

UNIVERSITY OF HOUSTON HEALTH CENTER

-HEALTHBERRY-
www.uh.edu/admin/hc

I'M AFRAID

Mother kissed me, I could see tears in her eye's. Dad hugged me and shook my hand. I was elated, looking forward to studies in the U.S., feeling that I was on the threshold of a boundless life. Frankly, I was scared to death!

The first few days were awesome and busy, busy, busy! Gradually, my fears crept in: I don't understand the language nearly as well as I thought most of these people are strikingly different: their clothes; and the food-yuk!

I'm depressed, frightened, and lonely! What can I do?

Come to UH Health Center. We are looking forward to greeting you and answering your questions.

We specialize in friendship! Come be our special friends!



Healthfully yours,

Dr. Healthberry

For questions or comments you can;

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