

IGS 3396 (H)  
PHLS 6397

# GLOBALIZATION & HEALTH IN GREECE

This course will examine effects of economic and political globalization in Greece, with a particular focus on trauma, stress and mental health. Experiential learning of yoga designed to reduce stress and burn-out in international relief workers will be a featured activity of the course. The syllabus will address role of IGOs, regional NGOs, sub-regional and local governance in relation to health-related policy issues such as emergency management, migration, refugee crises and individual mental health. Students will have the opportunity to experience Greek and Eastern Mediterranean culture and learn via applied, field work on the island of Lesbos and Athens.

**PROFESSORS:** DR. ANJALI KANOJIA, DR. BRAD SMITH

**WHEN:** 3 WEEKS IN JUNE 2017

**ITINERARY:** HOUSTON-ATHENS; ATHENS-LESVOS, POSSIBLE 2 DAY TRIP TO TURKEY

**ESTIMATED COST:** \$4000 (INCLUDES FLIGHTS, ACCOMMODATIONS AND MOST MEALS)

**FOR ADDITIONAL INFORMATION,** PLEASE CONTACT DR. KANOJIA: [AKANOJIA@UH.EDU](mailto:AKANOJIA@UH.EDU)



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