Recyclemania 2012

Psi Chi
Delta Zeta
HRM Green Team
UH Dining Services
Accounting Society
Division of Research: greenDOR
Cougar Village Service Committee
Student Government Association (SGA)

These participating campus organizations have dedicated 2012 to the environment and are leading the way in campus recycling!

Sponsors
Snap Kitchen is committed to the community by using only reusable/recyclable materials and preparing meals with naturally grown and organic ingredients from local sources.
Weisenbach Recycled Products manufactures and brand promotional products, office items, and consumer goods made of recycled and environmentally preferable materials.
Recylemania helps motivate students and staff to increase recycling efforts and reduce waste generation.
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Urban Harvest Class: Constructing the Home Fruit & Vege Garden |  |
| 13   | Dell Social Innovation Challenge Deadline |  |
| 17   | Horticulture Society Weekly Meeting |  |
| 18   | Urban Harvest Class: Berries, Figs, & Grapes |  |
| 24   | Horticulture Society Weekly Meeting |  |
| 24   | Urban Harvest Class: Hands On: Planting the Spring & Summer Vege Garden |  |
| 25   | Outdoor Adventure Class: Fundamentals of Belaying  

**Interested in getting INVOLVED?**

EMAIL volunteer.greenuh@gmail.com TO SIGN UP
Recipe of the Week

Fresh Corn and Zucchini Cakes

Ingredients
2 large eggs
1/3 cup low-fat buttermilk or low-fat milk
1/3 cup whole wheat flour
1 1/4 teaspoons baking powder
1/2 teaspoon fine sea salt
1/2 teaspoon ground black pepper
Kernels from 1 ear sweet corn (about 3/4 cup)
1 zucchini, grated (about 1 cup)
1/3 cup chopped onion
1/3 cup chopped mint
Zest of 1 lemon
2 teaspoons expeller-pressed canola oil

Directions
In a large bowl, whisk together eggs, buttermilk, flour, baking powder, salt and pepper until smooth. Add corn, zucchini, onion, mint and zest and stir until combined. Heat oil in a large skillet over medium heat. Working in batches, drop batter by scant 1/4-cup measures into skillet. Cook, turning once, until browned and cooked through, 3 to 4 minutes per side; lower heat if pancakes begin to brown too deeply before middle is cooked through. Add more oil between batches if necessary. Serve the pancakes warm or room temperature.

Nutrition
Per Serving: 140 calories (50 from fat), 6g total fat, 1g saturated fat, 105mg cholesterol, 460mg sodium, 18g total carbohydrate (3g dietary fiber, 3g sugar), 7g protein
**Update of harvest in the Garden**

Dunkley
“*The GARDEN Mascot*”

*lettuce attacked by flea beetles*

*carrots*

*cow peas*

*Snap beans OUT OF SEASON*
VOLUNTEER
February
19
2 - 4 PM
Join C.L.A.S.P. to plant oregano & beets
the corner of Cullen & Wheeler

VISIT us on

email volunteer.greenuh@gmail.com to sign up
Green Build Education

Green building immersion opportunity: Volunteer with the Program Director of the City of Houston Green Building Resource Center serving the mission: “To enable the public to experience and learn more about healthy and energy, water, and material conserving design and construction; also known as Green Building.” Ongoing activities include updating over 50 displays (and creating new displays) to educate the public about green building materials and strategies, preparing for green building tours and green building education seminars, updating the website (www.codegreenhouston.org), and collaborating with staff of the Texas Gulf Coast Chapter of the US Green Building Council. Volunteers will also benefit from exposure to many visitors from the building industry. Internship is offered for minimum 4 hrs/week, consecutively. Interested? Email the Director at steve.stelzer@houstontx.gov

Communications, Grant Writing: Keep Houston Beautiful

Keep Houston Beautiful is the city’s leading organization in beautification, litter reduction and recycling education. For 28 years, Keep Houston Beautiful has been reaching out to all segments of our community to educate and empower individuals to take greater responsibility for beautifying and enhancing Houston’s environment.

Job Duties:
Grant Writing; Keep Houston Beautiful has invested in a program that lists grant opportunities available through various organizations. The intern will be responsible for identifying grants that will be beneficial to the organization and completing and submitting those grant applications.; Assist community organizers with completing cleanup packets and registering their event with Keep Houston Beautiful and Site Box Score retrievals; Sending communications to KHB volunteer database; Assist with Adopt a Block processing

Qualifications
• Detail oriented with the ability to juggle a number of projects simultaneously
• Self starter who takes the initiative to get the job done
• Team player who is open-minded and flexible
• Must possess excellent verbal and written communication skills
• Proven experience and ability in graphic design highly preferred.
• Familiarity with Microsoft Word, Excel, Access, Outlook, PowerPoint, and HTML Programming
• Must be able to pass a criminal background check
• Must be professional, creative, and have a positive attitude

Email rbeaty@houstonbeautiful.org

Urban Harvest Business/ Accounting Intern

This position will include any or all of the following:
• Accounts payable disbursements
• Schedules of disbursement in Excel
• Spreadsheets of expense reports
• Database management
• Comparison reports of budgets vs. actual
• Membership communications
• Department reports

We can work with you on the number of hours needed. juli@urbanharvest.org or call 713-880-5540
Urban Harvest Community Gardens Intern

Can include any or all of the following:
Gain/use knowledge of bioregional gardening, which includes information on vegetables, fruits, herbs and habitat plants; Assist community gardeners in maintaining gardens; Promote ecological pest management; Assist with managing gardens; Community building; Volunteer recruitment; Help build gardens

Physical requirements and working conditions
Ability to work with frequent interruption and to simultaneously supervise a variety of tasks; Ability to stand, stoop, reach and bend. Mobility of arms to reach, dexterity of hands to grasp and manipulate large and small objects.; ability to read small print; ability to stand for long periods; Ability to lift, push and/or pull objects, which may weigh approximate 50 pounds; Ability to work outdoors in a physically demanding environment; We can work with you on the number of hours needed

For more information contact Becky Blanton at becky@urbanharvest.org or call 713-682-9480

Urban Harvest Writer Intern

Writing is needed in all of our programs and can include any or all of the following:
articles for our newsletter; class descriptions for our website; farmers Market descriptions for the website and weekly newsletter; fundraising assistance; advertising for classes, farmers markets and community gardens; spanish translation is needed periodically, but not a requirement for internship

We can work with you on the number of hours needed

Email gary@urbanharvest.org or call 832-656-2819

Urban Harvest Farmers Market Intern

Responsibilities include general operations at any of our five farmers markets. Work with the intern coordinator to design a program specific to your strengths and needs. This can include any or all of the following: small business management; general accounting; digital communications; marketing. We can work with you on the number of hours needed

For more information contact Rebecca O’Brien at rebecca@urbanharvest.org or call 203-788-3886

Urban Harvest Youth Garden Instructor and Outreach Coordinator Intern

To Apply send resume and cover letter to schoolandyouth@urbanharvest.org or call Carol Burton at 281-865-1966. Twelve hours weekly, but can be negotiated to fit your needs. Internship can include any or all of the following: TEACHING: Primary age group: Elementary School Students from PreK-5th Grade. Class size average between 10-20 students. Independently or with a mentor garden instructor, lead students through propagation, planting, cultivation, and maintenance activities in the school outdoor classroom; which will include vegetable gardening, and habitat gardens, orchard, compost area and pond. Lead students in ecology and food sustainability based activities in school gardens; Work with a mentor garden instructor to teach students a variety of subjects, including: nutrition, math, science, language arts, and art, in the school outdoor classroom; Lead cooking lessons incorporating produce students have grown; Be a positive role model and mentor students in the outdoor classroom.

GARDEN SITE SUPPORT: Manages and maintains assigned school outdoor classroom equipment, school gardens with students and, if needed, participates in planning and preparation time; Coordinate program nutrition activities with all garden instructors; co-procure nutrition and garden related supplies and distribution to school sites; End of summer camp; Create inventory spreadsheet of youth program materials inventory; Co-procure replacement youth gardening materials, tools and fall seed inventory.

COMMUNICATION, LEADERSHIP, AND OUTREACH: Communicates routinely with Director of Youth Gardening, Programs Specialist and/or members of the
Want to change the world?

What if you had an idea to change the world—could you make it happen? For university students around the world, the answer is YES! I’m thrilled to announce that the 2012 Dell Social Innovation Challenge (DSIC) is kicking off for this year. The Dell Challenge is our partnership with The University of Texas (UT) that provides a unique opportunity for university students from around the world to solve a social or environmental problem. We believe with a supportive community, tools, training, resources and a business venture competition, that any university student can—and should—change the world.

During the past six years, more than 3,000 inspiring social innovation projects stemming from 90 countries have been submitted through the Dell Social Innovation Challenge. We’ve provided mentoring, tools and more than $350,000 in cash prizes to teams from around the world.

Now it’s your turn. If you are a university student anywhere in the world and you have an idea that you think can change the world, we want to know. Whether it’s a way to provide struggling communities with clean water or a plan to implement sustainable living techniques across rural areas—when it comes to making a true impact on the world around you, there is no idea too big or too small. Deadline is February 13, 2012.