

UNIVERSITY OF HOUSTON HEALTH CENTER

-HEALTHBERRY-

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PINK EYE

"Pink Eye" is the layman's term for conjunctivitis, an inflammation of the eye. It is the most common cause of a red, painful eye. The symptoms are rapid in onset and consist of minimal pain, light sensitivity, and a watery and/or purulent discharge. Often the eyelids are stuck together on awakening, and must be opened by cleansing with warm water.

To prevent contagion, patients should wash their hands frequently, not touch their eyes, not wear contact lens, and avoid direct contact with others.

Empirical treatment is with broad spectrum topical ocular antibiotics. If rapid clearing is not achieved, another visit to your physician may be indicated to rule out allergic conjunctivitis, or other eye conditions.

We at the Health Center will be happy to help you.



Healthfully yours,

Dr. Healthberry

For questions or comments you can;

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