

UNIVERSITY OF HOUSTON HEALTH CENTER

-HEALTHBERRY-
www.uh.edu/admin/hc

Immunization Recommendations

Although the University of Houston does not require immunization records for general enrollment, the UH Health Center does recommend the following immunizations.

<u>Immunization</u>	<u>Doses</u>
MMR (measles, mumps, and rubella) *recommended if you have not previously had these diseases or immunizations in childhood and were born after 1957.*	2 doses
TD (tetnus/diphtheria)	1 dose every 10 yrs
Varicella (chicken pox) *recommended if you have not had the disease	2 doses, 1-2 months apart
Hepatitis B *recommended if you are sexually active or work in a high risk environment with blood and bodily fluids.	3 doses over a 6 month period
Hepatitis A *recommended if you work in a high risk environment in which you come into contact with urine or feces	2 doses, 6-18 months apart
Influenza (flu) *recommended for students or those at increased risk for complications caused by the disease (example: immune suppressed patients)	1 dose annually
Pneumococcal (pneumonia) *recommended for those who are at high risk for pneumonia and complications of that disease.	1 dose (booster in 5 yrs to those at highest risk)
Meningococcal (meningitis) *The CDC recommends that college students and their parents educate themselves about this disease and the possible benefits of the vaccine.	1 dose (booster in 3-5 yrs)
Testing for Tuberculosis (PPD) *The UH Health Center recommends that all students have a PPD test to check for tuberculosis annually during their school career. There is no vaccine for tuberculosis, but the disease can be cured with a medication regime.	annually

If you have any questions or concerns please call the Health Center at 713-743-5155. You are always welcome to stop by for a visit.

We at the Health Center will be happy to help you.



Healthfully yours,

Dr. Healthberry

For questions or comments you can;

Write "Healthberry" at
JMGray2@central.uh.edu
University Health Center
100 UH Health Center
Houston, Texas 77204-3019

E-Mail "Healthberry" at

Fax "Healthberry" at (713)743-5164