					
your own					
Understanding how diversity affects the self,					
others and social interactions, and the					
implications of this for the psychologist					
Knowledge of research and theory in diversity					
with regard to conducting research, clinical					
service, etc.	ΝΤΙΑ		<b>XX</b> 7 1	•	
Professional Values and Attitudes	N/A	Deficient	Weak	Average	Outstanding
Developing an identity as a psychologist					
Integration of science and practice					
Involvement in scholarly, clinical and					
professional activities that further a career in					
clinical psychology					
Consistently practicing reflective professional					
and personal self-evaluation and self-care;					
handling role conflicts, minimizing personal					
intrusions and maintaining a professional					
demeanor					
Communication/Interpersonal Skills	N/A	Deficient	Weak	Average	Outstanding
Affective and expressive communication (i.e.				8-	6
effectively providing and receiving feedback,					
etc.) and the ability to manage difficult					
communication well					
Working effectively and productively with					
supervisors, colleagues, interdisciplinary					
professionals, and					
clients, even in difficult situations					
Research	N/A	Deficient	Weak	Average	Outstanding
Critical evaluation of existing research and	1 1/ 1 1	Demenent	,, our	Trenuge	outstanding
independent formulation of new research					
Conceptualization of a research problem					
Understanding of research design (knowledge					
of scientific methods/processes/procedures)					
Data management and analysis (understanding					
of quantitative methods and techniques;					
psychometrics)					
Scientific presentation/Publication and Grant					
writing (dissemination and contribution to the					
knowledge base)					
Integration of research and practice					
Assessment	N/A	Deficient	Weak	Average	Outstanding
Knowledge of the purpose, scope, and					
approaches to assessment procedures					
(literature review; choosing appropriate					
evidence-based assessment methods sufficient					
for goals/needs, and accounting for potential					
ethical/diversity/contextual issues					
Administration and scoring (proper procedures					
and methods including clinical interviewing)					
Interpretation (case					
conceptualization/recommendations informed					
by current EBP, professional standards and					

multiple sources of data, and based on proper					
understanding of strengths/weaknesses of					
various methods)					
· · · · · · · · · · · · · · · · · · ·					
Feedback/Communication/Report writing					
(integrating data into diagnostic impression					
and meaningful recommendations for care;					
providing appropriate feedback to client					
and/or referring professionals; effective,					
sensitive, accurate, respectful communication)					
Conducting assessments in an ethical and					
objective manner					
Intervention	N/A	Deficient	Weak	Average	Outstanding
Case conceptualization/Problem identification					
(reviewing existing literature and using					
evidence-based approaches for service					
needs/goals; considering context – i.e.					
diversity, ethical/legal issues, assessment					
reports, etc.)					
Treatment planning (setting realistic treatment					
goals; selecting appropriately integrated,					
empirically-supported, therapeutic methods)					
Intervention skills (integrating theoretical					
knowledge; effectively working with a variety					
of therapeutic issues/populations; flexibility in					
the use of a variety of techniques; appropriate					
crisis management; accurate evaluation of					
treatment)					
Therapeutic alliance (demonstrating verbal					
and non-verbal warmth and sensitivity to					
client; establishing good rapport; managing					
strong personal feelings; ethical practice;					
managing the end of therapy well					
Supervision	N/A	Deficient	Weak	Average	Outstanding
Understanding of roles, practices and types of	1 1/2 1	Deneient	Weak	Tiverage	Outstanding
supervision and related legal/ethical issues					
Openly and responsively accepting feedback					
and acknowledging errors					
Integrating feedback into performance and					
delivery of services					
Consultation/Interdisciplinary Skills	N/A	Deficient	Weak	Average	Outstanding
Knowledge and awareness of interdisciplinary	1N/PA	Dentient	weak	Average	Outstanding
systems; understanding how disciplines					
integrate and roles of various professional					
positions					
Collaborating effectively with					
interdisciplinary professionals and agencies					
interenserprinary professionals and agenetes					

#### **Time2Track Categories Information**

This document may be useful in clarifying what information should be entered in each specific category on the T2T form. Keep in mind that there is considerable overlap in categories and some hours may be entered in more than one category; however, you may only count hours in one category. That is, once hours have been entered into a specific category, they may not be concurrently entered into any other category. In a different vein, it is rare that students will have entries in every subcategory in the T2T system (so don't stress-out if some subcategories are blank).

#### **Category**

- 1. Testing/Reports Child/Adolescent Adult: The "tab" for Testing/Reports Child Adult should bring you to a screen that allows you to pick from a menu of assessments or add an assessment that is not in the menu (the menu is extremely comprehensive so any assessment you use will probably be in the menu-just click on the letter that comes first in the assessment's name; e.g., click on "w" for any Wechsler you are counting in this assessment field. Please indicate the number (and type) of tests administered to Children and those devoted to Adults. The T2T form does not define when an individual moves from Child to Adult so there is some latitude here. As a rule-of-thumb, those 18 or older are probably best categorized as adults. Integrated Report Writing is a part of this data field developed to record the number of supervised integrated psychological reports you have written. An integrated report, according to APPIC consists of a "...history, an interview, and at least two tests from one or more of the following categories: personality assessment (objective, self-report, and/or projective), intellectual assessment, cognitive assessment, and/or neuropsychological assessment. These are synthesized into a comprehensive report providing an overall picture of the patient/client. (pp. 22)." Do not include hours spent scoring, interpreting, integrating, or writing up results—they will be included in separate subcategories and in a different data field.
- 2. <u>Assessment and Intervention</u>: This includes actual physical face-to-face hours spent working with clients or patients and the following subcategories are represented under this category:
  - a. <u>Individual Therapy</u>: *Face-to-face time with clients or patients engaged in psychosocial treatment*. This may include relationship issues (where significant players are not present), treatment of disorders (e.g., mood disorders such as depression, substance use disorders such as alcohol abuse, anxiety disorders such as agoraphobia, V-codes, etc.). The key to this category is that it reflects time spent with an individual in the delivery of some form of psychosocial treatment. A 45 to 50 minute individual therapy.
  - b. <u>Career Counseling</u>: May involve discussing the results of assessment (e.g., Strong-Campbell Interest Inventory) as they relate to various career issues/decisions. Also acceptable is discussion of career plans and means

to achieve career-related goals (e.g., schooling, financial concerns related to developing a career or switching careers).

- c. <u>Group Therapy</u>: Simply the *time spent delivering group therapy*—acting as a group therapist or co-therapist. Most groups run about 90 minutes; therefore, count a 90' group session as 1.5 hours of face to face group therapy.
- d. <u>Family Therapy</u>: This is distinguished by the presence of at least two individuals who are married or a parent (or legal guardian) and child dealing with family relationship issues. This subcategory may also include unmarried couples who have offspring or adopted/foster children. *Legally defined marriage or legally defined guardianship and/or blood-relations characterize this category*.
- e. <u>Couples Therapy</u>: This subcategory is *most appropriately* used to represent time spent in therapy with couples (typically unmarried dyads) dealing with *issues relevant to the couple's relationship*.
- f. <u>School Consultation</u>: This involves work with schools on a variety of issues that may represent the results of formal child assessment (including behavioral observations, IQ testing, achievement testing, ADHD assessment, etc.) and subsequent treatment recommendations or indicated changes in teaching strategy. Often parents or guardian(s) are present when recommendations and diagnoses are presented along with the special education teacher, school Principal, and classroom teacher (e.g., an IEP meeting). *Hours spent while in a consulting role on school issues with school personnel or parents belong here*.
- g. <u>School (direct intervention)</u>: This category is reserved for trainees who have *delivered psychosocial/behavioral interventions within a school context or even in the student's home if they are directly related to the management of school-related problems.*
- h. <u>Sport Psychology/Performance Enhancement</u>: Reserved for interventions related to psychological functioning within a specific sport or performance domain. The goal of interventions is to increase performance.
- i. <u>Medical/Health Related</u>: A subcategory devoted to health-psychology. May include biofeedback, treatment compliance issues, lifestyle issues, genetic counseling, stress-management/relaxation exercises, etc.
- j. <u>Intake/Structured Interview</u>: Includes *time spent in clinical interviews* (open, semi-structured, or structured) where diagnostic impressions and the presenting problem or chief complaint are identified. Family, work, substance use, health, social and developmental history are part of this interview. Also, demographic information (e.g., marital status, number of children, ethnicity, etc.), past/current treatment history and outcomes, medication use, level of functioning, social support, life stressors, etc. are all important areas to include in most interviews. The preparation/writing of the intake report should be included the Clinical Writing/Progress Notes subcategory.
- k. <u>Substance Abuse Intervention</u>: Simply the *hours spent delivering psychosocial interventions relating to substance abuse treatment*. This

can include a number of intervention areas such as: health concerns/detox concerns, problem solving, situation projection and role-play, identification of triggers, reduction of craving, developing a healthy social support network, referral to legal experts, adjustment to a substance-free lifestyle/relationship, etc.

- 1. <u>Milieu Therapy</u>: *Typically refers to inpatient settings where patients are receiving a form of therapy through the active participation of unit staff and active participation of patients in unit activities.*
- m. <u>Treatment Planning with Client</u>: May include time spent in developing a formal contract for therapy, discussion of treatment options, progress assessment, etc. This activity *typically occurs in the initial stage of treatment* (sometimes the first session but usually in session two or three) and it *may be revisited as progress is assessed and course of treatment is evaluated*.
- n. <u>Psychodiagnostic Test Administration</u>: Any time spent *administering* a psychodiagnostic instrument (e.g., MMPI, MCMI, CPI, PAI, SCL-90-R, HRSD, BDI-II, STAI, Rorschach, etc.). Technically, the SCL-90-R, BDI-II, STAI, and HRSD are symptom inventories, not diagnostic instruments; however, they are traditionally included as part of a diagnostic interview and it can be argued that the time spent delivering these instruments may be included here.
- o. <u>Neuropsychological Assessment</u>: *Any time spent administering neuropsychological assessments*—may include IQ, TPT, Trails, WCST, NCSE, Finger-Tapping, various tests of aphasia or apraxia, personality testing, MicroCog, NEPSY, Bailey, Grip Strength, Fingertip Writing, Visual Field confrontation, observational assessment, assessment of premorbid functioning, etc.
- p. <u>Supervision of Other Student</u>: A subcategory reserved for students who *are enrolled in or have completed instruction in supervision* and are being supervised by a doctoral-level supervisor. These individuals may provide supervision to M.A. or Psy.D. practicum students and count their time spent in this activity here.
- q. <u>Program Development/Outreach Programming</u>: In general, this includes *any time spent in the development and/or delivery* of community- or agency-based treatment programs (e.g., developing a caregiver supportive treatment, sexual abstinence programs, parenting programs, programs directed toward the reduction of domestic violence, and community outreach including any type of community psychoeducation)
- r. <u>Outcome Assessment of Programs or Projects</u>: Typically a researchoriented activity involving some type of pre-post assessment (or timeseries design) and an analysis of change or effectiveness within the context of an existing psychosocial program.
- s. <u>System Intervention/Organizational Consultation/Performance</u> <u>Improvement</u>: This subcategory is a little vague; however, it involves time spent in clinical activities relevant to professional organizations (*where the organization is the client*). For example, if an organization

contracts to have a trainee assess potential job applicants or employees being considered for advancement or reorganization.

t. <u>Other</u>: A subcategory created to allow for clinical experience related to Assessment and Intervention that does not have a subcategory already identified in this domain.

#### 3. Support

- a. <u>Chart Review</u>: Any time spent reviewing the materials in a patient's or client's chart.
- b. <u>Clinical Writing/Progress Notes</u>: Any *time spent on preparation of progress notes or patient charting*. This typically involves materials that are placed in the patient's or client's chart or file.
- c. <u>Consultation</u>: *Time spent in consultation activities with colleagues or other qualified individuals* (supervisors, DCTs, professors, or other mental health/medical personnel qualified to provide informed feedback).
- d. <u>Video-Audio-Digital Recording Review</u>: This subcategory *is for the time that students spend reviewing any recorded psychosocial treatment sessions*. This subcategory may also include time spent in the review of intakes or assessments if they were appropriately recorded.
- e. <u>Case Conferences</u>: A subcategory for *the time that students spend on presenting or participating in case conferences*. These usually occur in a supervisory setting but students may also include time spent in formal (didactic) case presentations (but if formal didactic training time is included here, it may *not* also be included in "h" below). *Time spent preparing for (e.g., reading articles, researching) a case presentation should also be included here*.
- f. <u>Psychological Assessment Scoring/Interpretation</u>: This category is probably self-explanatory to most. It involves *time spent reading assessment manuals, scoring of responses, and interpretation and integration of the clinical interview data and formal test results.*
- g. <u>Assessment Report Writing</u>: Includes *all the time a trainee spends on writing up assessment results*. This includes writing for all the categories in an assessment report (e.g., patient history, diagnostic impressions, treatment recommendations, prognosis, etc.). Subcategory "g" is very similar to subcategory "f"; however, "g" involves the physical activity of writing a psychological assessment report.
- h. <u>Seminars/Didactic Training</u>: This subcategory is for *any time that a student spends in seminar-type training that occurs outside the formal Psy.D. training program.*
- i. <u>Grand Rounds</u>: A subcategory related to "h"; however, this is distinguished by the context in which the training/presentation occurs. That is, Grand Rounds are typically medical school or hospital activities—some organizations have borrowed this terminology and students may include time spent in non-medical Grand Rounds here (if included here, these hours may not also be included elsewhere).

j. <u>Case Management</u>: This involves *time spent in appointment scheduling or rescheduling, room sign-up and preparation, record keeping/filing, and other preparatory or organizational activities related to specific cases.* Some individuals include case note writing here—if so, you may not include that activity in another subcategory.

#### 4. Supervision

- a. <u>One-to-One Supervision</u>: Record hours spent in individual supervision. When a student is getting individual supervision, the session should be at least one hour per week. Students may get more supervision than an hour per week.
- b. <u>Group supervision</u>: Consists of at least 1.5 hours per week. Some students get both individual and group supervision on a weekly basis.
- c. <u>Peer Supervision/Consultation</u>: This subcategory is for logging hours spent in peer supervision and peer consultation (i.e., *getting supervision or consultation from those in your cohort or other students in the program—students do not need to be specifically trained in supervision or be in a supervisory relationship with anyone to provide or receive peer supervision).*

## Appendix L. ANNUAL UPDATES

Name:

Degree entered program with:

Entrance Year:

Concentration:

Advisor:

Please enter data, if any, for each category for this past academic year only (Sept 1-Aug 31. Indicate if expected during Summer.

COURSES					
Please list courses you were enrolled in during the academic year, including registered practicum courses and courses expected for Summer					
Semester	Course No.	Course Name	Section	Instructor	Grade

#### ALL PRACTICA (make sure you have turned in practicum evaluations and summaries)

Please list all practica you have been involved with for the past year, including paid/unpaid practica, both registered practicum courses and practicum experiences not involving a corresponding enrolled course, formal placements through the General or Neuro Practicum Match and informal practicum experiences agreed upon by student, site, and advisor

Semester	Practicum Site	Supervisor	Rating (Satisfactory/ Unsatisfactory)

FINANCIAL		

Please list sources of financial support this academic year

Semester	Source of Support (ex. TA, TF, Instructor, RA)			

#### SERVICE (i.e. to the program, department, university or professional organization)

List any service-related commitments to the program (CA, student rep, etc.), department, university (committee member, etc.), or professional organization (positions held, etc.) during the past academic year

Semester/Date	Please provide details about any service commitments provided		

#### RESEARCH

Please indicate any research-related experience you have gained over the last year by choosing an option from the "Type of Activity" and "Status" columns, then describe that activity, or paste the APA-style citation in the last column. If the option you need doesn't exist, please enter it. Two examples have been entered; you may delete them.

<u>Type of activity</u> : Peer-reviewed publication Chapter Oral presentation Poster presentation Grants Research participation	Status: Submitted, Revised and resubmitted, Accepted/In press, Published, Awarded, Etc.	Description of Activity or APA-Style Citation (copied/pasted from CV)
Other, etc.		
EX: Peer-reviewed pub	Accepted/In press	Smith, J. Effects of Journal of, etc.
EX: Sharp research project		Assisted with data collection for Dr. Sharp's

1	

## **BENCHMARKS**

#### THESIS

Thesis Advisor/Chair:

Thesis Advisor 3, Department/Agency:

Planned Thesis Proposal Date (Year/Semester): Planned Thesis Defense Date (Year/Semester): Thesis Publication Date: Thesis Title: Thesis Advisor 2, Department/Agency:

Additional Thesis Advisors, Department/Agency:

Actual Thesis Proposal Date:

Actual Thesis Defense Date:

Number of Thesis Hours Completed:

#### **COMPREHENSIVE EXAM**

Comps Date:

Specialty Comps Score:

#### EPPP & JURISPRUDENCE EXAM (make sure you've provided copy of results to the program)

EPPP Date:

EPPP Score:

Met LPA Criteria on EPPP?

JPE Date:

JPE Score %:

Met LPA Criteria on JPE?

#### DISSERTATION

Dissertation Advisor/Chair:Dissertation Advisor 2, Department/Agency:Dissertation Advisor 3, Department/Agency:Additional Dissertation Advisors, Department/Agency:Planned Dissertation Proposal Date (Year/Semester):Actual Dissertation Proposal Date:Planned Dissertation Defense Date (Year/Semester):Actual Dissertation Defense Date:Dissertation Publication Date:Number of Dissertation Hours Completed:Dissertation title:Dissertation Hours Completed:

#### **INTERNSHIP**

Enter information from Fall 2014's APPIC application and internship match placement

Internship Start Date:

Internship Completion Date (estimated):

Internship Program:		
Internship Sub-Specialty:		
Is this internship APA-/CPA-accredited?		
As of last November 1st, please enter appro	iximate number of hours for:	
Intervention Hours:	Assessment Hours:	Supervision Hours:

#### (Appendix M) TYPE THE TITLE OF YOUR THESIS OR DISSERTATION IN ALL CAPS

John Q. Student (Your name above)

**APPROVED:** 

James Huffman, Ph.D. Committee Chair

Lauren H. Smith, Ph.D.

Anthony Porter, Ph.D.

Paul Moore, Ph.D. University of Houston (Change above if outside of College/UH)

Steven G. Craig, Ph.D. Interim Dean, College of Liberal Arts and Social Sciences Department of Economics

#### **APPIC 2017 Application**

#### Applicant Information

<b>Contact Informa</b>	tion			
Address: City: State: Country: Zip: Primary Email: Secondary Email:	123 Main Street Boston Massachusetts United States 02130 janedoe@mailinator.com janedoe@mymail.com	Home Phone: Work Phone: Cell Phone: Preferred Phone: Phone # on APPIC Match Day: Fax:	123-456-7890 555-666-7777 999-999-999 Home 123-456-7890	
Personal Inform	nation			
Citizenship Status Country of Citizens Other Citizenship ( Veteran:	ship: United States	Do you Hold a Visa? Visa Type: Visa Number: City of Visa Issue: Visa Current and Valid? Visa Permits Work?	No	
General				
Applicant's Prefer	ed Name or Nickname:			
Do you have any materials under another name: If Yes, Specify Other First Name Used: If Yes, Specify Other Last Name Used:				Yes Jane Smith
Language(s) other than English (including American Sign Language) in which you are FLUENT enough to conduct therapy.				Spanish
Certifications/P	ublications/Presentations			
License 1Marriage Family TherapistLicense 2Professional Clinical CounseloLicense 3Temporary PsychologistLicense 4Image Family Therapist		Jurisdiction 2	Massachusetts Massachusetts Massachusetts	
Number of articles published in refereed journals:		1		
Number of chapter	s or books:	2		
Number of profess	ional presentations made at regional,			

state, national, or international meetings/conferences:

-	Applicant Code Number: 12345
Professional Conduct	
Professional Conduct	
Has disciplinary action, in writing, of any sort ever been taken against you by a superviso educational or training institution, health care institution, professional association, or licensing / certification board?	or, No
If 'Yes', please elaborate :	
Are there any complaints currently pending against you before any of the above bodies?	No
If 'Yes', please elaborate :	
Has there ever been a decision in a civil suit rendered against you relative to your professional work, or is any such action pending?	No
If 'Yes', please elaborate :	
Have you ever been put on probation, suspended, terminated, or asked to resign by a graduate or internship training program, practicum site, or employer?	No
If 'Yes', please elaborate :	
Have you ever reneged on an APPIC internship match agreement (i.e., refused to attend or left an internship program that you obtained through the APPIC Match or Clearinghouse) without prior approval from APPIC and the internship site?	
If 'Yes', please elaborate :	
Have you ever been convicted of an offense against the law other than a minor traffic violation?	No
If 'Yes', please elaborate :	
Have you ever been convicted of a felony?	No
If 'Yes', please elaborate :	

Doe, Ms. Jane

**APPIC 2017 Application** 

#### **Colleges Attended**

#### Other College(s) Attended

006656 COLLEGE OF DUPAGE (-) Type: Major: Minor/Second Major: Degree: Degree Status Degree Date: GPA: Highest Degree Earned in a Mental Heal	Undergraduate PSYCHOLOGY B.S. Bachelor of Science Degree Awarded
Current Graduate Program Inform	ation
Suffolk University Department: Program Name: College Name:	Psychology Counseling Psychology Program College of Medicine
Designated Subfield of Doctoral Program in Psychology:	Counseling
If Combined, Please Specify: If Other, please specify the field yo	u are currently enrolled and why you are applying to a Psychology internship:
Degree Seeking: If Respecialization, Please Specify If Other, Please Specify: CGPA: Have you earned or are you in the proce of earning a Master's Degree in any field your current university? Doctoral Program Accreditation Status: APA Accreditation: Accredited CPA Accreditation: Accredited If not APA/CPA-Accredited, regiona If Yes, Please Specify:	<b>ss</b> Yes
Department's Training Model: If Other, Please Specify:	Practitioner-Scholar
<b>Dissertation/Research title or topic:</b> The contribution of expectations, attention a	and emotional states to the perception of pain
Type of Research Involved? If Other, Please Specify: If no dissertation is required, describe the Dissertation / Doctoral Advisor's Name: Co-Supervisor Advisor's Name: Advisor's Phone: Advisor's Email Address:	Critical literature review / theoretical ne status of any major project: John Williams Jim Jones 999-999-9999 johnwilliams@mymail.com

#### Summary of Doctoral Training

#### **Doctoral Program Information**

Current University/School Name: Suffolk University Department Name: Psychology

Doctoral Program Information	Status	Date Completed or Expected (MM / YYYY)	Required to participate in APPIC match?	Required to attend an internship?
Did you complete your academic Coursework? (Excluding dissertation and internship hours)	Completed	5/2012	Yes	Yes
Have you successfully completed your program's comprehensive/ qualifying examinations?	Completed	2/2011	Yes	Yes
Master Thesis:	Completed	3/2009	Yes	Yes

What is the current status of your dissertation/doctoral research project?	Status	Date Completed or Expected (MM / YYYY)	Required to participate in APPIC match?	Required to attend an internship?
Proposal Approved	Completed	4/2016	Yes	Yes
Data Collected	Completed	5/2016	Yes	Yes
Data Analyzed	Completed	4/2016	Yes	Yes
Data Defended	Completed	6/2016	Yes	Yes

#### Summary of Practicum Experience

Terminal Masters Hours (if any) Verified by Director of Clinical Training (DCT)? Yes

Intervention Hours		Assessment Hours		Supervision Hours	
Doctoral Hours:	1899	Doctoral Hours:	457	Doctoral Hours:	472
Terminal Masters Hours:	1783	Terminal Masters Hours:	40	Terminal Masters Hours:	213
Total Completed Hours:	3682	Total Completed Hours:	497	Total Completed Hours:	685

#### Anticipated Practicum Experience

#### Number of Hours Anticipated

#### **Description of the Anticipated Practicum Experience**

Responsible for case management, case conceptualizations, and treatment of a wide variety of clinical cases including mood disorders, anxiety disorders, personality disorders, eating disorders, and substance use disorders. Compiled and conducted comprehensive, outpatient neuropsychological assessment batteries on patients with brain injuries and with learning disabilities. Scored assessments, conducted chart reviews and clinical interviews, and wrote integrative neuropsychological testing reports. Conducted comprehensive, outpatient psychodiagnostic assessments and provided consultation for treatment planning and diagnostic impressions. Collaborated with the university to assess, determine the treatment needs, resources available, and develop treatment plans for students at high-risk for severe psychopathology or chemical dependency. Responsible for identifying, assessing, and intervening in high-risk circumstances both at the center and as an on-call therapist.

#### Contact Information for Academic DCT/TD

DCT Name:	Sarah Barnes
Phone:	222-222-2222
Address:	14 Elm St
City:	Boston
State/Province:	Massachusetts
Zip:	02130
Email Address:	sarahbarnes@mailinator.com

200

#### Intervention Experience

#### Intervention Experience

Degree of Terminal Masters: If Other , Please specify

Area of Concentration of Terminal Masters Degree:

If Other , Please specify

	Doctoral		Terminal Masters	
Individual Therapy	Total Hours Face-to-Face:	# of Different Individuals:	Total Hours Face-to-Face:	# of Different Individuals:
Older Adults (65+)	112	32	35	10
Adults (18-64)	983	278	872	412
Adolescents (13-17)	225	32	278	67
School-Age (6-12)	91	6	55	4
Pre-School Age (3-5)				
Infants/Toddlers (0-2)				

Career Counseling	Total Hours Face-to-Face:	# of Different Individuals:	Total Hours Face-to-Face:	# of Different Individuals:
Adults				
Adolescents (13-17)				

Group Counseling	Total Hours Face-to-Face:	# of Different Groups:	Total Hours Face-to-Face:	# of Different Groups:
Adults	302	27	50	5
Adolescents (13-17)				
Children (12 and under)				

Family Therapy	Total Hours Face-to-Face:	# of Different Families:	Total Hours Face-to-Face:	# of Different Families:
Family Therapy	91	13	213	32

Couples Therapy	Total Hours Face-to-Face:	# of Different Couples:	Total Hours Face-to-Face:	# of Different Couples:
Couples Therapy	70	9	220	23

School Counseling Interventions	Total Hours Face-to-Face:	# of Different Individuals:	Total Hours Face-to-Face:	# of Different Individuals:
Consultation				
Direct Intervention				
Other				
If other, please specify:				

Counseling Psychology

MS

**APPIC 2017 Application** 

#### **APPIC 2017 Application**

#### Intervention Experience

#### Intervention Experience (continued)

Γ	Doc	toral	Terminal Masters	
Other Psychological Interventions	Total Hours Face-to-Face:	# of Different Individuals:	Total Hours Face-to-Face:	# of Different Individuals:
Sport Psychology/ Performance Enhancement				
Medical/Health- Related Interventions				
Intake Interview/ Structured Interview				
Substance Abuse Interventions				
Consultation				
Other Interventions				
Describe the nature of the	ne experience in "Other	Interventions":		

	Total Hours Face-to-Face	
Other Psychological Experience with Students and/or Organizations	Doctoral:	Terminal Masters:
Supervision of other students performing intervention and assessment activities		60
Program Development/Outreach Programming	25	
Outcome Assessment of programs or projects		
Systems Intervention/Organizational Consultation/Performance Improvement		
Other		
If other, please specify:		

Comments

#### **Psychological Assessment Experience**

#### Summary of Psychological Assessment Experience

	Total Hours Face-to-Face	
	Doctoral:	Terminal Masters:
Psychodiagnostic test administration (include symptom assessment, projectives, personality, objective measures, achievement, intelligence, and career assessment), and providing feedback to clients/patients.	352	40
Include intellectual assessment in this category only when it was administered in the context of neuropsychological assessment involving evaluation of multiple cognitive, sensory and motor functions	105	0

Integrated Psychologica	al Reports
Adults:	140
Children/Adolescents:	12

#### Adult Assessment Instruments

Symptom Inventories	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Beck Depression Inventory	310	21	0
Beck Anxiety Inventory	225	10	0

Diagnostic Interview Protocols	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
SCID	15	0	0

General Cognitive Assessment	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Wechsler Adult Intelligence Scale (WAIS-III)	65	60	0
Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV)	55	50	0

Visual-Motor Assessment	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Bender Gestalt	10	10	0

Commonly Used Neuropsychological Assessment Measures	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Boston Diagnostic Aphasia Exam	32	30	0
California Verbal Learning Test	50	43	0
Version: CVLT-II			
Rey-Osterrieth Complex Figure	29	24	0
Trailmaking Test A and B	32	30	0
Wechsler Memory Scale III	54	48	0
Wisconsin Card Sorting Test	15	11	0

Commonly Used Measures of Academic Functioning	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Wechsler Individual Achievement Test (WIAT)	22	20	0

Behavioral/Personality Inventories	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Millon Clinical Multi-Axial III (MCMI)	135	60	0
Minnesota Multiphasic Personality Inventory	200	75	0
Personality Assessment Inventory	5	0	0

Measures of Malingering	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Rey 15-Item Test	8	8	0

#### **APPIC 2017 Application**

#### **Psychological Assessment Experience**

#### Child Assessment Instruments

Symptom Inventories	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Conner's Rating Scales	60	10	0
General Cognitive Assessment	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
WISC-IV	12	10	0

Commonly Used Neuropsychological Assessment Measures	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Continuous Performance Test	3	3	0
Version: Computer administration			
Rey-Osterrieth Complex Figure	3	3	0

Commonly Used Measures of Academic Functioning	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Wechsler Individual Achievement Test (WIAT)	8	8	0
Woodcock Johnson-III (Achievement; Cognitive)	4	3	0

Behavioral/Personality Inventories	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Minnesota Multiphasic Personality Inventory - Adolescent (MMPI-A)	12	3	0

Projective Assessment	# Clinically Administered/Scored:	# Clinical Reports Written with this Measure:	# Administered as Part of a Research Project:
Roberts Apperception Test for Children (RATC)	2	2	1

#### **APPIC 2017 Application**

#### **Supervision Received**

Supervision Received
----------------------

	Doctoral 1	Total Hours	Terminal Maste	rs Total Hours
Supervised By:	Individual	Group	Individual	Group
Licensed	163	212	30	80
Psychologists	100			00
Allied Mental Health			27	76
Professionals			21	70
Others*	51	46		
* For example, supervision p	rovided by an advanced grad	uate student who is supervise	ed by a licensed psychologist	
Optional Comments abo	Supervisor			
Total Supervision Hours		071		
Individual Total Hour	rs:	271 414		
Group Total Hours:		414		
Have you made recordi	ngs of clients/patients ar	nd reviewed them with yo	our supervisor?	
Audio Tape:		Yes		
Video Tape/Digital R	ecording:	Yes		
Live/Direct Observat	ion by Supervisor:	Yes		
Description of Support Activities				
Total Doctoral Suppo	ort Hours	327		
<b>Total Terminal Maste</b>	ers Support Hours	359		
Description of Support	Activities:			

Charting, report writing, reviewing recorded sessions, preparing interventions, and coordinating outside care.

#### Additional Information about Practicum Experience

#### Additional Information about Practicum Experience

	Doctoral		Termina	I Masters	То	tal
	Intervention	Assessment	Intervention	Assessment	Intervention	Assessment
Child Guidance Clinic						
Community Mental Health Center	237	356	693		930	356
Department Clinic	315	21			315	21
Forensic/Justice Setting						
Inpatient Psychiatric Hospital	125	50			125	50
Medical Clinic/Hospital						
Outpatient Psychiatric Clinic / Hospital						
Partial Hospitalization/ Intensive Outpatient Programs	202	20			202	20
Private Practice						
Residential/Group Home						
Schools						
University Counseling Center / Student Mental Health Center	1110		1120		2230	
VA Medical Center						
Other						
If other places specify				1		

#### If other, please specify

I have ran CBT, ACT, Process, Chemical Dependency, and Skill Building groups. Group typically lasted from 1 to 1.5 hours. The group averaged 8-10 people per group. I lead groups in inpatient, partial hospitalization and outpatient settings.

#### Have you led or co-led any type of groups?

#### **Primary Theoretical Orientation**

Behavioral	
Biological	
Cognitive Behavior	1
Eclectic	
Humanistic/Existential	2
Integrative	
Interpersonal	
Psychodynamic/Psychoanalytic	
Systems	3
Other	

If other, please specify:

#### Additional Information about Practicum Experience

#### Additional Information about Practicum Experience (Continued)

Race/Ethnicity	Intervention	Assessment
African-American/Black/African Origin	12	5
Asian-American/Asian Origin/Pacific Islander	15	1
Latino-a/Hispanic	56	20
American Indian/Alaska Native/Aboriginal Canadian	0	0
European Origin/White	275	96
Bi-racial/Multi-racial	20	8
Other		
If other, please specify	1	

Sexual Orientation	Intervention	Assessment
Heterosexual	284	123
Gay	18	1
Lesbian	3	0
Bisexual	2	0
Other		
If other, please specify		

Disabilities	Intervention	Assessment
Physical/Orthopedic Disability	3	0
Blind / Visually Impaired	1	0
Deaf/Hard of Hearing	2	2
Learning/Cognitive Disability	10	60
Developmental Disability	1	3
Serious Mental Illness	57	42
Other		
If other, please specify		1

Gender	Intervention	Assessment
Male	74	46
Female	308	84
Transgender	0	0
Other		
If other, please specify	1	
Non-Practicum Clinical Work Experience		

#### Application Certification

#### **Application Certification**

I certify that all of the information submitted by me in this application is true to the best of my knowledge and belief. I understand that any significant misstatement in, or omission from, this application may be cause for denial of selection as an intern or dismissal from an intern position. I authorize the internship site to consult with persons and institutions with which I have been associated who may have information bearing on my professional competence, character, and ethical qualifications now or in the future. I release from liability all internship staff for acts performed in good faith and without malice in connection with evaluating my application and my credentials and qualifications. I also release from liability all individuals and organizations who provide information to the internship site in good faith and without malice concerning my professional competence, ethics, character, and other qualifications now or in the future. I authorize the internship site and my doctoral program to release evaluative information about me to each other, now or in the future. In addition, I authorize the internship site and my doctoral program to consult with APPIC should the need arise.

I further understand that it is my responsibility to inform the internship sites to which I have applied if a change in my status with my academic program, (e.g., being placed on probation, being dismissed, etc.) occurs subsequent to the submission of my application. In addition, I understand I have the same responsibility to inform the internship site to which I match if a change in status occurs after the match has occurred.

If I am accepted and become an intern, I expressly agree to comply fully with the Association of Psychology Postdoctoral and Internship Centers (APPIC) policies, the Ethical Principles of Psychologists and Code of Conduct and the General Guidelines for Providers of Psychological Services of the American Psychological Association, and with the standards of the Canadian Psychological Association which are applicable. I also agree to comply with all applicable state, provincial and federal laws, all of the Rules and Code of Conduct of the State or Provincial Licensing Board of Psychology, and the rules of the institution in which I am an intern.

I understand and agree that, as an applicant for the psychology internship program, I have the burden of producing adequate information for proper evaluation of my professional competence, character, ethics, and other qualifications and for resolving any doubts about such qualifications.

I hereby agree that personally identifiable information about me, including but not limited to my academic and professional qualifications performance, and character, in whatever form maintained, may be provided by my academic program to any internship training site to which I have applied and/or will match. I further agree that, following any internship match, similar information may be provided by the internship site to my graduate program to the internship site. I understand that such exchange of information shall be limited to my graduate program, any internship site, and/or representatives of APPIC, and such information may not be provided to other parties without my consent. This authorization, which may be revoked at any time, supersedes any prior authorization involving the same subject matter.

Electronic Signature:	Jane Doe
Electronic Signature Date:	08/10/2016

Appendix O

## UNIVERSITY of HOUSTON GRADUATE SCHOOL

# Graduate Student's Rights and Responsibilities

Graduate Students have a right to the following:

- 1. A graduate student has a right to be respected as a person of merit and junior colleague upon gaining admission to a graduate program.
- 2. Graduate students have a right to an accurate description of the availability and the likelihood of financial and resource support within their program.
  - a. Prospective and currently enrolled graduate students should be provided a thorough description of the requirements and qualifications necessary for academic employment, training or financial support at the university.
  - b. Assignments of office or lab space to departments and programs should consider the need for adequate graduate student space.
- 3. Graduate students have a right to specific requirements for achieving an advanced degree. These requirements should be communicated clearly upon entrance to the graduate program.
  - a. Prospective and currently enrolled graduate students have a right to know and should be informed of the "normative time to degree" and the "average time to degree" within a specific graduate program.
  - b. Prospective and currently enrolled graduate students have a right to know a program's student attrition rate and, if available, the predominate reasons for lack of program completion.
- 4. Graduate students have a right to have their progress towards achieving an advanced degree be evaluated in an objective manner and based on criteria that are understood by the graduate advisor and the student.
  - a. Evaluations should be factual, specific, and should be shared with the student within a reasonable period of time. Evaluations which should be in writing and include: annual progress reports, split decisions on qualifying examinations, and unusual or additional program requirements.

- b. The reasons for unsatisfactory performance on programmatic examinations should be clearly stated to the student in a written evaluation.
- 5. A graduate student has a right to regular feedback and guidance concerning his or her academic performance.
  - a. A graduate student and major professor should arrive at and maintain a mutually agreeable schedule of evaluative/supervisory conferences.
  - b. Graduate students should be given a fair opportunity to correct or remediate deficiencies in their academic performance.
  - c. Any intent to dismiss a student from a graduate program for academic reasons must be preceded by specific, written performance information well in advance of actual dismissal.
- 6. Graduate students have a right not to be discriminated against, such as actions based on a student's gender, race, age, sexual orientation, disability, religious, or political beliefs.
- 7. Graduate students have a right to reasonable confidentiality in their communications with professors.
  - a. Generally, a student's performance or behavior should not be discussed by a professor with other students.
  - b. Discussion of the student's performance among faculty should be of a professional nature, and should be limited to the student's academic performance and fitness as a graduate student; the substance of the communication should be based on a need to know relevant information.
- 8. Graduate students have a right to refuse to perform tasks if those tasks are not closely related to their academic or professional development program. The student's vulnerability in having a lesser status and authority in the academic unit or lesser experience in the academic field of study should not be exploited to the personal advantage of a faculty member.
- 9. Graduate students have a right to co-authorship in publications involving significant contributions of ideas or research work from the student. The student should receive "first authorship" for publications which are comprised primarily of the creative research and writing of the student. Faculty and graduate students should agree, as early as possible, upon authorship positions commensurate with levels of contribution to the work.

#### Graduate Students Have the Following Responsibilities:

- 1. Graduate students have a responsibility to conduct themselves, in all educational activities in a manner befitting an academic colleague. Graduate students' behavior should be a credit to themselves, the higher academic unit, and the university.
- 2. Graduate students have a responsibility to devote an appropriate amount of time and energy toward achieving the advanced degree within "normative time," except when special circumstances apply.
- 3. Graduate students have a responsibility to provide accurate and honest reporting of research results and to uphold ethical norms in research methodology and scholarship.
- 4. Graduate students have a responsibility to participate in the campus community to the extent that each is able, and should leave the campus enriched in whatever ways possible.
  - a. To contribute to the academic development and the social environment of the department or program in which he or she is pursuing the advanced degree.
  - b. To contribute to administration of the graduate program, student government and/or the university.
- 5. Graduate students have a responsibility to take the initiative in asking questions that promote their understanding of the academic regulations and the financial requirements of their specific graduate program.

Patti Tolar, ptolar@uh.edu, 713-743-5544, 124E Heyne Course transfers and waivers Course creation and schedule Teaching Fellow and Teaching Assistant Assignments Degree requirements Enrollment issues

#### Caroline Watkins, cgwatkins@uh.edu, 713-743-8502, 126B Heyne

Payroll Graduate Tuition Fellowship (GTF) Scholarship issues Hiring work-study students for labs Work orders for Heyne building issues (i.e., turning on an office network connection)

#### Amy Aragon, aaragon@uh.edu, 713-743-8534, 126 Heyne

Keys Copier/Network Printer/Fax Issues Concur system Travel Requests and Expense Reports Travel Reimbursements Direct purchasing of lab supplies (paid up front by dept account)

#### Sharon Terrell, srwest@uh.edu, 713-743-8583, 128F Heyne

Gift card and cash requests for participants Direct purchases for travel (i.e., flight or hotel paid up front by dept account) Purchasing, including amounts >\$3000 Supply or meal reimbursements

Olga Litvinova, olitvinova@uh.edu, 832-842-8851, 128D Heyne Account reconciliation and balances Gift card and cash reconciliation and trouble-shooting Payroll concerns

Joel Hammett, jthammett@uh.edu, 713-743-8242, 128E Heyne Clinical Neuropsychology student practicum placements Coordination of Psyc dept matters with TIMES research center

Amy Petesch, alpetesch@uh.edu, 713-743-1747, 1000C CRS Psychology clinic items Clinical program matters

Suzanne Kieffer, kieffer@uh.edu, 713-743-8504, 126A Heyne Fellowship and grant proposals Academic honesty cases Undergraduate student concerns

Chip Knee, knee@uh.edu, 713-743-8524, 103C Heyne Advisor concerns and changing of advisor Guidance on progress Course or program concerns

## UH Psychology Graduate Student Guide of Who-To-Go-To-For-What

Page 2

Alex Botti, psychservice@uh.edu, 713-743-8531, 240A Heyne Computing and printing set-up and issues Computing-related purchases, including SAS and other software purchases

Lolin Wang-Bennett, Iwang-bennett@uh.edu, 713-743-8522, 128A Heyne Web site updates Announcement of awards or honors



### University of Houston Clinical Psychology Doctoral Program First Year Guide

**Welcome to UH!** This guide is meant to help answer questions that may arise during your first semester/year of graduate school. It can be a daunting process to become acquainted with all of your new responsibilities, and while this list is not exhaustive, it will cover many issues and topics that are deemed important by students who have recently navigated through their first year. We would like to welcome our first year students and help make your first semester run as smoothly as possible. Please add onto this list as you discover additional questions this year, and then share with the incoming class of 2018 as you are beginning your second year! If you have any questions that remain unanswered, feel free to contact any of the second year students (names and contact information are listed at the bottom of this document). Remember, we all went through the same process so we are here to assist in any way possible. Good luck and congratulations on this accomplishment!

#### Contents:

- 1.00 General UH/Psychology Department Tips
  - 1.01 ID Cards, Keys, PeopleSoft, and Cougarnet Accounts
  - 1.02 GTF/Tuition Payment
  - 1.03 Payroll
  - 1.04 Health Insurance
  - 1.05 Parking Permits
  - 1.06 Printers
  - 1.07 Bookstore
  - 1.08 Important Web Addresses/Phone Numbers
  - 1.09 Library Services
  - 1.10 Departmental Events
  - 1.11 Clinical Student Guide
  - 1.12 Student Representatives
- 2.00 Tips for Administration and Program Duties
  - 2.01 Clinic Desk Duty
  - 2.02 Conference Travel Funding
  - 2.03 Employee Retirement System (ERS)

- 3.00 Tips for Surviving your First year
  - 3.01 Impostor Syndrome
  - 3.02 Food/Drink
  - 3.03 Houston Coupons
  - 3.04 Snacks/Caffeine
  - 3.05 Blowing Off Some Steam
  - 3.06 Theater/Concerts/Free Things
  - 3.07 Ways to Cool Off
  - 3.08 Museums
  - 3.09 The Kemah Boardwalk
  - 3.10 Houston Sports
- 4.00 Tips for Houston
  - 4.01 Safety
  - 4.02 Climate
  - 4.03 Becoming a Texan
  - 4.04 Being Green

### **1.00 General UH/Psychology Department Tips**

**1.01 ID Cards, Keys, PeopleSoft, Cougarnet, and TIMES Accounts:** You likely already have your Cougarnet account set up, and will register for classes during orientation. Your first order of business after orientation is to obtain a <u>student ID</u> card. The ID card will allow you access to the library, computer lab, Recreation and Wellness Center, and the Graduate Instructional Lounge (GIF; Room 122 Heyne) after business hours. You will also have access to the clinic and to the Health and Biomedical Sciences Building (HBSB), if your lab is located there, added to your card in the first few weeks. 2nd year students will take you over to the Cougar Card office to get your Cougar Card. However, if you miss this or need a new ID card at some point during the year (the lost card fee is only \$10):

- You get IDs at the Cougar Card Office in the **Welcome Center, Suite 151.** They are open from 8am 5pm Monday-Friday and typically have expanded hours during the first few weeks of school. Their phone number is # is 832-842-2273. The welcome center is within walking distance from Heyne and TIMES, or you can park in the Welcome Center Garage (parking is free for the first 30 minutes).
  - Alternatively, you can request your ID card and submit a photo online (https://cougarcard.uh.edu/cougarcard/login/login.php). If you do this, you are still required to pick up your ID card in person, but will not need to wait in line to take the photo.

- Make sure you take a valid photo ID (i.e. driver's license, passport, etc) when going to pick up your ID card.
- Once you have your ID card, contact **Alex Botti** to have him include you on the access list for the GIF (where computers, printers, and graduate mailboxes are located), so that you can swipe into this room during non-business hours.
  - FYI: Alex is our <u>Computer Support Guru for the Psychology Department</u>, so he will also be the contact person for any computer related issues. His email is PsychService@uh.edu, Phone 713-743-8531 (NOTE: he will not work on any personal computers, and if you need help with a computer in HBSB, contact TIMES IT: <u>help@times.uh.edu</u>). Alex typically works in the afternoon/ evening and is rarely on campus during the morning hours. So, we recommend that you plan accordingly if you'll be needing IT support.
  - You will also need to contact **Amy Petesch** to get swipe card access to the Clinic building after hours. She will need to know your name and PeopleSoft ID #.
- When you have your ID card, the Psychology department will be able to put in a request for your keys. You will receive 1 key that is for accessing rooms in the clinic. Depending on your lab set-up, you may receive additional keys.
  - Once your keys are ready, you will receive an e-mail from Key Access Services (<u>kas@central.uh.edu</u>). As it is in an odd area of campus (4211 Elgin Street, Room 123), we recommend that you drive to pick up your keys. More information may be found on their website here: <u>http://www.uh.edu/facilities-services/services/access-control-shop/index.php</u>.
- **Cougarnet Account and UH email address**: Your Cougarnet account is your login to any computer connected to the UH server (unless your lab is in TIMES/HBSB, where you'll use your TIMES login). It allows you to customize your settings and has a disk drive to save documents. There is not much disk drive space, so don't save everything, but it is a good place to keep backups of important documents.
  - Although your Cougarnet account should be all set up, if you do need to sign up for a cougarnet account you may need to visit the IT Support in room 116 Phillip Guthrie Hoffman Hall (PGH). This building is in walking distance from Heyne. The first time you register you will have to go in person, but any issues thereafter (i.e., need new password; locked out of cougarnet) can be resolved by calling the IT Support Center at 713-743-1411.
  - Your Cougarnet account password will expire every 90 days.

- When you register for your Cougarnet account at IT Support, you will get your *UH email address*. Many students sync their UH account with *their usual email* provider (e.g., you can have all of your UH mail sent to your personal email account). This makes life a little easier to not have multiple accounts to check. It seems that two email accounts are sometimes created (<u>name@uh.edu</u> and <u>name@central.uh.edu</u>), so make sure that both email accounts are synced with your usual email provider.
- A separate Microsoft Exchange account can be acquired if your work/research requires it, but you may need to fill out a Sponsored Departmental/ Organizational Account Application form (<u>https://ssl.uh.edu/infotech/services/</u> <u>accounts/sponsored/)</u>, and get approval from the department.
- PeopleSoft Account: This account can be accessed from any computer on or off campus through accessuh.uh.edu. Your PeopleSoft ID number is your student ID
   #, and will never change during your graduate career. Your PeopleSoft account will have a separate student (UH Self Services) and staff (P.A.S.S. Employee Self Services) portal on your home log-in page (access.uh.edu). In the staff section, you can find information regarding payroll (for your RA/TA positions) and your benefits. You can also change your PeopleSoft password in the P.A.S.S. portal. The Student UH Self Services Portal will be used to:
  - enroll in classes (or drop classes)
  - view grades
  - find information regarding financial aid and accept/decline aid (also GTF)
  - get your class schedule and room numbers/class times
  - pay your fee balance
  - access to all academic records
  - view and/or request transcripts
  - update personal information
  - purchase a parking permit
  - access Blackboard & complete Course Evaluations
- **TIMES Account and Access**: If your lab is in the Health and Biomedical Sciences building (HBSB), which is the case for most child labs and several neuro labs, you will have a separate TIMES account for computers and printing in that building.
  - Contact your lab manager or other grad students in your lab, or fill out the new to TIMES form here: <u>https://www2.times.uh.edu/helpful-links/times-access-</u> <u>information/times-setup-form/</u> to get building access added to your Cougar Card, lab keys, and TIMES account set up.

**1.02 GTF/Tuition Payment:** The Graduate Tuition Fellowship (GTF) will be your primary source for paying your tuition each semester in addition to the employee waiver (an immediate waiver that covers your tuition). The GTF is not automatic, so a few things must be done to ensure that you are considered and accepted for the GTF.

- **Caroline Watkins** in the business office (Heyne 126) will be your contact for all information regarding the GTF. At the beginning of each semester, she will provide you with a GTF consideration form that you are to sign and return to her. These forms are emailed to you or placed in your mailbox in the GIF (Heyne room 122). Her email is cgwatkin@central.uh.edu.
- The GTF is not automatic (although there have not been any issues obtaining it) so most semesters it will not go into effect until sometime after the first day of class. This means that you may have a large tuition balance before the GTF goes through, and should consider the <u>"90-day emergency loan"</u> offered in the *Student Financials* section of your PeopleSoft account (accessible through MyUH). If you have questions about this and whether you should choose that option, contact Caroline. The emergency loan allows you to delay paying your balance until 90 days after the deadline. There is no fee for the short-term loan *as long as everything gets paid on time (if delayed, interest accrues, but this is explained in detail in PeopleSoft), by the deadline posted on your PeopleSoft account.*
  - It is possible that the GTF will not be provided in the Summer semester, unless you have required classes that you must be registered in. This is determined by the University, not the department, and changes year-toyear. If this happens, each student's need to enroll will be considered on a case-by-case basis. Make sure to respond to all emails from Caroline, Suzanne, and Patti regarding summer course registrations.
- Very Important: <u>You are still responsible for fees</u>. Your GTF and employment waivers will cover all tuition, but there are usually remaining fees each semester. The amount changes by year, but Patti Tolar or Caroline Watkins will let you know this amount during orientation. This amount will automatically be covered if you have financial aid, otherwise you need to either pay in person with a check at the Cashier's office in the Welcome Center (bring a form of ID) or pay online with credit card or electronic check at accessuh.uh.edu. Note: If you pay online with a credit card, you may have to pay an additional 5% fee. Also, these fees have been covered by the GTF in some years, but is a year-to-year determination.

**1.03 Payroll:** Unfortunately, **you will not be paid until October 1st**, so this is where the 90-day emergency loan will come in handy in the event you do not have the funds to pay your fee balance at the start of the semester.

- Caroline Watkins in the Business Office can also help with payroll related questions. During orientation, she will go over all of the payroll specifics and direct you to the payroll office to fill out required forms.
- **Bring a blank check** with you to the payroll office for direct deposit purposes, or be prepared to give your electronic/wire transfer number and account number.
- To be paid, you are required to go through direct deposit. We are paid once monthly. Monthly pay-stubs will be available in electronic form on your PeopleSoft account.
- **TAXES:** Your W-4 will be available electronically for you to download on your PeopleSoft account around the end of January.
- If you have been awarded federal loans, the university will mail you the needed tax documents (Student's Form 1098-T).

**1.04 Health Insurance:** The available healthcare packages offered by the university will be reviewed during orientation.

- If you elect to use the University Provided insurance, your medical coverage will start 90 days after enrollment (i.e., ~December), and dental coverage is available after 30 days. You will receive your insurance cards automatically in the mail around the time coverage begins.
- Dental Insurance, Vision Insurance, and eye exams are also available. The HR Department should discuss this during the First Year Orientation.
- Some students choose to buy the UH Student Health Insurance instead of the employee provided insurance. You can find more about the Student Health Insurance plan here: <a href="http://www.uh.edu/healthcenter/insurance/">http://www.uh.edu/healthcenter/insurance/</a>. The student health coverages begins as soon as you enroll. If you have the Student Insurance Plan, you can use the Student Health Center on campus.
- The department provides a \$150 insurance stipend every month, regardless of whether or not you sign up for insurance or whether you use student or employee insurance.

**1.05 Parking Permits:** You have multiple options for parking permit types. You can register for permits online through the myParking Account portal on AccessUH (accessuh.uh.edu). Make sure you have a permit prior to the first day of class, or pay to park in the stadium, welcome center garages, or in a Pay-to-Park lot until you get one. You will also use this site to pay parking citations should you get one.

- Because you are technically staff, you have the option of getting faculty/staff parking or student parking. If you buy a faculty parking pass, you cannot park in student-only lots. If both staff and student options don't show in your parking account, you may need to go to the parking office or contact them. Go to <u>http://www.uh.edu/af-universityservices/parking/</u> for more info.
- Good options for the 2017-2018 are the Student Annual (\$345), Faculty Ungated (\$345), Faculty/Staff Gated (\$585), or Garage Annual (\$560 Student/\$775 Staff). Learn where you can park with each of these permits here: <a href="http://www.uh.edu/af-university-services/parking/parking-on-campus/permits/student/">http://www.uh.edu/af-university-services/parking/parking-on-campus/permits/student/</a>. Note that you will typically be in the clinic, Heyne, and HBSB during the first year. If you are unsure of which permit would be the best option, we would recommend that you either call the parking office (832-842-1097) or go to the office in person (3874 Holman St. Suite C) to talk through the options with a member of the parking staff.
- The remote campus permit is new this year, so we don't know much about it other than that it requires a shuttle ride from the ERP lot. In the past, students have complained about the shuttle being inconsistent, but it is possible that it will be improved this year.
- NOTE: Parking in lot directly in front of the clinic is free for clinical students ONLY when they are seeing a client. You cannot park in that lot unless you are seeing a client and you must get a parking pass from Amy Petesch. Your car will be towed if it is in this lot without a pass. Abuse of this will result in the loss of this privilege. This policy will be enforced from the beginning of the semester – i.e., there will be no grace period.
- More information about Student Parking permits is available here: <u>http://www.uh.edu/af-auxiliary-services/parking/parking-on-campus/permits/</u>
- NOTE: Parking is VERY difficult to come by after about 8-9am (depending on the lot) on days when most students have class. It can be *especially* difficulty at the beginning of the semester and during finals. Overall, it is a good idea to come in early when possible.

**1.06 Printers:** The printers in Heyne and the PRSC (the clinic) are all named below. Once you have your Cougarnet account, you will need to manually add the printer(s) you would like to use. Once a printer is added, it will be among the available options in your "print destination" list whenever you are logged into your Cougarnet account. Depending on your location and the printer you select, you may also have additional printing options (i.e. 2-sided, stapled).

- All printers for our purposes, except the printer in HBSB, will be included on the VAQUERO drive. Vaquero is a shared network dedicated specifically to the Psychology Dept., so all of our printers will be listed under this drive. See table below for all common printers in Heyne and the clinic.
  - o Vaquero is also where you can find some great clinical resources.

- To add a printer, you must first search for it on the desktop, by clicking Start > search "Run" (no quotes). Once you have the Run text box open, type in "\\vaquero" (no quotes) and press enter. It will show all the shared folders and printers. Click View > Details to see the information about the printers. To connect to a specific printer, right click and press Connect. Below is a list of the printers, where they are located, and what options they have available.
- If the network printers are down, Amy Aragon will send out an email to inform you of this.
- Printer paper (white and colored) is kept in the psychology business office printer room in Heyne. If a printer is low on toner, tell Amy Aragon at the front desk in the psychology business office (for Heyne printers) or Amy Petesch (for PRSC printers; Room 1000C)
- <u>To print double sided or add a staple</u>, you must first choose a printer that has the capabilities (see below). Click the **Page Format** button next to the drop down menu where you choose your printer. Go into the **Page Format** and select if you want double-sided or stapling. Press **OK (or Continue)** to get back to the main print settings and press **OK** to send document to the printer.

Name of Printer	Location	Services
Heyne-124B-2	This is located in the business office in Heyne room 124 (past Carolyn Watkins office).	Cannon printer. Can print double sided, with staples, collated or uncollated.
Heyne-203	This is located in the Statistics Lab in Heyne Room 203 (second floor)	Only prints single sided.
Heyne -122	This is the printer in the GIF located in Heyne Room 122	Can only print single-sided.
CRS-1000	This is the printer at the front desk in the PRSC.	This is reserved for clinic use only, unless CRS-1000E is down. Can print double sided.

CRS-1000E-2	This is in the PRSC across from the mail room.	Xerox printer. Can print double sided, with staples, collated or uncollated.
CRS-1015	This is in the PRSC student computer lab, Room 1015 (where the snacks are!)	Only prints single sided.

There is only one shared printer in HBSB/TIMES ("followme"), which requires a TIMES login. To set it up, first swipe your ID card and enter your TIMES login info on the printer in the 3rd floor work room of HBSB. To have the printer set up on a laptop, contact Times IT (help@times.uh.edu).

**1.07 Bookstore:** There are a couple of bookstores on campus (one in the University Center [UC] and one across from the Recreation and Wellness Center).

• **NOTE:** Consider contacting upper class students before purchasing books if you're trying to save money or would like to borrow a textbook.

### 1.08 Important Web Address/Phone numbers:

- SHAREPOINT:
  - https://share.uh.edu/clinicalpsychology/ClinicalStudent/SitePages/Home.aspx
    - Login: username: cougarnet <- username>; password is your cougarnet password
    - Our program Sharepoint site has been developed as a place to share information, documents, ideas, and discussions related to the program and program development. The page that opens is the home page for "official" program information, and on the left you will a see links to any sites that you have access to. Students will not have access to the faculty site, and faculty will not have access to the student site. Very similar to the listservs, the home page is content viewable by faculty and students, and should contain anything all members would need to know or access. The faculty page is similar to the faculty listserv and should contain items that only the faculty should know or access. The student page, by extension, should contain items that only the students should know or access.
    - Sharepoint can be finicky. It works best on certain web-browsers, so if you are having difficulty, first try a different browser.
    - Sharepoint is also where you will input and update your progress and your IDP, therefore it's a good idea to get familiar with this site.
- ACCESS UH: <u>https://accessuh.uh.edu/login.php</u>

- This will provide you with the easiest access to Blackboard, UH Self Services, and P.A.S.S. Employee Self Services. You will use this site a lot.
- The University Services Site is very helpful for questions regarding parking, cougar cards, dining services, bookstore, etc. (<u>http://www.uh.edu/af/universityservices/</u>)
  - Program Listserv: Emails can be sent to the program listserv (either students only, or including faculty) by first emailing the listserv manager. This is a student who forwards the listserv emails (currently Jafar at jafar.bakhshaie@gmail.com).
- PHONE NUMBERS: Save these <u>3 phone numbers</u> in your phone. You will have to use them frequently.
  - Enrollment Services: 713-743-1010
    - This is the number to call with any questions regarding financial aid. NOTE: It can be frustrating to call because they only have this one number to cover ALL enrollment and financial aid issues, so just be prepared and patient.
  - UH IT Support: 713-743-1411
    - Use this is you need to reset your password for cougarnet (e.g., if you get locked of your account).
  - PRSC Main Number: **713-743-8600** 
    - Option 1: Reaches the front desk
    - Option 2: Reaches the clinic assistants

**1.09 Library Services:** Irene Ke is our Psychology librarian. She is very nice and helpful if you are researching and need help finding something. Her email is <u>iike@uh.edu</u>.

• <u>TIP</u>: Irene made a helpful resource webpage that has everything you may need all in one place (e.g., quick link to psycinfo, pubmed, full electronic version of the DSM-5, links to treatment videos, etc): <u>http://guides.lib.uh.edu/psychology.</u>

**1.10 Departmental Events**: Occasionally, the department will host colloquia or job talks in which visiting professors and researchers will present their work. <u>Attendance to these events is expected</u>. Food is often provided and it's a good way to meet scholars from other universities and to discuss their past and future research.

• Town Hall meetings occur at the end of each semester and attendance is expected of all students. At the Town Halls, students can bring up concerns or questions to be discussed with faculty. The DCT (currently Dr. Sharp) runs the Town Hall meetings.

- The clinical program hosts an internal Research Showcase Day that occurs near the end of the spring semester. This is an opportunity at which all students are expected to present work either with a poster or a talk, and faculty also briefly showcase their research.
- Additionally, there is a first-year party for clinical students and faculty in September, as well as clinic end-of-semester celebrations twice a year.

**1.11 Clinical Student Guide**: The Clinical Student Guide is the document that summarizes and collates all important program information and should be consulted first and foremost before any other mechanism of communication. It represents a collaborative effort between faculty and students to assemble information that will be helpful to you as a clinical psychology student at UH. This guide is best thought of as a working document, since elements of it will require modification and updating as new developments occur. Here are some more details:

- The first hour of Fall Town Hall is dedicated to a face-to-face review with students and faculty of any updates in the Clinical Student Guide. In addition, the first Clinical Training Committee (CTC) meeting (this is a faculty meeting that the student reps also attend) of Fall will also be dedicated in part to a review of major changes and updates in the Guide.
- The intent of the Clinical Student Guide is to assemble in one place program policies and helpful suggestions designed to make the life of the clinical students a little easier. It covers information on coursework, clinical practica, internship, and so on. This information should be used (with the help of your advisor) to design your personalized training plan (Individualized Development Plan – IDP; see Appendix A of the Clinical Student Guide) that is consistent with your career goals.
- The policies and procedures contained within the Clinical Student Guide are consistent with our profession's current ethics code and adhere to the University of Houston's regulations and local, state and federal statutes regarding due process and fair treatment. Students are held to the requirements of the Clinical Student Guide under which they entered the program. However, if requirements are ambivalent, the current year's Clinical Student Guide will be followed at the discretion of the DCT and the CTC.
- All students receive a hard copy of the updated Clinical Student Guide at the beginning of the academic year. In addition, it is publicly available on the Clinical Program "About Us" page as well as in Sharepoint. All students should be thoroughly familiar with the Clinical Student Guide.

**1.12 Student Representatives**: Each year, the students elect representatives. One representative is elected for each area of study (CP, CCP, and CN). Always remember that you can e-mail one of the student representatives ("reps") with any questions. The student reps are a liaison between the students and faculty and are here to assist fellow students in any way that they can. This year's student reps are 1) David Sheppard (<u>dsheppard.uh@gmail.com</u>), 2) Francesca Penner (<u>fpenner@uh.edu</u>) and 3) Lia Smith (<u>lismith6@central.uh.edu</u>).

### 2.00 Tips for Administration and Program Duties

**2.01 Clinic Desk Duty:** First and Second year students have clinic duty. You will be manning the phone/front desk of our clinic about 1-2 times a month from 4:30pm-8:00pm Mondays through Thursdays. You will train with a second-year student on your first clinic duty, and will then be responsible for clinic duty on your own. There will be a clinic orientation in the first few weeks of the semester, during which the clinical assistants (CAs) will review the clinic guidelines and procedures.

- This can sometimes be hard to fit into your schedule, but it is a very helpful way
  to learn about the clinic and the way it is run. The clinic assistants assign desk
  duty at the beginning of each semester. There is usually not a problem with
  switching schedules because almost everyone has at least one conflict, and will
  want to switch. So, don't be afraid to send out an email asking if anyone is willing
  to switch a desk duty shift.
- The schedule is sent out through email, maintained through Sharepoint, and a hard copy is also posted in the clinic mailroom. If you do make changes, be sure to note the change at least on the hard copy calendar.
- **Professional Dress** (*per clinic supervisor*): When conducting any business at the PRSC, whether it is assessment, research, or therapy, please follow accepted codes of professional dress (below). If you are uncertain what professional dress is for a psychologist, please consult with a peer, a supervisor, or your clinic director. Note that professional dress applies when you will be working in and around the front desk area, even if you are not seeing clients or subjects on that day.

### Generally speaking:

- Clothes should be neat and clean.
- Avoid jeans and tennis shoes or clothes that are too tight.
- Observe modesty in your attire no low necklines, bare midriffs, no jeans with holes (however fashionable) and no shorts or mini-skirts.
- No flip flops.

- Additionally, please avoid heated foods at the front desk area as to reduce the odors.
- As a perspective check think about your own expectations when you enter your doctor's office reception area.

**2.02 Conference Travel Funding:** Travel funding is available through the Psychology Department. It is dependent on the location of the conference, number of students seeking funding, and authorship of research (i.e., first author vs. second, third, etc.; first authored posters/presentation will receive more funding).

- Typically, students do not get more than \$300 per conference for travel. You must apply for anticipated travel funding in the beginning of each semester. Amy Aragon will send out an e-mail on the application process each semester.
- You must first get approval from the department prior to travel (as indicated above), but to be reimbursed up to the amount you have been awarded, you must show proof of conference attendance (conference program, etc.) and submit your receipts for reimbursement. Amy Aragon in the Psychology Business Office (Heyne Room 126) handles all of the travel reimbursement.
- Business travel and expenditures should be tracked via the Concur service. This is accessible through AccessUH. You will need to create an account. Talk to Amy Aragon if you're having trouble utilizing Concur services.

**2.03 Employee Retirement System (ERS):** ERS is the system that University of Houston uses to manage insurance enrollments. Some students in the past have had difficulty getting their account populated in ERS, which is done by the HR Department and needs to be done before you can make insurance elections. If you cannot log-in or create an account, see the HR Department in McElhinney 325. You can also contact them at 713.743.3988. Note that to log into your account, the information you input needs to match your profile exactly (so if you put your Apt # on the first row in the Student records, it needs to be on the same row in ERS.) If the HR people say that the problem is on the ERS side, go to <a href="https://www.ers.state.tx.us/">https://www.ers.state.tx.us/</a> and/or call 877.275.4377.

### 3.00 Tips for Surviving your First year

**3.01 Impostor Syndrome:** Clinical psychologist Pauline Clance and colleague Suzanne Imes coined the term "impostor phenomenon" in a 1978 paper in *Psychotherapy Theory, Research and Practice*. First year graduate students commonly report feeling as if they are an impostor in the program, or that they were not supposed to get into the program, their admission must

have been an accident, or that they have been fooled into thinking they were smart, but really they are not as smart as others in the program, etc... You get the idea!

• **BOTTOM LINE:** Everyone feels this way! The sooner one realizes that, the sooner the feeling begins to fade. After the first few weeks of school, your cohort should consider having some sort of informal get-together outside of school and ONLY for your class. This time with your classmates is really important, because it allows you to see that everybody else in your class is feeling the same way you are and it helps establish relationships.

**3.02 Food/Drink:** After moving to a new location it's difficult to know where to go for good food! Hopefully this list of grocery stores, restaurants, coffee shops, and bars will give you some ideas of where to start. Houston has a huge variety of restaurants and bars so this only begins to get at the great food options around!

- Grocery Stores
  - <u>HEB</u>: By far the cheapest of the grocery stores plus they have free samples!
  - <u>Central Market</u>: Lots of unique (and organic) options at cheaper prices than Whole Foods. Bulk section to die for!
  - <u>Kroger</u>: Another great cheap option. Plus, if you get their rewards card, you can save on gas at their locations as well as Shell stations.
  - <u>Randall's:</u> (Same thing as Safeway)
  - <u>Trader Joe's:</u> Has a lot of unique options
  - <u>Rice Epicurean Market</u>: Has many specialty items
  - <u>Whole Foods</u>: Has lots of organic options
  - <u>Super Target</u>: Groceries and the amazingness of Target all in one stop!

### • Restaurants

• Burgers

• Lankford Grocery (only open until 3pm!): http://www.lankfordgrocery.com

- Southwell's: <u>http://www.southwells.com</u>
- Jerry Built: <u>http://www.jerrybuiltburgers.com</u>
- Moontower Inn (more known for hot dogs):

http://damngoodfoodcoldassbeer.com/

- The Burger Joint: <u>http://www.burgerjointhtx.com/</u>
- Barbeque & Steak
  - Brookstreet BBQ: <u>http://www.brookstreetbbg.com/</u>

 Goode Company BBQ: <u>http://www.goodecompany.com/our-</u> <u>restaurants/goode-company-bar-b-q.html</u>

- Pappas BBQ: <u>http://pappasbbq.com/home</u>
- Gatlin's BBQ: <u>http://gatlinsbbq.com/</u>
- Killen's BBQ: https://www.killensbarbecue.com/
- Under the Volcano (delicious \$17 steak night on Mondays): https://www.yelp.com/biz/under-the-volcano-houston
- Italian
  - Dolce Vita: <u>http://www.dolcevitahouston.com</u>
  - Just Dinner (Intimate BYOB): <u>http://www.justdinnerhouston.com</u>
  - Vinoteca Poscol: <u>http://www.poscolhouston.com/</u>
  - Coppa Osteria (Rice Village On the pricier side) http://coppaosteriahouston.com/
  - Paulie's: http://pauliesrestaurant.com/
  - Coltivare (pricier): https://www.agricolehospitality.com/coltivare/
- Greek/Mediterranean
  - Niko Niko's: http://www.nikonikos.com
  - Aladdin's: http://www.aladdinshouston.com
  - Istanbul: http://www.istanbulgrill.com/
  - Helen (pricier): <u>http://www.helengreek.com/</u>
- Mexican
  - Taco Cabana (cheap and discount to UH students with ID): <a href="http://www.tacocabana.com">http://www.tacocabana.com</a>
  - Chuy's: http://www.chuys.com
  - Ninfa's on Navigation: <u>http://www.ninfas.com</u>
  - Pappasito's: http://pappasitos.com/home
  - El Tiempo: http://www.eltiempocantina.com/
  - Hugo's: <u>http://hugosrestaurant.net/</u>
  - Torchy's Tacos: <u>http://torchystacos.com/</u>
  - Armandos: <u>http://www.armandosrestaurant.com/</u>
  - Tacos Tierra Caliente (great taco truck by West Alabama Ice House!): <u>https://www.yelp.com/biz/tacos-tierra-caliente-houston</u>
  - Lupe Tortilla: <u>https://www.lupetortilla.com/</u>

- Seafood
  - Pappas: <a href="http://pappasseafood.com/home">http://pappasseafood.com/home</a>
  - Danton's (a little pricey but good): <u>http://www.dantonsseafood.com</u>
  - Goode Company Seafood: <u>www.goodecompany.com</u>
- Sushi
  - Oishii Japanese Restaurant (cheap happy hour): http://oishiihouston.com
  - Aka Sushi: http://www.akasushihouse.com/
  - Uchi (relatively cheap happy hour): <u>http://uchihouston.com/</u>
- Japanese & Chinese
  - Jinya Ramen Bar: <u>https://jinya-ramenbar.com/menu/</u>
  - Gyu-Kaku (Japanese BBQ): http://www.gyu-kaku.com/houston
  - Pepper Twins (Chinese): <u>http://www.txpeppertwins.com/</u>
- Thai & Vietnamese
  - Morningside Thai (BYOB): <u>http://www.morningsidethai.com</u>
  - Thai Bistro: <u>http://www.txthaibistro.com</u>
  - Thai Gourmet: <u>http://www.thaigourmethouston.com/</u>
  - Mai's: <u>http://maishouston.com/</u>
  - Les Givral (great banh mi): <u>https://www.yelp.com/biz/les-givrals-</u> <u>sandwich-and-caf%C3%A9-houston-2</u>
- Indian
  - Himalaya: <u>http://himalayarestauranthouston.com/</u>
  - Pondicheri: <u>www.pondichericafe.com/</u>
  - Hyderabad House (good Biryani): <u>https://www.yelp.com/biz/hyderabad-house-houston-2</u>
- Variety
  - 59 Diner (Open 24 hours): <u>http://59diner.com</u>
  - House of Pies (Open 24 hours): <u>http://www.houseofpies.com</u>
  - Hobbit Café: <u>http://www.myhobbitcafe.com</u>
  - Barnaby's Cafe: <u>http://www.barnabyscafe.com</u>
  - Ruggles Green: <u>http://www.rugglesgreen.com</u>
  - Local Foods: <u>http://houstonlocalfoods.com</u>

- Tapas
  - Oporto: <u>http://oporto.us</u>
- Vegetarian/Vegan
  - Shri Balaji Bhavan (Vegetarian Indian): <u>https://www.yelp.com/biz/shri-balaji-bhavan-houston</u>
  - Happy Cow:

http://www.happycow.net/north america/usa/texas/houston/

- The Doshi House Cafe <u>http://www.doshihouse.com/</u>
- Pepper Tree (Vegan Chinese) <u>http://ilovepeppertree.com/</u>

NOTE: Jimmy John's on campus will also deliver to the clinic (even though they claim it's out of their delivery radius) – just order online.

## • Coffee & Tea Shops

- Agora: <u>http://www.agorahouston.com/pages/agorafirst.html</u>
- River Oaks Coffee House: <u>http://riveroakscoffeehouse.com</u>
- 24 Hour Starbucks in the Galleria
- Blacksmith: <u>http://www.yelp.com/biz/blacksmith-houston</u>
- Catalina: http://catalinacoffeeshop.com/
- Tout Suite: <u>http://www.toutsuite.co/</u>
- Black Hole: <u>http://www.blackholecoffeehouston.com/home</u>
- Siphon: http://siphoncoffeehouston.com/
- The Teahouse (bubble tea!): <u>http://teahousebeverage.com/</u>
- Empire Café (giant slices of cake half price on Mondays): http://www.empirecafe.com/
- Bars
- *Rice Village*: Gingerman, Little Woodrow's, Valhalla (Rice's grad student pub., very cheap beer!)
- Midtown: Pub Fiction, Celtic Garden, Little Woodrow's (turtle racing on Thursday nights!), Midtown Drinkery (fun for dancing), 13 Celsius, Dogwood, Sage County, Axelrad (super funky beer garden), Mongoose vs Cobra, Wooster's Garden, La Grange
- *Downtown*: Pastry War, Captain Foxheart's, Okra Charity Bar, Bovine & Barley

- *Westheimer/Montrose*: Boheme, Brooklyn Athletic Club, Anvil (cocktails), Hay Merchant, Royal Oak, Poison Girl, Silver Oak, Stone's Throw, Grand Prize, West Alabama Ice House
- Washington Ave: Taps, Liberty Station, Rebel's Country Club (honky-tonk w/ line-dancing)
- *Heights*: D&T Drive Inn, 8 Row Flint, Cottonwood, Heights Bier Garten, Cedar Creek, Mcintyre's
- *Breweries*: St. Arnold's, Under the Radar, Karbach, Buffalo Bayou, 8th Wonder most of these have fun events with food-trucks on the weekends. Some have odd hours though!

* Houston also has great food trucks – Smoosh (Ice Cream Sandwiches) and Waffle Bus are favorites.

**3.03 Houston Coupons:** If you are new to Houston, or even if you have lived here your whole life, the best way to take advantage of the city on a student budget is to sign up for the group buying websites listed below. They offer great daily discounts on restaurants, spas, athletic/exercise classes, theater, etc. All you do is sign up, and you get an email each morning with the deals.

- <u>www.groupon.com</u>
- www.buywithme.com
- <u>www.livingsocial.com</u>
- If you are interested specifically in restaurant deals, then head to <u>www.Restaurant.com</u> for gift certificates at some serious discounts. For example, they often have \$25 gift certificates for only \$2!!!

### 3.04 Snacks/Caffeine:

- Psi Chi has a room in Heyne that has snacks, frozen meals, water and caffeinated drinks for really cheap! It works on the honor system (e.g. you put your money in slot and take what you want). If the room is locked (it often is), you can get a key from Amy Aragon in the business office.
- Room 1015 in the PRSC (the clinic) also has several snacks that are great for when you have a class in the clinic and need a quick pick me up during the break! Again, this is on the honor system and all funds go towards improving the clinic.
- The Speech Clinic (across the hall from the Psychology clinic) also has snacks on the honor system.
- In HBSB, there are vending machines on the first floor of the old portion of the Optometry Clinic. You can ask one of their receptionists as it's hard to find.

- There are great vending machines in Farrish Hall (right by Heyne) that take credit cards.
- On-campus coffee shops: Starbucks (student center), The Nook, Cougar Grounds
- On-campus food options: There are several fast food restaurants in the student center, plus McAlister's, Jimmy John's, Pink's Pizza, Bullritos, and Calhouns all on Calhoun Ave.

**3.05 Blowing off some steam:** As a student, we all pay for a membership at the Recreation and Wellness Center as part of our tuition "fees." This facility at UH is amazing! In addition to top of the line exercise equipment, they offer a rock climbing wall, indoor and outdoor track, racquetball and squash courts, outdoor and indoor pool, hot tub, 5 basketball courts, a combat room offering martial arts classes, several FREE group fitness classes, and a multipurpose court for soccer, roller hockey, handball, dodge ball and indoor tennis.

- It's possible to rent a locker for the semester for about \$25 dollars; There are also free day lockers located near the Leisure Pool/Outdoor Adventure office, by the basketball and racquetball courts, and on the second floor in the Fitness Zone.
- Check out the website: <u>http://www.uhrecreation.com/Facilities/</u>
- Check the schedule for exact hours (they change slightly depending on sporting events), but the Recreation and Wellness Center is typically open:
  - Monday-Thursday from 6 am 11:30 pm
  - Friday from 6 am 8 pm
  - Saturday from 10 am 8 pm
  - Sunday from 12 pm 11:30 pm
- Little Woodrow's in Rice Village hosts Trivia every Tuesday at 8pm. Luke's in the Heights also has Trivia on Tuesday's at 8.
- Houston Sports and Social and WAKA are both great organizations for joining or putting together a club sports team (kickball and volleyball are favorites!). There are also intramural teams on campus:

http://www.uh.edu/recreation/intramural sports/

### **3.06 Theater/Concerts/Free Things:**

- Houston's theater district features nine renowned performing arts organizations, and many smaller ones, in four venues – Jones Hall, Wortham Theater Center, Alley Theatre and Hobby Center for the Performing Arts. Most of the facilities offer student discounts.
- Check out The City of Houston Calendar of Events website at <u>http://www.houstontx.gov/events/index.html</u>. This is your go-to website for

an exhaustive list of concerts, theater, festivals, sporting events, and **free** events!

- Miller Outdoor Theater offers the most diverse season of professional entertainment of any Houston performance venue, and it's all FREE! Classical music, jazz, ethnic music and dance, ballet, Shakespeare, musical theatre, classic films, and much, much more are included in this year's outstanding line-up. Relax in the covered seating area or enjoy a pre-performance picnic on the hillside.
- The Houston Symphony and Houston Ballet offer student rush tickets. You show up about an hour and a half before, show your student ID and get a great discount! At the symphony student rush tickets are \$12 and it's comparable at the ballet. For those of you 25 and under, they also offer deeply discounted tickets on some Fridays.
- **Buffalo Bayou Park** is a 124-acre greenway that stretches from Downtown to the River Oaks neighborhood, Buffalo Bayou offers great views of the city skyline. Within the park, paved trails welcome runners and bikers, and a disc golf course, boat launch, and children's playground draw visitors as well. Eleanor Tinsley Park rests within Buffalo Bayou Park (in the section from Taft Street to Sabine Street) and is the site of many city festivals, most notably the Fourth of July celebration.
  - Other nice areas to run are at Memorial Park and around Rice University-- both are 3 mile loops
- **Tubing on the Guadalupe River** is about three hours away, near Austin, TX. Grab a cooler, some adult beverages, and your suit and float for anywhere from 2 to 6 hours for ~\$15/tube rental. Campsites also litter the river bank, so you can make a weekend out of it!
- Houston Rodeo comes to town for a month every March with concerts every night after the rodeo events. Tickets are fairly cheap and easy to come by.

### 3.07 Ways to cool off:

- **Galveston Island** is less than an hour away. Lay on the beach, enjoy one of the many poolside bars, and have a delicious burger at **The Spot**.
  - For 2 weeks in February each year, Galveston is home to the second largest Mardi Gras festival complete with festival food, parades, masks, and beads!
  - If you want to check out a less commercial beach, you can go to Surfside Beach, which is a little over an hour away from downtown. You can park on the sand and alcohol is allowed on the beach.

- Schlitterbahn waterpark in Galveston will help beat the Texas heat with a tube ride down the lazy river, a giant pool, and water slides and rides. You can bring your own picnics and ice chest to save money on the typical amusement park prices. Well worth it.
- Moody Gardens is one of the most recognizable establishments in Galveston, with 3 giant glass pyramids (that you can spot a mile away) offering a rainforest exhibit, indoor beach, aquarium, golf course, 5-star restaurant, hotel, spa, IMAX theater, and a 4D Special FX Theater that features 3D images and extra special effects such as leg ticklers, seat buzzers, scent, mist, snow and more to enable you to see, feel, hear and smell the action of the theater. The place is hard to describe, so check out the website for more specific details about what the resort has to offer.

### 3.08 Museums:

- **Space Center Houston** in Clear Lake (about 30 min drive from Houston) lets you step foot in the home of the building that first heard the words "*Houston, we have a problem*!" The Space center offers tours of NASA's Johnson Space Center, the Historic Mission Control Center, the Space Vehicle Mockup Facility and the current Mission Control Center. There is also a "Space Module Simulator" and a space theater.
  - **TIP:** buy tickets online for a \$5 discount.
- The Houston Museum of Fine Arts hosts an "art-on-the-rocks" type event during the summer. There is an outdoor bar and free admission to the museum on Thursday nights.
- There are too many museums in Houston to name them all, but take a look at the **Houston Museum District Website** for detailed descriptions, admission pricing (many are FREE!) and maps. The Menil is a great free art museum in Montrose that we recommend!
  - **TIP:** If you have a Bank of America debit card, you can get in FREE to select Houston museums and The Houston Zoo on the 1st full weekend of every month. Go to the *B of A Museums on Us* website for details.

**3.09 The Kemah Boardwalk:** About a 35-minute drive from Houston you can find this giant amusement boardwalk offering over 15 restaurants, multiple bars (with really great happy hour specials), a full amusement park (pay per ride-around \$3 each), shopping, marina, and a stingray petting zoo! The Kemah Boardwalk also hosts many festivals (ex: Wine fest and Jazz fest), a laser light show, and every Thursday in the summer they offer "Rock the Dock" with

drink specials and live music. The best thing about the boardwalk is you can just park your car and walk everywhere while enjoying views of the Galveston Bay. Look at the *Calendar of Events* for details.

**3.10 Houston Sports:** you can often find cheaper tickets for games on <u>https://seatgeek.com/</u> or a similar ticket resale site. Baseball and basketball typically have cheapest tickets.

- Astros (baseball) they have \$1 hot dog nights at Wednesday night home games
- Dynamo (soccer)
- Texans (football)
- Rockets (basketball)
- UH Cougars (UH's football team) tailgates and games are free for students!

#### 4.00 Tips for Houston

#### 4.01 Safety

- **PRSC** There is a notable amount of crime that occurs in the area surrounding UH so it is suggested that you not be at the clinic too late without a buddy. If you must be at the clinic late at night, please be aware of your surroundings and be smart.
- **Car** Houston is a big city, and like in any big city, leaving belongings in your car is an invitation to thieves. Make it a habit to remove all clutter from your car, because even a pile of papers can be enticing to such people (even graded papers have been stolen from cars).
- **Pedestrian** Houston is not the most pedestrian friendly city, although some areas are much better than others. Be aware of traffic, and that cars and trucks probably won't stop for pedestrians here as they do in the more pedestrian friendly cities.
- **Flooding** <u>Houston floods</u>. With a sub-tropical climate and an archaic drainage system, the streets often flood when there are large amounts of rain.
  - Do not attempt to walk or drive through floodwaters—It only takes six inches of moving water to knock over an adult, and it only takes two feet of rushing water to sweep away most vehicles, including SUVs and pickup trucks. Combo glass-breakingand-seat-belt-slashing tools can be bought for less than \$10 on Amazon just in case.

### 4.02 Climate

**Creatures** – Many of us have discovered that there are bugs that live in Houston that we were not previously aware of when living in more northern climates:

- **Roaches** common nocturnal bugs that hopefully you will not find in your house, but the Houston climate is a great place for these little guys.
  - Solution: General preventive measures against household pests include keeping all food stored away in sealed containers, using garbage cans with a tight lid, frequent cleaning in the kitchen, and regular vacuuming. Any water leaks, such as dripping taps, should also be repaired. I've also set out a few "Roach Houses" around my house as a precaution, and thus have only discovered dead roaches (~3/yr.).
- **Chiggers** tiny, tiny bugs found in tall grass or weeds, whose bites may cause severe itching.
- Fire Ants usually found outdoors, but a bite from a fire ant can be quite painful and surprising if you've never experienced one before.
- Lizards green, orange, or black, these little guys are good for getting the bug population down, but can be a surprise if you find one in your house
  - Solution: trap with an empty jar and relocate outdoors
- Weevils small bugs that enjoy flour, sugar, or other baking supplies left unsealed.
  - *Solution*: put these items in the freezer for storage or place in sealed containers.

### 4.03 Becoming a Texan

- This website has all the details needed to become registered in the state of Texas: <u>http://www.registeredtexan.com/</u>
- This is a two-part process your license plate / registration can be collected at one location, and your driver's license at another
- BEFORE you do any of this, you'll need to have your car inspected, which many oil change/auto repair places provide. This inspection must be repeated annually. Do this on time because many apartment complexes will get you towed or booted if you're parked on their premises with an expired inspection sticker.
- TX Tag If you'll be driving a lot, or be frequently using toll roads, you might also want to look into the TX Tag (<u>http://www.txtag.org/</u>).
- This website has information on becoming a registered voter in Texas: <u>http://www.votetexas.gov</u>

### 4.04 Being Green

- Depending on your place of residence, recycling may or may not be made available to you.
- If recycling is difficult in your place of residence, this is a useful website to find recycling centers near you: <u>http://www.greenhoustontx.gov/recycling.html</u>

Once again, we welcome you to email us (the second years) or any one of the student student reps [David Sheppard (<u>dsheppard.uh@gmail.com</u>), Francesca Penner (<u>fpenner@uh.edu</u>), Lia Smith (<u>lismith6@central.uh.edu</u>] with any questions throughout the year.

One last tip, for endless graduate school entertainment you must bookmark and frequently visit the following website: <u>http://www.phdcomics.com/</u>. Click on the "New to PhD" tab at the **top.** New comics are posted daily. Have a great year!

Sincerely,

Your 2nd year Students:

Brooke Bartlett, (714) 313-8644, <u>babartl2@central.uh.edu</u>, adult track (Vujanovic) Victoria Bennett, (301) 335-8448, <u>vebennet@central.uh.edu</u>, adult track (Babcock) Rogelio Gonzalez, (626) 419-2965, <u>rdgonza9@central.uh.edu</u>, child track (Alfano) Abby Hanna, (512) 650-6436, <u>aehanna2@uh.edu</u>, child track (Viana) Laura Long, (847) 431-2890, <u>lilong@uh.edu</u>, adult track (Gallagher) Kelly Macdonald, (703)728-9685, <u>kmacdonald@uh.edu</u>, neuro track (Cirino) Jessica Meers, (214) 796-8492, <u>jmmeers@uh.edu</u>, child track (Alfano) Francesca Penner, (410) 703-7010, <u>fpenner@uh.edu</u>, child track (Sharp) Lia Smith, (630) 346-0428, <u>ljsmith6@central.uh.edu</u>, adult track (Vujanovic) Kelli Sullivan, (908) 456-3326, <u>kellisullivan28@gmail.com</u>, neuro track (Grigorenko) Stephanie Torres, (323)236-1627, <u>storres16@uh.edu</u>, neuro track (Grigorenko) Emma Woodward, (860) 874-4103, <u>ecwoodward@uh.edu</u>, child track (Viana)

# University of Houston Department of Psychology Support Information, 2017-2018

1. Funding support for all first year students is available through Teaching Assistantships (TA) in the Department of Psychology. For 2017-2018 the monthly stipend for a 50% appointment (20 hrs/wk) will be \$1586.67, or \$14,280 for the nine-month academic year. Students in TA appointments are assigned to 1 to 3 course sections per semester, depending on the workload of the course(s). Summer support as a TA (\$4760 total for 3 months) is also available upon early request by the student and fund availability. Students typically receive a summer assignment if requested. Research Assistantships (RA) are also sometimes available to first year students, if they will be working with a faculty member who has a funded project on which to place the student. Stipends vary, typically ranging from \$1586 to \$2083/month.

**2.** Other benefits include an excellent comprehensive state employee health benefit package (after a 90day waiting period) at low cost to the student (student pays \$159/month; State and University pay \$459/month or \$5508 total/year), a waiver of non-resident tuition rates for out-of-state students (worth up to \$15,240/year) and a doctoral tuition fellowship that covers the cost of twelve credit hours for the Fall and Spring semesters and up to six credit hours for the Summer semester plus fees (worth approximately \$11,073/year). While highly likely to continue, we do not guarantee the coverage of the fee portion of the tuition fellowship (approximately \$490/semester). Please note that full-time graduate study for first-year in the Department of Psychology requires twelve credit hours each for the Fall and Spring semesters, and three or six credit hours for the summer semester (depending on program requirements). Rates may increase slightly before Fall 2017.

**Bottom line**: For tuition and fees, students should not expect to pay out-of-pocket. In order to qualify for the health benefits and a waiver of out-of-state tuition, students must maintain at least a 50% employment appointment, be registered as a full-time student, and in good standing. To qualify for the tuition fellowship, students must be registered as a full-time student and in good standing.

**3.** After the second year, students may qualify for a Teaching Fellowship (TF). Teaching Fellows are instructors of record for a course. Each TF is expected to instruct 1-2 course sections per semester, depending on course size. The current monthly stipend for a 50% TF appointment is \$1722.67 or \$15,504 for the nine-month academic year. Summer support as a TF (\$5168 total for 3 months) is also available upon early request by the student, and fund availability. Students typically receive a summer assignment if requested.

**4.** The Department does not guarantee support beyond the first year. However, students in good standing are virtually always successful in securing up to 6 years of funding support through a combination of teaching, research appointments, external internships, or traineeships.