Recyclemania Sponsors 1
Calendar 2
RLH Green UH Committee 3
In the Garden 4-6
Urban Harvest and Recipes 4
This week in Photos 5
Internships 6
Resources 7

PHILANTHROPY AWARENESS DAY
“The Office of Annual Giving is looking for 20 volunteers to spread the word about the importance of donations to the university. Donations from UH alumni and friends are what help fund the true cost of an academic year. Please contact lnacastro@uh.edu if you are interested in volunteering.

Check out http://www.uh.edu/giving/students/phad for more information about Philanthropy Awareness Day!”

PHILANTHROPY AWARENESS DAY
“The Office of Annual Giving is looking for 20 volunteers to spread the word about the importance of donations to the university. Donations from UH alumni and friends are what help fund the true cost of an academic year. Please contact lnacastro@uh.edu if you are interested in volunteering.

Check out http://www.uh.edu/giving/students/phad for more information about Philanthropy Awareness Day!”

Follow US  Facebook

RECYLE MANIA 2012 SPONSORS

Snap Kitchen

Snap Kitchen is a certified dine green restaurant committed to the community. They use only reusable/recyclable materials and prepare meals with naturally grown and organic ingredients from local sources.

Weinkbach Recycled Products
manufactures and brand promotional products, office items, and consumer goods made of recycled and environmentally preferable materials.

Recyclemania helps motivate students and staff to increase recycling efforts and reduce waste generation.

Recyclemania Campus Contest Week 1 Results:

CONSERVATION HOUSTONIAN (groups w/10-20 participants working on RM):
- UH Dining (165 pts)
- HRM Green Team (156 pts)
- Accounting Society (20 pts)
- Cougar Village Community Service Committee (6 pts)
- GreenDOR (5 pts), and SGA (5 pts)
- SUSTAINABILITY-SAVVY SHASTA (21+ participants)
- Delta Zeta (325 pts)
- Psi Chi (5 pts)

The raffle for participating organizations scheduled for March 1, to happen if for every week in the first three weeks of the contest, our campus-wide garbage sent to the landfill decreased in weight or recycling increased in weight is still a possibility. Between the first and second weeks UH’s garbage total DECREASED from 97,820 to 88,960lbs. (However, our amount recycled DECREASED as well, from 24,800 to 20,746 lbs)

UH Dining received 150 points in their first week of the competition by tabling and getting 150 people to pledge to recycle their plastic items from the UC C3 store! They held a second tabling event this week at the Cabhoum Lofts store. We’ll see how their efforts fared this coming week.

Keep up the great job UH Dining as well as all of our other competitors!
February 2012

24 Horticulture Society Weekly Meeting Noon in the Greenhouse

25 Urban Harvest Class: Hands On: Planting the Spring & Summer Vege Garden
Outdoor Adventure Class: Fundamentals of Belaying
Outdoor Adventure Class: Kayaking and Safe Boating

28 Philanthropy Awareness Day at the UC

29 Recycle-get-a-Candy 9-4 pm at the Heyne 105

March 2012

1 Urban Harvest Class: Fruit Tree Care
Art of Recycling 4-8 pm at Cougar Village

3 Outdoor Adventure Class: Horseback riding and Stand-up Paddle Boarding Galveston
Urban Harvest Class: Organic Container Gardening

5 Green Movie Monday 4 pm at HRM Classroom S131

7 Recycle-get-a-Candy 9-4 pm at the Heyne 105

8 RLH-GreenUH Program Planning Committee meeting

9 Horticulture Society Field Trip HCC’s World Famous Greenhouse

10-18 Outdoor Adventure Class: Backpacking Big Bend

19 Green Movie Monday 4 pm at HRM Classroom S131

21 Recycle-get-a-Candy 9-4 pm at the Heyne 105

22 RecycleMania Olympics 11-2 pm at Butler Plaza
Refashion Fashion Show 5:30-8:30 pm at Lynn Eusan Park

23-25 Outdoor Adventure Class: Adventure Caving at Colorado Bend State Park

24 Urban Harvest Class: Hands On: Planting the Spring & Summer Vege Garden

31 Outdoor Adventure Class: Farmer’s Market Bike Tour
Urban Harvest Spring Fling

interested in getting INVOLVED

EMAIL volunteer.greenuh@gmail.com TO SIGN UP
Tuesday, March 8
from 11:45-12:45 pm at Fresh Food Company

Mission: Plan programs to inspire, educate, and engage residents in sustainability thinking and behaviors.

questions? Call 832-842-9051
RSVP to greenuh.info@gmail.com
Green Pizza

Ingredients
1 pound prepared pizza dough, preferably whole-wheat
2 cups chopped broccoli florets
1/4 cup water
5 ounces arugula, any tough stems removed, chopped (about 6 cups)
Pinch of salt
Freshly ground pepper to taste
1/2 cup prepared pesto
1 cup shredded part-skim mozzarella cheese

Directions
1. Position oven rack in the lowest position; preheat to 450°F. Coat a large baking sheet with cooking spray.
2. Roll out dough on a lightly floured surface to about the size of the baking sheet. Transfer to the baking sheet. Bake until puffed and lightly crisped on the bottom, 8 to 10 minutes.
3. Meanwhile, cook broccoli and water in a large skillet over medium heat, covered, until the broccoli is crisp-tender, about 3 minutes. Stir in arugula and cook, stirring, until wilted, 1 to 2 minutes more. Season with salt and pepper.
4. Spread pesto evenly over the crust, top with the broccoli mixture and sprinkle with cheese. Bake until crispy and golden and the cheese is melted, 8 to 10 minutes.

Nutrition
Per serving: 323 calories; 13 g fat (4 g sat, 7 g mono); 19 mg cholesterol; 33 g carbohydrates; 15 g protein; 3 g fiber; 511 mg sodium; 241 mg potassium, 160mg sodium, 61g total carbohydrate (8g dietary fiber, 7g sugar), 24g protein
THIS WEEK in PHOTOS

Sunday Garden Event
Clean Air-Cool Planet 2012 Fellowships
Clean Air-Cool Planet is inviting applications for its 2012 Fellowships program. The 10-week, full-time summer positions pair students with real-world projects to advance innovative climate change solutions and leadership. Fellows are provided mentorship, networking opportunities and a stipend. The deadline to apply is February 24.

Green Build Education
Green building immersion opportunity: Volunteer with the Program Director of the City of Houston Green Building Resource Center serving the mission: “To enable the public to experience and learn more about healthy and energy, water, and material conserving design and construction; also known as Green Building.” Internship is offered for minimum 4 hrs/week, consecutively. Interested? Email the Director at steve.stelzer@houstontx.gov

Communications, Grant Writing: Keep Houston Beautiful
For 28 years, Keep Houston Beautiful has been reaching out to all segments of our community to educate and empower individuals to take greater responsibility for beautifying and enhancing Houston's environment.

Job Duties:
Grant Writing; Assist community organizers with completing cleanup packets and registering their event with Keep Houston Beautiful and Site Box Score retrievals; Sending communications to KHB volunteer database; Assist with Adopt a Block processing.

For more information, email rbeaty@houstonbeautiful.org

Urban Harvest Business/Accounting Intern
This position will include any or all of the following:
Accounts payable disbursements, schedules of disbursement in Excel, spreadsheets of expense reports, database management, comparison reports of budgets vs. actual, membership communications, department reports. We can work with you on the number of hours needed. juli@urbanharvest.org or call 713-880-5540

Urban Harvest Community Gardens Intern
Can include any or all of the following:
Gain/use knowledge of bioregional gardening, which includes information on vegetables, fruits, herbs and habitat plants; Assist community gardeners in maintaining gardens; Promote ecological pest management; Assist with managing gardens; Community building; Volunteer recruitment; Help build gardens. Physical requirements and working conditions apply. For more information contact Becky Blanton at becky@urbanharvest.org or call 713-682-9480

Urban Harvest Writer Intern
Writing is needed in all of our programs and can include any or all of the following:
Articles for our newsletter; class descriptions for our website; Farmers Market descriptions for the website and weekly newsletter; fundraising assistance; advertising for classes, farmers markets and community gardens; Spanish translation is needed periodically, but not a requirement for internship. We can work with you on the number of hours needed. Email gary@urbanharvest.org or call 832-656-2819 for more information.

Urban Harvest Farmers Market Intern
Responsibilities include general operations at any of our five farmers markets. Work with the intern coordinator to design a program specific to your strengths and needs. This can include any or all of the following: small business management; general accounting; digital communications; marketing. We can work with you on the number of hours needed. For more information contact Rebecca O’Brien at rebecca@urbanharvest.org or call 203-788-3886

Urban Harvest Youth Garden Instructor and Outreach Coordinator Intern
To Apply send resume and cover letter to schoolandyouth@urbanharvest.org or call Carol Burton at 281-865-1966. Twelve hours weekly, but can be negotiated to fit your needs. Internship can include any or all of the following: TEACHING, GARDEN SITE SUPPORT, and COMMUNICATION, LEADERSHIP, AND OUTREACH.
Facebook Links

Green UH
https://www.facebook.com/#!/pages/GreenUH/134243949929

Campus Community Garden
https://www.facebook.com/#!/profile.php?id=100001733434088

RecycleMania
https://www.facebook.com/#!/RecycleMania

Green UH Twitter
https://twitter.com/#!/GreenUH

Urban Harvest
http://www.urbanharvest.org/

Outdoor Adventures

Education
http://www.uhrecreation.com/outdoor-adventure/educational-series/

Trips
http://www.uhrecreation.com/outdoor-adventure/trips/